

The Silver Showcase

Volume 400 No. 10

October 2017

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President's Corner...

It's that time of year again where seasons change. The leaves change their color and let us know that fall is approaching. Not only does the weather change, so do the sights and smells of all things around us letting us know that the holiday season is approaching.

Speaking of change there have been several changes to the Silver Center as well. My name is Kay Lynn Hawkins, and I am honored to serve as Board President for the upcoming fiscal year. I am the marketing director for Guadalupe Valley Nursing Center right here in Seguin. I have worked in this beautiful community for close to seven years. My husband Doug, our two children Kara and Kody, and I have volunteered here at the Center for six years. We love the Seguin community so very much that we decided to make it our permanent home two years ago. I have served on the Board of Directors for the Silver Center for over four years, most recently as the Treasurer. The center is very special to me, and I want to do the best job I can to help it grow and flourish in the community.

Along with things changing at the center, each year we have a few newly elected board members. Some of the new faces you may see on the Board of Directors are, Nik Adams with Nesbit Living and Recovery Center, Jessica Saucedo with Hope Hospice, Mark Zoboroski with Tres Hewell Mortuary, and Gayle Harshmann, our thrift store volunteer. If you see any of these folks working around the center please introduce yourself and welcome them aboard. I would like to extend a heartfelt thanks to all of our volunteers at the center for giving so generously of themselves.

In closing, I would like to say that I humbly serve you, the members of our center. I genuinely hope to hear from each and every one of you. Whether good or bad, feedback is appreciated. The center is for you, and I want to know how we can make it better. Thank you all again for being a part of such a jewel in our community.

Sincerely,
Kay Lynn Hawkins
President

Hello From the Front Office!

October already! How did that happen?

I'm ready for some pumpkin pie and cool weather and another great OPRY! How about you? We will have Monte Good, Rex Allen McNeil, Matthew Hartman, & Gene Hendrix on stage in October... so once again, the Opry will be fabulous. The meal that evening will be Chicken Parmesan served over spaghetti with a side salad (and that's one of our most acclaimed meals around here). I hope you can join us at 6:00 PM on October 19th when our doors open for the Silver Opry!

The LONG OVERDUE facelift for The Silver Center has begun! Our lighting has recently been improved... and the maroon portion of our building has been repainted, and in the months ahead, the buildings next door will get the same fresh paint. A very nice young man named Luis (Ernie) Garcia made us a WONDERFUL deal, and I highly recommend him for any handyman projects that you have! He says he can re-do our members' bathrooms, build decks, paint inside or outside, and probably any other project you have and if you tell him you heard about him here, I know you will get a great bargain on your project! His work ethics are great so I feel very confident telling you to give him a call at 469-988-4954.

October brings The Humane Society's sale to the Center on October 5th & 6th and we all know that they always have fun items to purchase. With open enrollment season upon us (for Medicare co-insurance changes) we will have several events aimed at helping you make decisions on your co-insurance options, and we have an outstanding Estate Planning event on October 10th set for two separate sessions to help people with busy schedules. Session one starts at 4PM and session two starts at 6PM. No one is too young or too old to discuss estate planning because having recently gone through it... I can tell you that! You all NEED TO COME LISTEN to the speaker discuss how to protect your assets. Please use us as an information source and know we do not want anyone selling you anything that you are questioning or concerned about. Our goal is to offer education and assistance with all of your questions!

Oct. 24th, we will be hosting a HEALTH EXPO here at the center from 9-Noon. Please come out and visit with our vendors and pick up some information packages! We hope to have flu shots offered, but it is still in the negotiation stage since the pharmacy wants us to guarantee them a certain number of vaccinations...

We will be having a spectacular Christmas here at the center this year! I love to decorate for the holidays, and I'd like to ask if any of our members have Christmas decorations or ornaments that you'd like to donate for us to use! Please let me know if you have any items, and I will start gathering them so I know what I still need to buy!

Please welcome all of our new Board of Directors to the center. It's a difficult job, and they all volunteer their time and efforts to make our center great! I hope to see you around the center soon! God Bless you all!

Glenda Layton
Executive Director

BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

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LBHS Alumni Association
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Pecan Country Chiropractic



Halloween Word Scramble

LAFEUDRD _____
 GTOSLITEPRE _____
 JNAIN _____
 ASPNLRREUTAU _____
 ECPRYE _____
 THSYLGA _____
 CMORKSBITO _____
 IGMR RPEREA _____



Thomas Jefferson said, "I believe that every human mind feels pleasure in doing good to another."

