The Silver Showcase

Volume 5 0 0 No. 6 June 2018

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President's Corner...

As I sat to ponder on what I would write to you all about, it came to me through my stomach. It was well after lunch time and my stomach was screaming at me. For those of you who know me well, you know that I'm never shy about getting in line first at the buffet. So, when my stomach started fussing at me, I started thinking about where I wanted to find some food to fill the void. Then, of course, that brought another dilemma. TOO MANY DECISIONS! Now of course, the Silver Center kitchen is always my first pick. But, again, it is well after lunch and they are now closed. As I thought about the different dining options our lovely community has to offer, and trying to make a tough decision, it came to me like a dog hearing a cheese wrapper being opened. Taste of Seguin.

Now as you all know, the Taste of Seguin, is the largest fund raiser we host each year for the center, and we rely heavily on the proceeds from the event. This year's event will be held on June 19, at the Seguin Events Complex, a.k.a. the coliseum. Tickets are \$25 in advance or \$30 at the door. The ticket price includes all you can eat food samples from Seguin's commercial kitchens, liquid fun sponsored by First United Bank, a silent auction, a live auction, and live entertainment provided by the Silver Opry House Band. And of course without the support of Guadalupe Regional Medical Center as the event sponsor, this event would not be possible. As usual, the celebrity judges will choose their favorites in 5 different categories, but the people's choice in each category is always the most fun. Last year's event was so much fun, we completely SOLD OUT! So you definitely don't want to miss the fun this year. Tickets are limited so be sure to get yours soon.

I can't wait to see what all of these great vendors are bringing to the table this year. But I better get going to my table or my stomach is going to eat itself talking about all of this deliciousness! Get your tickets now, for your sake, and mine, before I eat everything!

Sincerely, Kay Lynn Hawkins President

Hello From the Front Office!

Wow! Can it really be JUNE? This year is flying by. Our weekends are booked here at the Center and our days are full of events. THANK YOU all for coming out and having lunch with us and sharing your stories with us!

Every Saturday night is booked for events and we have some NEW items on the books that we hope you enjoy! One of our employees wants to bring a smile to your face and some fabulous memories into your heart with her idea. She recommended that we have a DRESS UP DAY once or twice a month! Friday, June 15th we will be looking for you in an outrageous or memorable tie to help us celebrate Father's Day with us! If you come in sporting a tie you will get a fun little token from us. On Tuesday, June 26th we will have a fun LUAU Day at the center. Wear something that makes you think luau, Hawaii, etc. and get a fun little item from the Center! LET'S HAVE SOME FUN WITH THIS! I won't make it to Hawaii, but I can dream about it!

Our fabulous Silver Opry will have a BUNCH of talent here for your pleasure! Clint Taft, Tom Teboe, and John Hanson will all be here on Thursday, June 21st and the show starts at 7PM. Doors open at 6PM for a CHEESE ENCHILADA DINNER!!!! You ought to make plans to be here!

I can't forget the major event of the month... TASTE OF SEGUIN! If you've never been, you need to come out and experience it. You will see a great bunch of people and eat the very best food in town. Various fun beverages will be there for your enjoyment and the Silver Opry Band will be performing for your evening's enjoyment!

Last but not least, here's an update on the Bulldog pups... All of my wrinkly little babies have now gone home with their new owners. (sniff, sniff.) I simply couldn't stand all of the quiet, so I went out and purchased a new sweetie for myself! Stop by and meet my new addition, Lilly!

As always, I look forward to seeing you at the Silver Center! God Bless you all!

Glenda Layton Executive Director 830-303-6612



BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

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Tune Word Scramble EHBAC _____ PWKARTRAE ____ YGEAOV ___ RNUDMSHTOTRE ____ FSNGIILT ____ YUGMG ____ BFIEESR ___ RAI RICODNINEOT ____ YHTUIMDI _____ GWENISLTRE ____



Something NEW!

Do you love Board Games? The Silver Center is starting an "Open Game Date" every Friday starting in March. The times are 9-11 AM and 1-3 PM.

