

# The Silver Showcase

Volume 600 No. 4

April 2019

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*BC-HIS*

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*PhD, MSN, RN*

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**Phone:** (830) 303-6612

**Fax:** (830) 379-3813

**Email:**

*silvercenter@sbcglobal.net*

**Website:**

*www.silvercenterseguin.com*

## President's Corner...

Happy April! I don't know about y'all but boy am I enjoying this nice spring weather and I hope it's here to stay for a while. With this lovely weather we're excited for several events that we have coming up here at the silver center including our community outreach volunteer day for cleaning up outside in the parking lot. We're excited for all of the Easter events that Spirit of Joy church will be having for this Easter season. We also are deep in of planning the 14th annual Taste of Seguin. We are meeting every Tuesday evening from 5 to 6 if you're interested in helping us plan our annual fundraiser. We are very excited to be "bringing it home"! If you would like to find out more information about the event or how you can help please speak to Pam Davis.

April is always a wonderful month at the silver center with all the many activities that we have going on. On top of the normal Friday night dances, the Silver Opry on the third Thursday of the month, daily lunches Monday through Friday weekly games of cards and dominoes, we start celebrating so many of life's occasions. If you are going to have a baby shower, bridal shower, anniversary party, graduation party, please don't forget the silver center and our rooms that we have available we are able of also catering to your specific needs for your celebration.

We want to thank each and every single one of our members and volunteers and business associates who helped make the silver center such a wonderful place to do life on a day-to-day basis. So thank you and happy Easter!

Sincerely,  
Denise Kopecki, President

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## BOARD SPOTLIGHT - Jan Almon - Silver Center Secretary

**Where do you work?** I'm retired, but I continue to do some free-lance writing from home.

**How long have you been in Seguin?** 12 years.

**How did you first learn about the Center?** Driving by, then stopping in when we first moved to Seguin.

**What do you do for fun?** Hand-built Pottery, working at Luling Ice House Pottery, Reading, some watercolor painting, writing, long phone conversations with friends around the country, the computer, Children, grandchildren, grand dogs, grand kitties, etc. The long distance calls include a step-daughter and grand-daughter in New York. But my daily delights are Joy, the small puppy of indeterminate origin, and Hope, a young white cat who's beauty belies the fact she sometimes behaves as if possessed by the devil. Oreo is an old cat who belonged to my Mother. She sleeps, eats, has stopped tearing out her hair since Mom's no longer here, and merely tolerates the rest of us. No one in this house is spoiled. Which tells you I lie a lot.

**If you had a genie grant you a wish, what would it be? I**



## **Hello From the Front Office!**

HAPPY APRIL! It is always a beautiful month full of wild flowers and new beginnings. I'm looking forward to some warmer days and fun evenings.

We have a couple of big events I'd like to showcase for you!

The Seguin Noon Lions Club will be holding their SPRING FLING here at the Silver Center on Thursday, April 25th. Grilled Pork Steaks and all of the fixings will be available from 5 - 7:30PM for \$12 presale & \$15 at the door. There are raffle tickets on sale and there will be a silent auction and wild and crazy Bug Races. (Don't worry, they are battery operated.) You can purchase your tickets right here in the front office! Don't wait! There are only so many steaks cooked and pre-sale is the best way to ensure your food is here for you. Noon Lions meet here every Thursday at noon. Another great event in April will be the Seguin Kiwanis Flapjack Jamboree! YUM!! Tickets are on sale now for this delicious event set for Saturday, April 27th. Kiwanis are here every Wednesday. I'm sure you can pick up tickets from the members when they are here! Please come out and support these great groups as they work to make things better for our community.

Our Opry this month will star Tom Teboe & Bob Appel on Thursday, April 18th at 7PM. Please plan to join us for what will be another fun and epic show! Our Friday night dances will be fun this month, too. On the 5th you can dance to the tunes of Glen Collins & the Alibi, the 12th Gabe Galvan will be here with his new band, the 19th finds Bob Appel here and the 26th we will close out the month with Tom Teboe and the River City Ramblers. Members tickets are \$7 at the door, nonmembers only \$9. Come on out and listen to some great classic country music with us!