Our **STUPENDOUS**

Silver Center **VOLUNTEERS** nailed it again! They rose to the occasion and volunteered a total of 845.25 hours (117.5 RSVP hours and 727.75 regular hours) for the month of August. We could not manage without our fabulous volunteers, who go the extra mile every day to serve our community. **THANK YOU!**

BEING A CHRISTIAN IS LIKE BEING A PUMPKIN. GOD LIFTS YOU UP, TAKES YOU IN, AND WASHES ALL THE DIRT OFF OF YOU. HE OPENS YOU UP, TOUCHES YOU DEEP INSIDE AND SCOOPS OUT ALL THE YUCKY STUFF---INCLUDING THE SEEDS OF DOUBT, HATE, GREED, ETC. THEN HE CARVES YOU A NEW SMILING FACE AND PUTS HIS LIGHT INSIDE YOU TO SHINE FOR ALL THE WORLD TO SEE.

This was passed on to me from another PUMPKIN. I liked this well enough to send it to all the pumpkins in my patch! HAPPY FALL!

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Our Friday Night Dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music!

PLEASE NOTE: The doors no longer open at 6:00 pm...they open at **6:30 pm**. BYOB is no longer permitted due to insurance exclusions.

2017 Silver Center Friday Night Dance Schedule
Doors open at 6:30pm Dance 7:30 – 11:00 pm



- | | | | | | |
|------------|----|---------------------------|------------|----|---------------------------|
| Oct | 6 | Most Wanted Band | Dec | 1 | Wrangler Country |
| | 13 | The Countrymen | | 8 | The Countrymen |
| | 20 | Glen Collins & The Alibis | | 15 | Bob Appel |
| | 27 | Wrangler Country | | 22 | Glen Collins & The Alibis |
| Nov | 3 | Two Way Street | | 29 | No Dance |
| | 10 | Most Wanted Band | | 31 | Two Way Street |
| | 17 | Charles & The Fabulous 4 | | | |
| | 24 | Bob Appel | | | |



MARK YOUR CALENDARS! The Humane Society is having their wonderful garage sale once again.

It is a two day event beginning on Thursday, October 5th and ending on Friday, October 6th. The sale starts at 9:00 AM and goes all day long! There are plants, knick-knacks, furniture, rugs, kitchenware, lamps, and sometimes a few surprises! If you have not been to a Humane Society Garage Sale, you must join us on October 5th and 6th for a day of shopping and fun! All proceeds go towards helping our furry friends.

**Halloween
 WORD SCRAMBLE
 ANSWERS**

- DREADFUL
- POLTERGEIST
- NINJA
- SUPERNATURAL
- CREEPY
- GHASTLY
- BROOMSTICK
- GRIM REAPER



The **Seguin Silver Needlers** will meet October 23rd at 1:00. The location is the Silver Center. We will be cutting out Christmas Stockings for the Children's Advocacy Center. We will also be cutting out children's bags. Please bring scissors, rotary cutters & cutting mats. For further information, please call Marie @ 830-386-0962.



Birthdays of the Month

Helen Arp	10/1
Kay Scopel	10/1
Charles Cilocker	10/3
Claribel Sebesta	10/3
Kim Manley	10/4
Robert Goebel	10/7
Bob Hill	10/9
Joyce Utley	10/9
J.J. Knight	10/11
Mary Ann Norris	10/12
Gladys Huffman	10/14
Thomas Fisher	10/15
Robert Garcia	10/15
Francis Noble	10/16
Bobbie Wesch	10/16
Harley Lenardson	10/17
Evelyn Knight	10/18
Jeanne Behal	10/20
Gwyn Degen	10/21
James Carroll	10/22
Jr. Brietzke	10/26
Mike Mameau	10/28
Jan Amon	10/29
Gladys Fruehling	10/31
Marilyn Sager	10/31

BIRTHDAY BINGO

On Friday, October 6, 2017, starting at 1:00 PM, you are invited to join us to celebrate our October birthdays with gifts, cake, and bingo! Heart to Heart Hospice and Guadalupe Valley Nursing Center are sponsoring this special event. We have a lot of fun, so join us for our October HAPPY BIRTHDAY CELEBRATION. All members are invited!



THRIFT STORE HOURS!

The Thrift Store will be open on Monday and Friday ONLY from 9:00 am - 4:00 pm.

Stop by and see what we have to offer! We are accepting donations too!

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Join us at the Silver Center on Mondays at 9:00 am. It is only \$1.00 per class. Hope to see you there.