Bring your friends and choose from any of the board games we have available and enjoy some fun times with friends!

Our incredible volunteers did it again! Our total hours for April is an astounding 950 hours. WOW! These Silver Center volunteers are awesome people and work hard to make this



center work effectively and meet the needs of our senior community. Come in and meet some of these caring, dedicated, and loyal people.

Happy Father's!



Our Friday Night Dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music. **PLEASE NOTE:** The doors open at 6:30 pm. BYOB is no longer permitted due to insurance exclusions.

2018 Silver Center Friday Night Dance Schedule Dance 7:30 - 11:00 pm Doors open at 6:30pm

June		Septemb	er
1-Jun	Two Way Street	7-Sep	Vernon & Friends
8-Jun	Countrymen	14-Sep	Most Wanted Band
15-Jun	Glen Collins	21-Sep	Charles & Fabulous
22-Jun	Wrangler Country	28-Sep	Bob Appel
29-Jun	Tom Teboe	October	
July		5-Oct	Two Way Street
6-Jul	Vernon & Friend	12-Oct	Countrymen
13-Jul	Most Wanted Band	19-Oct	Glen Collins
20-Jul	Charles & Fabulous 4	26-Oct	Wrangler Country
27-Jul	Country Sounds	Novembe	er
August		2-Nov	Tom Teboe
3-Aug	Two Way Street	9-Nov	Most Wanted Band
10-Aug	Countrymen	16-Nov	Charles & Fabulous
17-Aug	Glen Collins	23-Nov	Bob Appel
24-Aug	Wrangler Country	30-Nov	
31-Aug		Decembe	r
		7-Dec	Two Way Street

The Silver Needlers will meet Monday, June 25th at 1:00. The location is the Silver Center. We will be working on bags for Veteran & the Advocacy. New members are always welcome. Please bring the usual items needed. For more information, please call Marie @ 830-386-0962. ıs 4

/-Dec Iwo way Street 14-Dec Countrymen 21-Dec Monte Good Wrangler Country 28-Dec



Sergei Ceyanes	6/1	Treva Hicks	6/19
Joyce Pierce	6/2	Joseph Cole	6/20
Shirley Puhlman	6/4	Willo Mae Richter	6/20
Myrtle Huebinger	6/7	Kenneth Stevens	6/22
Gary Kolb	6/8	Dee Griffin	6/24
Judy Griffin	6/9	Bobby Pees	6/25
Dolores Pierce	6/11	Georgia Barber	6/27
Eddie Pullin	6/11	James Campa	6/27
Dennis McIntosh	6/12	Doan Van Tran	6/27
Darrell Phelps	6/19	Elena Hyatt	6/28
		Glenna McKandles	6/28

HAPPY BELATED BIRTHDAYS!

Our Apologies! We missed these May Birthdays:

Donna Bender	Suzanne Campa
Donna Dice	Tammy Dillon
Grace McFarland	Helen Ross
Irmie Threet	Norman Waite

Texan Renew Hearing will take a new spot on our calendar on the fourth Thursday of every month. For the month of May the date is May 24, so be sure to put it on your calendar. They will do complimentary hearing check-ups. Please stop by if you have questions about your current hearing aid or questions about new items on the market

STAY ACTIVE WITH TAI CHI

Many older adults are looking for a gentle, low-impact exercise program that helps them stay active and improves muscle strength, flexibility and balance. TAI CHI fits the bill!

The benefits include, but are not limited to, helping with arthritis pain, reducing blood pressure, reducing stress and depression, and helping reduce bone loss in menopausal women. Tai Chi is a phenomenal exercise, and it all started with the ancient Chinese!

Join us at the Silver Center on Mondays at 9:00 am. It is only \$1.00 per class. Hope to

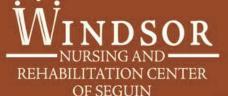
BIRTHDAY BINGO

On June 1, 2018, starting at 1:00, you are invited to join us to celebrate our June Birthdays with gifts, cake, and bingo! Heart to Heart Hospice and Guadalupe Valley Nursing Center are sponsoring this special, fun event. We have a lot of fun, so join us for our June HAPPY BIRTHDAY CELEBRATION! All members are invited.

