The Silver Showcase

Volume 5 0 0 No. 1 January 2018

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President's Corner...

WHEW!!!! I don't know about you but boy I'm sure glad the holidays are past us. Not that I don't enjoy them, but it seems there is so much hustle and bustle that we don't usually get to just actually enjoy them anymore. So many things just seem like thyey're rushed these days. No time to ever "stop and smell the roses." We had so many new and exciting things happen at the center this year--A new director and staff, The Silver Opry, The Festival of Lights, the Craft fairs, and so many other things. It's really exciting to see all of the positive new developments that are keeping the center moving forward.

Speaking of new things, a new year brings new beginnings for so many things. People are making resolutions and starting anew. What resolutions are you making if any? We sure would like to hear them! Tell us about them so we can ask you how they are going. That does help you keep on track you know. My New Year's resolution is to eat healthier, and to try and catch myself if I have a negative thought. Who wants to be around a negative Nellie? Hahaha! Not me!

Well, we have many new things going on here at the center as well. Some fun and exciting events are being planned so you won't want to miss out on what's coming in 2018. We have been receiving some great ideas and feedback from you, so keep it coming. We hear you!

And how about our fantastic kitchen? If you haven't gotten your copy of the GVEC 2018 calendar, then you really need to pick one up. They are free. Check out the month of May. The featured recipe is 'Stuffed Manicotti Shells" by none other than our very own Kitchen manager Christy Ramos!!!! How exciting. She has really made a difference in our kitchen, and I know you all have tasted her cooking. She is putting the Silver Center on the map. Thank you, Christy, for all of your hard work.

Thank you all for making the center such a wonderful place to be. I enjoy you all tremendously, and I can't think of a better place to volunteer. As always it is my honor to serve you, and I welcome your feedback at any time. May the New Year bring you an abundance of God's blessings and joy wherever you go.

Sincerely, Kay Lynn Hawkins President

Hello From the Front Office!

What a beautiful time of year! December brought us snow... warm weather... cool weather... and cold weather! I hope you were able to enjoy time with some loved ones or friends over the holidays, and you're ready to start off the year with us here at the Silver Center. Did you make it out to our Christmas party? What a night... and what a beautiful showing of love during our Festival of Lights! Thank you to all of our sponsors AND our silent auction donors for making this a very special holiday. We hope to hold the Festival of Lights again next year to spread the love with those who need it most during the holidays.

Please make it a goal to do something GOOD for YOURSELF every day of this upcoming year! Life is too short and too uncertain to not have some fun every day that you can. I've had several friends who lost loved ones recently and several other dear friends who were diagnosed with serious illnesses. Please know that you are loved and appreciated by all of us here at the Silver Center. If you're ill and need a hot meal delivered, give us a call! We can have our handy, dandy volunteers deliver you a meal as long as we know by 10 AM that you'd like to be included in our delivery schedule for the day! We will also be happy to call and check on you if you're feeling ill. Give me a call. We are here for you.

The Humane Society will be here again on January 11th & 12th so please come out and find a treasure for yourself in this event. Speaking of Treasures, I guess you all know that our Thrift Store is up for sale. If you know anyone looking for a prime business or investment location, and GREAT neighbors (us), please have them call our realtor to schedule a viewing of the property... Not only is it a sturdy block building near downtown, it even has a basement!

We have several lucky couples planning to hold their wedding receptions with us soon! If you or a friend would like to rent our building for an event please contact us as soon as possible to save the date!

I wish you a very happy, healthy, and prosperous New Year and hope to see you here...at The Silver Center... Soon!

Glenda Layton Executive Director



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The Silver Center is sincerely grateful for the support of our faithful Business Members.

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January Word Scramble **BTEINRHEA GNTBGOAO IEWTNRMTIE DBGEARNIGRE** HJNSOLGON **EGAILRC MRHEMTEROET** LWNASFLO

A shout out to all our wonderful, out of sight volunteers!



The busiest time of year and these

incredible people worked an unbelievable 678.5 hours for the month of November! The RSVP hours added up to 190.5 and our regular hours came out to a spectacular 448 hours. You all are a blessing!

Thank you for your time and talents!