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MEMORIALS



*** Note that any memorials received after we go to press will be in the next month's newsletter.

In Memory of: *Lonnie Mosley*
By: *Mary Ann Norris*

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Send Acknowledgement to:

Name: _____

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Memorial from:

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OCTOBER 2017

* Open to the Public

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Spirit of Joy Lutheran Church*	2 8:00 Edward Jones 9:00 Tai Chi* 11:00 Bunco 11:00 - 1:00 Lunch*	3 9:00 Quilters 11:00 - 1:00 Lunch* 12:00 - 1:00 Blood Pressure Check* 12:00 SKAT	4 9:00 Painters 9:00 Bunco 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check* 12:30 Mahjongg 5:30 Spirit of Joy Choir Practice	5 11:00 - 1:00 Lunch* 12:00 Noon Lions 12:30 Beginner's Mahjongg* <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> Humane Society Rummage Sale 9am - 5pm </div>	6 11:00 - 1:00 Lunch* 1:00 Pinochle 1:00 Birthday Bingo*  6:30pm Dance to MOST WANTED BAND	7 8:00 Farmer's Market 7:30 - 3:30 Concealed Handgun Class
8 9:00 Spirit of Joy Lutheran Church*	9 9:00 Tai Chi* 11:00 - 1:00 Lunch* 11:30 Seguin Chamber Ambassadors Luncheon 5:30 Gideons	10 10:00 Bridge 11:00 - 1:00 Lunch* 12:00 - 1:00 Blood Pressure Check* 12:00 SKAT 4:00 - 5:00 Estate Planning* 6:00 - 7:00 Estate Planning* 6 - 8:30 Game Night	11 9:00 Painters 9:00 - 10:00 Golden Outlook Medicare Options* 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check* 12:30 Evelyn Bridge 12:30 Mahjongg 5:30 Spirit of Joy Choir Practice	12 11:00 - 1:00 Lunch* 11:00 - 1:00 Lunch & Learn* 12:00 Noon Lions 12:30 Beginner's Mahjongg*	13 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch 1:00 Pinochle 6:30pm Dance to THE COUNTRYMEN	14 8:00 Farmer's Market 4pm Private Party 5pm Private Party

<p>15 Spirit of Joy Lutheran Church*</p>	<p>16 9:00 Tai Chi* 10:00 Bridge 11:00 - 1:00 Lunch* 1:00 Friends Bunco 6:00 Shriners</p>	<p>17 11:00 - 1:00 Lunch* 11:45 GRMC Volunteer Luncheon 12:00 - 1:00 Blood Pressure Check* 12:00 SKAT 4:00 SC Board Mtg. 6:30 Garden Club</p>	<p>18 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check* 12:30 Mahjongg 5:30 Spirit of Joy Choir Practice</p>	<p>19 11:00 - 1:00 Lunch* 11:00 - 1:00 Lunch & Learn* 12:00 Noon Lions 12:30 Beginner's Mahjongg* Silver Opry* Monte Good, Rex Allen McNeil, Mathew Hartman & Gene Hendrix Doors open 6:00 Show at 7:00</p>	<p>20 10:00 - 1:00 AACOG Medicare Options 11:00 - 1:00 Lunch* 1:00 Pinochle 6:30pm Dance to GLEN COLLINS & THE ALIBIS*</p>	<p>21 8:00 Farmer's Market 7:30 Noon Lions Cabinet Meeting</p>
<p>22 Spirit of Joy Lutheran Church*</p>	<p>23 9:00 Tai Chi* 9:00 EB Cards 11:00 - 1:00 Lunch* 1:00 Silver Needlers</p>	<p>24 9:00 - Noon Fall Health Expo 11:00 - 1:00 Lunch* 12:00 - 1:00 Blood Pressure Check* 12:00 SKAT 12:00 Bridge</p>	<p>25 9:00 Painters 9:00 - 10:00 Golden Outlook Medicare Options* 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check* 12:30 Evelyn Bridge 12:30 Mahjongg 5:30 Spirit of Joy Choir Practice</p>	<p>26 11:00 - 1:00 Lunch* 11:00 Republican Women 12:00 Noon Lions 12:30 Beginner's Mahjongg *</p>	<p>27 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch* 1:00 Pinochle 6:30pm Dance to WRANGLER COUNTRY*</p>	<p>28 8:00 Farmer's Market 7:00 Private Party</p>
<p>29 Spirit of Joy Lutheran Church*</p>	<p>30 9:00 Tai Chi* 11:00 - 1:00 Lunch*</p>	<p>31 11:00 - 1:00 Lunch* 12:00 - 1:00 Blood Pressure Check* 12:00 SKAT</p>	 <p>COME ONE, COME ALL TO THE HEALTH & WELLNESS EXPO* Tuesday, October 24 9:00 - noon</p>			

