

The Silver Showcase

Volume 700 No.4

April 2020

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BC-HIS*

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Website:

www.silvercenterseguin.com

LETTER FROM THE PRESIDENT:

Well, March coming in like a lion and leaving like a lamb has proven to be wrong. As all of us know the Corona Virus is not a laughing matter. I urge everyone to proceed with caution and with good hygiene habits. Your health and well-being is our foremost concern as we here at the Silver Center love each and every one of you.

I pray that all of you stay healthy and have a Blessed month in Jesus name. Amen

Thank you,
Danny Gonzales
Board President

“In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: ‘It is more blessed to give than to receive.’”

Acts 20:3



HELLO FROM THE FRONT DESK....

**CORONA!?!
I'LL TAKE MINE WITH
SALT AND LIME PLEASE!**

Sorry, sometimes you have to laugh so you don't cry. This Corona virus has been very, very hard on us here at the Silver Center. We don't make much money on our lunches or dances and when the numbers of guests here drop, it truly hurts us financially. I know it's been hard on others, too. Please just take care of yourself and know that we are here to help if you need us. As I write this (in March) we are fighting to keep food deliveries coming in and shopping locally, too so we can serve lunches to you all. Many of our lunch delivery folks are unable to get out and shop in this craziness that we are currently seeing, so the Silver Center is their main source for good, healthy food. Sometimes it seems things are difficult... but then you see others hit even harder. I AM SENDING BLESSINGS YOUR WAY!

Please enjoy the Blessings of the new beginnings that Springtime brings us and the Promise of life everlasting through Jesus Christ our Savior... for HE IS RISEN!
Happy Easter to you all.

-Glenda

BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

DIAMOND MEMBERS

Seguin Noon Lions

PLATINUM MEMBERS

Edward Jones Investments
-(Kathy Nossaman)-
First Commercial Bank
Guadalupe Regional Medical Center
Texan Renew Hearing Center


GOLD MEMBERS

Advanced Home Health Services
Angel Pest Control
Nagales Garden Club
Tres Hewell Mortuary

STANDARD MEMBERS


First United Bank
Emmanuel's Lutheran Church
Guadalupe County Republican Women
Hope Hospice
Nesbit Living & Recovery Center
Robinson Creek Home Health & Hospice
Russell Zaiontz PhD, MSN,RN
Seguin Gazette-Enterprise
Sunrise Lions Club
Willowbrook Personal Care Home
Guadalupe Humane Society





We'd like to welcome you to our family.
WellMed accepts patients with Medicare
and select Medicare Advantage Plans.

WellMed at Seguin
1483 E Court St
Seguin, TX 78155
830-560-2813
WellMedHealthcare.com



Live Well. Live WellMed.

This is an advertisement. *Plans vary by location and county.
Family_AD TJ012114

April Word Scramble

LALIELUAL _____

OANSIATVL _____

RNESORETCIUR

MPLA DYSNUA

TSREAE GEG _____

URMJLEASUE

LFADFIOD _____

IPTLU _____

TJBILOANUI

ADVANCED
Hearing
aid
center

Amy Trost,
BC-HIS, ACA
Owner
Independent
Hearing Instrument
Specialist



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122 S. Moss ~ Seguin, Texas 78155
"Across from Guadalupe Regional Medical Center Entrance"

*"to help you hear
better we listen
with our heart..."*

830-372-2237
830-372-2380 fax

1110001

"If compassion was the
motivating factor behind all
of our decisions, would our
world not be a completely
different place?"

-Sheryl Crow



Please call Pam Davis at 303-6612 today to volunteer
a couple of hours of your time around the Center.

Volunteer Hours for February 2020-----525 HOURS

Volunteers are just ordinary people
With extraordinary **Hearts**.
They offer the **Gift of Their Time**
To teach, to listen, to help, to inspire,
To build, to grow, to learn.
They expect 0 pay, yet the **value** of
Their work knows no limits...
They've known the unexpected **Joy** of
A simple hug.
They've planted tiny **Seeds of Love**
In Countless lives.
Volunteers are just ordinary people
Who **Reach Out** and take a hand,
And together...
Make a difference that lasts a lifetime.

