

The Silver Showcase

Volume 600 No. 11

November 2019

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Vice President: *Denise Kopecki,
BC-HIS*

Secretary: *Jan Almon*

Treasurer: *Gay Lynn Olsovsky*

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Kitchen Helper
Elyzabeth Raderstorf

Maintenance Coordinator
Yancey McCartney

Phone: (830) 303-6612

Fax: (830) 379-3813

Email:

silvercenter@sbcglobal.net

Website:

www.silvercentersequin.com

LETTER FROM THE PRESIDENT

Well hello everybody! As many of you may know, we had our Officer elections last month, and with this being said, I would like to introduce myself as the new Silver Center President! My name is Danny Gonzales, grandson of Glenn and Kathryn Soefje. Our family has been in the Seguin Guadalupe County area for well over 50 years.

I know first-hand what a vital institution this is for our SENIORS here in Seguin. I would like each and every member to know that we all here, at the Silver Center, absolutely care about your well-being and will continue to provide a quality of service above all others! Furthermore, I would also like to thank all of our volunteers/members because without you, this would all be impossible.

THANK YOU and GOD BLESS YOU ALL,
Danny J. Gonzales
Silver Center President

VETERAN'S DAY SPECIAL!

**ALL VETERAN'S WILL BE TREATED TO A \$5.00 LUNCH ON
MONDAY, NOVEMBER 11.**

HELP NEEDED!

We are looking for a GREAT cook who knows how to cook from scratch! Applicants please apply in person at the Silver Center from Monday through Friday after 1:00 PM.



**The Silver Center will be closed
Thursday, November 28 &
Friday, November 29 for Thanksgiving.
Happy Thanksgiving and
many blessing to all of you!**

HELLO FROM THE FRONT DESK...

November already? This year has flown by! Leaves falling, families gathering together to give 'Thanks' for all of their Blessings... November is a beautiful month. I hope to see you at the Center soon. I give thanks daily for all of the wonderful people that I have met here... and that I have the pleasure of working with each and every day. Thank you all.

I have had several members drop by to see if my English bulldog (Lily) has had her pups yet. Well, sadly it seems Lily was not ready to become a mom and there are no Lily babies coming this year BUT her cousin, Miley, (another of my English bulldogs) gave us a beautiful surprise by having a litter of puppies on October 13th. If you are here for a meal or event, you can stop by to get a little peek at the pretty little babies that I am raising.

My youngest son, Willie, and his wife were expecting their first child on December 4th but it seems my grandbaby was not in agreement with that date. So, Miss Reagan Elizabeth Layton arrived very early on October 17th. She is doing well but needs to stay in the hospital until she is ready to take on the world without alarms and IVs. As any good grandma would, I will have pictures for you soon.

Our Board of Directors held their elections in October and elected new officers for the upcoming year. Danny Gonzales will be taking the lead as our new President of the Board. He will be penning a letter to you all right on the front page. Denise Kopecki has accepted the Vice President role and Gay Lynn Olsovsky remains treasurer and Jan Almon remains Secretary. I hope you take a moment out of your day to get to know our board members. They donate their time and efforts to make our center a better place to visit. Please thank them all when you see them!

We are looking for a new chef. If you know of anyone that might be interested in a Monday-Friday job, please have them call us here at the center!

The Center will be closed for some much needed Thanksgiving family time. We are closed on Thursday, November 28th and Friday, November 29th. As usual though, we will be open for a fabulous Friday night dance on the 29th. We hope to see you then!

Glenda Layton
Executive Director
Seguin Guadalupe County Senior Citizens Center
510 E. Court St., Seguin, TX
830-303-6612

BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

DIAMOND MEMBERSHIP

Seguin Noon Lions

PLATINUM MEMBERSHIP

Edward Jones Investments
First Commercial Bank
Guadalupe Regional Medical Center
Texan Renew Hearing Center

GOLD MEMBERSHIP

Advanced Home Health Services
Angel Pest Control
Guadalupe Valley Nursing Center
Nogales Garden Club
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STANDARD MEMBERSHIP

First United Bank
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Nesbit Living & Recovery Center
Robinson Creek Home Health & Hospice
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We'd like to welcome you to our family. WellMed accepts patients with Medicare and select Medicare Advantage Plans.