October Lunch Menu

Serving from 11:00 - 1:00

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee

\$6.50 for Silver Center Members ♦ \$7.00 for non-members

	Monday	Tuesday	Wednesday	Thursday	Friday
2	Chicken Fajitas	3 Turkey & Dressing	4 Chicken Parmesan	5 Meatloaf	6 Fish & Shrimp
9	Salisbury Steak	10 Mexican Pork Tips	11 Beef & Potato Picadillo	12 Beef Lasagna	13 Fish & Shrimp
16	Spaghetti w/ Meatballs	17 Soft Beef Tacos	18 Baked Chicken	19 Steak Fingers	20 Fish & Shrimp
23	Fried Chicken	24 Chicken Alfredo	25 Pulled Pork	26 Chicken Enchiladas	27 Fish & Shrimp
30	Pork Chops	31 Beefy Mac & Cheese			

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25
Choice of chips or fruit, with freshly brewed iced tea or coffee

SANDWICHES

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Ham and Cheese
Turkey and Bacon
Chicken or Tuna Salad
Pimento Cheese

Cup of Soup
\$3.00
Bowl of Soup
\$4.50

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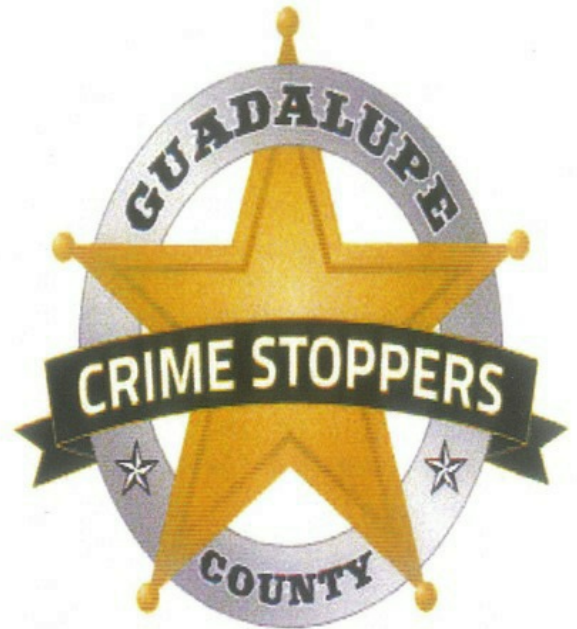
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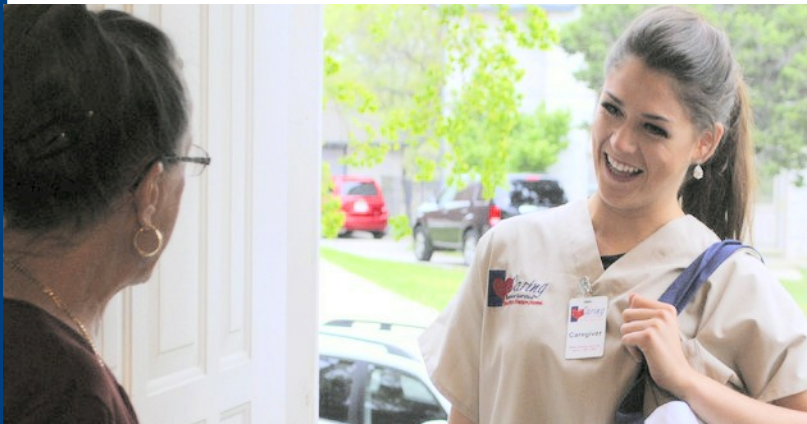
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Thursday, October 12
11:30 am - 1:00 pm



This Lunch and Learn is sponsored by Heart to Heart Hospice and GVNC. Dr. D. Scaramozi's topic is "Bones, Joints, and Supplements." Please join us for this informative program. Call 830-303-6612 to reserve a seat and a delicious, hot lunch!.

Thursday, October 19
11:30 am - 1:00 pm

Hope Hospice and Remarkable Healthcare are sponsors for this Lunch & Learn. We do not have a topic yet, but if you have ever attended these Lunch & Learns you already know you will NOT be disappointed. Call 830-303-6612 to reserve your seat and a lunch!

FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

NAN SIETSH

Tickle Your Funny Bone!

TO ALL THOSE BORN BEFORE 1945

Submitted by Velma Buie

WE ARE SURVIVORS!!! Consider the changes we have witnessed: We were born before television, penicillin, polio shots, frozen foods, Xerox, plastic contact lenses, Frisbees, and the PILL.