You will begin hearing a lot about our largest fund raiser of the year, TASTE OF SEGUIN, since we are in full blown preparations for it now! This year we are happily planning to bring it home to the Silver Center. Since HOME is the focus this year, we couldn't think of a better theme than "THERE'S NO PLACE LIKE HOME!" I hope you put Tuesday, June 25th on your calendar right now so you can spend this evening with us. You won't want to miss this one! Tasty treats, fabulous music, and the Wizard of Oz unfolding in Seguin! If you'd like to help us please contact Pam at 830-303-6612. There will be a limited number of sponsorship tables and tickets sold this year so plan on getting yours soon.

I hope you have a blessed month and stop by the Silver Center soon.

Glenda Layton  
Executive Director  
830-303-6612

## **BUSINESS MEMBERS**

The Silver Center is sincerely grateful for the support of our faithful Business Members.

### **DIAMOND MEMBERSHIP**

Seguin Noon Lions  
Pecan County Chiropractic

### **PLATINUM MEMBERSHIP**

Edward Jones Investments  
First Commercial Bank  
Guadalupe Regional Medical Center  
Texan Renew Hearing Center

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Guadalupe County Humane Society  
Hope Hospice  
Minigrip LLC  
Nesbit Living & Recovery Center  
Nogales Garden Club  
Robinson Creek Home Health & Hospice  
Russell Zaiontz PhD, MSN, RN  
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## April Word Scramble

IOVGNGRINTAI \_\_\_\_\_

NSASLEAO \_\_\_\_\_

OBALMO \_\_\_\_\_

NSU-HRDNECED \_\_\_\_\_

VNIHTIRG \_\_\_\_\_

CGIAHHTN \_\_\_\_\_

ZGBZNUI \_\_\_\_\_

SCSLEOLUD \_\_\_\_\_



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 with our heart..."*

830-372-2237  
 830-372-2380 fax

"Remember that the happiest people are not those getting more, but those giving more." H. Jackson Brown, Jr. Our volunteers worked a total of 503 hours for February. These are people who are always trying to find ways to give more to Seguin. We are VERY busy at the Silver Center and in need of volunteers who want to make a difference in our community. Call Pam Davis, our Volunteer Coordinator, at 303-6612 if you are interested in volunteering at the Silver Center.



**WELLMED will be sponsoring another BINGO opportunity on April 19 at 1:00 PM. Remember: WELLMED BINGO is every 3rd Friday through December. Join the fun and bring a friend.**

Our Friday Night Dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music.

**PLEASE NOTE:** The doors open at 6:30 pm. BYOB is no longer permitted due to insurance exclusions.

## 2019 Silver Center Friday Night Dance Schedule

### April

5 Glen Collins  
12 Gabe Galvan and Friends  
19 Bob Appel  
26 TBD

### May

3 Shades of Country  
10 Countrymen  
17 Charles and the Fabulous 4  
24 Rex Allen McNeil  
31 Vernon and Friends

### June

7 Monte Good  
14 Most Wanted  
21 Jay Eric & Friends  
28 Wrangler Country

### July

5 Tom Teboe  
12 Charles & Fabulous 4  
19 Bob Appel  
26 Burgandy

### August

2 Shades of Country  
9 Countrymen  
16 Glen Collins  
23 Monte Good  
30 Rex Allen McNeil

### September

6 Vernon & Friends  
13 Jay Eric & Friends  
20 Charles & Fabulous 4  
27 Wrangler Country

### October

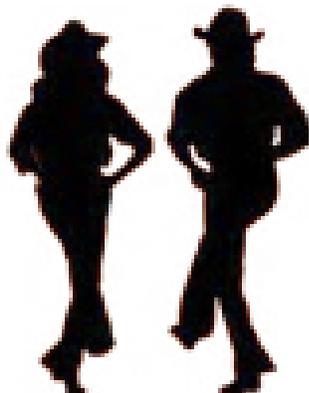
4 Burgandy  
11 Most Wanted  
18 Bob Appel  
25 Tom Teboe