Our Friday night dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music. **Non-members admission Is \$10.00 while member prices are \$8.00.** PLEASE NOTE: The doors open at 6:30 pm. BYOB is not permitted due to insurance exclusions but we do serve beer, wine, wine coolers, champagne, sodas, and coffee!

SILVER CENTER DANCEHALL – CLASSIC COUNTRY MUSIC

Doors open at 6:30 PM

Music begins at 7:30 PM

510 E. Court St. Seguin, Texas 78155

830-303-6612

2020 Schedule

April

- 3 - Randy Carson
- 10 - Jay Eric & Friends
- 17 - Wrangler Country
- 24 - Vernon & Friends

May

- 1 - Bob Appel
- 8 - Most Wanted
- 15 - Countrymen
- 22 - Randy Harrison
- 29 - Good Ole Boys

June

- 5 - Lone Star Pickerz
- 12 - Carol Cochran/Shades of Country
- 19 - Cactus Country
- 26 - Randy Harrison

July

- 3 - Randy Carson
- 10 - Most Wanted
- 17 - Wrangler Country
- 24 - Jay Eric & Friends
- 31 - Bob Appel

August

- 7 - Gabe Galvan
- 14 - Most Wanted
- 21 - Countrymen
- 28 - Randy Carson

September

- 4 - Good Ole Boys
- 11 - Cactus Country
- 18 - Carol Cochran/Shades of Country
- 25 - Lone Star Pickerz

October

- 2 - Jay Eric & Friends
- 9 - Vernon & Friends
- 16 - Randy Harrison
- 23 - Bob Appel
- 30 - Wrangler Country

November

- 6 - Good Ole Boys
- 13 - Tom Teboe
- 20 - Countrymen
- 27 - Carol Cochran/Shades of Country

December

- 4 - Cactus Country
- 11 - Gabe Galvan Band
- 18 - Lone Star Pickerz
- 25 - Merry Christmas/NO DANCE
- 31 - Paul Sanchez & Wrangler Country





Birthdays of the Month

"If your birthday is this month, come by the business office and pick up your free lunch coupon. Come and enjoy a hot and delicious lunch on us! If your birthday did not make it on our list, please come by so we can update your membership."

APRIL BIRTHDAYS

CHUCK CROWLEY	4/1
JOANNE MUELKER	4/6
MARGO TROST	4/6
LANELL GIBBS	4/7
MARY ANN BIENEK	4/11
MYRTLE HORTON	4/11
ROY BALTER	4/11
ALTON MATTKE	4/16
TAMMY GONZALES	4/17
LYNDA REDIX	4/18
SUSAN CASTO	4/18
SHIRLEY LEWIS	4/26
EVANGELINE CLOT	4/27
PAT CLOT	4/30

STAY ACTIVE WITH TAI CHI

There will be no Tia Chi classes for a few weeks.

Please call in
before coming to see if
the class will be held.

830 303-6612

WINDSOR

NURSING AND
REHABILITATION CENTER
OF SEGUIN

Core Values
Communication
Service
Higher Standards
Growth
Fiscal Responsibility

Our 122-bed facility offers the *Very Best* in long-term care and is staffed by licensed registered nurses, licensed vocational nurses, certified medication aides, and certified nurses aides.



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Beauty & Barber Shop Services
Religious Services • Interactive Activities
Transportation • Private & Semi-Private Rooms

830.379.7777 • Fax 830.372.1204
1219 Eastwood Drive • Seguin, Texas 78155
www.WNRCSeguin.com



MEMORIALS

*** Note that any memorials received after we go to press will be in the next month's newsletter.

In Memory of: Marilyn Kemp

By: Paula Jones and Delton Schmidt

In Memory of: Harold Voges

By: Paula Jones and Delton Schmidt

In Memory of: Viola Trost

By: Stan and Connie Meyer, Velma Buie and Myrtle Huebinger

In Memory of: Harley Speed

By: Mary Ann Norris and Glenda Layton

THM

Tres Hewell Mortuary, Inc.
Family Owned and Operated

Tres Hewell, President

P.O. Box 820
165 Tor Drive
Seguin, Texas 78156

Phone (830) 549-5912
Fax (830) 549-5918
Cell (830) 660-5809

www.treshewell.com

BIRTHDAY BINGO

If the virus is receding... On Friday, April 3, 2020 starting at 1:00 pm, you are invited to join us to celebrate our April birthdays with gifts, cake, and BINGO. Heart to Heart Hospice sponsors this special event. We have a lot of fun, so join us for our April HAPPY BIRTHDAY CELEBRATION! All members are invited, (it doesn't have to be your birthday) and please consider bringing a friend or two! IF THE VIRUS IS INCREASING PLEASE CALL 830 303-6612 TO SEE IF AMY WILL BE HERE OR NOT.