THRIFT STORE HOURS!

The Thrift Store will be open on Monday and Friday ONLY from 9:00 AM - 4:00 PM.

Stop by and see what we have to offer! We are accepting donations too!



Core Values

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MEMORIALS

*** Note that any memorials received after we go to press will be in the next month's newsletter.

In Memory of: Bill West

By: Mary Ann Norris

Lea Phelps

In Memory of: Ron Marcotte

By: Mrs. Ron Marcotte

In Memory of: Ann Monk

By: Mary Ann Norris

In Memory of: Al Schuerg

By: Lea Phelps

THM

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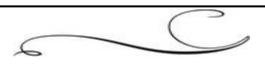
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Address:
City:
State/Zip:

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Seguin, Texas 78155



Are you looking for a hot, fresh, well-balanced meal? The Silver Center serves a delicious lunch from 11 am to 1 pm

Monday through Friday, and the prices are great!
Everyday something new is served such as Chicken
Enchiladas, Meatloaf, Fish and Shrimp, and Salisbury
Steak. With the entree you get two sides, a salad, roll,
dessert and brewed tea or coffee. You can't beat that!
Sandwiches, soups, and lunch salads are also offered. Join

us at the Silver Center for a yummy lunch and some great

fellowship!



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- · Selective menu at all meals
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- Loving Competent Care
- · Family Owned and Operated

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If you have any catering needs please contact Glenda at the Silver Center!

* Open to the Public	Saturday	state Party Sagebiel Hall & Ezell Center	stant B:00 Farmer's Market Wilson Pottery Event
66	Friday	1 11:00 - 1:00 Lunch* 1:00 Pinochle 1:00 - 3:00 Birthday Bingo 6:30 Dance to TWO WAY STREET*	8 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch* 11:30 Zonta Board Lunch 1:00 Pinochle 6:30 Dance to COUNTRYMEN*
2018	Thursday		7 11:00 - 1:00 Lunch & Learn * 12:00 Noon Lions 12:30 Beginner's Mahjongg*
	Wednesday		6 9:00 Painters 9:00 Bunco 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 11:30 Chamber Luncheon 12:00 - 1:00 Blood Pressure Check 12:30 Mahjongg 5:30 Spirit of Joy Choir Practice
	Tuesday		5 11:00 - 1:00 Lunch* 11:00 - 1:00 Blood Pressure Check 12:00 SKAT
	Monday		4 9:00 Tai Chi* 11:00 - 1:00 Lunch*
	Sunday		3 9:00 Spirit of Joy Lutheran Church*