### November

1 Rex Allen McNeil  
8 Countrymen  
15 Charles & Fabulous 4  
22 Vernon & Friends  
29 Most Wanted

### December

6 Monte Good  
13 Gabe Galvan & Friends  
20 Tom Teboe  
27 Wrangler Country  
31 New Year's Eve - TBD





# Birthdays of the Month

- 4/1 Faye Ulbrich
- 4/1 Charles Crowley
- 4/2 Donna Jones
- 4/3 Susan Foerster
- 4/6 Margo Trost
- 4/6 Joanne Muelker
- 4/7 LaNell Gibbs
- 4/10 Doris Beicker
- 4/10 Percelia (Prissy) Sorrell
- 4/11 Mary Ann Bienek
- 4/12 Roy Balter
- 4/16 Alton Matke
- 4/18 Lynda Redix
- 4/18 Susan Casto
- 4/19 Thalia Stautzenberger
- 4/21 Melba Peterson
- 4/23 Harry Kemp
- 4/24 Ann Fleming
- 4/26 Shirley Lewis
- 4/28 Lisa Adam

## STAY ACTIVE WITH TAI CHI

Many older adults are looking for a gentle, low-impact exercise program that helps them stay active and improves muscle strength, flexibility and balance. TAI CHI fits the bill!

The benefits include, but are not limited to, helping with arthritis pain, reducing blood pressure, reducing stress and depression, and helping reduce bone loss in menopausal women. Tai Chi is a phenomenal exercise, and it all started with the ancient Chinese!

Join us at the Silver Center on Mondays at 9:00 am. It is only \$1.00 per class.

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## BIRTHDAY BINGO

On Friday, April 5, 2019 starting at 1:00 PM, you are invited to join us to celebrate our April birthdays with gifts, cake, and BINGO. Heart to Heart Hospice and Abiding Home Health are sponsoring this special event. We have a lot of fun, so join us for our April HAPPY BIRTHDAY CELEBRATION! All members are invited, but do consider bringing a friend or two!





## MEMORIALS

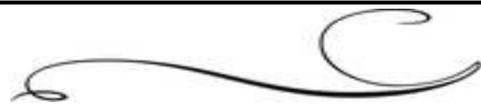
*\*\*\* Note that any memorials received after we go to press will be in the next month's newsletter.*

**In Memory of:** Cliftine Dwyer  
**By:** Myrtle Huebinger  
Susan and Stan Casto

**In Memory of:** Martha Longmire  
**By:** Glenda Layton

**In Memory of:** Bob Layton  
**By:** Glenda Layton

**In Memory of:** Martha Longmire  
**By:** Mary Ann Norris



Memorial in Honor of:

Send Acknowledgement to:

Name: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Memorial from:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

*Thank you for the remembrance.*

*The Silver Center  
510 E. Court  
Seguin, Texas 78155*



Are you looking for a hot, fresh, well-balanced meal? The Silver Center serves a delicious lunch from 11 am to 1 pm

Monday through Friday, and the prices are great! Everyday something new is served such as Chicken Enchiladas, Meatloaf, Fish and Shrimp, and Salisbury Steak. With the entree you get two sides, a salad, roll, dessert and brewed tea or coffee. You can't beat that! Sandwiches, soups, and lunch salads are also offered. Join us at the Silver Center for a yummy lunch and some great fellowship!