Memorial in Honor of:

Send Acknowledgement to

Name: _____

Address: _____

City: _____

State/Zip: _____

Memorial From: _____

Name: _____

Address: _____

City: _____

State/Zip: _____

Thank you for the remembrance

The Silver Center

510 E. Court • Seguin, Texas 78155

Are you looking for a hot, fresh, well-balanced meal? **WE ARE STILL HERE FOR YOU MONDAY THROUGH FRIDAY! WE CAN**

DELIVER TO YOU ALSO!



The Silver Center serves a delicious lunch from 11:00 am to 1:00 pm, Monday through Friday, and the prices are GREAT! Everyday

something new is served such as Fried Chicken, Spaghetti, Meatloaf, Fish and Shrimp, and Chopped steak. With the entrée, you get two delicious sides, a salad, a roll and brewed tea or coffee. **WE ALSO HAVE FRESH HOME MADE SOUP READY FOR YOU OR A SALAD OR SANDWICH IF YOU PREFER THAT TO A HOT LUNCH.** As of March 1st, our noon meals no longer include a complimentary dessert, but for those who wish to enjoy them, it is dessert available for a \$1.00 charge. Meals are \$7 for members, \$7.50 for non-members, and \$8 for delivered or to-go meals. You just can't beat that for a TERRIFIC deal! Please join us at the Silver Center for a yummy lunch and meet some great folks!



April Lunch Menu

Serving from 11:00 - 1:00

Entrees Served with 2 Sides, Salad, Roll, Freshly Brewed Iced Tea or Coffee

\$7.00 for Silver Center Members ♦ \$7.50 for non-members ♦ \$1.00 Dessert

	Monday	Tuesday	Wednesday	Thursday	Friday
			1 Spaghetti & Meat Sauce	2 Smothered Pork Chops	3 Fish or Shrimp
6 Sausage & German Potatoes	7 Chicken Paprika	8 Chicken Fried Steak	9 Stuffed Shells	10 Fish or Shrimp	
13 Chili Mac	14 Roast Pork & Dressing	15 Roast Beef	16 Fried Chicken Breast	17 Fish or Shrimp	
20 Shepherd's Pie	21 Meatloaf	22 Jerk Pork	23 Chicken Breast Florentine	24 Fish or Shrimp	
27 Chopped Steak Au'Jus	28 King Ranch Chicken	29 Beef Tips over Rick	30 Chicken Pot Pie	31 Fish or Shrimp	

The Silver Center serves made-to-order Sandwiches and Salads for \$7.25

Choice of chips or fruit, with freshly brewed iced tea or coffee

SANDWICHES

Classic Club
Ham and Cheese
Turkey and Bacon
Chicken or Tuna Salad
Pimento Cheese

Cup of Soup
\$3.00
Bowl of Soup
\$4.50

SALADS

Chef Salad
Chicken Salad Plate
Tuna Salad Plate
Grilled or Fried Chicken Salad

To-Go orders and Delivery in a limited area available for an additional charge.

