

# The Silver Showcase

Volume 600 No.3

February 2019

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*BC-HIS*

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*PhD, MSN, RN*

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**Kitchen Assistant**  
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*Yancey McCartney*

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**Fax:** (830) 379-3813

**Email:**

*silvercenter@sbcglobal.net*

**Website:**

*www.silvercenterseguin.com*

## President's Corner...

Happy March you all! I know both the groundhogs (Punxsutawney Phil and General Beauregard Lee, our Southern groundhog in Georgia) declared it to be an early spring, but I don't think the weather man got the message. It is still a bit chilly and trying to be optimistic, it could be colder. I love this time of year as there is still excitement for the New Year's promises and the start of spring weather. The first day of spring, March 20th is also my oldest daughters 7th Birthday! St. Patrick's Day, with my Irish self, love the history and eating my corn beef and hash that day, while dressed in green to ward off bad spirits. Isn't it funny how some traditions get started and even if they seem silly, we still follow them?

At the Silver Center we are excited for all the events the Center is hosting. Just yesterday when I was visiting the center for lunch, there was a full house with every room being used for cards, Mahjongg and meetings. I love seeing so much life everyday going on at the Center! As you are in the center please say HELLO to Gail Harshman, whom you may recognize from all her volunteering at Friday night dances as a bartender with her husband Mark. She is our Front Desk Coordinator assisting Glenda and Pam with keeping up with all things administrative and answering phones. We still have our very important volunteer Ambassadors whom are here Monday thru Friday to help answer questions about membership and the activities of the center, and we are excited for them to finally be able to fully engage with visitors that come in with questions about the center.

The Silver Center is continuing to make improvements to the meeting spaces and Sagabiel Hall. Thank you Glenda for your donation of the new chandelier sconces! This month our Board Spotlight is on our newest board member, Mark Harshman. Mark added a very festive flair to the center with his "very close" relationship with Santa Claus for our Christmas Open house. We are so happy to have him as a part of your board.

I hope everyone has a wonderful March and safe spring break, God Bless you all!

Sincerely,  
Denise Kopecki, President

## BOARD SPOTLIGHT - Mark Harshman - Board Member

**Where do you work?** For the past five years I have worked for the Department of Veteran's Affairs. Prior to that I have worked for La Quinta and also International Paper.

**How long have you been in Seguin?** We currently live in New Braunfels, but have I lived in this "area" since 1965. My wife has been here since 1985.

**How did you first learn about the center?** I became familiar with the center through my In-laws, Harley and the late JoAnn Lenardson, who have been long time members.

**What do you do for fun?** Besides volunteer at the Center? We have a 3 year old granddaughter, Olivia, that we love to spend time with and chase around. We also have a new granddaughter, Harper, in Florida that we can't wait to spoil. I also love to take in a movie at the theater. I enjoy sports, the watching not the participating, and just hanging out with my wife Gail, who also volunteers and is now an actual employee of the center. We love to travel when possible and have been to most of the states at some point, including four trips to Alaska.

**If you had a genie grant you one wish what would it be?**

Good health. Without that, little else matters.



## Hello From the Front Office!

MARCH! Already? I can't believe it! It's been busy, and we have A LOT of new things going on! Recently a member told me that she had helped put together a cookbook here (years ago) and it sparked the idea that we ought to do that again. Pam has graciously accepted the challenge of making this happen! If you have a few outstanding family recipes PLEASE SHARE THEM! If all of you wonderful cooks shared an appetizer or a salad, a main dish, a side dish or bread, and a scrumptious dessert we would have a full cookbook in a jiffy! Please include any great family memories that you'd like to share, too. Good food and special memories are fun to share with others! I hope to see all of your recipes and memories soon...

TASTE OF SEGUIN planning has begun. Do you know of a restaurant you'd like to have be part of it? Please ask them to contact us and we can explain how the magic happens. There are no booth fees. Their cost is only for the food samples they give out. If you have an auction item to donate to our event, please bring it by. This event is the largest fund raiser we put together every year. It is what keeps us going and helping others. Please keep us in your prayers and help us make it another wonderful night for the Center. We plan to make it fresh and new this year and promise to not disappoint!