# T.H.M.

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# April Menu

Serving from 11:00 - 1:00

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee  
 \$7:00 for Silver Center Members ♦ \$7.50 for non-members

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	Chicken Fried "Cow Patty" (Steak) <i>Happy April Fools Day!</i>	2 Beef Stroganoff	3 Chicken Strips	4 Chopped Steak	5 Fish or Shrimp
<b>8</b>	Stuffed Italian Shells	9 Chicken Fried Chicken	10 Roast Beef	11 Pulled Pork	12 Fish or Shrimp
<b>15</b>	Stuffed Baked Potato w/ Meat	16 Beef Chalupas	17 Sausage & Sauerkraut	18 Paprika Chicken	19 Fish or Shrimp
<b>22</b>	Spaghetti w/ Meat Sauce	23 Stuffed Shells	24 Chicken Strip Basket	25 Meatloaf	26 Fish or Shrimp
<b>29</b>	Steak Fingers Basket	30 Chicken Alfredo			

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25  
 Choice of chips or fruit, with freshly brewed iced tea or coffee

## SANDWICHES

Classic Club  
 Ham and Cheese  
 Turkey and Bacon  
 Chicken or Tuna Salad  
 Pimento Cheese

Cup of Soup	\$3.00
Bowl of Soup	\$4.50

## SALADS

Chef Salad  
 Chicken Salad Plate  
 Tuna Salad Plate  
 Grilled or Fried Chicken Salad

To-Go orders and Delivery in a limited area available for an additional charge.

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612

# APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:00 Tai Chi <b>11:00 - 1:00 Lunch</b> 12:00 Zonta Board	<b>2</b> 9:00 Quilters 9:00 Yoga 9:00 EB Bunco <b>11:00 - 1:00 Lunch</b> 1:00 WellMed University	<b>3</b> 9:00 Painters 9:00 Bunco 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check 12:30 Mahjongg 5:30 Spirit of Joy	<b>4</b> <b>11:00 - 1:00 Lunch</b> 12:00 Noon Lions 12:30 Beginner's Mahjongg	<b>5</b> 9:00 Yoga <b>11:00 - 1:00 Lunch</b> 11:30 Easter Cards with Susan 12:00 Lunch & Learn 1:00 Pinochle 1:00 - 3:00 Birthday BINGO 7:30pm Dance to GLEN COLLINS & THE ALIBIS	<b>6</b> 8:00 Farmer's Market 10:00 Volunteer Landscape Spring Clean up
<b>7</b> 9:00 Spirit of Joy Lutheran Church	<b>8</b> 9:00 Tai Chi 11:45 Chamber Ambassador Lunch <b>11:00 - 1:00 Lunch</b> 6:00 Gideons	<b>9</b> 9:00 Yoga 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 12:00 SKAT 6:00 - 8:30 GAME NIGHT	<b>10</b> 9:00 Painters 10:00 Bridge 11:00 GRMC Volunteer Meeting <b>11:00 - 1:00 Lunch</b> 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check 12:30 Evelyn Bridge 12:30 Mahjongg 5:30 Spirit of Joy	<b>11</b> <b>11:00 - 1:00 Lunch</b> 12:00 Lunch & Learn 12:00 Noon Lions 12:30 Beginner's Mahjongg	<b>12</b> 9:00 Yoga 10:00 2 & 4 Bridge <b>11:00 - 1:00 Lunch</b> 1:00 Pinochle 7:30pm Dance to GABE GALVAN BAND	<b>13</b> 8:00 Farmer's Market 5:00 Private Party