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612

APRIL 2020

Call The Center to see if Dances
will be held.
No Dance April 3.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Check out all the <i>Lunch and Learns</i> scheduled for April</p> <p>You'll find something interesting!</p>						
5	<p>6</p> <p>9:00 Tai Chi 11:00 Bunco 11:30 Lunch & Learn 11:00 - 1:00 Lunch</p>	<p>7</p> <p>9:00 Yoga 9:00 Quilters 11:00 - 1:00 Lunch 1:00 EB Bunco: 4:30 Springs Hill Water 6:00 Jehovah's Witness</p>	<p>8</p> <p>9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Evelyn Bridge 1:00 Mahjongg</p>	<p>9</p> <p>11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg</p>	<p>10</p> <p>10:00 2 & 4 Bridge 11:00 - 1:00 Lunch 1:00 Pinochle Easter Dance 7:30pm Dance to JAY ERIC & FRIENDS</p>	<p>11</p> <p>8:00 Farmer's Market</p>
12	<p>13</p> <p>9:00 Tai Chi 11:00 - 1:00 Lunch</p>	<p>14</p> <p>9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 11:30 Lunch & Learn 6:00 - 8:30 Game Night</p>	<p>15</p> <p>9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Mahjongg</p>	<p>16</p> <p>11:00 - 1:00 Lunch 11:30 Lunch & Learn 12:00 Noon Lions 1:00 Beginner's Mahjongg</p>	<p>17</p> <p>11:00 - 1:00 Lunch 1:00 Pinochle 1:00 WellMed Bingo 7:30pm Dance to WRANGLER COUNTRY</p>	<p>18</p> <p>8:00 Farmer's Market</p>
			<p>1</p> <p>9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 11:30 Chamber Luncheon 1:00 Mahjongg</p>	<p>2</p> <p>11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg</p>	<p>3</p> <p>11:00 - 1:00 Lunch 1:00 Pinochle 1:00 - 3:00 Birthday Bingo</p>	<p>4</p> <p>8:00 Farmer's Market</p>

19	20 9:00 Tai Chi 11:00 - 1:00 Lunch 1:00 Friends Bunco	21 9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 5:00 S/C Board Mtg 5:00 Garden Club 5:00 Aggie Muster 6:00 Bunco	22 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Evelyn Bridge 1:00 Mahjongg	23 11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg	24 11:00 - 1:00 Lunch 12:00 Lunch & Learn 1:00 Pinochle 7:30pm Dance to VERNON & FRIENDS	25 8:00 Farmer's Market 10:00 Trade Days
26	27 9:00 Tai Chi 11:00 - 1:00 Lunch Make an appointment for "Getting Financial Help with Medicare 101 Call 303-6612	28 9:00 Yoga 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Collette Tours "Classic Christmas Market in Germany" 5:00 Seguin High School Choir	29 9:00 Painters 10:00 Bridge 11:00 - 1:00 Lunch 1:00 Mahjongg	30 10:00 National Mahjongg Day 11:00 - 1:00 Lunch 12:00 Noon Lions 1:00 Beginner's Mahjongg 5:00 Noon Lions "Spring Fling" Fundraiser	31 11:00 - 1:00 Lunch 1:00 Pinochle 7:30pm Dance to VERNON & FRIENDS	



Here it Comes!

SILVER CENTER TRADE DAYS

Saturday, April 25 ♦ Silver Center Parking Lot ♦ 10am – 4pm

Vendors Needed

Single Booth \$30 ♦ Double Booth \$50

Deadline April 18

Call 303-6612 for more information

Do you ask people to repeat?
 Do you miss out on the punchline of jokes?
 Does your family complain the TV is too loud?
 Do you answer yes without knowing the question?
 Do you need to see someone's face to hear them?

If your answer is yes to 2 or more questions, call today to schedule a FREE hearing screening!

Your Hearing Health is Important!

We service all makes and model of hearing devices!



Denise Kopecki, BC-HIS
 Board President



519 King St. Ste 104, Seguin, TX 78155
www.texanhearingcenter.com (830) 399-4195

A Personal Invitation.

Nesbit LRC has been voted
"Best Nursing/Rehab Facility in Seguin"
 four years in a row by the community in the
 Seguin Gazette Enterprise poll.

Our newly remodeled facility, family owned
 and operated since 1958, offers a wide array
 of recovery and rehabilitation services.

When you can't live or recover in your own
 home, we invite you to ours.

Nesbit LRC
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 (830) 379-1606 • www.nesbitlrc.com



MEET Chuy...



