

# The Silver Showcase

Volume 700 No. 1

January 2020

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BC-HIS*

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Website:

[www.silvercentersequin.com](http://www.silvercentersequin.com)

## LETTER FROM THE PRESIDENT

**MERRY CHRISTMAS AND HAPPY NEW YEAR FROM THE SILVER CENTER BOARD OF DIRECTORS AND STAFF!**

**DANNY J. GONZALES**  
Board President, Silver Center



**HAPPY NEW YEAR**

## HELLO FROM THE FRONT DESK...

I was recently asked... "What does the Silver Center do for the community?" Actually that question is something I can answer easily, and for the record, I don't usually toot our own horn... but here goes!

You, the members, through your membership dues and generous donations allow us to donate back to the community through low or complimentary room rentals for various community service organizations. We hold the Chamber of Commerce luncheons, Citizen of the year events, concealed handgun classes, political rallies, dinners and events (for political parties requesting space), luncheons for various groups like the Lions Club, Rotary club, Kiwanis club, weekly church events of various denominations, Bridge, Pinochle, Bunco, and Mahjongg games every week, the Alzheimer's Association support group, Lifecare advanced directives, Garden Club meetings, Lunch and Learn sessions, AARP classes, Quilting groups, Fire safety classes, Gideons and Shriners meetings, Zonta board meetings, Mid Symphony debutante' meetings, GRMC Volunteer luncheons... and did you know we have a library here at the Center? You can come read a book and enjoy a hot cup of coffee or iced tea, or you can take several books home and return them when you're finished with them. You don't even need a library card.

We also cook and serve hot, delicious, hand-cooked lunches Monday – Friday at a very reasonable price (\$7.00-\$7.50 for a full meal, dessert & beverage) and we even deliver lunches to people within the city limits who no longer drive themselves to go out to eat. **ALL OF THOSE THINGS** we do for local groups and people in our community at either a complimentary room rate or discounted rate to assist our community members.

Have you heard of our Lending closet? What is a 'lending closet' you say? It's a place at the Silver Center where we store items that we have either purchased... or some of the items our generous members have donated to us... so we can LEND those items out. Insurance doesn't usually pay for people to get crutches or wheelchairs or even shower benches or canes! Those items really add up in costs when someone has had surgery and needs them for their recovery. The Silver Center Lending Closet has always helped those in the community who need it at no cost. We simply ask that whoever borrows something from the lending closet returns the item as soon as they are finished using it so the next person can borrow it!

So, there it is in a nutshell (and I haven't listed everything we do for the community to try to save space for fun things like pictures)... TOOT! TOOT! I'm tooting our horn to let you know how important the Silver Center is to the community. We hope we are serving you well. May God Bless you and keep you... and you live to serve others!

Glenda Layton  
Executive Director  
Seguin Guadalupe County Senior Citizens Center  
510 E. Court St., Seguin, TX  
830-303-6612

## BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

### DIAMOND MEMBERSHIP

Seguin Noon Lions

### PLATINUM MEMBERSHIP

Edward Jones Investments  
First Commercial Bank  
Guadalupe Regional Medical Center  
Texan Renew Hearing Center

### GOLD MEMBERSHIP

Advanced Home Health Services  
Angel Pest Control  
Guadalupe Valley Nursing Center  
Nogales Garden Club  
Sandra Gallagher  
Tres Hewell Mortuary

### STANDARD MEMBERSHIP

First United Bank  
Emmanuel's Lutheran Church  
Guadalupe County Republican Women  
Hope Hospice  
Minigrip LLC  
Nesbit Living & Recovery Center  
Robinson Creek Home Health & Hospice  
Russell Zaiontz PhD, MSN, RN  
Seguin Gazette-Enterprise  
Sunrise Lions Club  
Willowbrook Personal Care Home





We'd like to welcome you to our family. WellMed accepts patients with Medicare and select Medicare Advantage Plans.

WellMed at Seguin  
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WellMedHealthcare.com



Live Well. Live WellMed.

This is an advertisement. \*Plans vary by location and county.  
Family\_AD TJ012114

## January Word Scramble

GNTOGAOB \_ \_ \_ \_ \_

KAARON \_ \_ \_ \_ \_

ETBRE \_ \_ \_ \_ \_

SYBRTEUL \_ \_ \_ \_ \_

ONOCOC \_ \_ \_ \_ \_

HYAMIOPTHR  
\_ \_ \_ \_ \_

VDTEU \_ \_ \_ \_ \_

CNFRUEA \_ \_ \_ \_ \_

GENGOG \_ \_ \_ \_ \_

CEFAKIUTR \_ \_ \_ \_ \_



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better we listen  
with our heart..."*

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111105M

"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in."

