Volume 600 No. 10 October 2019

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> Bookkeeper Bill Davis

Receptionist

Anna Raderstorf

Food Service Chef

Kitchen Helper Elyzabeth Raderstorf

Maintenance Coordinator Yancey McCartney

Phone: (830) 303-6612 Fax: (830) 379-3813 Email:

silvercenter@sbcglobal.net Website:

www.silvercenterseguin.com

Hello From the Front Desk....

With October we usually expect changes... cooler weather, football games, foggy mornings, and school busses. This October we have other changes. Our chef, Dorothy Funderburg, lost her father (Bill Phillips) last month after a serious illness and she will be leaving us to help her mother with transitions at the family ranch. She will be dearly missed. I have a chef candidate already under negotiation, but I cannot say who it is until they accept the position! Hopefully, you will meet our new chef soon! I'd like to express our condolences to Dorothy's family and to Pam Davis' who lost her father (Kenneth Page) also. The past month and a half have been tough on us. Life is short. Many times it is also bitter sweet. Love one another while you can... and hug a friend.

We have a wonderful Opry set up for you this month. Please join us on October 17th when Paul Sanchez, Winston (Dub) Robinson, and Jan Zerda perform many of your favorite classic country songs. Dinner is served at 6 and the show starts at 7PM. Please join us!

Congratulations to our board members who were re-elected last month. If you don't know our board members, please take a moment to get to know them! They donate their time to the center and they want to hear from you on what your wishes are for YOUR Silver Center.

Vacations, vacations, vacations! Premier Tours will be hosting a presentation at 1PM on the 2nd to show you how to 'Ride the Rails' while touring California and Collette Tours has a presentation planned at 1PM on the 24th in case you're looking forward to a vacation in the "Smoky Mountains"! Please join us for these informative slide presentations and if there is somewhere else you'd like to go we can even assist you in your planning other destinations though these 2 fine companies.

Last, but not least, we are hoping our sweet Lily will deliver pups in early October. Watch the office door for a notice from the stork. You will know as soon as we know!

Have a fun and Blessed Fall. Stop by and see us in the front office. We appreciate your input and smiles.

Glenda Layton Executive Director Seguin Guadalupe County Senior Citizens Center 510 E. Court St., Seguin, TX 830-303-6612





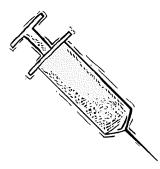


GROOVY Q BBQ is the place to go for a delicious brisket plate. GROOVY Q is known for their SLOW-SMOKED, HANDCRAFTED TEXAS BBQ. For opening information, like us on Facebook GROOVYQUE or follow us on Instagram GROOVYQTEXAS.



Have a Boo-ti-ful Halloween!

The Silver Center is having their Halloween Dance on Friday, October 25! Music by Tom Teboe and the River City Ramblers. Wear your best costume and join us for a spooktacular evening!!!



Flu shots will be available in the Library on Wednesday, October 2 from 11:00 AM to 1:00 PM.

BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

DIAMOND MEMBERSHIP

Seguin Noon Lions

PLATINUM MEMBERSHIP

Edward Jones Investments
First Commercial Bank
Guadalupe Regional Medical Center
Texan Renew Hearing Center

GOLD MEMBERSHIP

Advanced Home Health Services
Angel Pest Control
Guadalupe Valley Nursing Center
Nogales Garden Club
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Tres Hewell Mortuary

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WellMed at Seguin 1483 E Court St Seguin, TX 78155 830-560-2813 WellWedHealthcare.com



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"Across from Guadalupe Regional Medical Center Entrance"

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NATIONAL BOARD FOR Hearing Instrument CERTIFICATION IN HEARING INSTRUMENT SCIENCES

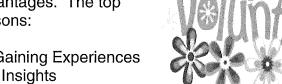
> "to help you hear better we listen with our heart..."

830-372-2237 830-372-2380 fax **October Word Scramble**

YGDAEVRRA
AKNPR
MYMUM
KSPMUPNI
TLESNKOE
UHLGO
YHEIDRA
OTOPNI
LCURNAOD
NKETFNANRSIE

Volunteering ... Why do you volunteer or why do you choose not to? It has been proven

"volunteering" has many social and psychological advantages. The top reasons:



- 1. Gaining Experiences and Insights
- 2. Giving back and helping others
- 3. Creating connections with people
- 4. A sense of accomplishment

Do not be timid. Try it. Call or come into the Center and make this request known. There is always "time" to give to others.

Our fantastic volunteers donated a whopping 615.5 hours for the month of August!