Taste of Seguim tickets Buy your \$25 pre-sale at the Center

Entertainment by The Silver Opry House Band

10 9:00 Spirit of Joy Lutheran Church*	11 9:00 Tai Chi* 11:00 - 1:00 Lunch* 5:30 Gideon's Dinner	12 10:00 Bridge 11:00 - 1:00 Lunch* 11:00 - 1:00 Blood Pressure Check	1.3 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis	14 11:00 - 1:00 Lunch* 11:00 - 1:00 Lunch & Learn* 12:00 Noon Lions	15 Wear Your Tie Day for Father's Day	16 8:00 Farmer's Market Private Party
		6 - 8:30 Game Night	Pressure Check* 12:30 Evelyn Bridge 12:30 Mahjongg 5:30 Spirit of Joy Choir Practice	Mahjongg* 1:00 Bingo	11:00 - 1:00 Lunch* 1:00 Pinochle 6:30 Dance to GLEN COLLINS*	
17 9:00 Spirit of Joy Lutheran Church*	18 8:00 CMC Class 9:00 Tai Chi* 10:00 3⁴ Mon. Bridge 11:00 - 1:00 Lunch* 1:00 Friends Bunco	11:00 - 1:00 Lunch* 11:00 - 1:00 Blood Pressure Check 12:00 SKAT 6:00 Garden Club CASTE OF	20 8:00 CMC Class 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check 12:30 Mahjongg 5:30 Spirit of Joy Choir Practice	11:00 - 1:00 Lunch* 12:00 Noon Lions 12:30 Beginner's Mahjongg* 6:00 - 9:30 The Silver Opry featuring Clint Taft Tom Teboe	22 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch* 12:00 - 1:00 Big Daddy Dean entertains at lunch 1:00 Pinochle 1:00 Bingo 6:30 Dance to WRANGLER	23 8:00 Farmer's Market Private Party
24 9:00 Spirit of Joy Lutheran Church*	25 9:00 Tai Chi* 9:30 EB Cards 11:00 - 1:00 Lunch* 1:00 Silver Needlers	26 Luau Day Dress for Fun! 10:00 Bridge 11:00 - 1:00 Lunch* 11:00 - 1:00 Blood Pressure Check 12:00 SKAT	27 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch* 11:30 Lunch & Learn 12:00 - 1:00 Blood Pressure Check* 12:30 Evelyn Bridge 12:30 Mahjongg 5:30 Spirit of Joy Choir Practice	28 11:00 - 1:00 Lunch* 11:00 - 1:00 Lunch* 11:00 - 1:00 Texas Renew Hearing Screening 12:00 Noon Lions 12:30 Beginner's Mahjongg*	29 11:00 - 1:00 Lunch* 1:00 Pinochle 6:30 Dance to TOM TEBOE*	30 8:00 Farmer's Market Armor Tactical Class Private Party

JUNE Lunch Menu

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee

\$6.50 for Silver Center Members ◆ \$7.00 for non-members

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fish or Shrimp
4	5	6	7	8
Beef Taco Salad	Fried Chicken	Smothered Pork Chops	Baked Chicken	Fish or Shrimp
11	12	13	14	15
Spinach Lasagna	Beef Stroganoff	King Ranch Chicken	Meatloaf	Fish or Shrimp
18	19	20	21	22
Chicken Strip Basket	Baked Chicken	Spaghetti w/ Meat Sauce	Chicken Enchiladas	Fish or Shrimp
25	26	27	28	29
Chicken Friend Steak	Baked Ham	Chicken Parmesan	Beef Chalupas	Fish or Shrimp

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25 Choice of chips or fruit, with freshly brewed iced tea or coffee

SANDWICHES

Classic Club
Ham and Cheese
Turkey and Bacon
Chicken or Tuna Salad
Pimento Cheese

Cup of Soup \$3.00 Bowl of Soup \$4.50

SALADS

Chef Salad
Chicken Salad Plate
Tuna Salad Plate
Grilled or Fried Chicken Salad

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612 To-Go orders and Delivery in a limited area available for an additional charge.



Alfredo Seafood Fettuccine Prep/Total Time: 20 minutes Yield: 4 servings

8 oz. uncooked fettuccine
1 envelope Alfredo sauce mix
1 package (8 ounces) imitation crabmeat
6 ounces bay scallops
6 ounces uncooked medium shrimp, peeled and deveined
1 Tbsp. plus 1-1/2 tsp. butter
1/8 to 1/4 tsp. garlic powder

- 1) Cook the fettuccine according to package directions. Meanwhile, prepare the Alfredo sauce according to package directions.
- 2) In a large skillet, saute the crab, scallops, and shrimp in butter for 2-3 minutes or until scallops are opaque and shrimp turn pink. Stir in Alfredo sauce. Season with garlic powder. Cook and stir for 5-6 minutes or until thickened. Drain fettucine; top with seafood mixture.

Add garlic bread and a salad and you have a quick, but very nice meal! Enjoy!

A Personal Invitation.

Nesbit LRC has been voted
"Best Nursing/Rehab Facility in Seguin"
four years in a row by the community in the
Seguin Gazette Enterprise poll.