Unknown



Please call Pam Davis to volunteer a couple of hours of your time around the Center. Your greatness is not what you have, it's what you give.

Volunteer Hours for November, 2019 --- 539

WELLMED will be sponsoring another BINGO opportunity on Friday, December 20 at 1:00 pm. REMEMBER: WELLMED BINGO is every 3rd Friday through December. Come join us for an afternoon of fun and bring a friend!

Our Friday Night Dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music.

**PLEASE NOTE:** The doors open at 6:30 pm. BYOB is no longer permitted due to insurance exclusions.

## **SILVER CENTER DANCEHALL – CLASSIC COUNTRY MUSIC**

**Doors open at 6:30 PM**

**Music begins at 7:30 PM**

**510 E. Court St. Seguin, Texas 78155**

**830-303-6612**

### **2020 Schedule**

#### **January**

- 3 - Jay Eric & Friends
- 10 - Bob Appel
- 17 - Vernon & Friends
- 24 - Cactus Country
- 31 - Randy Carson

#### **February**

- 7 - Wrangler Country
- 14 - Lone Star Pickerz
- 21 - Countrymen
- 28 - Good Ole Boys

#### **March**

- 6 - Carol Cochran/Shades of Country
- 13 - Tom Teboe
- 20 - Gabe Galvan
- 27 - Randy Harrison

#### **April**

- 3 - Randy Carson
- 10 - Wrangler Country
- 17 - Jay Eric & Friends
- 24 - Bob Appel

#### **May**

- 1 - Vernon & Friends
- 8 - Most Wanted
- 15 - Countrymen
- 22 - Randy Harrison
- 29 - Good Ole Boys

#### **June**

- 5 - Lone Star Pickerz
- 12 - Carol Cochran/Shades of Country
- 19 - Cactus Country
- 26 - Randy Harrison

#### **July**

- 5 - Randy Carson
- 12 - Most Wanted
- 17 - Wrangler Country
- 24 - Jay Eric & Friends
- 31 - Bob Appel

#### **August**

- 7 - Gabe Galvan
- 14 - Most Wanted
- 21 - Countrymen
- 28 - Randy Carson

#### **September**

- 4 - Good Ole Boys
- 13 - Cactus Country
- 20 - Carol Cochran/Shades of Country
- 25 - Lone Star Pickerz

#### **October**

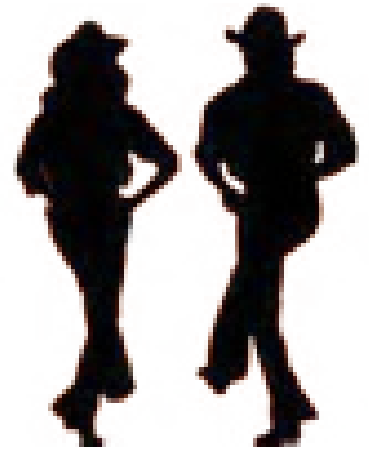
- 4 - Jay Eric & Friends
- 11 - Vernon & Friends
- 18 - Randy Harrison
- 25 - Bob Appel
- 30 - Wrangler Country

#### **November**

- 6 - Good Ole Boys
- 13 - Tom Teboe
- 20 - Countrymen
- 27 - Carol Cochran/Shades of Country

#### **December**

- 4 - Cactus Country
- 11 - Gabe Galvan Band
- 18 - Lone Star Pickerz
- 25 - Merry Christmas/NO DANCE
- 31 - TBD





## Birthdays of the Month

Please be patient with us as we try to get our membership data up to date. We have a lot of questions about birthdays and membership expiration notices being returned because we do not have member's current addresses. Please come by or call 830-303-6612 and give us your current address and month and day of your birth so we can celebrate your birthday and membership with you!