We were before radar, credit cards, split atoms, laser beams, and ballpoint pens. Before Pantyhose, dishwashers, clothes dryers, electric blankets, air conditioners, drip-dry clothes, and before man walked on the moon.

We got married first and then lived together. How quaint can you be??? In our time, closets were made for hanging clothes, not for "coming out of." Bunnies were small rabbits and rabbits were not Volkswagens. Designer Jeans were scheming girls named Jean or Jeanne; and having a meaningful relationship meant getting along well with our cousins. We thought fast food was what you ate during Lent, and Outer Space was the back of the Riviera Theater.

We were before house-husbands, gay rights, computer dating, dual careers, and commuter marriages. We were before day-care centers, group therapy, and nursing homes. We never heard FM radios, tape decks, electric typewriters, artificial hearts, word-processors, yogurt and guys wearing earrings. For us, timesharing meant togetherness, not computers or condominiums; a "chip" meant a piece of wood; hardware meant hardware, and software wasn't even a word. In 1940, Pizza's, "McDonalds" and instant coffee were unheard of.

We hit the scene when there were 5 and 10 cent stores, where you bought things for five and ten cents. Sanders and Wilsons sold ice cream cones for a nickel or a dime. For one nickel you could ride a street car, make a phone call, buy a Pepsi, or buy enough stamps to mail one letter and 2 postcards. You could buy a new Chevy Coupe for \$600, but who could afford one? A pity too, because gas was 11 cents a gallon! In our day, cigarette smoking was fashionable, grass was mowed, COKE was a cold drink and POT was something you cooked in. ROCK MUSIC was a grandma's lullaby and AIDS were helpers in the Principal's office.

We were certainly not before the difference between the sexes were discovered, but we were surely before the sex change; we made do with what we had. And we were the last generation that was so dumb as to think you needed a husband to have a baby! No wonder we are so confused and there is such a generation gap today! BUT WE SURVIVED!!! WHAT BETTER REASON TO CELEBRATE!!

Jake was dying. His wife, Becky, was maintaining a candlelight vigil by his side. She held his fragile hand, tears running down her face. Her praying roused him from his slumber. He looked up and his pale lips began to move slightly. "My darling Becky," he whispered. "Hush, my love," she said. "Rest. Shhh, don't talk." He was insistent. "Becky," he said in a tired voice. "I...I have something to confess to you." "There's nothing to confess," replied weeping Becky. "Everything's all right, go to sleep." "No, No, I must die in peace, Becky," he said. "I slept with your sister, your best friend, and your mother!" "I know," Becky whispered softly. That is why I poisoned you."





We'd like to welcome you to our family. WellMed accepts patients with Medicare and select Medicare Advantage Plans.

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This is the lightest, most scrumptious cake! Easy and disappears really quickly!
(Borrowed from Catholic Life Insurance, recipe of Cheri De Salme)

Cookies and Cream Cake

Cake:

1 pkg. white cake mix
1 1/4 cups water
1/3 cup oil
3 egg whites
1 cup (approx. 8) Oreo cookies, coarsely crushed
(Note: You may add additional crushed cookies if you desire.)

In a large mixing bowl combine cake mix, water, oil, and egg whites. Beat on low speed until moistened and then beat on high for 2 minutes. Gently fold in the crushed cookies. Pour into two greased and floured 8-inch round cake pans or one 13x9x2 inch greased pan. Bake at 350 degrees for 30 minutes or until wooden pick inserted in center comes out clean. Cool for 10 minutes and remove from pans to wire rack to cool completely

Frosting:

4-4 1/2 cups confectioners' sugar
1/2 cup shortening
1/4 cup milk
1 tsp. vanilla extract

In a mixing bowl, beat the sugar, shortening, milk, and vanilla until smooth. Frost the cake. If desired, decorate the top with cookie halves and the sides with crushed cookies.

Recipe yields: 12 servings



The Silver Center is working with Collette Tours for some fantastic trips in 2017!



There is still time to book for following two tours: The Best of Eastern Canada and the Colors of England. Please call Glenda or Tammy at 830-303-6612 for more information on these two tours or come by the center. There is a flyer that talks about these tours.

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When it comes to your to-do list, put your future first. To find out how to get your financial goals on track, contact your Edward Jones financial advisor.