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This is an advertisement. *Plans vary by location and county.
 Family_AD TJ012114

November Word Scramble

CEMIARA _____

EWN DOLRW _____

MPHOLUTY _____

TAISPNRU _____

OTITNIDRA _____

SMTATSESAHCU

BWENOHIS _____

WRMYFAEOL _____

SHTRVAE _____

EGDRUATTI _____



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 better we listen
 with our heart..."*

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 830-372-2380 fax

11105M

Volunteering ... Why do you volunteer or why do you choose not to? It has been proven "volunteering" has many social and psychological advantages. The top reasons:



1. Gaining Experiences and Insights
2. Giving back and helping others
3. Creating connections with people
4. A sense of accomplishment

Do not be timid. Try it. Call or come into the Center and make this request known. There is always "time" to give to others.

Our fantastic volunteers donated a whopping 504.5 hours for the month of September!

WELLMED will be sponsoring another BINGO opportunity on Friday, November 15 at 1:00 pm. REMEMBER: WELLMED BINGO is every 3rd Friday through December. Come join us for an afternoon of fun and bring a friend!

Our Friday Night Dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music.
PLEASE NOTE: The doors open at 6:30 pm. BYOB is no longer permitted due to insurance exclusions.

SILVER CENTER DANCEHALL – CLASSIC COUNTRY MUSIC

Doors open at 6:30 PM

Music begins at 7:30 PM

510 E. Court St. Seguin, Texas 78155

830-303-6612

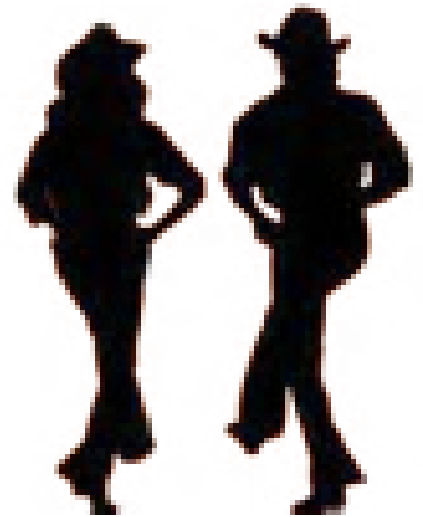
November

- 1 Carol Cochran & Shades of Country
- 8 Countrymen
- 15 Charles & Fabulous 4
- 22 Vernon & Friends
- 29 Most Wanted

December

- 6 Monte Good
- 13 Gabe Galvan & Friends
- 20 Tom Teboe
- 27 Wrangler Country
- 31 New Year's Eve -
Carol Cochran & Shades of Country

Rex Allen McNeil canceled his New Year's Eve Dance with us. Instead, we will be entertained by Carol Cochran and Shades of Country on New Year's Eve, December 31, 2019 from 8:00 PM to 12:30 PM. Presale tickets are on sale NOW! \$15.00 presale or \$25.00 at the door...so don't wait! At midnight you will enjoy a tamale, some black eyed peas, and a toast of champagne (or grape juice if you prefer that)! Come on out and RING IN THE NEW YEAR with family and friends at the Silver Center!



Happy Thanksgiving!



Please be patient with us as we try to get our membership data up to date. We have a lot of questions about birthdays and membership expiration notices being returned because we do not have member's current addresses. Please come by or call 830-303-6612 and give us your current address and month and day of your birth so we can celebrate your birthday and membership with you!

NOVEMBER Birthdays

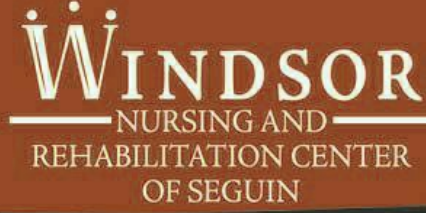
- 11/2 Joyce Scarlett
- 11/3 Stan Meyer
- 11/6 Danny Gonzales
- 11/8 David Dowell
- 11/9 Sydney Burton
- 11/9 Dorothy Funderburg
- 11/9 Adela Barrientos
- 11/11 Greg Griffin
- 11/11 Judy White
- 11/12 Judy Price
- 11/13 Susie Sulaica
- 11/15 Harold Bogisch
- 11/16 Christine Cloughly
- 11/16 Claribel Sebasta
- 11/19 Leroy Dietert
- 11/19 Shirley Hand
- 11/25 Alice Wahl
- 11/26 Daryl Styblo
- 11/27 Karen Huff
- 11/27 Connie Schade
- 11/28 Harold Coor
- 11/28 Daniel Fierro, Sr.
- 11/30 Pamela Davis

STAY ACTIVE WITH TAI CHI

Many older adults are looking for a gentle, low-impact exercise program that helps them stay active and improves muscle strength, flexibility and balance. TAI CHI fits the bill!