WELLMED will be sponsoring another BINGO opportunity on Friday, October 18 at 1:00 pm. REMEMBER: WELLMED BINGO is every 3rd Friday through December. Come join us for an afternoon of fun and bring a friend!

Our Friday Night Dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music.

PLEASE NOTE: The doors open at 6:30 pm. BYOB is no longer permitted due to insurance exclusions.

<u>SILVER CENTER DANCEHALL - CLASSIC COUNTRY MUSIC</u>

Doors open at 6:30 PM Music begins at 7:30 PM 510 E. Court St. Seguin, Texas 78155 830-303-6612

October

- 4 Burgandy
- 11 Most Wanted
- 18 Bob Appel
- 25 Tom Teboe

November

- 1 Rex Allen McNiel
- 8 Countrymen
- 15 Charles & Fabulous 4
- 22 Vernon & Friends
- 29 Most Wanted

December

- 6 Monte Good
- 13 Gabe Galvan & Friends
- 20 Tom Teboe
- 27 Wrangler Country
- 31 New Year's Eve -





Please be patient with us as we try to get our membership data up to date. We have a lot of questions about birthdays and membership expiration notices being returned because we do not have member's current addresses. Please come by or call 830-303-6612 and give us your current address and month and day of your birth so we can celebrate your birthday and membership with you!

OCTOBER Birthdays

10/3	Charles Dilocker
10/3	Robert Sebesta
10/7	Robert Goebel
10/9	Bob Hill
10/9	Joyce Utley
10/12	Mary Ann Norris
10/13	Kelly Cox
10/14	Gladys Huffman
10/15	Thomas Fisher
10/15	Robert Garcia
10/15	John Riojas
10/16	Frances Noble
10/16	Bobbie Wesch
10/17	Harley Lenardson
10/17	June Rouse
10/20	Jeanne Behal
10/21	Gwyn Degen
10/21	Joni Harding
10/21	Alta Stark
10/28	Mike Morneau
10/29	Jan Almon
10/31	Rev. H. W. Fruehling
10/31	Marilyn Sager

Richard Arp

10/1

STAY ACTIVE WITH TAI CHI

Many older adults are looking for a gentle, low-impact exercise program that helps them stay active and improves muscle strength, flexibility and balance. TAI CHI fits the bill!

The benefits include, but are not limited to, helping with arthritis pain, reducing blood pressure, reducing stress and depression, and helping reduce bone loss in menopausal women. Tai Chi is a phenomenal exercise, and it all started with the ancient Chinese!

Join us at the Silver Center on Mondays at 9:00 am. It is only \$1.00 per class.



Our 122-bed facility offers the *Very Best* in long-term care and is staffed by licensed registered nurses, licensed vocational nurses, certified medication aides, and certified nurses aides.



Wound care • Tracheostomy Care
Wander Guard System • Individualized Dietary Plans
Laundry/Linen/Housekeeping Services
Beauty & Barber Shop Services
Religious Services • Interactive Activities

Transportation • Private & Semi-Private Rooms

830.379.7777 • Fax 830.372.1204 1219 Eastwood Drive • Seguin, Texas 78155 www.WNRCSeguin.com

MEMORIALS

*** Note that any memorials received after we go to press will be in the next month's newsletter.

In Memory of: Katherine Soefje

By: Glen Soefje

In Memory of: Bill Phillips

By: Viola Trost

Glenda Layton

Susan and Stan Casto

In Memory of: Eldon Simons

By: Mary Ann Norris

In Memory of: Kenneth Page

By: Viola Trost

THM

Tres Hewell Mortuary, Inc.

Family Owned and Operated

Tres Hewell, President

P.O. Box 820 165 Tor Drive Phone: (830) 549-5912 Fax: (830) 549-5918

Seguin, Texas 78156

Cell: (830) 660-5809

www.treshewell.com

BIRTHDAY BINGO

On Friday, October 11, 2019 starting at 1:00 pm, you are invited to join us to celebrate our October birthdays with gifts, cake, and BINGO. Heart to Heart Hospice and Abiding Home Health are sponsoring this special, fun event. We have a lot of fun, so join us for our October HAPPY BIRTHDAY CELEBRATION! All members are invited. (it doesn't have to be your birthday) but consider bringing a friend or two!



Memorial in Honor of: Send Acknowledgement to: Name: _____ Address City State/Zip _____ Memorial from: Name: _____ Address: _____ City: _____ State/Zip: ____ Thank you for the remembrance.