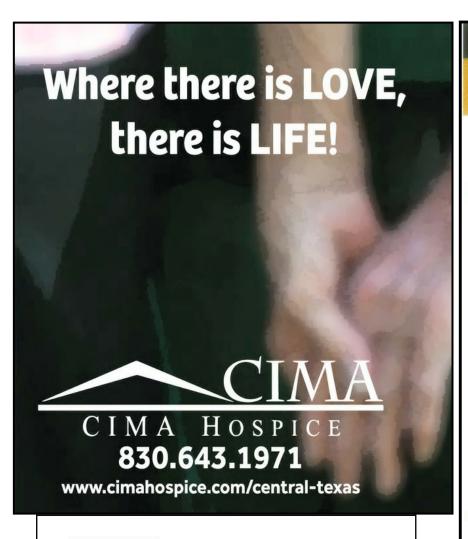
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LUNCH







Janice Weinman, D.D.S.

Forrest Arguelles, D.D.S.

Thursday, June 14, 2018 11:30 AM - 1:00 PM

Heart to Heart Hospice and Guadalupe Valley Nursing Center are sponsoring this Lunch &

Learn. We do not have a topic to date, but these Lunch & Learns are ALWAYS entertaining and informative. Please call 830-303-6612 to reserve a hot, delicious lunch and a seat.

Thursday, June 21, 2018 11:30 AM - 1:00 PM

Hope Hospice will sponsor this Lunch & Learn. Again, we do not have a topic yet, but they are always interesting, fun, and informative. Call 830-303-6612 to reserve your seat and a hot lunch!

FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

YNLN CHTMPEARL

BLOOD PRESSURE CHECKS

Windsor Nursing and Rehabilitation Center of Seguin offers free blood pressure checks at the Silver Center on Wednesdays from 12:00 PM -1:00 PM.

Guadalupe Valley Nursing Center will be checking blood pressure and blood sugar on Tuesdays at the Silver Center from 12:00 PM - 1:00 PM

Tickle Your Funny Bone!

Submitted by Velma Buie

PUNS FOR EDUCATED MINDS:

- 1. The fattest Knight at King Arthur's table was Sir Circumference. He acquired his size from too much Pi.
- 2. I thought I saw an eye doctor on an Alaskan Island, but it turned out to be an Optical Aleutian
- 3. She was only a Whiskey maker, but he loved her still.
- 4. A rubber band pistol was confiscated from an Algebra Class because it was a weapon of Math disruption.
- 5. No matter how much you push the envelope, it'll still be stationary.
- 6. A dog gave birth to puppies near the road, and was cited for littering.
- 7. A Grenade thrown into a kitchen, would result in Linoleum Blownapart.
- 8. Two silk worms had a race. They ended up in a tie.
- 9. A hole has been found in the nudist camp wall. Police are looking into it.
- 10. Time flies like an arrow. Fruit flies like a banana.
- 11. Atheism is a non-profit organization.
- 12. Two hats were hanging on a rack in the hallway. One hat said to the other, "You stay here. I'll go on a head."
- 13. I wondered why the baseball kept getting bigger. Then it hit me!
- 14. A sign on the lawn at the Drug Rehab Center said, "Keep off the grass."
- 15. A midget fortune teller who escaped from prison was a Small, Medium, at Large.
- 16. The Soldier who survived Mustard Gas and Pepper Spray, is now a seasoned Veteran!
- 17. A back-ward Poet writes inverse.
- 18. In a democracy, it's your vote that counts. In Feudalism, it's your Count that votes.
- 19. When cannibals ate a missionary, they got a taste of religion.
- 20. If you jumped off a bridge in Paris, you'd be in Seine. (River Seine)
- 21. A vulture carrying two dead raccoons, boards an airplane. The Stewardess looks at him and says, "I'm sorry, only one Carrion allowed per passenger."
- 22. Two fish swim into a concrete wall. One turns to the other and says, "Dam."
- 23. Two Inuit sitting in a kayak were chilly, so they lit a fire in the Craft. Unsurprising, it
 - sank. Proving once again, you can't have a Kayak and eat it too!
- 24. Two Hydrogen Atoms meet: One says, "I've lost my Electron." The other says, "Are you sure?" The first replies, "Yes, I'm Positive."
- 25. Did you hear about the Buddhist who refused Novacain during a Root-Canal? His goal: Transcend dental medication.
- 26. There was the person who sent 10 Puns to friends, with the hope that at least one of the Puns would make them laugh. No Pun in ten did!