The benefits include, but are not limited to, helping with arthritis pain, reducing blood pressure, reducing stress and depression, and helping reduce bone loss in menopausal women. Tai Chi is a phenomenal exercise, and it all started with the ancient Chinese!

Join us at the Silver Center on Mondays at 9:00 am. It is only \$1.00 per class.



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www.WNRCSeguin.com



MEMORIALS

*** Note that any memorials received after we go to press will be in the next month's newsletter.

In Memory of: Katherine Soefje
By: Glenn Soefje

In Memory of: Bob Layton
By: Glenda Layton

In Memory of: Marilyn Kemp
By: Ben and Ann Logan

In Memory of: Don Effenberger
By: Mary Ann Norris

In Memory of: Andrew Fritz
By: Mary Ann Norris



Memorial in Honor of:

Send Acknowledgement to:

Name: _____

Address _____

City _____

State/Zip _____

Memorial from:

Name: _____

Address: _____

City: _____

State/Zip: _____

Thank you for the remembrance.

*The Silver Center
510 E. Court
Seguin, Texas 78155*

THM

Tres Hewell Mortuary, Inc.

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BIRTHDAY BINGO



On Friday, November 8, 2019 starting at 1:00 pm, you are invited to join us to celebrate our November birthdays with gifts, cake, and BINGO. Heart to Heart Hospice and Abiding Home Health are sponsoring this special, fun event. We have a lot of fun, so join us for our October HAPPY BIRTHDAY CELEBRATION! All members are invited, (it doesn't have to be your birthday) but consider bringing a friend or two!



Are you looking for a hot, fresh, well-balanced meal? The Silver Center serves a delicious lunch from 11 am to 1 pm

Monday through Friday, and the prices are great! Everyday something new is served such as Chicken Enchiladas, Meatloaf, Fish and Shrimp, and Salisbury Steak. With the entree you get two sides, a salad, roll, dessert and brewed tea or coffee. You can't beat that! Sandwiches, soups, and lunch salads are also offered. Join us at the Silver Center for a yummy lunch and some great fellowship!



November Lunch Menu

Serving from 11:00 - 1:00

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee

\$7.00 for Silver Center Members ♦ \$7.50 for non-members

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fish or Shrimp
4 Chicken Cordon Bleu	5 Chili & Beans	6 Chicken Florentine	7 Chopped Steak	8 Fish or Shrimp
11 Chicken Parmesan	12 Smothered Pork Chops	13 Shepherd's Pie	14 Paprika Chicken	15 Fish or Shrimp
18 Stir Fried Rice	19 BBQ Chicken	20 Turkey & Dressing	21 Roast Beef	22 Fish or Shrimp
25 Chicken Strips/Gravy	26 Chicken Fried Steak	27 Smothered Pork Chops	28 CLOSED	29 CLOSED

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25
Choice of chips or fruit, with freshly brewed iced tea or coffee

SANDWICHES

Classic Club
Ham and Cheese
Turkey and Bacon
Chicken or Tuna Salad
Pimento Cheese

Cup of Soup \$3.00
Bowl of Soup \$4.50

SALADS

Chef Salad
Chicken Salad Plate
Tuna Salad Plate
Grilled or Fried Chicken Salad

To-Go orders and Delivery in a limited area available for an additional charge.