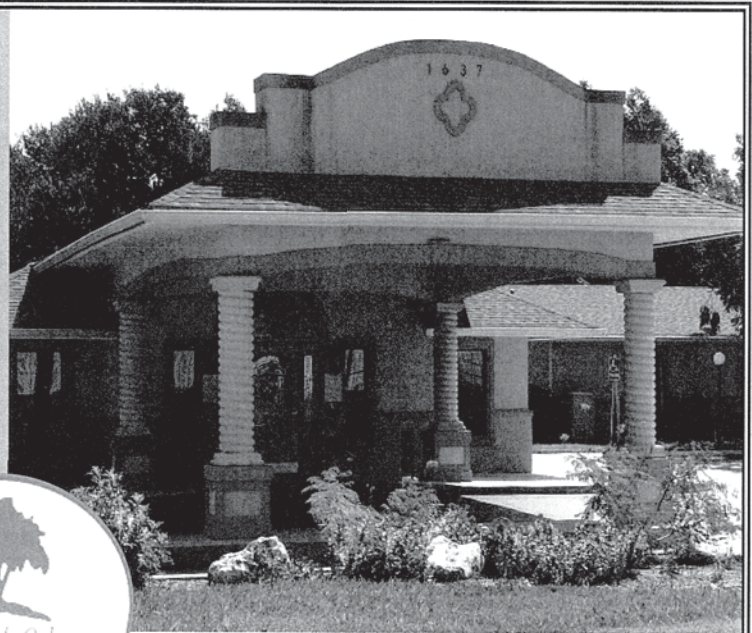
*Our Facility Pet Chuy is just one
of the ways we deliver*

Memory Care Beyond Compare!

(But he's definitely the cutest)

We also Offer:

- Enhanced Activity Program
- 24 Hour Skilled Nursing Care
- Joint Recovery with proven outcomes
- Physical, Occupational, & Speech Therapies using the state of the art equipment.
- Respite - Hospice Care
- WanderGuard ® Security
- Gardening, Beauty Parlor, Wal-Mart Shopping



Whether you need Fast Track Rehab or Long Term Care, we want you to experience why our residents say ...

"When you can't be at home, Come to our Hacienda"

1637 N. King ♦ Seguin, TX 78155

Call and ask about medicaid pending.

For referrals please call anytime, Rosie Jimenez

Cell: 830-491-9236 Fax: 830-303-7153

VA Contract Accepted

FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

NJAO EYCENEA



*Our care makes the difference.
Our heart makes it home*

- * Skilled Nursing Care
- * Physical, Occupational & Speech Therapies
- * Rehabilitation available up to 6 days a week
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- * Delicious meals

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www.TheHeights

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2736 fm 775
Lavernia, Texas 78121
Phone: 830-779-2355
Fax: 830-779-5503
www.CountryCare.com



**Yoga Class
will not be
meeting
until further notice**



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Professional dental services we provide:
Cosmetic dentistry | Implant restoration | Sedation dentistry
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We accept Visa, American Express, Discover, MasterCard
Care Credit, and all insurance plans including VA vouchers

**NOW ACCEPTING
NEW PATIENTS**

830-372-2949

www.SeguinSmiles.com

Mon. Tues. & Thurs. 8-5 • Wed 8-1 • Fri 8-4



Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a GROUP GAME NIGHT. The doors open at 6:00 PM and close at 8:00 PM.

The cost: \$2.00 per person for members and \$2.50 per person for non-members.

Here are the Rules:

1. You will need to be part of a group or start a new group or have a new table with a standing group. If you don't know if there is a group playing "YOUR" game, call the center and get connected with others that might also be looking for an open group.
2. When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
3. Call by Thursday, April 2 to reserve your spot!
4. Bring your own cards, game pieces, or whatever you need for your game.
5. Bunco, Bridge, Poker, Mahjongg, Pinochle, or any other game is okay by us.
6. Please tidy up your own area before you leave at 8:30 p.m.

Sound like fun? Well, it is and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!



***Same Day
CROWNS***

Our Mission is to bring health
& beauty to the patients that
entrust their SMILES to our
TEAM!



Janice Weinman, D.D.S.

SMILE AWHILE
Submitted by Velma Buie

Here are a few chuckles for our Senior Citizens!