## Beginner Mahjongg Class

Every Thursday at 12:30

<p><b>14</b> Spirit of Joy Lutheran Church</p>	<p><b>15</b> 9:00 Tai Chi 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 11:30 Easter Cards with Susan 1:00 Friends Bunco 3:00 Essential Oils Class with Cheri 6:00 Shriners</p>	<p><b>16</b> 9:00 Yoga <b>11:00 - 1:00 Lunch</b> 12:00 SKAT 1:00 Premier Tours Slide Show – Albuquerque Balloon Fest 5:00 SC Board Mtg 6:00 Garden Club</p>	<p><b>17</b> 9:00 Painters 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check 12:30 Mahjongg</p>	<p><b>18</b> <b>11:00 - 1:00 Lunch</b> 12:00 Lunch &amp; Learn 12:00 Noon Lions 12:30 Beginner's Mahjongg <b>7:00*</b>  THE Silver 'OPRY'</p>	<p><b>19</b> 9:00 Yoga <b>11:00 - 1:00 Lunch</b> 1:00 Pinochle 1:00 WellMed Bingo  7:30pm Dance to BOB APPEL</p>	<p><b>20</b> 8:00 Farmer's Market</p>	
<p><b>21</b> Spirit of Joy Lutheran Church</p>	<p><b>22</b> 9:00 Tai Chi 9:30 EB Cards <b>11:00 - 1:00 Lunch</b> 1:00 Silver Needlers 6:00 Aggie Muster</p>	<p><b>23</b> 9:00 Yoga 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 12:00 Bridge 12:00 SKAT</p>	<p><b>24</b> 9:00 Painters 10:00 Bridge <b>11:00 - 1:00 Lunch</b> Rodger Fisher plays Sax during lunch 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check 12:30 Evelyn Bridge 12:30 Mahjongg</p>	<p><b>25</b> <b>11:00 - 1:00 Lunch</b> 12:00 Republican Women Luncheon 12:30 Beginner's Mahjongg  5:00 – 7:30 Noon Lions SPRING FLING</p>	<p><b>26</b> 9:00 Yoga 10:00 2 &amp; 4 Bridge <b>11:00 - 1:00 Lunch</b> 11:30 Lunch &amp; Learn Free Genetic Screening 12:00 School Reunion 1:00 Pinochle  7:30pm Dance to TOM TEBOE</p>	<p><b>27</b> 8:00 Farmer's Market 8:00 Concealed Handgun Class  6:30 – 11:30am Kiwanis FLAP JACK JAMBOREE</p>	
<p><b>28</b> Spirit of Joy Lutheran Church</p>	<p><b>29</b> 9:00 Tai Chi <b>11:00 - 1:00 Lunch</b></p>	<p><b>30</b> 9:00 Yoga <b>11:00 - 1:00 Lunch</b> 12:00 SKAT 5:30 Seguin Choir Banquet</p>	 THE Silver 'OPRY'  Thursday, April 18 ♦ Doors open at 5pm ♦ Show 7- 9pm featuring Tom Teboe ♦ Bob Appel				

Do you ask people to repeat?  
 Do you miss out on the punchline of jokes?  
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Denise Kopecki, BC-HIS  
 Board President



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# A Personal Invitation.

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Call and ask about medicaid pending.

For referrals please call anytime, Rosie Jimenez

Cell: 830-491-9236 Fax: 830-303-7153

VA Contract Accepted

### FIND YOUR NAME

*A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.*

### ATSNA HISTM



**Yoga Class will meet in the Ezell room every Tuesday and Friday at 9:30. Come join friends for an exciting stretching of body, mind, and soul. Yoga does more than burn calories and tone muscles. Yoga is a total mind-body workout that combines strengthening and stretching poses with deep breathing relaxation.**



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TEAM!



Janice Weinman, D.D.S.



Forrest Arguelles, D.D.S.



Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a **GROUP GAME NIGHT**. Doors open at 6:00 PM and close at 8:30 PM. The cost: \$2.00 per person for members and \$2.50 per person for non-members.

**Here are the Rules:**

- 1) You will need to be part of a group or start a new group or have a new table with a standing group. If you don't know if there is a group playing "YOUR" game, call the center and get connected with others that might also be looking for an open group.
- 2) When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
- 3) Call by Thursday, April 4. Be sure to call the Thursday before game day to reserve your spot!
- 4) Bring your own cards, game pieces, or whatever you need for your game.
- 5) Bunco, Bridge, Poker, Mahjongg, Pinochle, or any other game is okay by us.
- 6) Please tidy up your own area before you leave at 8:30 p.m.