The Silver Center 510 E. Court Seguin, Texas 78155



Are you looking for a hot, fresh, well-balanced meal? The Silver Center serves a delicious lunch from 11 am to 1 pm

Monday through Friday, and the prices are great! Everyday something new is served such as Chicken Enchiladas, Meatloaf, Fish and Shrimp, and Salisbury Steak. With the entree you get two sides, a salad, roll, dessert and brewed tea or coffee. You can't beat that! Sandwiches, soups, and lunch salads are also offered. Join

us at the Silver Center for a yummy lunch and some

great fellowship!



OCTOBER 2019 MENU

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee \$7.00 for Silver Center Members • \$7.50 for non-members

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Meatloaf	Roast Beef	Chicken Fried Steak	Fish or Shrimp
7	8	9	10	11
Spaghetti w/ Meat Sauce	Fried Chicken Breast Strips	Beef Tips over Rice	Paprika Chicken Quarters	Fish or Shrimp
14	15	16	17	18
Chicken & Rice	Shepherd's Pie	Turkey & Dressing	Beef Stroganoff	Fish or Shrimp
21	22	23	24	24
Hearty Beef Stew	Bar B Q Chicken	Chili & Beans w/ Combread	Cheese Enchiladas	Fish or Shrimp
28	29	30	31	
Chili Mac	Turkey Tetrazzini	Pork Ribs	Spaghetti & Meatballs	

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25 Choice of chips or fruit, with freshly brewed iced tea or coffee

SANDWICHES

Chicken or Tuna Salad **Turkey** and Bacon Ham and Cheese Pimento Cheese Classic Club

Cup of Soup \$3.00 **Bowl of Soup** \$4.50

Chicken Salad Plate Chef Salad Grilled Chicken Salad

SALADS

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612 To-Go orders and Delivery in a limited area available for an additional charge.

Tuna Salad Plate

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
G. Book Chris Holida	Book your Christmas or or Now	1 9:00 Quilters 9:00 Yoga 9:00 EB Bunco 11:00 -1:00 Lunch 12:00 SKAT 1:30 Wellmed University presents "Blood Pressure – What do the numbers mean??	9:00 Painters 9:00 Bunco 10:00 Bridge 11:00 - 1:00 Lunch 11:30 - 1:00 Flu Shots 12:00 Chamber Luncheon 1:00 Mahjongg 1:00 California Rails Vacation Tour Presentation	3 11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg 5:30 Seguin Police Academy	4 9:00 Yoga 11:00 - 1:00 Lunch 1:00 Pinochle 1:00 BIRTHDAY BINGO 6:30pm Dance to BURGUNDY	S .00 Farmer's Market Private Party – Ezell
6 9:00 Spirit of Joy Lutheran Church	7 9:00 Tai Chi 11:00 - 1:00 Lunch 11:00 Bunco 12:00 Ambassador Lunch and Photos	8 9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 12:00 SKAT 5:30 Symphony Guild 6:00 - 8:30 GAME NIGHT	9 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Mahjongg 1:00 Evelyn Bridge	10 11:00 - 1:00 Lunch 11:00 - 1:00 Blood Pressure Check 12:00 Noon Lions 1:00 Beginner's Mahjongg	11 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch 1:00 Pinochle 6:30pm Dance to MOST WANTED BAND	12 8:00 Farmer's Market Private Party – Ezell
	1. ひ世	Come	early	Thursd	Thursday, October 17	