Kathy Nossaman
Financial Advisor

116 S. Moss St.
Seguin, TX 78155
830-379-8534



Doug Martin
Financial Advisor

507 E. Court St.
Seguin, TX 78155
830-379-0154



Steve Alyea
Financial Advisor

112 N. Camp St.
Seguin, TX 78155
830-372-9059



Kristy Kirkland
Financial Advisor

109 S. River, #102
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830-379-0817



Sebie Kirkland
Financial Advisor

116 S. Moss St.
Seguin, TX 78155
830-379-8534



Brandon Allen
Financial Advisor

809 E. Court St. #100
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Call and ask about medicaid pending.

For referrals please call anytime, Rosie Jimenez

Cell: 830-491-9236 Fax: 830-303-7153

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830-379-2161

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Fridays 6:30 AM to 9:00 PM

The Silver Center Opry is BACK!!

October Silver Opry:

Scheduled for Thursday, October 19th.

Opry News:

Please mark your calendars for October 19th when we have Monte Good, Rex Allen McNeil, Matthew Hartman, and Gene Hendrix on hand to entertain you.

Doors open at 6 and admission is just \$7. We always have a fabulous meal for you to enjoy and this month we will be serving Chicken Parmesan over spaghetti and a side salad! We hope you are able to join us for another great evening of great country music.

We are looking for items that we can use for the **Silver Opry SILENT AUCTION**. The Opry is the 3rd Thursday of every month and the proceeds all benefit the Silver Center. Auction items might range from a lovely potted plant from your yard, homemade candy or a beautiful cake from your kitchen. The sky is the limit. Please contact Glenda with your donation.



Qualified Charitable Distributions

IRA owners over age 70 ½, who are required to make minimum distributions each year, may donate their distribution to a qualifying non-profit organization and not be taxed on the distribution. These IRA owners may make contributions up to \$100,000 per year.

When deciding how to make your charitable contributions, consider asking the custodian of your IRA to make that contribution directly to the charity. You should receive a 1099 from the custodian of the IRA as usual, but since the check will be paid directly to the charity, you report the distribution as a non-taxable withdrawal on lines 15a and 15b of your 1040. Next to line 15b you will write in the letters QCD (Qualified Charitable Distribution) indicating that you have followed the necessary procedures to make this gift and withdrawal non-taxable. You will also need to attach an acknowledgement from the charitable organization stating that your gift came directly from your IRA. You cannot write a check yourself. The check must come directly from the IRA custodian. Please also know that you WILL NOT be able to take these donations as a tax deduction too.

For example, you decide to make a contribution to The Silver Center. You have an IRA at XYZ Brokerage Firm from which you are required to take a minimum distribution each year. You tell XYZ Brokerage Firm to make your RMD (Required Minimum Distribution) payable to The Silver Center. The Silver Center will send you an acknowledgment letter that you will attach to the 1099 you receive from XYZ Brokerage Firm. When filing your taxes you will enter the amount of the distribution (and contribution if the amounts are the same) on line 15a. On line 15b you will enter "0" as the taxable amount, plus the letters QCD in the margin next to 15b, thereby eliminating the taxes owed on these dollars. It is up to you to inform your tax preparer that your RMD was used as a Qualified Charitable Distribution. If not, you could be taxed.

If you have any questions regarding this opportunity, please check with your tax preparer or call The Silver Center office and we will refer you to people who can answer your questions.

Guadalupe Regional Medical Center has achieved remarkable recognition in the past year, having been awarded back-to-back “A” ratings in Patient Safety from The Leapfrog Group, and now being recognized yet again by Healthgrades, the leading online resource helping patients and their families make informed decisions to find the right hospital for the right care.

“This most recent national recognition from Healthgrades confirms our dedication in providing the best possible care to each life we are privileged to touch, as well as exemplifies the commitment of our staff when caring for patients”, said Robert Haynes, CEO of Guadalupe Regional Medical Center.

Every year, Healthgrades evaluates nearly 4,500 hospitals’ performances nationwide for common inpatient procedures and conditions. GRMC has been recognized by Healthgrades in 2017 as 5-Star performer in Hip Fracture Treatment, Total Knee Replacement, and Appendectomies, meaning our clinical outcomes are statistically significantly better than expected when treating a condition or performing a procedure. The new report demonstrates how clinical performance continues to differ dramatically between hospitals regionally and nationally. For example, from 2013-2015, if all hospitals as a group performed similarly to hospitals receiving 5-Star ratings as a group, on average 223,412 lives could potentially have been saved and 162,215 complications could potentially have been avoided**. The complete Healthgrades 2017 Report to the Nation can be found at www.healthgrades.com/quality.