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Celebrate New Year's Eve with friends! New Year's Eve tickets on sale now! \$15 pre-sale / \$25 at door</p>						
3 9:00 Spirit of Joy Lutheran Church	4 9:00 Tai Chi 11:00 - 1:00 Lunch 11:00 Bunco	5 7:00 - 7:00 Election 9:00 Quilters 9:00 Yoga 11:00 - 1:00 Lunch 12:00 SKAT 1:00 EB Bunco	6 9:00 Painters 9:00 Bunco 10:00 Bridge 11:00 - 1:00 Lunch 11:30 Chamber Luncheon 1:00 Mahjongg	7 11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg	8 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch 1:00 Pinochle 7:30 Dance to MOST WANTED BAND	9 8:00 Farmer's Market 2:00 - Private Party
10 9:00 Spirit of Joy Lutheran Church	11 9:00 Tai Chi 11:00 Republican Women's Bd Mtg 11:00 - 1:00 Veteran's Day Lunch Specials 5:00 Gideon's Dinner	12 9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 12:00 SKAT 1:00 Fire Safety Class 5:30 Symphony Guild 6 - 8:30 Game Night	13 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Evelyn Bridge 1:00 Mahjongg	14 11:00 - 1:00 Lunch 11:00 - 1:00 Blood Pressure Check 12:00 Noon Lions 1:00 Beginner's Mahjongg	15 8:00 - 2:00 AARP Driving Class 11:00 - 1:00 Lunch 1:00 Pinochle 1:00 WellMed BINGO 7:30 Dance to CHARLES & THE FABULOUS FOUR	16 8:00 Farmer's Market 4:00 Private Party
1 9:00 Yoga 11:00 - 1:00 Lunch 1:00 Pinochle 1:00 - 3:00 Birthday Bingo 7:30 Dance to CAROL COCHRAN & SHADES OF COUNTRY	2 8:00 Farmer's Market 3:00 Private Party					

<p>17 9:00 Spirit of Joy Lutheran Church</p>	<p>18 9:00 Tai Chi 9:00 Evelyn Bridge 11:00 - 1:00 Lunch 1:00 Friends Bunco 1:00 Alzheimer's Support Group</p>	<p>19 9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 12:00 SKAT 5:00 Silver Center Board Meeting 5:00 Los Nogales Garden Club</p>	<p>20 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Mahjongg</p>	<p>21 11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg 7:00 - 9:30 The Silver Opy Featuring Kirk Herbold Carol Cochran</p>	<p>22 11:00 - 1:00 Lunch 1:00 Pinochle 1:00 Bingo 7:30 Dance to VERNON & FRIENDS</p>	<p>23 8:00 Farmer's Market</p>
<p>24 9:00 Spirit of Joy Lutheran Church</p>	<p>25 9:00 Tai Chi 11:00 - 1:00 Lunch</p>	<p>26 9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 12:00 SKAT</p>	<p>27 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 11:30 Lunch & Learn 12:00 - 1:00 Blood Pressure Check 1:00 Evelyn Bridge 1:00 Mahjongg</p>	<p>28 CLOSED FOR THANKSGIVING</p>	<p>29 CLOSED FOR THANKSGIVING 7:30 Dance to MOST WANTED BAND</p>	<p>30 8:00 Farmer's Market</p>

Wishing You a Safe and Happy Thanksgiving!

The Silver Center is closed for Thanksgiving on the 28th and 29th.

Giving Thanks Today, Tomorrow, Always!

Do you ask people to repeat?
 Do you miss out on the punchline of jokes?
 Does your family complain the TV is too loud?
 Do you answer yes without knowing the question?
 Do you need to see someone's face to hear them?

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Denise Kopecki, BC-HIS
 Board President



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Call and ask about medicaid pending.

For referrals please call anytime, Rosie Jimenez

Cell: 830-491-9236 Fax: 830-303-7153

VA Contract Accepted

FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

HYBELTEAZ SADREOFDR



Yoga Class will meet in Ezell room every Tuesday and Friday at 9:00. Come join friends for an exciting stretching of body, mind, and soul.

Yoga does more than burn calories and tone muscles. Yoga is a total mind-body workout that combines strengthening and stretching poses with deep breathing relaxation.



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Mon. Tues. & Thurs. 8-5 • Wed 8-1 • Fri 8-4



Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a GROUP GAME NIGHT. The doors open at 6:00 PM and close at 8:00 PM.

The cost: \$2.00 per person for members and \$2.50 per person for non-members.

Here are the Rules:

1. You will need to be part of a group or start a new group or have a new table with a standing group. If you don't know if there is a group playing "YOUR" game, call the center and get connected with others that might also be looking for an open group.
2. When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
3. Call by Thursday, October 31 to reserve your spot!
4. Bring your own cards, game pieces, or whatever you need for your game.
5. Bunco, Bridge, Poker, Mahjonn, Pinochle, or any other game is okay by us.
6. Please tidy up your won area before you leave at 8:30 p.m.

Sound like fun? Well, it is and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!