OPRY is a very special time for us. It gives us a moment to reflect back on sweet times and remember the 'way back when' days. March 21st we have a local young man that you met a year ago, Jake Blocker, and a young lady named Ashley Lamphere who will be joining our stage for the first time. I saw a video clip of them at the Comal County Opry, and they put on quite a show! Jay Eric Pfannstiel will be our star for the evening, and if that doesn't get you out of the house, I'm sorry for your loss. It will be a FABULOUS evening, and we will feature our delicious turkey and dressing as a special meal! I can't wait, and I hope to see you there.

This month we kick off a new educational event I have nicknamed Health University. Tuesday, March 5th please join us as WellMed presents a program to help keep you healthy! Program starts at 1:30 and lasts about an hour. BRING A FRIEND and double the fun! Refreshments will be provided. On Friday, March 15th WellMed will be back for another fun BINGO event at 1PM. Hope Hospice & Remarkable Healthcare will sponsor their Lunch & Learn on Thursday, March 21st. Please take the time to learn more about these free events and stay healthy! MORE BINGO!!!! Friday, March 1st will be our monthly Birthday Bingo party at 1PM sponsored by Heart to Heart Hospice and Abiding Home Health. This month we will also have 'Springtime Bingo' on Friday, March 8th sponsored by Golden Outlook. Please come out and join these great folks who hope to put a smile on your face and some pep in your step as you shout BINGO!

Have you had lunch with us lately? We have a wonderful saxophone player who will be here to entertain you on Wednesday, March 13 during lunch. He is great! If you haven't heard him play a mixture of country, jazz, and blues yet, you need to be sure to be here between 11-1! I hope you come out and thank him for spending time with us.

Come by and see me soon! May God bless you and keep you until we meet again.

Glenda Layton  
Executive Director  
830-303-6612

## BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

## DIAMOND MEMBERSHIP

Seguin Noon Lions  
Pecan County Chiropractic

## PLATINUM MEMBERSHIP

Edward Jones Investments  
First Commercial Bank  
Guadalupe Regional Medical Center  
Texan Renew Hearing Center

## GOLD MEMBERSHIP

Advanced Home Health Services  
Angel Pest Control  
Guadalupe Regional Medical Center Volunteers  
Guadalupe Valley Nursing Center  
Humana Agent- Jesse Ojeda  
Tres Hewell Mortuary

## STANDARD MEMBERSHIP

Advanced Hearing Aid Center  
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Charles Villeneuve Insurance  
Emmanuel's Lutheran Church  
Guadalupe County Republican Women  
Guadalupe County Humane Society  
Hope Hospice  
Minigrip LLC  
Nesbit Living & Recovery Center  
Nogales Garden Club  
Robinson Creek Home Health & Hospice  
Russell Zaiontz PhD, MSN, RN  
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## March Word Scramble

NDTVEIE \_ \_ \_ \_ \_

LSHSTEBIA \_ \_ \_ \_ \_

TRETU \_ \_ \_ \_ \_

GAPNCMIA \_ \_ \_ \_ \_

MSECEH \_ \_ \_ \_ \_

CCERSA \_ \_ \_ \_ \_

NCISTUMECRASC  
\_ \_ \_ \_ \_

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better we listen  
with our heart..."*

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11110GSM

Tom Brokaw, the famous newscaster, said, "It is easy to make a buck; it's a lot tougher to make a difference."

January was a busy month for the Silver Center. We have volunteers who worked tirelessly to make a difference for our Seguin community. They worked a total of 462.5 hours for January! The Silver Center is always looking for extra hands, so if you have a little extra time, come and talk to Pam Davis, our volunteer coordinator. She has the right job for you!