Mary asks her husband, Bill, "When I die and you marry again, will your new wife get my wedding ring?" "Yeah," said Bill. Mary asked, "Will she get my car too?" "Yeah," said Bill. "What about the house?" she asked. "Yeah," said Bill. "And my golf clubs too?" "No," said Bill. She's left





Pamela "Pam" Davis

The Silver Center's New Volunteer Coordinator

I am an only child, born in Dallas, Texas, where I resided until the age of six at which time my family moved to Houston. It was here that I began my interest in music and began taking piano lessons.

My father transferred to San Antonio where I attended and graduated from Roosevelt High School. After graduation, I applied and received a 4-year scholarship to North Texas State University in Denton because of their renowned music program. I graduated with a degree in Classical Music and a minor in Psychology.

Returning to San Antonio, I married Billy West, a local cattle rancher. We lived in Elmendorf, Texas. Living on a 5,400 acre working cattle ranch was quite an experience. What a change from the big city, but I loved it! Life was good, and a little boy joined our herd. We were very involved in our church and I accepted the position of music director. Upon Billy's death, I worked at various professional jobs. I then remarried briefly and had a second son, Chris. The boys and I left San Antonio and moved to Seguin. My parents were now living here, and I felt a small town atmosphere would be a better place to raise my boys, plus the added support of my parents. At this time, I began working at Navarro ISD.

When my oldest son, Jason, became college age, I left Navarro and went to work for the Texas Prison System, for better pay, to help pay A & M's tuition requirements. During this employment, I worked at four different prisons starting in Human Resources and ending my career as an assistant warden. I also went to school at night to get my Math degree and Teacher Certification.

In 2000, I married my current husband Bill, left the prison system and returned to Navarro ISD. I retired from Navarro in 2013.

The new chapter of my life, at the center is like composing a piece of music. Each experience has brought a new melody to my life. I have met so many interesting people with amazing stories. There is a "song" being composed of smiles, hugs, laughter, and a belonging each of us needs.



collette

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Tropical Costa Rica

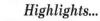
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Kristy Kirkland **Financial Advisor**

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Happy Father's Day!



JOIN US FOR THE SILVER CENTER OPRY

As you know, every 3rd Thursday of the month, the Silver Opry puts on the best show in town! Don't forget to mark your calendars for this special event. Clint Taft, Tom Teboe, and John Hanson are our entertainers for the evening, and as always, the Silver Opry Band will be in charge of providing the fabulous background music for the evening.

A delicious hot meal will be served. This month it is a Cheese Enchilada Dinner! We start serving at 6:00 PM when the doors open. The bar also opens at 6:00 and closes around 8:00 PM. The Silver Center has the BEST local talent and a super delicious meal, so please join us for a delightful, fun night! **DON'T FORGET: THURSDAY, JUNE 21**

WANTED: PEOPLE WHO LOVE TO DANCE.

If you have gotten in the rut of just staying home on Friday nights, the Silver Center Dance Hall offers you a very pleasant alternative. The Hall offers some of the best in local entertainment in an atmosphere of fun and camaraderie.

According to Executive Director Glenda Layton, each band brings its own unique perspective to traditional country music. Patrons enjoy the diversity and, at the same time, appreciate one of the best exercise regimes available.

While the Center is noted for its service to seniors and the community, on Friday nights the Dance Hall is open to people of all ages who enjoy dancing to country music. The ages of the different bands members offers a mixture of music from the past to some of today's artists.

If one of your New Year's resolutions is to spend more time with your significant other in an atmosphere other than the house, the kids and the lawn, give yourself a treat. Let your feet relearn the dance steps you were noted for in the past. Come meet your friends in a place where you don't have to do the cleanup at the end of the night. Do your heart, your spouse, and your mind a favor, start dancing again. You're never too old.