GRMC has once again been recognized for the outstanding Orthopedic care provided at our facility. The three board certified orthopedic surgeons who practice at GRMC bring a combined total of more than 75 years of surgical experience and expertise, and have performed thousands of bone, joint and muscle related surgeries here at GRMC.

For the 10th year in a row, Healthgrades found that hip fracture treatment at GRMC is statistically significantly better than expected, recognizing it with a 5-Star rating. GRMC also received 5-Star recognition related to knee replacement surgeries for the 4th consecutive year.

A third type of surgery merited distinction as well – appendectomies performed at GRMC were also rated as 5-Star quality for the second year in a row. Lastly, GRMC was found to be top performing 5-Star in Vaginal and C-Section Deliveries for the third year in a row.

Patient Safety

GRMC is the proud recipient of the Healthgrades 2017 Patient Safety Excellence Award™, a designation that recognizes superior performance in hospitals that have prevented the occurrence of serious, potentially avoidable complications for patients during hospital stays. The distinction as placed GRMC in the top 5% of all short-term acute care hospitals in the nation for Patient Safety.

Being nationally recognized with a Patient Safety Excellence Award™ means that GRMC has demonstrated excellent performance in safety provided for patients. During the 2013-2015 study period, Healthgrades found that patients treated in hospitals receiving the award, when compared to patients treated at non-recipient hospitals were, on average:

- 40 % less likely to experience an accidental puncture or laceration during a procedure
- 44 % less likely to experience a collapsed lung due to a procedure or surgery in or around the chest,
- 54 % less likely to experience catheter-related bloodstream infections acquired at the hospital
- 50 % less likely to experience pressure sores or bed sores acquired in the hospital

**Statistics are based on Healthgrades analysis of MedPAR data for years 2013 through 2015 and represent 3-year estimates for Medicare patients only.

A coordinated, dedicated team of health care providers is the key to excellent patient care. For surgical patients, that team includes the surgeon, the anesthesia provider, and a wide range of nurses, therapists and many other professionals who care for the patient before, during and after surgery. It is our continued honor to care for the patients of our extended community, and to receive confirmation that our care is not only compassionate, but also of verifiably excellent quality.

To find a local GRMC physician call 830.401.7401 or visit grmedcenter.com.

The Lack of Fair Education is Costing Americans Billions in Legacy Planning!

A recent study shows many Texans do not have a competent estate plan. You, your spouse and friends who would like to learn more about protecting your estate are cordially invited to join us for a **FREE Estate Planning Workshop**.



Prepare
Protect
Preserve
Peace of Mind

When you attend this workshop, we will discuss a number of important issues and give you the answers to the questions below and much more!

- ❖ **Will vs. Trust: The Truth!** Am I in control of my estate?
- ❖ The agony and publicity of **probate is avoidable**. Learn how to prevent it.
- ❖ Learn how to **protect your property** and assets for generations to come.
- ❖ Guardianship Protection: The **#1 reason** you should plan your estate.
- ❖ **Be in control** of distributing your assets, even after you are gone.
- ❖ Who will be in charge of your estate after death: **You** or the **Texas courts?**

Tuesday, October 10, 2017
4:00 pm and 6:30 pm

Silver Center Community Room
510 E. Court Street
Seguin, TX 78155

**To RSVP call today:
(830) 303-6612**



James E. Dunn
Senior Advisor



Ernie Evans
Estate Planning Specialist

This workshop is being presented by Wealth Planners Of America, an estate planning firm.
For your convenience, there will be two available times for you to attend.
No products are sold at this event. This is an educational workshop only.
Seating is limited to **adults only**. Reservations are required.
The presenters are not attorneys or CPAs.



SILVER STAR Gail Harshmann

Gail moved to Seguin almost two years ago and has been volunteering at the Silver Center Thrift Store on Mondays and Fridays for a year and a

half. She retired three years ago after almost 44 years working in the customer service industry. Originally from Michigan, she began her working career as a VE (vocational education) student in a grocery store. "I quickly learned to treat all people with kindness and caring. Just the way I would want to be treated," states Gail.

Her kindness led her to several jobs in the service industry, including LaQuinta Inns for 15 years of which seven years were in management. "It takes lots of patience to work with a staff of 45 employees and unhappy hotel guests. Again, treating them all with respect and caring about their personal concerns saw me through most of the rough spots," Gail reminds us. Gail states, "Working at the thrift store allows me to stay in contact with new people. I've learned the names of many of our regular shoppers, and I even get a hug every now and then."