**WELLMED will be sponsoring another BINGO opportunity on March 15 at 1:00 PM. Remember: WELLMED BINGO is every 3rd Friday from March through December. Join the fun and bring a friend!**

**WELLMED will be presenting a program to keep you healthy on March 5 starting about 1:30 PM. The program lasts about 1 hour. Refreshments will be served. Bring a friend and learn more about how to stay strong, healthy, and active.**



Our Friday Night Dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music.

**PLEASE NOTE:** The doors open at 6:30 pm. BYOB is no longer permitted due to insurance exclusions.

## 2019 Silver Center Friday Night Dance Schedule

### March

1 Monte Good  
8 Most Wanted  
15 Shades of Country  
22 Burgandy  
29 Wrangler Country

### April

5 Glen Collins  
12 Gabe Galvan and Friends  
19 Bob Appel  
26 TBD

### May

3 Shades of Country  
10 Countrymen  
17 Charles and the Fabulous 4  
24 Rex Allen McNeil  
31 Vernon and Friends

### June

7 Monte Good  
14 Most Wanted  
21 Jay Eric & Friends  
28 Wrangler Country

### July

5 Tom Teboe  
12 Charles & Fabulous 4  
19 Bob Appel  
26 Burgandy

### August

2 Shades of Country  
9 Countrymen  
16 Glen Collins  
23 Monte Good  
30 Rex Allen McNeil

### September

6 Vernon & Friends  
13 Jay Eric & Friends  
20 Charles & Fabulous 4  
27 Wrangler Country

### October

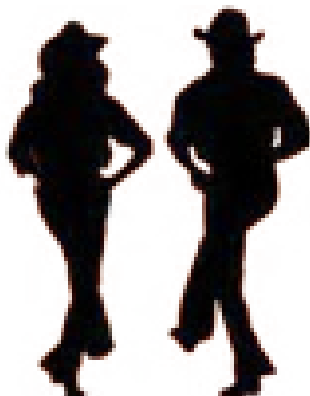
4 Burgandy  
11 Most Wanted  
18 Bob Appel  
25 Tom Teboe

### November

1 Rex Allen McNeil  
8 Countrymen  
15 Charles & Fabulous 4  
22 Vernon & Friends  
29 Most Wanted

### December

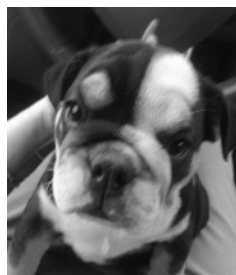
6 Monte Good  
13 Gabe Galvan & Friends  
20 Tom Teboe  
27 Wrangler Country  
31 New Year's Eve - TBD



## Birthdays of the Month

3/3	Clarice Ulrich
3/5	Shirley Humphreys
3/6	Annette Waite
3/7	Shirla Humiston
3/8	Willie Bloch
3/10	Elizabeth Martin
3/11	Gibson Nesbit
3/11	Barbara Behal
3/19	Harold Voges
3/24	Sharon Frederickson
3/24	Brenda Hughes
3/24	Joan Ceyanes
3/31	Robert Kellner

We are having a BIRTHDAY PARTY for Lily on THURSDAY, March 7 at 1:00 PM. COME FOR BIRTHDAY CAKE AND TO WISH Lily a Happy Birthday!



### STAY ACTIVE WITH TAI CHI

Many older adults are looking for a gentle, low-impact exercise program that helps them stay active and improves muscle strength, flexibility and balance. TAI CHI fits the bill!

The benefits include, but are not limited to, helping with arthritis pain, reducing blood pressure, reducing stress and depression, and helping reduce bone loss in menopausal women. Tai Chi is a phenomenal exercise, and it all started with the ancient Chinese!

Join us at the Silver Center on Mondays at 9:00 am. It is only \$1.00 per class.

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### BIRTHDAY BINGO

On Friday, March 1, 2019 starting at 1:00 PM, you are invited to join us to celebrate our March birthdays with gifts, cake, and **BINGO**. Heart to Heart Hospice and Abiding Home Health are sponsoring this special event. We have a lot of fun, so join us for our March **HAPPY BIRTHDAY CELEBRATION!** All members are invited, but do consider bringing a friend.