Healthgrades Recognizes Guadalupe Regional Medical Center for Achievements in Patient Safety and Patient Experience

[Seguin,Texas] – Guadalupe Regional Medical Center (GRMC) announced that it has been recognized for two distinctions in quality excellence from Healthgrades: the Healthgrades 2018 Patient Safety Excellence Award™ for the second year in a row and the Healthgrades 2018 Outstanding Patient Experience Award™. Healthgrades is the leading online resource for comprehensive information about physicians and hospitals.

Only 65 out of just over 4,500 hospitals evaluated for patient safety and patient experience excellence achieved both distinctions. This places GRMC within the top 2 percent of eligible hospitals in the nation to receive both awards. This distinction recognizes Guadalupe Regional Medical Center for excellent performance in safeguarding patients from serious, potentially preventable complications, as well as providing a positive experience for patients during their hospital stays.

Patient Safety

During the study period (2014 to 2016), Healthgrades 2018 Patient Safety Excellence Award recipient hospitals demonstrated excellent performance in safety provided to patients in the Medicare population, as measured by objective outcomes for 13 patient safety indicators defined by the Agency for Healthcare Research and Quality (AHRQ). This distinction places GRMC among the top 10 percent of all short-term acute care hospitals in the nation to receive this recognition.

"This national recognition from Healthgrades, for the second consecutive year, confirms our testament to the high standard of care provided to patients every day by the staff at GRMC and to our dedication in providing high-quality, safe care to every life we are privileged to touch", said Rhonda Unruh, VP of Quality for Guadalupe Regional Medical Center.

If all hospitals achieved the average performance of award recipients for each of the 13 Patient Safety Indicators evaluated, during the 2014 to 2016 study period, 126,342 patient safety events could have been avoided.

In addition, during this study period, patients treated in hospitals receiving Healthgrades Patient Safety Excellence Award were, on average:

- 55.6 percent less likely to experience an accidental cut, puncture, perforation or hemorrhage during medical care, than patients treated at non-recipient hospitals
- 52.4 percent less likely to experience a collapsed lung due to a procedure or surgery in or around the chest, than patients treated at non-recipient hospitals
- 62.8 percent less likely to experience catheter-related bloodstream infections acquired at the hospital, than patients treated at non-recipient hospitals
- 54.3 percent less likely to experience pressure sores or bed sores acquired in the hospital, than patients treated at non-recipient hospitals1

"Healthgrades congratulates the recipient hospitals on their successes, in both providing outstanding care to their patients and for reducing patient safety events," said Brad Bowman, MD, Chief Medical Officer at Healthgrades. "Distinctions like these are important to consumers as they determine where to receive care."

Patient Experience

In addition to being recognized as one of Healthgrades 2018 Patient Safety Excellence Award recipients, GRMC also out-performed peer hospitals in patient experience. Guadalupe Regional Medical Center is among the top 10 percent of hospitals nationwide for patient experience and has received the 2018 Outstanding Patient Experience Award.

"At GRMC, we approach each patient interaction with the goal of meeting and exceeding their expectations", said Elizabeth Pastrano, Patient Experience Coordinator at Guadalupe Regional Medical Center. "Every positive encounter that a patient has during their stay is a direct result of our team's commitment to providing quality healthcare to each patient we are have the privilege to care for".

Healthgrades evaluated performance by applying a scoring methodology to 10 patient experience measures, using data collected from a 32-question patient experience survey of the hospital's own patients. The survey questions focus on patients' perspectives of their care in the hospital. The topics of these questions ranged from cleanliness and noise levels in patient rooms to factors such as pain management and responsiveness to patients' needs. The measures also include whether a patient would recommend the hospital to friends or family.

"Patient experience surveys offer important insights about hospitals and their commitment to providing patients with outstanding experience, and furthermore, consumers value that information when making care decisions," said Brad Bowman, MD, Chief Medical Officer, Healthgrades. "Hospitals that have received the Healthgrades 2018 Outstanding Patient Experience Award have received high marks from their most important stakeholders—the patients themselves."