After Gail moved to Texas in 1985, she met and married Mark and they have a dachshund named Max. He is the fifth dachshund they have rescued from various shelters over the years. They also rescued Toby, a West Highland white terrier, which really needed a new home. Mark and Gail have been married almost 31 years.

Gail has two grown sons. Benjamin and wife Dana live in Coral Springs, Florida and just recently had to deal with hurricane Irma with only small repairs and issues to resolve. Zachary and wife Shannon live in Schertz, Texas and have one daughter, Olivia. That makes Gail a first time grandmother and she is really enjoying the fun and even the baby-sitting. "It's great living in Seguin, making lots of new friends, and helping our community to thrive and prosper," says Gail.



Health & Wellness Expo

Tuesday, October 24, 2017

9:00 am – Noon



Seguin Silver Center
510 E. Court St
Seguin, Texas

Area Medical Service providers will be on hand with information and free health screenings. Come by for Door Prizes, Snacks, and other Free Goodies.

Sponsored by the Seguin Silver Center.
For more information call (830) 303-6612

Goetz Funeral Home Guadalupe Valley Memorial Park



Public Open Forum on Death Related Topics:

It's difficult to talk about death or dying, but we all will need to do it at some point in our lives. We need to feel the freedom to talk to others about our questions, our concerns, our experiences, and learn from each other.

Question of the Month:

Is embalming required by law in the state of Texas?

Answer:

No, embalming is not required by law in the state of Texas; although it may be suggested depending on the type of funeral service you select. If a family selects funeral services such as, Direct Cremation or Immediate Burial, it does not require embalming.

We encourage you to ask us those questions that may be weighing over your heads; and you may submit your questions to the following:

Marina P. Reyna
Funeral Director/Embalmer ~ Goetz Funeral Home
marina.reyna@dignitymemorial.com
713 N. Austin Street -Seguin, Texas 78155
(830) 379-2313



GAMES AND FUN!

Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a **GROUP GAME NIGHT**. Doors open at 6 pm and close at 8:30 pm. The cost: \$2.00 per person for members and \$2.50 per person for non-members.

Here are the Rules:

- 1) You must have a group. You cannot join a group when you get here.
- 2) When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
- 3) Call by Thursday, October 5. **Be sure to call the Thursday before game day to reserve your spot!**
- 4) Bring your own cards, game pieces, or whatever you need for your game.
- 5) Bunco, Bridge, Poker, Mahjongg, Pinochle, or any other game is okay by us.
- 6) Must clean your own area/space before you leave at 8:30 pm.

Sound like fun? Well it is, and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!

This Month's Donations

The Directors and Staff gratefully acknowledges the financial support of its donors:

Barney Barsness
Stan & Susan Casto
Luis Ernie Garcia
Myrtle Huebinger
Glenda Layton
Kathy Nossaman
Shirley Quarles

**The Silver Center
gratefully
acknowledges the
ongoing support of
The United Way**

WE HAVE A MORTGAGE

Building Mortgage \$137,802.20
Monthly Payment \$3,608.43

Sagebiel Hall Floor Loan
\$7,843.94

Monthly Payment \$154.47

The Silver Center would not exist without
the efforts of its awesome
2017 VOLUNTEERS 2017

Jan Almon	Evelyn Martin
Greg Ander	Glenna McKandles
Carmen Astran	Sandra Moline
Roy Balter	Grace Mugrage
Barbara Behal	Yolanda Newman
Evelyn Bender	Kathy Nossaman
Mary Ann Bienek	Warren Nossaman
Gloria Boenig	Ruth Owens
Velma Buie	Dolores Pierce
Susan Casto	Allan Reese
Teresa Cohen	Willo Mae Richter
Charles Crowley	Janet Rivas
Nancy Cude	LaVerne Roskydal
Patricia Custer	Dr. D. Scaramozi
Tammy Dillon	Joyce Scarlett
Doreen Dunnihoo	Bob Sebesta
Brenda Engelmann	Mary Smith
Sharon Frederickson	Sharon Steinberg
Kathleen Gibson	Frank Starcke
Laura Graham	Holly Taylor
Laura Hamilton	Ann Theiss
Gail Harshman	Eric Threet
Doug Hawkins	Margo Trost
Kay Lynn Hawkins	Viola Trost
Ann Hodges	Clarence Urban
Myrtle Huebinger	Bobbie Wesch
Shirla Humiston	Mary Ussery-
Cynthia Hyatt	Wilson
Denise Kopecki	Margaret Wideman
Joyce Kuykendall	Art Woytek
Glenda Layton	Mark Zoboroski

There is no "I" in Team,
but we sure are glad
there is "u" in our
volunteers!

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