Silver OPRY

for dinner! \$7
Beef Stroganoff
with noodles
Salad & Hot Bread

Thursday, October 17

Doors open at 6pm • Show starts at 7pm
featuring

Paul Sanchez + Dub Robinson + Jan Zerda

19 8:00 Farmer's Market Private Party – Conference Room 6:00 Private Party – Ezell	26 8:00 Farmer's Market 8:00 Concealed Carry Class 5:00 Private Party – Ezell	Save the Date Festival of Lights Dec. 16 & 17
8:00 Prival Confe	L 42	Save the Dat Festival c Laights Dec. 16 & 17
18 11:00 - 1:00 Lunch 1:00 Pinochle 1:00 - 3:00 WellMed BINGO 6:30pm Dance to BOB APPEL	25 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch 1:00 Pinochle 6:30pm Dance To TOM TEBOE Come dressed for the Halloween Costume Contest	
17 11:00 -1:00 Lunch 12:00 Noon Lions 12:00 Lunch & Learn 1:00 Beginner's Mahjongg 7:00 Silver Opry Paul Sanchez Dub Robinson Jan Zerda	24 11:00 - 1:00 Lunch 12:00 Noon Lions 12:00 Republican Women's Luncheon 1:00 Beginner's Mahjongg 1:00 Smoky Mountain Tour Vacation Presentation	31 11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg
16 9:00 Painters 10:00 Bridge 11:00 -1:00 Lunch 12:00 GRMC Volunteer Luncheon 1:00 Mahjongg	23 9:00 Painters 10:00 Bridge 10:00 Bad Weather Site – United Way Kickoff 11:00 -1:00 Lunch 1:00 Mahjongg	30 9:00 Painters 11:00 - 1:00 Lunch 1:00 Mahjongg
1.5 9:00 Yoga 11:00 - 1:00 Lunch 12:00 SKAT 5:00 S/C Board Mtg. 6:00 Garden Club	22 9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 12:00 SKAT	29 9:00 Yoga 11:00 -1:00 Lunch 12:00 SKAT 12:00 Lunch & Learn
14 9:00 Tai Chi 11:00 - 1:00 Lunch 2:00 Bunco 6:30 Gideons Dinner	21 9:00 Tai Chi 9:00 Evelyn Bridge 11:00 -1:00 Lunch 12:00 Amerigroup Real Solutions Medicare Advantage Plans 1:00 Friends Bunco 1:00 Alzheimer's Support Group	28 9:00 Tai Chi 11:00 - 1:00 Lunch
13 9:00 Spirit of Joy Lutheran Church	20 9:00 Spirit of Joy Lutheran Church 4:00 Private Party – Sagebiel Hall	27 9:00 Spirit of Joy Lutheran Church

Do you ask people to repeat?

Do you miss out on the punchline of jokes?

Does your family complain the TV is too loud?

Do you answer yes without knowing the question?

Do you need to see someone's face to hear them?

If your answer is yes to 2 or more questions, call today to schedule a FREE hearing screening!

Your Hearing Health is Important!

We service all mades and model of hearing devices!



Denise Kopecki, BC-HIS

Board President



519 King St. Ste 104, Seguin, TX 78155 www.texanhearingcenter.com (830) 399-4195

A Personal Invitation.

Nesbit LRC has been voted
"Best Nursing/Rehab Facility in Seguin"
four years in a row by the community in the
Seguin Gazette Enterprise poll.

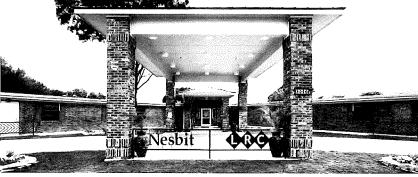
Our newly remodeled facility, family owned and operated since 1958, offers a wide array of recovery and rehabilitation services.

When you can't live or recover in your own home, we invite you to ours.



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Our Facility Pet Chuy is just one of the ways we deliver

Memory Care Beyond Compare!

(But he's definitely the cutest)

We also Offer:

- Enhanced Activity Program.
- 24 Hour Skilled Nursing Care
- · Joint Recovery with proven outcomes
- · Physical, Occupational, & Speech

Th erapies using the state of the art equipment.

- Respire Hospice Care
- · WanderGuard ® Security
- · Gardening, Beauty Parlor, Wal-Mart Shopping



Whether you need Fast Track Rehab or Long Term Care, we want you to experience why our residents say ...
"When you can't be at home, Come to our Hacienda"

1637 N. King • Seguin, TX 78155
Call and ask about medicaid pending.

Call and ask about medicaid pending.
For referrals please call anytime, Rosie Jimenez
Cell: 830-491-9236 Fax: 830-303-7153
VA Contract Accepted

FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

YNADS KGTSNOEIN



Yoga Class will meet in Ezell room every Tuesday and Friday at 9:00. Come join friends for an exciting stretching of body, mind, and soul.

Yoga does more than burn calories and tone muscles. Yoga is a total mind-body workout that combines strengthening and stretching poses with deep breathing relaxation.







Our care makes the difference.
Our heart makes it home

- * Skilled Nursing Care
- * Physical, Occupational & Speech Therapies
- * Rehabilitation available up to 6 days a week
- * Stroke Rehabilitation
- * Complex wound care
- * Tracheostomy care
- * E-stim, Vital-stim & Ultrasound
- * Wii-abilitation
- * Delicious meals

THE HEIGHTS OF GONZALES

701 North Sarah DeWitt Gonzales, Texas 78629 Phone: 830-672-4530 Fax: 830-672-4543 www.TheHeights

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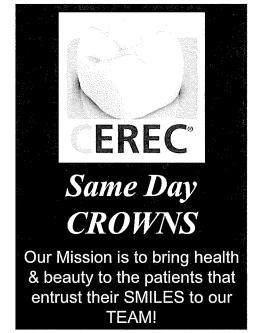
Cosmetic dentistry | Implant restoration | Sedation dentistry

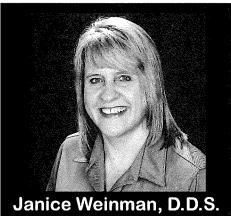
Dentures | Oral cancer screenings

We accept Visa, American Express, Discover, MasterCard Care Credit, and all insurance plans including VA vouchers

NOW ACCEPTING
NEW PATIENTS
830-372-2949
www.SeguinSmiles.com

Mon. Tues. & Thurs. 8-5 • Wed 8-1 • Fri 8-4







Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a GROUP GAME NIGHT. The doors open at 6:00 PM and close at 8:00 PM.