### JANUARY BIRTHDAYS

David Lippe	Jan. 2
Emma Jean Becker	Jan. 5
Melvin Grones	Jan. 19
Sandra Haecker	Jan. 9
Raymond Rappmund	Jan. 11
Carl Illhardt	Jan. 20
Anne Theiss	Jan. 22
Ditta Jennings	Jan. 24
Irene Sczech	Jan. 24
Evelyn Martin	Jan. 27
Lillian Mondin	Jan. 29
Karen Wallock	Jan. 30



### STAY ACTIVE WITH TAI CHI

Many older adults are looking for a gentle, low-impact exercise program that helps them stay active and improves muscle strength, flexibility and balance. TAI CHI fits the bill!

The benefits include, but are not limited to, helping with arthritis pain, reducing blood pressure, reducing stress and depression, and helping reduce bone loss in menopausal women. Tai Chi is a phenomenal exercise, and it all started with the ancient Chinese!

Join us at the Silver Center on Mondays at 9:00 am. It is only \$1.00 per class.

## WINDSOR

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Growth  
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# MEMORIALS

\*\*\* Note that any memorials received after we go to press will be in the next month's newsletter.

**In Memory of: Don Effenberger**

**By: Melvin Strey**

**In Memory of: Irene Hartman**

**By: Karlene Fey**

**In Memory of: Bill Phillips**

**By: Barbara Behal**

**In Memory of: Katherine Soefje**

**By: Glen Soefje**

# THM

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*Tres Hewell, President*

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Cell: (830) 660-5809

[www.treshewell.com](http://www.treshewell.com)

## BIRTHDAY BINGO



On Friday, January 3, 2020 starting at 1:00 pm, you are invited to join us to celebrate our January birthdays with gifts, cake, and BINGO. Heart to Heart Hospice and Abiding Home Health are sponsoring this special, fun event. We have a lot of fun, so join us for our January HAPPY BIRTHDAY CELEBRATION! All members are invited, (it doesn't have to be your birthday) but consider bringing a friend or two!



Memorial in Honor of:

Send Acknowledgement to:

Name: \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Memorial from:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

*Thank you for the remembrance.*

*The Silver Center  
510 E. Court  
Seguin, Texas 78155*



Are you looking for a hot, fresh, well-balanced meal? The Silver Center serves a delicious lunch from 11 am to 1 pm

Monday through Friday, and the prices are great! Everyday something new is served such as Chicken Enchiladas, Meatloaf, Fish and Shrimp, and Salisbury Steak. With the entree you get two sides, a salad, roll, dessert and brewed tea or coffee. You can't beat that! Sandwiches, soups, and lunch salads are also offered. Join us at the Silver Center for a yummy lunch and some great fellowship!



# January Lunch Menu

Serving from 11:00 - 1:00

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee

\$7.00 for Silver Center Members ♦ \$7.50 for non-members

Monday	Tuesday	Wednesday	Thursday	Friday
		1 CLOSED	2 Spaghetti & Meatballs	3 Fish or Shrimp
6 Stuffed Shells	7 Chicken Fried Steak	8 Homemade Chili Mac	9 Paprika Baked Chicken	10 Fish or Shrimp
13 Shepherd's Pie	14 Slow Roasted Roast Beef	15 Fried Chicken Breast	16 Meatloaf	17 Fish or Shrimp
20 Spaghetti & Meat Sauce	21 Chicken Florentine over Pasta	22 Hearty Beef Stew	23 Smothered Pork Chops	24 Fish or Shrimp
27 Beef Tips over Rice	28 Sausage & German Potatoes	29 Chopped Steak Au Jus	30 King Ranch Chicken	31 Fish or Shrimp

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25  
Choice of chips or fruit, with freshly brewed iced tea or coffee

## SANDWICHES

Classic Club  
Ham and Cheese  
Turkey and Bacon  
Chicken or Tuna Salad  
Pimento Cheese

## SALADS

Cup of Soup  
\$3.00  
Bowl of Soup  
\$4.50  
Chef Salad  
Chicken Salad Plate  
Tuna Salad Plate  
Grilled or Fried Chicken Salad

To-Go orders and Delivery in a limited area available for an additional charge.