Are you afraid of falling? Have you fallen recently? AACOG will be holding a class at The Silver Center (once a week for 8 weeks) to help prevent falls and also to help you with balance issues.

The class is titled "A Matter of Balance." Classes are held from 9 AM - 11 PM beginning March 2nd!

Please call 830-303-6612 and sign up for these FREE CLASSES!

Traditions

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"to help you hear better we listen with our heart..."

830-372-2237 830-372-2380 fax Our Friday Night Dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music! **PLEASE NOTE**: The doors no longer open at 6:00 pm...they open at 6:30 pm. BYOB is no longer permitted due to insurance exclusions.

2017 Silver Center Friday Night Dance Schedule Doors open at 6:30pm Dance 7:30 – 11:00 pm

January 5	Vernon and Friends	February 2	Two Way Street
12	Most Wanted Band	9	The Countrymen
19	Charles and The Fabulous 4	16	Glen Collins
26	Bob Appel	23	Wrangler Country

The Seguin Silver Needlers will meet Monday, January 22nd at 1:00. The location is the Silver Center. We will continue to work on projects for the Veterans, Children's Advocacy Center & the Family Violence Shelter. Please bring equipment needed for cutting out bags. For more information, please call Marie at 830-386-0962.

January WORD SCRAMBLE ANSWERS

HIBERNATE LONGJOHNS
TOBOGGAN GLACIER
WINTERTIME THERMOMETER
GINGERBREAD SNOWFALL

Dear Supporting Silver Centure

Thank you for your donation of 78 lb of ford

in October 2017.

It is through support such as yours that we are able to continue our fight against hunger.

This acknowledgement is provided pursuant to section 170(1)(8) of the Internal Revenue Code. No goods or services were provided in consideration of this donation; the donation meets the present requirements for being tax deductible.





David Lippe	1/02
Stan Casto	1/04
Daryl Styblo	1/05
Emma Jean Becker	1/05
Barbara Webb	1/08
Melvin Grones	1/09
Sandra Haecker	1/09
Mayer Helmuth	1/09
Harry Kemp	1/09
Raymond Rappmund	1/11
Dee Lanpher	1/20
Carl Illhardt	1/20
Anne Theiss	1/22
Sarah Kirk	1/22
Jim Paul	1/23
Eldon Simons	1/23
Roger Baenziger	1/24
Ditla Jennings	1/24
Wiklbert Young	1/24
Evelyn Martin	1/27
Lillian Mondin	1/29
Karen Wallock	1/30

STAY ACTIVE WITH TAI CHI

Many older adults are looking for a gentle, low-impact exercise program that helps them stay active and improves muscle strength, flexibility and balance. TAI CHI fits the bill!

The benefits include, but are not limited to, helping with arthritis pain, reducing blood pressure, reducing stress and depression, and helping reduce bone loss in menopausal women. Tai Chi is a phenomenal exercise, and it all started with the ancient Chinese!

Join us at the Silver Center on Mondays at 9:00 am. It is only \$1.00 per class. Hope to see you there.

BIRTHDAY BINGO

On Friday, January 5, 2018, starting at 1:00 PM, you are invited to join us to celebrate our January birthdays with gifts, cake, and bingo! Heart to Heart Hospice and Guadalupe Valley Nursing Center are sponsoring this special event. We have a lot of fun, so join us for our January HAPPY BIRTHDAY CELEBRATION! All members are invited!

THRIFT STORE HOURS!

The Thrift Store will be open on Monday and Friday ONLY from 9:00 am - 4:00 pm.

Stop by and see what we have to offer! We are accepting donations too!

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MEMORIALS

*** Note that any memorials received after we go to press will be in the next month's newsletter.

No Memorials for January

THM

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Tres Hewell, President

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Are you looking for a hot, fresh, well-balanced meal? The Silver Center serves a delicious lunch from 11 am to 1 pm

Monday through Friday, and the prices are great!
Everyday something new is served such as Chicken
Enchiladas, Meatloaf, Fish and Shrimp, and Salisbury
Steak. With the entree you get two sides, a salad, roll,
dessert and brewed tea or coffee. You can't beat that!
Sandwiches, soups, and lunch salads are also offered. Join

us at the Silver Center for a yummy lunch and some great fellowship!