Sound like fun? Well it is, and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!

# **Tickle Your Funny Bone!**

Submitted by Velma Buie

## **Job Interview**

The process of interviewing for a new job is an important step. Don't screw it up like these job candidates did:

Interviewer asked, "What's your greatest weakness?" 1st Candidate replied, "Women. "That's kind of why I'm looking for a new job. I had an affair with the boss's wife."

Interviewer asked, "What makes you think you're right for a job working at a fast food restaurant?" 2nd Candidate replied, "I'm great with animals!"

Interviewer asked, "Where do you see yourself in 5 years?" 3rd Candidate replied, "Probably some exotic beach somewhere."

After Bob's job interview, Sally asked, "How did your interview go?" Bob replied, "The interviewer told me they had an opening for a person with my ability." Sally says, "Well, that's good." Bob says, "Not really. She was referring to the exit door."

## **OOPS!**

At the outpatient surgery center where I work, the anesthesiologist chats with patients before their operations, to help them relax. One day, he thought he recognized a co-worker from the V.A. hospital where he had trained. When the patient confirmed that his hunch was correct, the anesthesiologist said, "So tell me, is the food still as bad as it used to be.?" "I suppose," she replied, "I'm still cooking it."

## **CHURCH MEETING FOR THE ELDERLY**

The church was holding a class on aging. Many who didn't attend are recuperating from surgeries, are taking care of an impaired spouse, or are too old to drive, and one lady said she was too old-looking to come. How sad is that! I told them the old joke of a woman in a nursing home, who decided she would try streaking (back when that was the rage). She stripped off her clothes and ran down the hall. Two old men saw her, and one man said to the other, "Was that Mabel?" The other said, "Yes, I think it was, but what was she wearing?" The other man said, "I don't know, but whatever it was, it sure needed ironing."

## **PASTOR ENJOYS HIS DRINK**

A hotel owner offered his pastor a case of Cherry brandy for Christmas, in exchange for a free ad in the Church newsletter. The Pastor agreed, and ran this in the next issue: "The Pastor would like to thank Patrick Smith for his kind gift of a crate of fruit and for the spirit in which it was given."

## **LOST 3 WIVES**

A man was whimpering and telling his friend, "I've had three wives, and they are all dead." His friend replied, "Oh, I'm so sorry. How did they die?" He replied, "The first one died from eating poisoned mushrooms." His friend said, "Oh really. What about the second wife?" "She died the same way," the man replied. Again his friend asked, "Well, how about the third wife?" "Well, she died from a blow on the head because she wouldn't eat her mushrooms."

## **VERY THIRSTY COWBOY**

A cowboy had just returned from many months on a dusty trail. He had a very powerful thirst, which he aimed to quench. He soon visited every saloon in town and was about to drink the town dry. At the end of the night, when he was completely plastered, he got into a fight and was last seen flying out the swinging doors of a rowdy frontier saloon. He hit the ground with an awful thump, and the nearest man approached him and asked, "Are you hurt?" "No, I ain't hurt," he sobbed. "But I'd sure like to meet the guy who moved my horse!"



## Things to Ponder submitted by Glenda Layton

I used to eat a lot of natural foods until I learned that most people die of natural causes.

Can you cry under water?

How important does a person have to be before they are considered assassinated instead of just murdered?

Why do you have to "put your two cents in" ... but it's only a "penny for your thoughts"? Where's that extra penny going?

Once you're in heaven, do you get stuck wearing the clothes you were buried in for eternity?

What disease did cured ham actually have?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why is it that people say they "slept like a baby" when babies wake up like every two hours?

If a deaf person has to go to court, is it still called a hearing?

Why are you IN a movie, but you're ON TV?