1 Statistics are based on Healthgrades Patient Safety Ratings and Excellence Award methodology, which is primarily constructed using AHRQ Technical Specifications version 5E applied to MedPAR data for years 2014 through 2016 and represent three-year estimates for Medicare patients only.

GRIEF: THE WORK OF THE HEART

Grief is a natural, normal, and necessary reaction to the loss of someone or something that is near and dear to us. We grieve because we have loved and been loved. Grief is a process, not an event. This process has a life of its own. It is a unique and profound time. The journey can be overwhelming, confusing, and challenging because our feelings can be so intense.

Emanuel's Lutheran Church in Seguin is offering two workshops this summer as a part of the church's bereavement ministry. These workshops are designed to help those who want to learn more about how to process grief and experience healing. Pastor Darwin Huartson and Donna Simmons will be facilitating these workshops. The workshops are: "Understanding and Processing Grief" and "Allowing Memories to Help Us Heal."

The first session will be on Sunday, June 24, 2018 from 3pm-5pm and the second session will be on Sunday, Aug 5, 2018 from 3pm-5pm. They are being held at Emanuel's Lutheran Church, 206 N. Travis St, Seguin, Tx in the Family Life Center on the third floor. These workshops are open to the community as well as members of this congregation. Please note that it will be beneficial to attend both sessions, however, if you can only attend one that is fine.

If you are interested in attending, please call Emanuel's Lutheran Church office at 830-379-5046.

Goetz Funeral Home Guadalupe Valley Memorial Park



Public Open Forum on Death Related Topics:

It's difficult to talk about death or dying, but we all will need to do it at some point in our lives. We need to feel the freedom to talk to others about our questions, our concerns, our experiences, and learn from each other.

Question of the Month:

Is embalming required by law in the state of Texas?

Answer:

No, embalming is not required by law in the state of Texas; although it may be suggested depending on the type of funeral service you select. If a family selects funeral services such as, Direct Cremation or Immediate Burial, it does not require embalming.

We encourage you to ask us those questions that may be weighing over your heads; and you may submit your questions to the following:

Tiffany Cooper-Aguilar
Funeral Director/Embalmer ~ Goetz Funeral Home taguilar@legacyfuneralgroup.org
713 N. Austin Street -Seguin, Texas 78155
(830) 379-2313



Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a *GROUP GAME NIGHT*. Doors open at 6:00 PM and close at 8:30 PM. The cost: \$2.00 per person for members and \$2.50 per person for non-members.

Here are the Rules:

- 1) You must have a group. You cannot join a group when you get here.
- 2) When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
- 3) Call by Thursday, June 7. Be sure to call the Thursday before game day to reserve your spot!
- 4) Bring your own cards, game pieces, or whatever you need for your game.
- 5) Bunco, Bridge, Poker, Mahjongg, Pinochle, or any other game is okay by us.
- 6) Must clean your own area/space before you leave at 8:30 pm.

Sound like fun? Well it is, and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!

This Month's Donations

The Directors and Staff gratefully acknowledges the financial support of its donors:



Thank you for your donation And making a difference!

The Silver Center gratefully acknowledges the ongoing support of

The United Way

WE HAVE A MORTGAGE

Building Mortgage \$127,545.86

Monthly Payment \$1,415.30

The Silver Center would not exist without the efforts of its awesome

2018 VOLUNTEERS 2018

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Mark Zoboroski

There is no "i" in Team, but we sure are glad there is "u" in our volunteers! SEGUIN-GUADALUPE COUNTY SENIOR CITIZENS' CENTER 510 E. COURT STREET SEGUIN, TEXAS 78155 U.S. POSTAGE PAID NON-PROFIT SEGUIN, TX PERMIT NO. 23

June 2018

TOP 2% IN THE NATION FOR PATIENT SAFETY AND EXPERIENCE





Out of 4,500 hospitals evaluated nationally for excellence in patient safety and patient experience, only 65 achieved both distinctions. GRMC is proud to be in the top 2% of eligible hospitals in the nation, and honored to be the premiere healthcare choice for Seguin and its surrounding communities.