Anyone interested in beginning or joining a group to play "Pegs & Joker", Board game, please contact Ann or Lee White - 713-818-4621. Beginners absolutely welcome!



*Same Day
CROWNS*

Our Mission is to bring health & beauty to the patients that entrust their SMILES to our TEAM!



Janice Weinman, D.D.S.

Tickle Your Funny Bone!

Submitted by Velma Buie

I read this article that said the typical symptoms of stress are: eating too much, impulse buying, and driving too fast. Are they kidding? That is my idea of a perfect day!

I know what Victoria's Secret is. The secret is that nobody older than 30 can fit into their stuff.

If men can run the world, why can't they stop wearing neckties? How intelligent is that to start your day by tying a noose around your neck?

Farmer Brown had a team of identical horses. The only way he could tell them apart was the black one was an inch taller than the white one!

If you can start the day without caffeine...If you can always be cheerful, ignoring aches and pains...If you can resist complaining and boring people with your problems...If you can eat the same food every day and be grateful for it...If you can understand when your loved ones are too busy to give you any time...If you can take criticism and blame without resentment...If you can conquer tension without medical help...If you can relax without alcohol...If you can sleep without the aid of drugs...THEN YOU ARE PROBABLY THE FAMILY DOG!!

WRONG PREDICTION

Two medical students were walking along the street when they saw an elderly gentleman walking with his legs spread apart. He was walking stiff legged and moving very slowly. One student said to his friend, "I'm sure that old man has Peltry Syndrome. That is the way people walk who have that problem." The other student said, "No I don't think so. The old man surely has Zovitski Syndrome. He walks slowly with his legs apart, just as we learned in class."

Since they could not agree, they decided to ask the old man. They approached and told him, "We are medical students and couldn't help but notice the way you walk. We couldn't agree on what syndrome you might have. Could you tell us what it is?" The old man said, "I'll tell you, but first, you fine medical students, tell me what you think." The first student said, "I think it is Peltry Syndrome." The second said, "I think it is Zovitski Syndrome." The old man said, "You thought, but you are both wrong." So they asked him, "Well, old timer, what do you have?" He said, "Well, I thought it was gas, but I was wrong too."

MISSING HUSBAND

A lady went to the newspaper office to put a notice in the paper stating that her husband was missing. The clerk told her that they charge by the inch for ads. She changed her mind saying, "My husbands over 6 feet tall, and I don't have that kind of money."

"It's so dry in Texas that"...

The cows are giving evaporated milk.

The trees are whistling for the dogs.

A sad Texan once prayed, "I wish it would rain...not so much for me, cuz I've seen it...but for my seven year old."

A visitor to Texas once asked, "Does it ever rain out here?" A rancher quickly answered, "Yes it does. Do you remember that part in the Bible where it rained for 40 days and 40 nights?" The visitor replied, "Yes, I'm familiar with Noah's flood." "Well," the rancher puffed up, "We got 'bout two and a half inches of that."



DOWN HERE IN TEXAS IT'S JUST ABOUT
**TIME TO BREAK
OUT**



**THE WINTER
CLOTHES**

Sumboddy

OMG, I'M RICH!

Silver in the hair, gold in the teeth, crystals in the kidneys, sugar in the blood, lead in the butt, iron in the arteries and an inexhaustible supply of natural gas. I never thought I would accumulate such wealth!

Today
is a perfect day to
just be happy.



Peace of Mind

My parents had a TV
like this,



I remember because
I was the remote..



Seguin Area Community Foundation board members.

*Tres Hewell
Dottsy Dwyer
Jeff Koehler
Mel Grones
Wayne Windle
Dylan Powell
Becky Lake
Cecil Schulze
Kathy Nossaman*



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Kathy Nossaman
Financial Advisor

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Steve Alyea
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Kristy Kirkland
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Sebie Kirkland
Financial Advisor

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Brandon Allen
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**JOIN US FOR
THE SILVER CENTER OPRY**

Our Silver Center Opry comes around every 3rd Thursday of the month which for this month is Thursday, November 21. **MARK YOUR CALENDARS NOW SO YOU DON'T FORGET!**

The Silver Opry puts on the best show in town! Besides the fabulous Silver Opry band, Kirk Herbold, Carol Cochran are our featured entertainers this month. They are great and will keep you entertained and on your feet!