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612

# JANUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 CLOSED	2 11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg	3 11:00 - 1:00 Lunch 1:00 Pinochle 1:00 - 3:00 Birthday Bingo  7:30pm Dance to JAY ERIC & FRIENDS	4 8:00 Farmer's Market
5 9:00 Spirit of Joy Lutheran Church	6 9:00 Tai Chi 11:00 Bunco 11:00 - 1:00 Lunch	7 9:00 Yoga 9:00 Quilters 11:00 - 1:00 Lunch 12:00 Rotary Lunch 1:00 EB Bunco	8 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Evelyn Bridge 1:00 Mahjongg	9 11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg	10 10:00 2 & 4 Bridge 11:00 - 1:00 Lunch 1:00 Pinochle  7:30pm Dance to BOB APPEL	11 8:00 Farmer's Market
12 9:00 Spirit of Joy Lutheran Church	13 9:00 Tai Chi 11:00 - 1:00 Lunch 6:00 Gideons	14 9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 12:00 Rotary Lunch 5:30 Symphony Guild Meeting 6:00 - 8:30 Game Night	15 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Mahjongg	16 11:00 - 1:00 Lunch 11:30 - 1:00 Lunch & Learn 12:00 Noon Lions 1:00 Beginner's Mahjongg	17 11:00 - 1:00 Lunch 1:00 Pinochle 1:00 WellMed Bingo  7:30pm Dance to VERNON & FRIENDS	18 8:00 Farmer's Market



<p><b>19</b> 9:00 Spirit of Joy Lutheran Church</p>	<p><b>20</b> 9:00 Tai Chi <b>11:00 - 1:00 Lunch</b> 1:00 Friends Bunco</p>	<p><b>21</b> 9:00 Yoga 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 5:00 S/C Board Mtg 5:00 Garden Club 6:00 Bunco</p>	<p><b>22</b> 9:00 Painters 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 1:00 Evelyn Bridge 1:00 Mahjongg</p>	<p><b>23</b> <b>11:00 - 1:00 Lunch</b> 12:00 Noon Lions 1:00 Beginner's Mahjongg</p>	<p><b>24</b> <b>11:00 - 1:00 Lunch</b> 12:00 Lunch &amp; Learn 1:00 Pinochle  7:30pm Dance to <b>CACTUS COUNTRY</b></p>	<p><b>25</b> 8:00 Farmer's Market  8:30 Concealed Handgun Class</p>
<p><b>26</b> 9:00 Spirit of Joy Lutheran Church</p>	<p><b>27</b> 9:00 Tai Chi <b>11:00 - 1:00 Lunch</b></p>	<p><b>28</b> 9:00 Yoga 10:00 Bridge <b>11:00 - 1:00 Lunch</b></p>	<p><b>29</b> 9:00 Painters 10:00 Bridge <b>11:00 - 1:00 Lunch</b> 1:00 Mahjongg</p>	<p><b>30</b> <b>11:00 - 1:00 Lunch</b> 12:00 Noon Lions 1:00 Beginner's Mahjongg 5:30 Citizen of the Year Reception</p>	<p><b>31</b> <b>11:00 - 1:00 Lunch</b> 1:00 Pinochle  7:30pm Dance to <b>RANDY CARSON</b></p>	

*You are never too old to set another goal or to dream a new dream.*

*- C.S. Lewis*

Do you ask people to repeat?  
 Do you miss out on the punchline of jokes?  
 Does your family complain the TV is too loud?  
 Do you answer yes without knowing the question?  
 Do you need to see someone's face to hear them?

If your answer is yes to 2 or more questions, call today to schedule a FREE hearing screening!

Your Hearing Health is Important!

We service all makes and model of hearing devices!



Denise Kopecki, BC-HIS  
 Board President



519 King St. Ste 104, Seguin, TX 78155  
[www.texanhearingcenter.com](http://www.texanhearingcenter.com) (830) 399-4195

# A Personal Invitation.

Nesbit LRC has been voted **"Best Nursing/Rehab Facility in Seguin"** four years in a row by the community in the Seguin Gazette Enterprise poll.

Our newly remodeled facility, family owned and operated since 1958, offers a wide array of recovery and rehabilitation services.

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Whether you need Fast Track Rehab or Long Term Care, we want you to experience why our residents say ...

*"When you can't be at home, Come to our Hacienda"*

1637 N. King ♦ Seguin, TX 78155

Call and ask about medicaid pending.

For referrals please call anytime, Rosie Jimenez

Cell: 830-491-9236 Fax: 830-303-7153

VA Contract Accepted

### FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

### ATSAN HSITM



**Yoga Class will meet in Ezell room every Tuesday and Friday at 9:00. Come join friends for an exciting stretching of body, mind, and soul.**

**Yoga does more than burn calories and tone muscles. Yoga is a total mind-body workout that combines strengthening and stretching poses with deep breathing relaxation.**



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*Mon. Tues. & Thurs. 8-5 • Wed 8-1 • Fri 8-4*



Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a GROUP GAME NIGHT. The doors open at 6:00 PM and close at 8:00 PM.