Why do toasters always have a setting that burns the toast to a horrible crisp, which no decent human being would eat?

Can a hearse carrying a corpse drive in the carpool lane?

If the professor on Gilligan's Island can make a radio out of a coconut, why can't he fix a hole in a boat?

If corn oil is made from corn, and vegetable oil is made from vegetables, what is baby oil made from?

If electricity comes from electrons, does morality come from morons?

Why do the Alphabet song and Twinkle, Twinkle Little Star have the same tune?

Why did you just try singing the two songs above?

Did you ever notice that when you blow in a dog's face, he gets mad at you, but when you take him for a car ride, he sticks his head out the window?

How did the person who made the first clock know what time it was?



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### Strokes

Do you know the signs and symptoms of a stroke? How do I prevent a stroke or can I? Join Charles Nédock, Pharm., M.D. from 10 Minute Pharmacy #2 on **Thursday, April 11th**, for a Lunch and Learn about this topic. Lunch is at 11:00 a.m. – 12:00 p.m. at the Silver Center, presentation to follow. Seating is limited; call 830-303-6612 and make your reservation TODAY!



On Thursday, April 18th, Hope Hospice and Remarkable Healthcare will be sponsoring a presentation on "High Blood Pressure". Lunch is from 11:30-12:00, with the presentation following. Call for reservations for a lunch and a seat. 830-303-6612

On Friday, April 26, there will be a "Free Genetic Cancer Screening" sponsored by American Family. Lunch at 11:30 and screening begins after lunch. Call (830-303-6612) for reservations.

## JOIN US FOR THE SILVER CENTER OPRY

Our Silver Center Opry comes around every 3rd Thursday of the month which is Thursday, April 18 this month! SO DON'T FORGET TO MARK YOUR CALENDARS!

The Silver Opry puts on the best show in town! Besides our fabulous Silver Opry band, Tom Teboe and Bob Appel are our featured entertainers this month. Many of you have heard their music, so you know how good they are!

Our delicious hot meal is Paprika Chicken and it will be served starting at 6:00 PM when the doors open. The bar also opens at 6:00 PM and closes around 8:00 PM. Who could ask for a more entertaining evening? We have the most spectacular local talent around and a hot, delicious meal. So, please join us for a fun, delightful, night of dancing, good music and good friends.





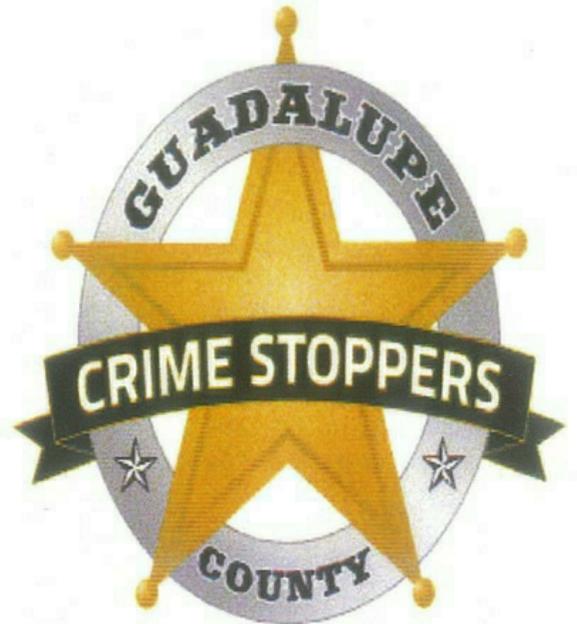
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## What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

## What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

## Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

## Where and by whom is this service provided?

We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

Our teams of Advance Care Planning Facilitators are specially trained to guide this conversation and to complete the necessary legal documents. We will provide all advance directives and this service is at no cost to you.

To arrange a consultation with an Advanced Care Facilitator please call: 830.401.7704.