We serve a delicious hot meal at every dance starting at 6:00 pm when the doors open. The bar also opens at 6:00 pm and closes at 8:30 pm. We have the most spectacular local talent around and a hot, delicious meal to go with it! Join the fun by dancing the night away, listening to good music, and visiting with great friends!

**Enjoy life to
the fullest...it
has an expiration
date.**

73 Married Marriages

A perfect marriage is...



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**just two imperfect people who
refuse to give up on each other.**

**You may see me
struggle, but you'll
never see me quit.**

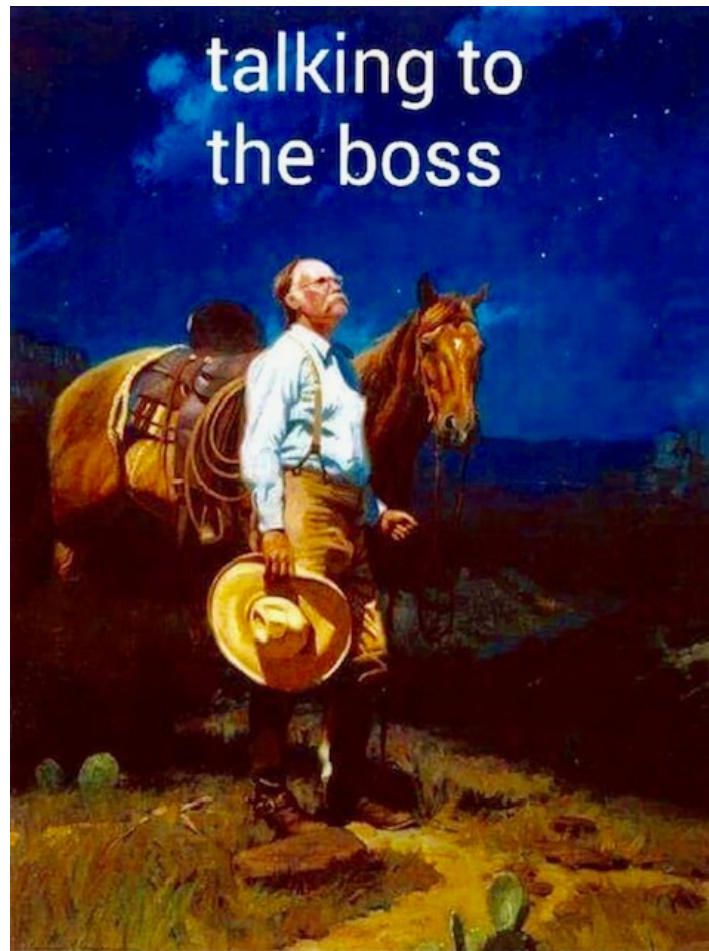




Happy Thanksgiving



WHEN I WAS A KID
YOU DIDN'T NEED TO SAY
"DON'T TRY THIS AT HOME"
BECAUSE WE WEREN'T
A BUNCH OF MORONS



talking to
the boss

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What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

Where and by whom is this service provided?

We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

Our teams of Advance Care Planning Facilitators are specially trained to guide this conversation and to complete the necessary legal documents. We will provide all advance directives and this service is at no cost to you.

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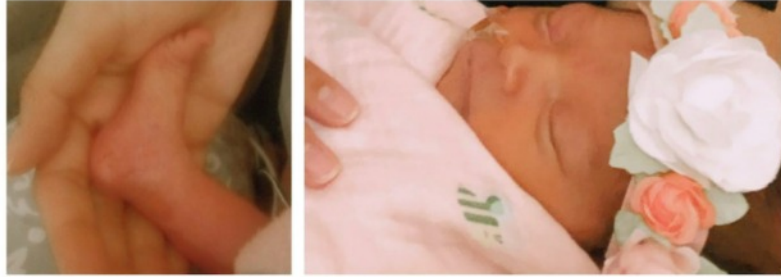
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**NO LUNCH AND LEARNS
UNTIL AFTER THE FIRST OF
THE YEAR.**



Reagan Elizabeth Layton

October 17th 5 lbs 4 oz 18 in



MEET BABYREAGAN

»i have«
ARRIVED



Happy
Thanksgiving



This Month's Donations

The Directors and Staff gratefully acknowledges the financial support of its donors:

Bill Davis
Pam Davis
Glenda Layton
Kathy Nossaman

*Thank you
for
your generosity!*

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acknowledges the
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The Silver Center would not exist without
the efforts of its awesome

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