Golden Outlook will sponsor a "**SPRINGTIME BINGO**" on Friday, March 8. Call the center (830-303-6612) for a time on that. Bring a friend and have some fun!



## MEMORIALS

*\*\*\* Note that any memorials received after we go to press will be in the next month's newsletter.*

In Memory of: Donna Dice  
By: Mary Ann Becker

In Memory of: Shirley Buck Vajdos  
By: Mary Ann Norris

In Memory of: Angeline Heimbecker  
By: Ben and Ann Logan

# THM

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With the cost of food going up every day and the price of our lunches here being as low as possible, we have decided that we need to add .50 to the price of lunches.

So...the cost for our lunches now will be \$7.00 for members and \$7.50 for non-members. This is still a really good deal, considering the amount of food and the quality of the homemade food that you receive here at the Silver Center. The meal includes an entrée served with 2 sides, a salad, roll, dessert, and freshly brewed coffee or tea.

We appreciate you very much. Thank you for understanding.



Memorial in Honor of:

\_\_\_\_\_

Send Acknowledgement to:

Name:

\_\_\_\_\_

Address

\_\_\_\_\_

City

\_\_\_\_\_

State/Zip

\_\_\_\_\_

Memorial from:

Name:

\_\_\_\_\_

Address:

\_\_\_\_\_

City:



Are you looking for a hot, fresh, well-balanced meal? The Silver Center serves a delicious lunch from 11 am to 1 pm

Monday through Friday, and the prices are great! Everyday something new is served such as Chicken Enchiladas, Meatloaf, Fish and Shrimp, and Salisbury Steak. With the entree you get two sides, a salad, roll, dessert and brewed tea or coffee. You can't beat that! Sandwiches, soups, and lunch salads are also offered. Join us at the Silver Center for a yummy lunch and some great fellowship!



# March Lunch Menu

Serving from 11:00 - 1:00

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee

\$7.00 for Silver Center Members ♦ \$7.50 for non-members

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fish or Shrimp
4 Chili Mac	5 Sausage & Sauerkraut	6 Chopped Steak	7 Mushroom Chicken	8 Fish or Shrimp
11 Smothered Pork Chops	12 Beef Stroganoff	13 Chicken Fried Chicken	14 Country Ham	15 Fish or Shrimp
18 Irish Stew	19 Spaghetti & Meat Sauce	20 Chicken Enchiladas	21 Turkey & Dressing	22 Fish or Shrimp
25 Beef Chalupas	26 Chicken Cordon Bleu	27 Meatloaf	28 Paprika Chicken	29 Fish or Shrimp

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25  
Choice of chips or fruit, with freshly brewed iced tea or coffee

## SANDWICHES

Classic Club  
Ham and Cheese  
Turkey and Bacon  
Chicken or Tuna Salad  
Pimento Cheese

Cup of Soup \$3.00  
Bowl of Soup \$4.50

## SALADS


Chef Salad  
Chicken Salad Plate  
Tuna Salad Plate  
Grilled or Fried Chicken Salad

To-Go orders and Delivery in a limited area available for an additional charge.