- Large Apartments/3 floor plans to choose from
- · Selective menu at all meals
- · Daily Activities
- Loving Competent Care
- · Family Owned and Operated

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SEGUIN

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New Year
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		JANU	MRY 2018	2018		* Open to the Public
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED	2 9:00 Quilters 11:00 - 1:00 Lunch* 11:00 - 1:00 Blood Pressure Check* 12:00 SKAT	3 9:00 Painters 9:00 Bunco 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check* 12:30 Mahjongg 5:30 SOJ Choir	4 11:00 - 1:00 Lunch* 12:00 Noon Lions 12:30 Beginner's Mahjongg*	5 11:00 - 1:00 Lunch* 1:00 Pinochle 1:00 - 3:00 Birthday BINGO* BINGO* ©pm Dance to VERNON & FRIENDS*	6 8:00 Farmer's Market*
7 9:00 Spirit of Joy Lutheran Church*	8 9:00 Tai Chi* 11:00 Republican Women Board 11:00 - 1:00 Lunch* 5:30 Gideons	9 10:00 Bridge 11:00 - 1:00 Lunch* 11:00 - 1:00 Blood Pressure Check* 12:00 SKAT 6:00 - 8:30 GAME NIGHT	10 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check* 12:30 Evelyn Bridge 12:30 SOJ Choir	11 11:00 Thrivent 11:00 -1:00 Lunch & Learn* 12:00 Noon Lions 12:30 Beginner's Mahjongg*	12 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch* 1:00 Pinochle 6pm Dance to MOST WANTED BAND	13 8:00 Farmer's Market*
	T Thursday,	Chursday, January Sponsored by G January 18 - LUNG	ursday, January 11 - LUNCH & LEARN* - Topic T Sponsored by GVNC and Heart to Heart Hospice nuary 18 - LUNCH & LEARN* - "The Benefits of E isored by Remarkable Healthcare and Hope Hos	Thursday, January 11 - LUNCH & LEARN* - Topic TBA Sponsored by GVNC and Heart to Heart Hospice Thursday, January 18 - LUNCH & LEARN* - "The Benefits of Essential Oils" Sponsored by Remarkable Healthcare and Hope Hospice	ential Oils" ce	

14 9:00 Spirit of Joy Lutheran Church*	15 9:00 Tai Chi 10:00 Bridge 11:00 - 1:00 Lunch* 1:00 Friends Bunco 6:00 Shriners	16 11:00 - 1:00 Lunch* 11:00 - 1:00 Blood Pressure Check* 12:00 SKAT 5:00 SC Board Mtg 6:00 Garden Club	9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check* 12:30 Mahjongg 5:30 SOJ Choir	11:00 - 1:00 Lunch* 11:00 Lunch & Learn* 12:00 Noon Lions 12:30 Beginner's Mahjongg* 6:00* C:00*	119 11:00 - 1:00 Lunch* 1:00 Pinochle 6pm Dance to CHARLES & THE FABULOUS FOUR	20 8:00 Farmer's Market*
0 Spirit of Joy Lutheran Church*	22 9:00 Tai Chi* 9:00 EB Cards 11:00 - 1:00 Lunch* 1:00 Silver Needlers	23 10:00 Bridge 11:00 - 1:00 Lunch * 11:00 - 1:00 Blood Pressure Check* 12:00 Bridge 12:00 SKAT	24 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check* 12:30 Evelyn Bridge 12:30 Mahjongg 5:30 SOJ Choir	25 11:00 Republican Women 11:00 - 1:00 Lunch* 12:00 Noon Lions 12:30 Beginner's Mahjongg*	26 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch* 1:00 Pinochle 6pm Dance to BOB APPEL*	27 8:00 Farmer's Market*
0 Spirit of Joy Lutheran Church*	29 9:00 Tai Chi* 11:00 - 1:00 Lunch *	30 11:00 - 1:00 Lunch* 11:00 - 1:00 Blood Pressure Check* 12:00 SKAT			Silver OPRY	
			Dc Buddy Roy	Thursday, January 18 Doors open at 6pm ~ ~ Show 7- 9pm Featuring Buddy Roy • Jay Eric • David Lewis • Gene Hendrix	fanuary 18	om ene Hendrix