I CAN'T REMEMBER

Just a line to say I'm living, that I'm not among the dead. Though I'm getting more forgetful and mixed up in the head. I got used to my Arthritis and to my dentures, I'm now resigned. I can manage my bifocals, but God I miss my mind. For sometimes, I can't remember when I stand at the foot of the stairs, if I must go for something or have I just come down from there. And before the fridge so often, my mind is filled with doubt. Have I just put food away or have I come to take something out. And there are times when it is dark, with my night cap on my head, I don't know if I'm retiring or just getting out of bed. So, if it's my turn to write you, there's no need for getting sore. I may think I've written and don't want to be a bore. So remember that I love you and wish you were near, but now it's nearly mail time, so I must say good-bye, my dear. There I stand beside the mail box, with my face so very red, instead of mailing you a letter, I have opened it instead.

Many of us have Photographic memories---we have just run out of film!

My train sometimes leaves the station without me!

I'M NOT BETTY CROCKER

At 7 am, Sue was getting ready to put a load of clothes in the washer, but the washer wouldn't work. She asked her husband to take a look to see if he could figure out what the problem was. He wasn't in a very good mood and he replied, "I'm not your Maytag man, and besides, I've got to get to work or I'll be late." She was ready to take the kids to school, and her car wouldn't start, so she called on him again. He growled, "I'm not Mr. Goodwrench, so you'll have to call one of the neighbors."

After he left the office, he began to feel bad about what he had said, so he ordered a dozen roses to be delivered to their home. At 10:00 o'clock, he called home to apologize and asked if she had received the roses and did she get everything fixed? She replied, "Yes Carl, the bachelor who lives down the street came over and fixed everything!" He asked, "What did he charge you?" "Nothing," she replied. He said I could either bake him a cake, or I could go out to dinner with him sometime. "I hope you told him you would bake him a cake," Carl said. She replied, "Who do you think I am, Betty Crocker?"

A friend of Bessie's in the nursing home had literally lost her marbles. She was running up and down the hallway of the home. As she ran, she would flip up her nightgown and say, "Super Sex!" She ran up to an elderly gentleman in his wheelchair, flipped her gown up at him, and said, "Super Sex!" He sat silently for a moment or two and finally said, "I'll take the soup."

BOY ON A BUS

A young boy got on the city bus and sat next to a man reading a book. He noticed the man had his collar on backwards. The boy asked him why he wore his collar backwards. The man who was a priest said, "I am a Father." The boy replied, "My dad does not wear his collar like that." The Priest looked up from his book and answered, "I am the Father of many." The boy said, "My dad has 4 boys and 4 girls and 2 grandchildren and he doesn't wear his collar that way." The Priest was getting impatient and said, "I am the Father of hundreds," and went back to reading his book. The little boy sat quietly thinking for a while, then leaned over and said, "Maybe you should put your pants on backwards instead of your collar."





THE Silver CENTER

LUNCH AND LEARN

On Monday, April 6, Blake Management Group HAD TO CANCEL THEIR EVENT BUT THEY WILL BE BACK WHEN THE VIRUS IS GONE!

On Tuesday, April 14, American Senior Benefits is being presented at 11:30. Join us for this informative topic. Again, call 303-6612 for reservations.

On Thursday, April 16, a very interesting and informative discussion on the "Stages of Alzheimer's". This presentation starts at 11:30. Be sure to call for reservations at 303-6612 for a seat and a delicious lunch.



SEMINAR

on Monday, April 27 on "Medicare: You May Qualify for Assistance". Call for more information and a reservation. **THEY WILL NOT BE PROVIDING LUNCH BUT HE MAY BE ABLE TO QUALIFY YOU FOR HELP WITH MEDICARE COSTS IF YOU ARE ONLY RECEIVING SOCIAL SECURITY AS YOUR INCOME!**



"THANK YOU SOLDIERS"

This was written by a third grade teacher at Tussing Elementary and sung by her students as a Memorial.
Submitted by Velma Buie.

When I lay my head down every night
And go to sleep in peace,
I can stay there, knowing all is well
While you're standing on your feet.

Keeping watch from shore to shore
In the air and oceans too,
Defending freedom at all cost
For the Red, White, and Blue.

Thank you, Oh Thank you
Men and women brave and strong
To those who served so gallantly We sing this grateful song.
To soldiers who have traveled on
To countries far and near.
You paid the price
For the cause we hold so dear.

That we may wake each morning bright
And know that freedom rings
Because of your great sacrifice
Your country joins to sing.

THANK YOU TO ALL OF OUR VETERANS AND THEIR FAMILIES FOR YOUR SERVICE TO OUR COUNTRY!