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612



# MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>HAVE YOU HAD LUNCH AT THE SILVER CENTER LATELY?</b></p> <p><b>IF NOT, IT'S TIME TO GIVE IT A TRY!</b></p> <p><b>ALL REPORTS ARE GIVING THE CUISINE RAVE REVIEWS. CHECK IT OUT!</b></p> 						
<b>3</b> 9:00 Spirit of Joy Lutheran Church	<b>4</b> 9:00 Tai Chi <b>11:00 - 1:00 Lunch</b> 11:30 Zonta Board	<b>5</b> 9:00 Quilters 9:00 Yoga 9:00 EB Bunco <b>11:00 - 1:00 Lunch</b> 12:00 SKAT 1:00 Well Med Health University	<b>6</b> 9:00 Painters 9:00 Bunco 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 11:30 Kiwanis 11:30 Chamber Luncheon 12:00 - 1:00 Blood Pressure Check 12:30 Mahjongg	<b>7</b> <b>11:00 - 1:00 Lunch</b> 12:00 Noon Lions 12:30 Beginner's Mahjongg	<b>8</b> 10:00 2 & 4 Bridge <b>11:00 - 1:00 Lunch</b> 1:00 Pinochle 1:00 Springtime BINGO 6pm Dance to MOST WANTED BAND	<b>9</b> 8:00 Farmer's Market
<b>10</b> 9:00 Spirit of Joy Lutheran Church	<b>11</b> 9:00 Tai Chi <b>11:00 - 1:00 Lunch</b> 6:00 Gideon's Dinner	<b>12</b> 9:00 Yoga 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 11:30 - 1:00 Lunch & Learn 12:00 SKAT 1:00 Collette Tours Christmas on the	<b>13</b> 9:00 Painters 10:00 Bridge <b>11:00 - 1:00 Lunch</b> <i>Roger Fisher on Sax</i> 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check 12:30 Evelyn Bridge	<b>14</b> <b>11:00 - 1:00 Lunch</b> 12:00 Noon Lions 12:30 Beginner's Mahjongg 1:00 Well Med Bingo	<b>15</b> <b>11:00 - 1:00 Lunch</b> 1:00 Pinochle 1:00 Well Med Bingo 6pm Dance to SHADES OF COUNTRY	<b>16</b> 8:00 Farmer's Market
					<b>1</b> <b>11:00 - 1:00 Lunch</b> 1:00 Pinochle <b>1:00 - 3:00 Birthday Bingo</b> 6:30 Dance to MONTE GOOD	<b>2</b> 8:00 Farmer's Market



<b>17</b> 9:00 Spirit of Joy Lutheran Church	<b>18</b> 9:00 Tai Chi 10:00 3 <sup>rd</sup> Mon. Bridge <b>11:00 - 1:00 Lunch</b> 1:00 Friends Bunco	<b>19</b> 9:00 Yoga <b>11:00 - 1:00 Lunch</b> 12:00 Seminar – Adult Fire Education presented by the Fire Department 12:00 SKAT 5:00 Silver Center Board 6:00 Garden Club	<b>20</b> 9:00 Painters 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check 12:30 Mahjongg	<b>21</b> <b>11:00 - 1:00 Lunch</b> 12:00 Noon Lions 12:00 - 1:30 Lunch & Learn 12:30 Beginner's Mahjongg 6:00 - 9:30 <b>The Silver Opry</b> Featuring Jake Blocker Ashley Lamphere Jay Pfanstiel	<b>22</b> 10:00 2 & 4 Bridge <b>11:00 - 1:00 Lunch</b> 1:00 Pinochle 1:00 Bingo  6pm Dance to BURGUNDY	<b>23</b> 8:00 Farmer's Market
<b>24</b> 9:00 Spirit of Joy Lutheran Church	<b>25</b> 9:00 Tai Chi 9:30 EB Cards <b>11:00 - 1:00 Lunch</b>	<b>26</b> 9:00 Yoga 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 12:00 SKAT	<b>27</b> 9:00 Painters 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 11:30 Kiwanis 12:00 - 1:00 Blood Pressure Check 12:30 Evelyn Bridge 12:30 Mahjongg	<b>28</b> <b>11:00 - 1:00 Lunch</b> 12:00 Noon Lions 12:00 Republican Women's Luncheon 12:30 Beginner's Mahjongg	<b>29</b> <b>11:00 - 1:00 Lunch</b> 11:00 - 1:00 Lunch & Learn 1:00 Pinochle 6pm Dance to WRANGLER COUNTRY	<b>30</b> 8:00 Farmer's Market

**31**

9:00 Spirit of Joy  
Lutheran Church

**DO YOU HAVE A FAVORITE RECIPE OR TWO OR THREE?**



We are gathering recipes to publish a  
**Silver Center Cookbook**

**Bring in your recipes now!**

NAME Mother's Cornbread	
INGREDIENTS	
1 Egg	3 Tbsp oil
1/4 c. milk	1 Tbsp sugar
1/4 c. cornmeal	
1 Tbsp salt	
1/4 c. flour	
3 Tbsp baking powder	
INSTRUCTIONS	
450° - 10-15 min. for muffins	
15-20 min. in pan	

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Denise Kopecki, BC-HIS  
 Board President



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## A Personal Invitation.