January Menu

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee \$6.50 for Silver Center Members ◆ \$7.00 for non-members

Serving from 11:00 - 1:00

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
CLOSED	Chicken Strips	Pulled Pork	Picadillo	Fish & Shrimp
8 Green	9	10	11	12
Chicken Enchiladas	Beef Lasagna	Steak Fingers	Smothered Chicken	Fish & Shrimp
15	16 Chicken	17	18	19
Fried Chicken	Mushroom Casserole	Spaghetti w/ Meat Sauce	Chicken Fajitas	Fish & Shrimp
22	23	24	25	26
Shepherd's Pie	Stuffed Shells	King Ranch Chicken	Meatloaf	Fish & Shrimp
29 Soft Beef Tacos	30 Chicken Fried Chicken	31 Baked Chicken		

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25 Choice of chips or fruit, with freshly brewed iced tea or coffee

SANDWICHES

Classic Club Ham and Cheese Turkey and Bacon Chicken or Tuna Salad

Pimento Cheese

Cup of Soup \$3.00 Bowl of Soup \$4.50

SALADS

Chef Salad
Chicken Salad Plate
Tuna Salad Plate
Grilled or Fried Chicken Salad

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612 To-Go orders and Delivery in a limited area available for an additional charge.



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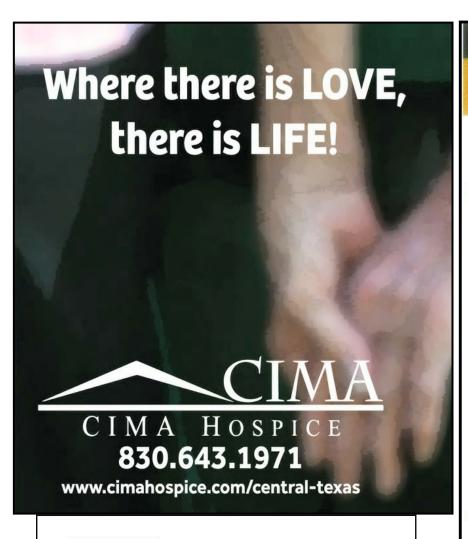
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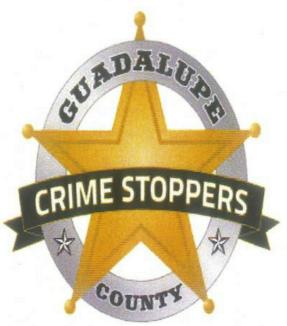
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LUNCH







Janice Weinman, D.D.S.

Stephanie Jones, D.D.S.

Thursday, January 11, 2018 11:30 AM - 1:00 PM

Guadalupe Valley Nursing Center and Heart to Heart Hospice are sponsoring this Lunch and Learn. We do not have a topic yet, but those of you who have as

a topic yet, but those of you who have attended these wonderful presentations know that it is well worth your time and energy. Please join us by calling 830-303-6612 to reserve your seat and a yummy hot meal straight from the kitchen! Hope to see you there.

Thursday, January 18, 2018 11:30 AM - 1:00 PM

Hope Hospice and Remarkable Healthcare will sponsor this fun and interesting topic, "Benefits of Essential Oils". What oil helps us sleep better, have more energy, more at peace, etc? Join us for this wonderful and informative talk. Come with questions. Call 830-303-6612 to reserve your seat and a delicious hot meal!

FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

HELNKTAE OGBSNI

BLOOD PRESSURE CHECKS

Windsor Nursing and Rehabilitation Center of Seguin offers free blood pressure checks at the Silver Center on Wednesdays from 11:00 AM -1:00 PM.

Guadalupe Valley Nursing Center will be checking blood pressure and blood sugar on Tuesdays at the Silver Center from 11:00 AM -

Tickle Your Funny Bone!