Life is

Life is an opportunity, benefit from it.

Life is beauty, admire it.

Life is a dream, realize it.

Life is a challenge, meet it.

Life is a duty, complete it.

Life is a game, play it.

Life is a promise, fulfill it.

Life is sorrow, overcome it.

Life is a song, sing it.

Life is a struggle, accept it.

Life is a tragedy, confront it.

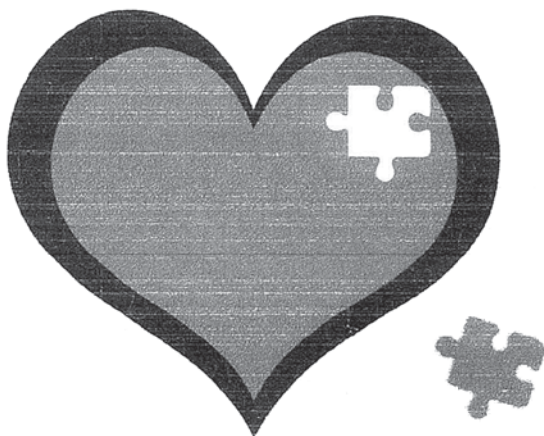
Life is an adventure, dare it.

Life is luck, make it.

Life is too precious, do not destroy it.

Life is life, fight for it.

Mother Teresa



*You're such an important
Piece of the puzzle.....*

Thank you for Volunteering!

He Is Risen



Death Could Not Hold Him
Rejoice in the resurrection of

Jesus Christ

Wishing You a Blessed
and Joy Filled Easter

HOT CROSS BUNS

Hot cross buns are rich with history, dating back to the 12th century. They are yeasted sweet buns filled with spices and various fruits such as currants, raisins, and/or candied citrus. They are decorated with a white cross, either marked right into the dough or either on top with icing, Hot Cross Buns are a traditional Good Friday treat, but are now widely enjoyed year- long.

Ingredients:

1 1/4 ounce package active Dry Yeast (about 2 1/4 teaspoon)

3/4 C. warm milk

1/4 C. plus 1 teaspoon Granulated White Sugar

3 1/4 to 3 1/2 C. All Purpose Flour

2 tsp. Ground Spices (1/2 tsp. Cardamom, 1/2 tsp. Cinnamon,

1/2 tsp. Allspice, 1/4 tsp. Cloves, 1/4 tsp. Nutmeg)

1 tsp. Salt

4 Tbsp. unsalted butter, softened

2 large eggs, room temperature (if taking right out of the fridge, let sit in warm water for a few minutes to take the chill off before using)

3/4 C. Currants (can substitute 1/2 c. of currants with chopped candied citrus peel)

2 tsp. Grated Orange Zest

For the Glaze: 1 Large Egg _ 1 Tbsp. Milk

For the Frosting: 1 1/2 tsp. Milk _ 1/2 C. Powdered sugar

Proof the yeast: In a bowl, stir together 1/4 cup of the warmed milk and one teaspoon of sugar, Sprinkle the yeast over the milk and let sit for 5-10 minutes until foamy.

Continued on page 17

HOT CROSS BUNS (continued)

Whisk is the dry ingredients: In a large bowl or the mixing bowl of an electric mixer, vigorously whisk together 3 cups of the flour (reserving additional flour for later step), the salt, spices, and 1/4 cup of sugar.

Make the dough: Create a well in the flour and add the foamy yeast, softened butter, eggs, and the remaining milk. Using a wooden spoon or the paddle attachment of your mixer, mix the ingredients until well incorporated. The mixture should be shaggy and quite sticky. Add in the currants, candied peel, and orange zest.

Knead the dough, adding more flour as needed: If you are using a stand mixer, switch to the dough hook attachment and start to knead on low speed. (If not using a mixer, use your hands to knead.) Slowly sprinkle in additional flour, a tablespoon at a time, kneading to incorporate after each addition, until the flour is still slightly tacky, but is no longer completely sticking to your fingers when you work with it. Total kneading time should be about 7 minutes in a mixer or 10 minutes by hand.