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Call and ask about medicaid pending.

For referrals please call anytime, Rosie Jimenez

Cell: 830-491-9236 Fax: 830-303-7153

VA Contract Accepted

### FIND YOUR NAME

*A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.*

### RMAY YERFR



**Yoga class will meet in the  
Ezell room**

**every Tuesday at 9:00 a.m.  
for a cost of \$2 per person  
per class. Come join friends**

**for an exciting stretching of  
body, mind and soul. Yoga does more  
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Yoga is a total mind – body workout  
that combines strengthening and  
stretching poses with deep breathing  
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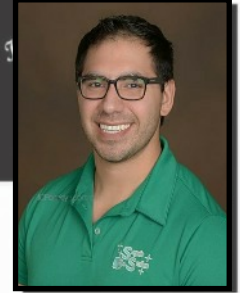
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& beauty to the patients that  
entrust their SMILES to our  
TEAM!



Janice Weinman, D.D.S.



Forrest Arguelles, D.D.S.



Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a **GROUP GAME NIGHT**. Doors open at 6:00 PM and close at 8:30 PM. The cost: \$2.00 per person for members and \$2.50 per person for non-members.

**Here are the Rules:**

- 1) You will need to be part of a group or start a new group or have a new table with a standing group. If you don't know if there is a group playing "YOUR" game, call the center and get connected with others that might also be looking for an open group.
- 2) When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
- 3) Call by Thursday, March 7. Be sure to call the Thursday before game day to reserve your spot!
- 4) Bring your own cards, game pieces, or whatever you need for your game.
- 5) Bunco, Bridge, Poker, Mahjongg, Pinochle, or any other game is okay by us.
- 6) Please tidy up your own area before you leave at 8:30 p.m.

Sound like fun? Well it is, and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!

# Tickle Your Funny Bone!

Submitted by Velma Buie

## SMILE AWHILE

Here's a play on words that will make you smile:

1. How does Moses make tea? Hebrews it.
2. Why were the Indians here first? Because they had reservations.
3. I used to be a banker, but then I lost interest.
4. I tried to catch some fog, but I mist.
5. Jokes about German sausage are the wurst.
6. I'm reading a book about anti-gravity, I just can't put it down.
7. I didn't like my beard at first. Then it grew on me.
8. Broken pencils are pointless.
9. I got a job at the bakery because I kneaded dough.
10. Don't worry about old age, it doesn't last.
11. Why are Teddy bears never hungry? Because they are always stuffed.
12. What do a dog and a phone have in common? They both have a Collar ID.
13. Can a kangaroo jump higher than a house? Of course, a house doesn't jump at all.
14. I got fired from my job at the bank today. An older lady came in and asked me to check her balance, so I pushed her over.
15. Why don't they play poker in the jungle? Too many Cheetas.
16. Why didn't the astronaut come home to his wife? He needed his space.
17. Did you hear about the two guys who stole a calendar? They each got six months.

Once upon a time, two brooms fell in love and decided to get married. Just before the ceremony, the bride broom informed the groom broom that she was expecting a little whisk broom. The groom broom was aghast. "How is that possible?" he asked. "We've never even swept together!"

Joe's wife let him know he has only two faults--everything he says and does.

John decided a way to save money on his honeymoon--so he went alone,

Bill's wife asked him, "How'd you like to go on a second honeymoon?" He asked, "With whom?"

Gary realizes the brakes on the car are about to fail--so he tries to hit something cheap!

## FAITH IS ALIVE

If you are **SPIRITUALLY ALIVE**, you're going to love this!

If you are **SPIRITUALLY DEAD**, you won't want to read it!

If you are **SPIRITUALLY CURIOUS**, there is still hope!