A Retiree's Last Trip to Costco by Velma Buie

Yesterday, I was at Costco buying a large bag of Purina Dog Chow for my loyal pet, Necco, the Wonder Dog, which weighs 191 lbs. I was in the check-out line when a woman behind me asked if I had a dog.

What did she think I had - an elephant? So, because I'm retired and have little time to do, on impulse I told her no, that I didn't have a dog that I was starting the Purina Diet again. I added that I probably shouldn't because I ended up in the hospital last time, but that I lost 50 lbs. before I awakened in an intensive care ward with tubes coming out of most of my orifices, and IV's in both arms.

I told her that it was essentially a perfect diet and that the way it works is to load your jacket pockets with Purina Nuggets and simply eat one or two every time you feel hungry. The food is nutritionally complete so it works well, and I was going to try it again. (I have to mention here that practically everyone in line is now enthralled with my story.)

Horrified, she asked if I ended up in intensive care because the dog food poisoned me. I told her no, I stopped by to pee on a fire hydrant and a car hit me. I thought the guy behind her was going to have a heart attack he was laughing so hard.

Costco won't let me shop there anymore. Better watch what you ask retired people. They have all the time in the world to think up crazy things to say.

The Confession by Velma Buie

An elderly Italian man, who lived on the outskirts of Rimini, Italy, went to the local Church for confession. When the priest slid open the window to the confessional, the man said, "Father, forgive me for I have sinned. During WWII, a beautiful Jewish woman from our neighborhood knocked urgently on my door and asked me to hide her from the Nazis. So I hid her in my attic."

The priest replied, "That was a wonderful thing you did, and you have no need to confess that." There is more to tell Father... "She started to repay me with sexual favors. This happened several times a week and twice on Sundays." The priest said, "That was a long time ago and by doing what you did, you placed the two of you in great danger, but two people under those circumstances can easily succumb to the weakness of the flesh. However, if you are truly sorry for your actions, you are indeed forgiven." "Thank you Father. That's a great load off my mind. I do have one more question." And what is that?" asked the priest. "Should I tell her the war is over?"







Sunrise Mini Pizzas

Prep time/Total Time: 30 minutes

Bake at 350 degrees for 15 minutes or until the cheese is melted.

Yields: 10 pizzas

8 to 10 eggs

2 Tablespoons milk

Salt and pepper to taste

1 tablespoon butter

10 frozen white dinner rolls, thawed

10 bacon strips, cooked and crumbled

2 cups (8 ounces) shredded cheddar cheese

In a bowl, beat the eggs. Add milk, salt and pepper.
 Melt butter in a skillet; add the egg mixture. Cook

and stir over medium heat until eggs are set.

Remove from heat and set aside.

2. Roll each dinner roll into a 5-inch circle. Place on greased baking sheets. Spoon egg mixture evenly over crust. Sprinkle with bacon and cheese.

Don't forget about the Islands of New England trip with Collette Tours. It is a fabulous 8 day tour in which you will visit Providence, Newport, Boston,



Cranberry Bog, Plymouth Plantation,

Martha's Vineyard, and Provincetown! You will even have an opportunity to enjoy a delicious lobster dinner one evening! There is still time to book this wonderful tour as it arrives in Providence, Rhode Island on June 15!

In addition, if you are planning a trip in 2018, please consider booking through the Silver Center. We are working with Collette Tours for some fantastic trips, so stop by and see some of the super tours that are offered. Call Glenda at 830-303-6612 to book your exclusive trip today!

Do you ask people to repeat?

Do you miss out on the punchline of jokes?

Does your family complain the TV is too loud?

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how to get your financial goals on track, contact your Edward Jones financial advisor.



Kathy Nossaman Financial Advisor

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Warm Wishes for a Bright and a Prosperous New Year

THE SILVER CENTER OPRY IS A GREAT SUCCESS!

Mark your calendars for Thursday, January 18 at 7:00 PM. Buddy Roy, Jay Eric, David Lewis, and Gene Hendrix are our featured Opry lineup, along with our very own Silver Opry Band.

We will be serving cheese enchiladas, rice and beans before the show. Supper starts at 6:00 PM when the doors open. The bar also opens at 6:00. A silent auction begins at 6:00 and ends around 8:00 PM. We have the best local talent and a super great meal, so please join us for a night of fellowship, fabulous music and dancing. Come out and support our singers and the Silver Opry Band!