The cost: \$2.00 per person for members and \$2.50 per person for non-members.

Here are the Rules:

- 1. You will need to be part of a group or start a new group or have a new table with a standing group. If you don't know if there is a group playing "YOUR" game, call the center and get connected with others that might also be looking for an open group.
- 2. When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
- 3. Call by Thursday, October 3 to reserve your spot!
- 4. Bring your own cards, game pieces, or whatever you need for your game.
- 5. Bunco, Bridge, Poker, Mahjongg, Pinochle, or any other game is okay by us.
- 6. Please tidy up your won area before you leave at 8:30 p.m.

Sound like fun? Well, it is and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!

Tickle Your Funny Bone!

Submitted by Velma Buie

A lady lived in a 2 story apartment complex with an alley between the two units. She called the police to report that the gentleman who lived in the apartment across the alley was walking around inside his apartment exposing himself in the nude. The policeman arrived at the apartment and walked around her room to check her complaint. He said, "Lady, I don't know what you are complaining about. I can't even see out your window." She said, "If you get up on the chair, you can see."

Reverend Jones was preaching in a small church in Texarkana. One Sunday morning, he was holding a Prayer meeting. He asked for people to come forward and he would say special prayers for anyone in need. Jake came forward and the pastor asked, "What would you like for me to pray about?" He said, "My hearing." So the pastor placed one hand on his head and the other hand over his left ear and said a pretty lengthy prayer. Then the pastor asked, "How's your hearing now?" He replied, "It ain't till next Thursday."

OLD FRIENDS

Two sweet little ladies have been friends for many decades. Over the years they have shared all kinds of activities and adventures. Lately, their activities had been limited to meeting a few times a week to play cards. One day when they were playing cards, one looked at the other and said, "Now don't get mad at me. I know we have been friends for a long time, but I just can't think of your name. I've thought and thought, but I can't remember it. Please tell me what your name is." Her friend stared and glared at her for at least 3 minutes. Finally she said, "How soon do you need to know?"

This may be the same two friends. They were out driving in a large car. Both of them could barely see over the dashboard. As they were cruising along, they came to a major crossroad. The light was red, but they just went on through. The woman in the passenger seat thought for sure that light was red, but was concerned that she might be losing it. They came to another major junction, and sure enough, they rolled right on through. She was getting nervous, so at the next junction, it happened again. She turned to the driver and said, "Mildred, did you know you just went through 3 red lights in a row? You could have killed us both! Mildred turned to her and said, "Oh, am I driving?"

I HOPE YOU ENJOY THE PUNS AS MUCH AS I DO

- 1) Did you hear about the cross-eyed teacher who lost her job because she couldn't control her pupils?
- 2) When you get a bladder infection, urine in trouble.
- 3) When chemist die, they just barium.
- 4) I stayed up all night to see where the sun went, then it just dawned on me.
- 5) England does not have a kidney bank, but it does have a Liverpool.
- 6) Haunted French pancakes give me the crepes.
- 7) The girl today said she recognized me from the Vegetarian Club, but I swear I've never met herbivore.
- 8) I know a guy who is addicted to brake fluids, but he says he can stop anytime.
- 9) A thief who stole a calendar, got 12 months.
- 10) When the smog lifts in Los Angeles --- U.C.L.A.
- 11) I got some batteries that were given out free of charge.
- 12) A dentist and a manicurist married. They fought tooth and nail.
- 13) A will is a dead give-away.
- 14) The police were summoned to a day care center where a 3 year old was resisting a rest.



3RD ANNUAL SEGUIN AREA COMMUNITY FOUNDATION GOLF CLASSIC

Please call The Bandit Pro Shop @ 830-609-4665

Monday, October 7th 9 AM Registration

10AM Shotgun start

PROCEEDS BENEFIT THE SEGUIN-GUADALUPE COUNTY

SENIOR CITIZENS CENTER

(THE SILVER CENTER)

\$300 Team Fee Includes: Golf Cart, Range Balls, Green Fees, Lunch & Awards Reception, 2 Beverage Tickets, and a Goody Bag.