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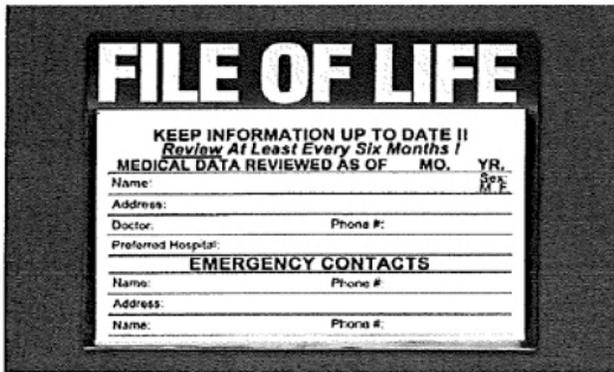
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## Every Second Counts



In medical emergencies seconds can mean the difference between life and death. A File of Life sticker on your door alerts first responders that your up-to-date Medical Information is attached to your refrigerator in a magnet. No cost to you!

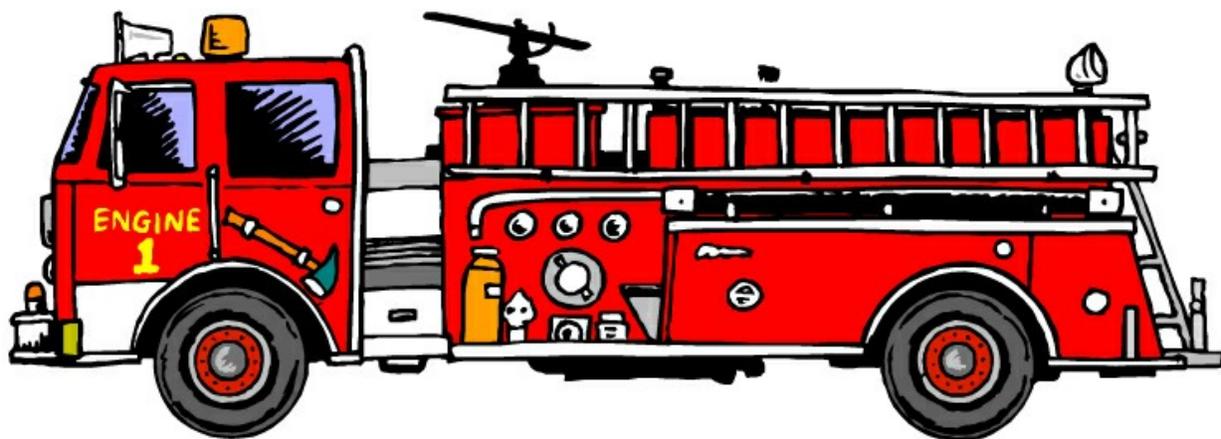
Call Amanda Smalley with Robinson Creek Home Health & Hospice at 361-550-6898 and she will come to you and help you get your File of Life done!

## Do you have a Home Fire Escape Plan?

Come to our Fire Safety Presentation by the Seguin Fire Department on Monday, April 15 in the Ezell Room at 12 noon.

You will learn all about a Fire Safety Checklist for your home. **BE PREPARED, DON'T BE AT RISK!**

Learn easy lessons on maintaining your smoke alarms, testing your alarms, replacing existing smoke alarms, if they are 10 years or older, and where to place them. You can even get **FREE** smoke alarms through the fire department and they will even install them. We at the Silver Center think this class would be beneficial to everyone. Tell your neighbors and call us to reserve your spot for this 30 - 45 minute class at 830-303-6612.



## This Month's Donations

The Directors and Staff gratefully acknowledges the financial support of its donors:

Barbara Behal  
Pam and Bill Davis  
Roger Fischer  
Glenda Layton  
Raymond & Michelle Rappmund

*Thank you  
for  
making a difference!*

**The Silver Center gratefully acknowledges the ongoing support of**

**The United Way**

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Monthly Payment  
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The Silver Center would not exist without the efforts of its awesome

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