**The cost: \$2.00 per person for members and \$2.50 per person for non-members.**

**Here are the Rules:**

1. You will need to be part of a group or start a new group or have a new table with a standing group. If you don't know if there is a group playing "YOUR" game, call the center and get connected with others that might also be looking for an open group.
2. When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
3. Call by Thursday, January 2 to reserve your spot!
4. Bring your own cards, game pieces, or whatever you need for your game.
5. Bunco, Bridge, Poker, Mahjonn, Pinochle, or any other game is okay by us.
6. Please tidy up your won area before you leave at 8:30 p.m.

Sound like fun? Well, it is and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!

**Anyone interested in beginning or joining a group to play "Pegs & Joker", Board game, please contact Ann or Lee White - 713-818-4621. Beginners absolutely welcome!**



*Same Day  
CROWNS*

Our Mission is to bring health  
& beauty to the patients that  
entrust their SMILES to our  
TEAM!



**Janice Weinman, D.D.S.**

# **Tickle Your Funny Bone!**

Submitted by Velma Buie

To share with all my Swinin' friends  
You know you're getting old when:

- 1) It takes longer to rest than it did to get tired.
- 2) Your idea of weight lifting is standing up.
- 3) Your memory is shorter and your complaining last longer.
- 4) Your address book has mostly names that start with Dr.
- 5) You sit in a rocking chair and can't get it going.
- 6) The pharmacist has become your best friend.
- 7) Getting "lucky" means you found your car in the parking lot.
- 8) The twinkle in your eye is merely a reflection from the sun on your bifocals.
- 9) It takes twice as long, to look half as good.
- 10) Everything hurts and what doesn't hurt, doesn't work.
- 11) You look for your glasses for half an hour, and they were on top of your head the whole time.
- 12) You sink your teeth into a steak and they stay there.
- 13) You give up all your bad habits, and you still don't feel good.
- 14) You have more patience, but it is actually that you just don't care anymore.
- 15) You finally get your head together and your body starts falling apart.
- 16) You wonder how you could be over the hill when you can't even remember being on top of it.

## **GOD CREATED EVERYTHING**

At Sunday school, they were teaching how God created everything, including human beings. Little Johnny seemed especially intent when they told him how Eve was created out of one of Adam's ribs. Later in the week his mother noticed him lying down as though he were ill, and said, "Johnny, what is the matter?" Little Johnny responded, "I have a pain in my side. I think I'm going to have a wife."

## **PICTURES OF MEN IN UNIFORM**

A young lad was visiting church for the first time, looking at all the announcements. When he came to a group of pictures of men in uniform, he asked a nearby usher, "Who are all those men in the pictures?" The usher replied, "Why, those are our boys who died in service." Dumbfounded, the boy asked, "Was that in the morning service or the evening service?"

Lady went to see her doctor---he diagnosed her condition. She said, "Doc, I think I'd like a second opinion." Doc replied, "That's not a problem. Come back tomorrow and we'll check it again."

Husband says, "My wife thinks I never pay attention to what she says. At least I think that's what she said."

A word of wisdom is often like a worm in a cornfield---it goes in one ear and out the other!

When high school kids wear rags today, we call it self-expression. When I was young and dressed that way, we called it the Depression.

If you want to leave footprints in the sand, don't drag your feet!



# Festival of Lights



A good laugh and a long sleep are the two best cures for anything.

Irish Proverb



I don't have time to worry about who doesn't like me..

I'm too busy loving the people who love me.



Perhaps they are not stars in the sky but rather openings where our loved ones shine down to let us know they are happy.

Lessons Learned In Life



The less you respond to rude, critical, argumentative people, the more peaceful your life will become.



The smile on my face doesn't mean my life is perfect.

It means I appreciate what I have and what I have been blessed with.

I choose to be happy



[www.Daveswordsofwisdom.com](http://www.Daveswordsofwisdom.com)



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226 Preston Dr., Seguin, Texas 78155

Call Karen Taylor or Lindsey Taylor to schedule your tour today!

(830) 379-8882

License #050604



*"Look to Seguin Assisted Living for a Carefree Future"*

**When it comes to your to-do list, put your future first.** To find out how to get your financial goals on track, contact your Edward Jones financial advisor.