We are looking for items that we can use for the Silver Opry's SILENT AUCTION. The proceeds benefit the Silver Center, so consider donating an auction item. It can be a plant, gift cards, homemade goodies, anything goes! Contact Glenda, 830-303-6612, with your donation.













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^{***}Members can expect their prescription lls to be delivered in 7-10 days. For the status of orders please call Humana Pharmacy® at 1-800-379-0092 (TTY: 711), Monday-Friday, 8 a.m.-11 p.m. and Saturday, 8 a.m.-6:30 p.m. Other pharmacies are available in our network.

Humana is a Medicare Advantage HMO organization with a Medicare contract. Enrollment in this Humana plan depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments and restrictions may apply. Benefits, premium and member cost share may change on January 1 of each year. You must continue to pay your Medicare Part B premium. A licensed Humana sales agent will be present with information and applications. For accommodation of people with special needs at sales meetings, call 1-888-408-3270 (TTY: 711), 8 a.m. – 8 p.m., seven days a week.>. Applicable to [[plan name]].



Festival of Lights







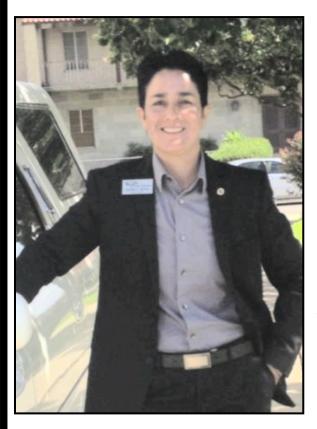








Goetz Funeral Home Guadalupe Valley Memorial Park



Public Open Forum on Death Related Topics:

It's difficult to talk about death or dying, but we all will need to do it at some point in our lives. We need to feel the freedom to talk to others about our questions, our concerns, our experiences, and learn from each other.

Question of the Month:

Is embalming required by law in the state of Texas?

Answer:

No, embalming is not required by law in the state of Texas; although it may be suggested depending on the type of funeral service you select. If a family selects funeral services such as, Direct Cremation or Immediate Burial, it does not require embalming.

We encourage you to ask us those questions that may be weighing over your heads; and you may submit your questions to the following:

Marina P. Reyna
Funeral Director/Embalmer ~ Goetz Funeral Home
marina.reyna@dignitymemorial.com
713 N. Austin Street -Seguin, Texas 78155
(830) 379-2313



GAMES AND FUN!

Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a *GROUP GAME NIGHT*. Doors open at 6 pm and close at 8:30 pm. The cost: \$2.00 per person for members and \$2.50 per person for non-members.

Here are the Rules:

- 1) You must have a group. You cannot join a group when you get here.
- 2) When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
- 3) Call by Thursday, January 4. Be sure to call the Thursday before game day to reserve your spot!
- 4) Bring your own cards, game pieces, or whatever you need for your game.
- 5) Bunco, Bridge, Poker, Mahjongg, Pinochle, or any other game is okay by us.
- 6) Must clean your own area/space before you leave at 8:30 pm.

Sound like fun? Well it is, and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!

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This Month's Donations

The Directors and Staff gratefully acknowledges the financial support of its donors:

Jan Almon
Evelyn Arentz
Mel & Patty Grones
Doug & Kay Lynn Hawkins
Glenda Layton
Kathy Nossaman
Fred Wadleigh Estate

The Silver Center gratefully acknowledges the ongoing support of

The United Way

WE HAVE A MORTGAGE

Building Mortgage \$132,469.02 Monthly Payment \$3,608,.43

Sagebiel Hall Floor Loan is paid off! *Thanks, donors!*

The Silver Center would not exist without the efforts of its awesome

2018 VOLUNTEERS 2018

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Mark Zoboroski

There is no "i" in Team, but we sure are glad there is "u" in our volunteers!

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January 2018



SAY GOODBYE TO SEVERE HIP AND KNEE PAIN! And say hello to our exceptional GRMC orthopedic physicians. They're dedicated to excellence and ready to keep you moving.

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