A church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday. He wrote, "I've gone to church every Sunday for 30 years now, and in that time, I've heard something like 3,000 sermons. But for the life of me, I can't remember a single one of them. So I think I'm wasting my time and the pastors are wasting theirs by giving sermons at all.

This started a real controversy in the letters to the Editor column, much to the delight of the editor. It went on for weeks until someone wrote this clincher:

"I've been married for 30 years now. In that time my wife has cooked some 32,200 meals. But for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this. They all nourished me and gave me the strength I needed to do my work. If my wife had not given me those meals, I would be physically dead today. Likewise, if I had not gone to Church for nourishment, I would be spiritually dead today!" When you are down to nothing, God is UP to something! Faith sees the invisible, believes the incredible, and receives the impossible! Thank God for our physical AND spiritual nourishment!



**TEXAS STYLE 10 Commandments**  
submitted by Glenda Layton

1. Just one God.
2. Honor yer Ma and yer Pa.
3. No tellin' tales or gossipin'.
4. Git yourself to Sunday meetin'.
5. Put nuthin' before God.
6. No foolin' with another fellers gal.
7. No killin'.
8. Watch yer mouth.
9. Don't take what ain't yours.
10. Don't be hankerin' fer yer buddies stuff.

-----  
Wife: I have a bag full of used clothing I'd like to donate.

Husband: Why not just throw it in the trash? That's much easier.

Wife: But there are poor, starving people who could really use these clothes.

Husband: Honey, anyone who can fit into your clothes is not starving!

Husband is recovering from a head injury.  
-----

So if a cow doesn't produce milk, is it a Milk Dud or an Udder Failure?

**Wife texts husband on a cold winter morning:  
"Windows frozen, won't open."  
Husband texts back: "Gently pour some lukewarm water over it and then gently tap edges with hammer."  
Wife texts back 10 minutes later: "Computer really messed up now."**



**1. Money cannot buy happiness but its more comfortable to cry in a Mercedes than on a bicycle.**

**2. Forgive your enemy**

**but remember the bastard's name.**

**3. Help someone when they are in trouble and they will remember you when they're in trouble again.**

**4. Many people are alive only because it's illegal to shoot them.**

**5. Alcohol does not solve any problems, but then again, neither does milk.**





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\*Annual Percentage Yield (APY) effective 02/10/2019. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit [www.fdic.gov](http://www.fdic.gov) or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

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**Thursday, March 21**

11:00 AM - 1:00 PM

Hope Hospice and Remarkable Healthcare will be sponsoring this event. The topic is "Why Can't I Sleep?" Lunch will be served at 11:00. Call for reservations for a lunch and a seat. 830-303-6612



**Friday, March 29**

11:00 AM - 1:00 PM

Post-Acute Medical Specialty Hospital, Luling, Texas invites you to join them for a Diabetes Management Lunch and Learn.

Diabetes is a complex disease that requires daily self-management, making healthy food choices, staying physically active, monitoring your blood sugar and taking medications as prescribed. It is also important to talk regularly with your diabetes care team.

Our team is here to help! We will provide you with tools and resources regarding nutrition, exercises, and would care so that you can successfully manage your diabetes and live a healthy and fulfilling life.

Join us for this free seminar and lunch! Call the Silver Center for your reservation at 830-303-6612.



## JOIN US FOR THE SILVER CENTER OPRY

Our Silver Center Opry comes around every 3rd Thursday of the month, which is Thursday, March 21 this month. **SO DON'T FORGET TO MARK YOUR CALENDARS!**

The Silver Opry puts on the best show in town! Besides our fabulous Silver Opry band, Jay Eric Pfannstiel is our featured entertainer this month. We also have two newcomers who will be joining Jay Eric-Jake Blocker and Ashley Lamphere.

A delicious hot meal of turkey and dressing with the works will be served. We start serving at 6:00 PM when the door opens. The bar also opens at 6:00 PM and closes around 8:00. The Silver Center has the most spectacular local talent around and a super delicious meal, so please join us for a fun, delightful night!