**Kathy Nossaman**  
Financial Advisor

116 S. Moss St.  
Seguin, TX 78155  
830-379-8534



**Doug Martin**  
Financial Advisor

507 E. Court St.  
Seguin, TX 78155  
830-379-0154



**Steve Alyea**  
Financial Advisor

112 N. Camp St.  
Seguin, TX 78155  
830-372-9059



**Kristy Kirkland**  
Financial Advisor

109 S. River, #102  
Seguin, TX 78155  
830-379-0817



**Sebie Kirkland**  
Financial Advisor

519 N. King, #106  
Seguin, TX 78155  
830-379-8534



**Brandon Allen**  
Financial Advisor

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Member SIPC



# NO SILVER CENTER OPRY FOR THE MONTHS OF JANUARY AND FEBRUARY!



There are moments in life when you miss someone so much that you just want to pick them from your dreams and hug them for real.



Thank you for being you!



### Definition of a Friend

someone who says nice things about you when you aren't around



Happy New Year!

2020



Where there is LOVE,  
there is LIFE!



**JANUARY  
WORD SCRAMBLE  
ANSWERS**

TOBOGGAN  
ANORAK  
BERET  
BLUSTERY  
COCOON  
HYPOTHERMIA  
DUVET  
FURNACE  
EGGNOG  
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## What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

## What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

## Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

## Where and by whom is this service provided?

We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

Our teams of Advance Care Planning Facilitators are specially trained to guide this conversation and to complete the necessary legal documents. We will provide all advance directives and this service is at no cost to you.

To arrange a consultation with an Advanced Care Facilitator please call: 830.401.7704.

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**On Thursday, January 16, 2020, starting at noon, Hope Hospice will be presenting a Lunch & Learn on "ADVANCED DIRECTIVES." Call 830-303-6612 for a lunch and seat reservation.**



TAKE TIME TO  
STOP AND  
SMELL THE ROSES



When my arms can't  
reach people who are  
close to my heart...

I  
always  
hug them  
with my  
prayers.



[www.iampoopsie.com](http://www.iampoopsie.com)

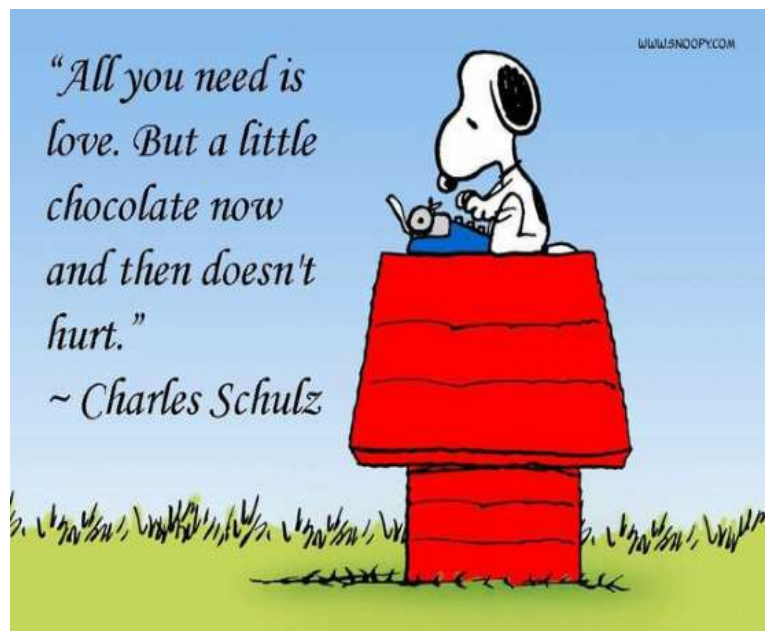
worrying won't stop  
the bad stuff from happening  
it just stops you  
from enjoying the good.



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*"All you need is  
love. But a little  
chocolate now  
and then doesn't  
hurt."*

*~ Charles Schulz*



[WWW.SNOOPY.COM](http://WWW.SNOOPY.COM)

## **This Month's Donations**

The Directors and Staff gratefully acknowledges the financial support of its donors:

Advanced Home Health  
Hillary Barras & Susan Wilkinson  
Susan Casto  
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Mary Ferry  
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**A Special Thank You to  
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**Evelyn Arentz  
Mel and Patty Grones**

The Silver Center would not exist without  
the efforts of its awesome  
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Denise Blair	Glenna McKandles
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