PRIZES INCLUDE: Ist Place - 55" 4K Smart TV, 2nd Place - RTIC 20 cooler,

3rd place - RTIC 30 soft side cooler, Closest to the pin - Stitch Golf Bag,

Longest Drive - Pair of GCI Freestyle chairs,

Hole-In-One I Wins You A Weeklong Getaway in a Corpus Christi Beachside Condo!

A Story of Compassionate Care

Many people are uncomfortable talking about the inevitability of death. When a loved one is seriously ill, it is natural to focus on the hope that medical services will preserve and extend life. However, once the patient and family have come to terms with the idea that a health condition is terminal, hospice services are available to help guide the family. Hospice care maintains the philosophy that death is not the opposite of life, but a part of it. GRMC established its Hospice Services in 1990, and has cared for more than 4,500 patients and their families since. Perhaps the best way to understand the vital and compassionate services provided by hospice staff and volunteers is to hear the stories of grateful family members. Long-time Seguinite, Sharon Stollewerk, shared her stories of both her mother and her father being patients of GRMC Hospice. Sharon is the Director of Faith Lutheran Preschool, where she also teaches a class of 4-year-olds. Sharon, her adult children and five grandchildren all consider family their No. 1 priority—a value that was instilled by Sharon's parents, Marie and Basil Karm, during their 72 years of marriage.

The Right Kind of Support

Sharon con_ des that she was initially hesitant and scared about hospice care when her mother began to lose her battle with breast and bone cancer in 2017, but her reservations were quickly erased when she met the staff. "I cannot tell you how wonderful every single one of them were—so compassionate, loving and attentive to my mom's needs." She recalls that the nurses would stay with her throughout the days and nights to alleviate her pain and anxiety, to manage her medical needs, and to help Basil and the family through these last stages of life. She fondly remembers the nurses, chaplains and volunteers as angels who were always there, never rushing a visit, always providing a listening ear.

Care for a Broken Heart

After Marie's passing, Basil was understandably anxious, stressed and very sad to have lost the love of his life. The hospice team continued to visit him, providing grief counseling and showing genuine concern for his well-being. Within the year, Basil began to show signs of dementia and physical demise, which Sharon attributes to his broken heart. Once it was apparent that he, too, was entering his final chapter in life, GRMC Hospice Services were again sought to help care for him. Sharon recalls one day at Basil's assisted living center, she overheard him tell his hospice nurse yet again about how he had met his wife decades earlier. She especially remembers how the nurse smiled and enjoyed the story as if it were the first time she had heard it, and how they sang a song together. _ at moment touched Sharon deeply. "It was the sweetest thing ever and is etched in my heart forever," she says. GRMC Hospice Services provided the care, understanding, knowledge and assurance that Sharon's family needed during these sad transitions. Working full time, it was di_ cult to provide the care and attention she knew her parents needed, and it eased her mind to know that each day her parents were in capable and compassionate hands. She also says that the candlelight memorial services sponsored by the hospice team are meaningful and wonderful ways to continue to honor and remember her parents and to connect with others who are similarly grieving their loved ones.

GRMC hospice services provides compassionate end-of-life care. Learn more at grmedcenter.com or by calling 830.401.7561.



- Large Apartments/3 floor plans to choose from
- Selective menu at all meals
- · Daily Activities
- · Loving Competent Care
- · Family Owned and Operated

www.SeguinAssistedLiving.com
226 Preston Dr., Seguin, Texas 78155
Call Karen Taylor or Lindsey Taylor to schedule your tour today!
(830) 379-8882
License #050604

SEGUIN ASSISTED LIVING

"Look to Seguin Assisted Living for a Carefree Future"

When it comes to your to-do list, put your future first. To find out how to get your financial goals on track, contact your Edward Jones financial advisor.



Kathy Nossaman Financial Advisor 116 S. Moss St. Seguin, TX 78155 830-379-8534



Financial Advisor 507 E. Court St. Seguin, TX 78155 830-379-0154

Doug Martin



Steve Alyea Financial Advisor 112 N. Camp St. Seguin, TX 78155 830-372-9059



Financial Advisor 109 S. River, #102 Seguin, TX 78155 830-379-0817

Kristy Kirkland



519 N. King, #106 Seguin, TX 78155 830-379-8534

Sebie Kirkland

Financial Advisor



Brandon Allen Financial Advisor 809 E. Court St., #100 Seguin, TX 78155 830-379-9387

www.edwardjones.com

Edward Jones

MAKING SENSE OF INVESTING

Member SIPC

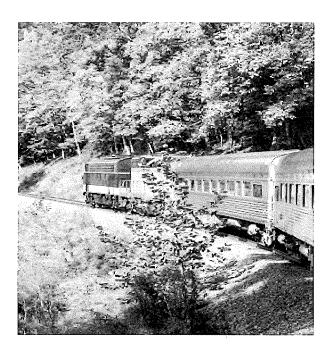
JOIN US FOR THE SILVER CENTER OPRY

Our Silver Center Opry comes around every 3rd Thursday of the month which for this month is Thursday, October 17. MARK YOUR CALENDARS NOW SO YOU DON'T FORGET!