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there is LIFE!**

  
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## What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

## What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

## Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

## Where and by whom is this service provided?

We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

Our teams of Advance Care Planning Facilitators are specially trained to guide this conversation and to complete the necessary legal documents. We will provide all advance directives and this service is at no cost to you.

To arrange a consultation with an Advanced Care Facilitator please call: 830.401.7704.



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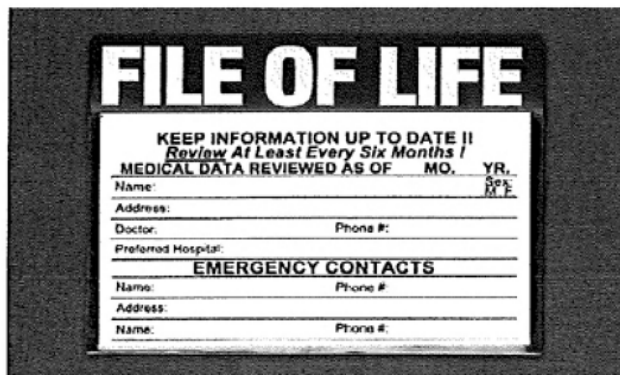
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## Every Second Counts



In medical emergencies seconds can mean the difference between life and death. A File of Life sticker on your door alerts first responders that your up-to-date Medical Information is attached to your refrigerator in a magnet. No cost to you!

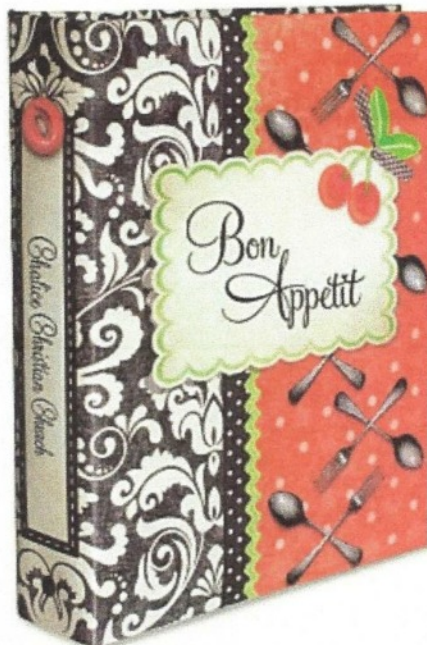
Call Amanda Smalley with Robinson Creek Home Health & Hospice at 361-550-6898 and she will come to you and help you get your File of Life done!

**THE FIRE DEPARTMENT WILL BE HOSTING AN INFORMATIVE SEMINAR ON MARCH 19TH at the Silver Center at NOON.**  
Topic is **"ADULT FIRE EDUCATION... What to do in an Emergency"**.

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**Calling all ladies and gentlemen, especially those who cook or bake, the Silver Center needs you! We are putting together a Silver Center Cookbook and we need your favorite recipes. They can be appetizers, drinks, main dishes, cookies, desserts, salads, soups, sauces, breads, or miscellaneous.**

**The turn in date is May 15. Give the recipes to Pam or Glenda. You can turn in more than 1 recipe. In fact, you can turn in as many as you want. Be sure to put your name on the recipe. Do you have an interesting family meal tradition or story you would like to share? We are taking those too! Hope to see your name in the cookbook!**



## This Month's Donations

The Directors and Staff  
gratefully acknowledges the  
financial support of its  
donors:

Glenda Layton  
Seguin Noon Lions  
Mary Ann Norris  
Kathy Nossaman



*Thank you  
for  
making a difference!*

**The Silver Center gratefully  
acknowledges the  
ongoing support of  
  
The United Way**

## WE HAVE A MORTGAGE

Building Mortgage  
\$119,065.90

Monthly Payment  
\$1,424.11

The Silver Center would not exist without  
the efforts of its awesome  
2019 VOLUNTEERS 2019

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Patty Bailey  
Roy Balter  
Barbara Behal  
Evelyn Bender  
Brenda Bloch  
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we sure are glad there is "u"  
in our volunteers!





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