The Silver Opry puts on the best show in town! Besides the fabulous Silver Opry band, Paul Sanchez, Winston "Dub" Robinson, and Jan Zerda are our featured entertainers this month. They are great and will keep you entertained and on your feet!

We serve a delicious hot meal at every dance starting at 6:00 pm when the doors open. The bar also opens at 6:00 pm and closes at 8:30 pm. We have the most spectacular local talent around and a hot, delicious meal to go with it! Join the fun by dancing the night away, listening to good music, and visiting with great friends!





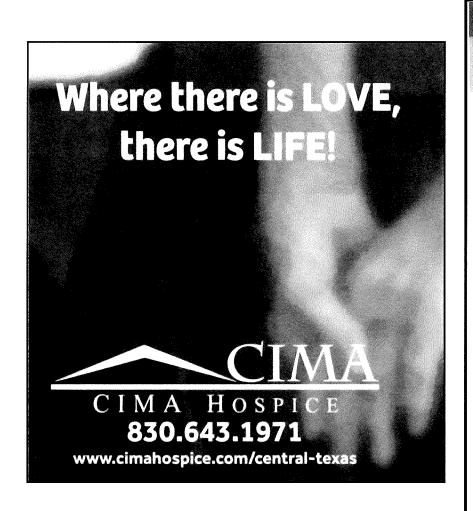


Two great trips are available through Premier Tours and Collette Tours. Premier will be giving a presentation at 1:00 PM on Wednesday, October 2 to show you how to "Ride the Rails" while touring California. Collette Tours will be giving a presentation on Thursday, October 24 at 1:00 PM on a Blue Grass tour of the "Smoky Mountains". They both sound like a lot of fun!



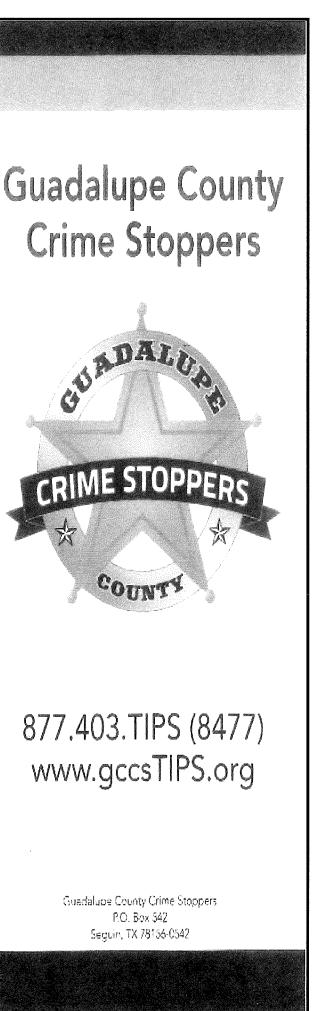
Advanced Home Health will be holding a Health Fair in the Ezell Room on Monday, October 28 from 8:00 am to 5:00 pm. Great time to get checked out.

The Silver Center now has an Alzheimer's Support Group that will meet in the Library at 1:00 PM on Monday, October 21. You may know someone who is experiencing symptoms of this difficult, confusing disease. Join us for an informative presentation on this debilitating



OCTOBER WORD SCRAMBLE ANSWERS

GRAVEYARD
PRANK
MUMMY
PUMPKINS
SKELETON
GHOUL
HAYRIDE
POTION
CAULDRON
FRANKENSTEIN









What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

Where and by whom is this service provided?

We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

Our teams of Advance Care Planning Facilitators are specially trained to guide this conversation and to complete the necessary legal documents. We will provide all advance directives and this service is at no cost to you.

To arrange a consultation with an Advanced Care Facilitator please call: 830.401.7704.



goetzfuneral.com

Seguin, TX 78155

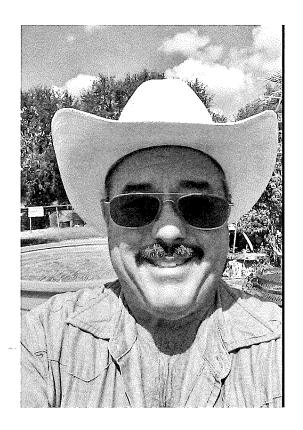


830-609-4906 2951 S. State Hwy 46 New Braunfels, TX 78130 guadalupevalleymemorialpark.com

On Tuesday, October 29 at 11:30, New Haven Assisted Living will be sponsoring a discussion on "Getting Your Finances in Order." Join us for a hot delicious lunch and this informative presentation. Call 830-303-6612 for reservations!







BOARD SPOTLIGHT - JW FUNDERBURG - BOARD MEMBER

BIRTHDAY: October 2

WHERE DO YOU WORK? I am self-employed.

HOW LONG HAVE YOU BEEN IN SEGUIN: I have lived in Seguin for 53 years.

FIRST LEARNED ABOUT THE CENTER: I learned about the Silver Center through family reunions.

WHAT DO YOU DO FOR FUN: I like to hunt.

DO YOU HAVE CHILDREN OR PETS: I have 3 children and 50 + dogs.

IF YOU HAD A GENIE GRANT A WISH: I wish I had all my grandparents back here with me.

This Month's Donations

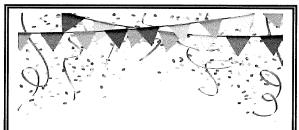
The Directors and Staff gratefully acknowledges the financial support of its donors:

Bill Davis Pam Davis Dorothy Funderburg Glenda Layton Santa Smith

Thank you for your generosity!

The Silver Center gratefully acknowledges the ongoing support of

The United Way



WE PAID OFF THE MORTGAGE \$113,834.44

No Mortgage Payment

The Silver Center would not exist without the efforts of its awesome

2019 VOLUNTEERS

2019

Jan Almon Roy Balter Barbara Behal Evelyn Bender Denise Blair Brenda Bloch Willie Bloch Velma Buie Susan Casto Joan Ceyanes Charles Crowley Patricia Custer Bill Davis Pam Davis Brenda Engelmann Sharon Frederickson **IW** Funderburg **Dorothy Funderburg** Danny Gonzales Tammy Gonzales Gail Harshman Mark Harshman Stacy Hilz Ann Hodges Janet Hohertz Myrtle Huebinger Shirla Humiston Sandi Jackson Bob Kellner Denise Kopecki Lynn Lamprecht Glenda Layton

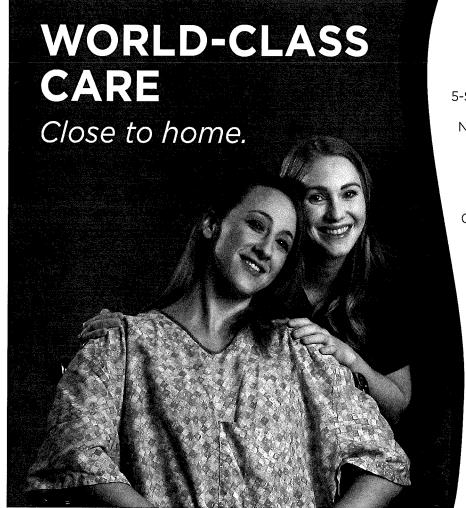
Sharee Layton Sherry Lehman Kay Lewis **Evelyn Martin** Glenna McKandles Lilo Mondin Connie Myer Gibson Nesbit Yolanda Newman Kathy Nossaman **Ruth Owens** Rose Marie Rader Anna Radersdorf Elyzabeth Radersdorf Joe Rea Lynda Redix Willo Mae Richter LaVerne Roskydal Erica Scott **Bob Sebesta** Santa Smith Frank Starcke Sandy Stoneking Holly Taylor Eric Threet Viola Trost Clarence Urban Joyce Utley Charles Villeneuve Pat Villeneuve Art Woytek

Ma'Leek Wright

SHRED THE NOTE
Volunteer Appreciation
Reception
Tuesday, Sept. 17, 5pm

SEGUIN-GUADALUPE COUNTY SENIOR CITIZENS' CENTER 510 E. COURT STREET SEGUIN, TEXAS 78155 U.S. POSTAGE PAID NON-PROFIT SEGUIN, TX PERMIT NO. 23

October 2019



50+ Years Caring for Our Community
Nationally Ranked for Patient Experience
5-Stars in Hip Fracture Treatment 12 Years in a Row
Named Top 100 Best Places to Work in the Nation
Recognized for Delivery Care 5 Years in a Row
Designated as Best Nursing and Rehab Facility
Committed to the Highest Quality of Patient Care
Award-Winning Safety Grades
— and so much more.



1215 E. Court St. • Seguin, TX 78155 • 830.379.2411 grmedcenter.com