Form the buns: Press down on the dough to gently compress it. Roll the ball of dough into a log shape and cut it into two halves. Place one half back in the bowl while you work with the other half. Take the dough half you are working with and cut it into 8 equal pieces. Take the individual pieces and form them into mounds, placing them 1 1/2 inches apart from each other on a greased baking sheet. Cover with plastic wrap and then work the remaining dough into 8 equal pieces and place them in mounds on a baking sheet. Again cover with plastic wrap.

Let sit 30-40 min (second rise): Let the dough mounds sit at room temperature (or warm place) to rise again, until the mounds have doubled in volume, about 30-40 minutes.

Preheat oven to 400 degrees.

Brush with egg wash: Prepare egg wash by whisking together one egg and a tablespoon of milk. If you want, you can score the top of the buns with a knife in a cross pattern. You will want to make fairly deep cuts, for the pattern to be noticeable after they are done. Using a pastry brush, brush on the egg wash over the dough mounds. The egg wash will give them a shiny appearance when cooked.

Bake and cool: Place in the middle rack of the 400 degree oven and cook for 10-12 minutes, until the buns are lightly browned. Remove from the oven and let cool on the pan for a few minutes, then transfer the buns to a wire rack to cool.

Make and pipe frosting in a cross pattern on buns: To paint on the top of the buns, wait until the buns have cooled (or the frosting will run). Whisk together the milk and the powdered sugar. Keep adding powdered sugar until you get a thick consistency. Place in a plastic sandwich bag. Snip off a small piece from the corner of the bag and use the bag to pipe two lines of frosting across each bun to make a cross.



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What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

Where and by whom is this service provided?

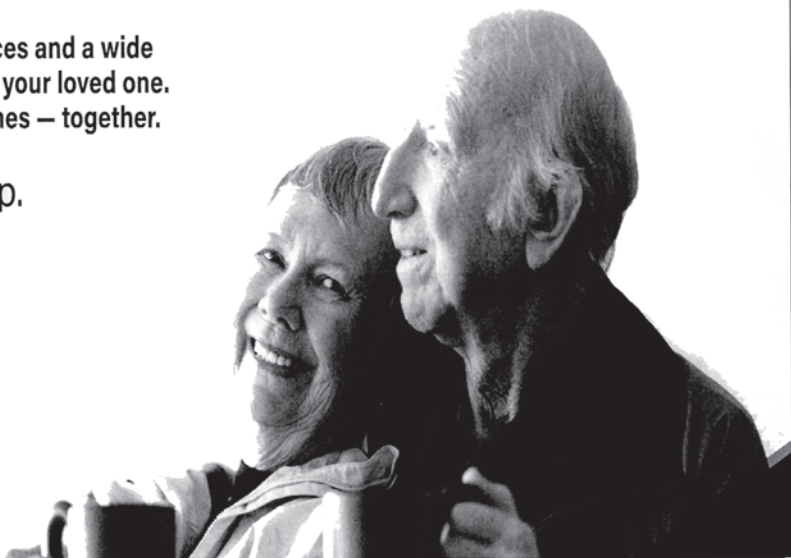
We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

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What is Easter

*It's not about the eggs to hunt
It's not about a bunny
It's not about brand new clothes
Or candy as sweet as honey*

*On this day many years ago
A man named Jesus Christ
Upon a cross for you and me
Gladly gave his life*

*Not for sins that he had done
Or crimes he must repay
He did it all for you and me
For our sins He died that day*

*But that's not the end of Jesus Christ
They put Him in a grave
But three days later He rose again
Our sin debt had finally been paid*

*So this Easter as you hunt for eggs
Dressed up in brand new clothes
Don't think about the Easter Bunny
Think about why Christ arose.*

Resurrection Rolls

*2 cans of crescent Rolls
1/2 C. Melted Butter
16 large Marshmallows
1/4 C. Granulated sugar
2 Tblsp. Cinnamon*

*Preheat oven to 350 degrees. Mix sugar and cinnamon
in small bowl.*

*Dip a marshmallow in butter then roll in sugar and
cinnamon.*

*Wrap the marshmallow in one triangle of dough,
covering it completely.*

*Complete the process for all 16 triangles of dough and
marshmallows.*

*Place in oven for 10-12 minutes. Allow rolls to cool and
enjoy!*



TRADE DAYS at The Silver Center

Saturday, April 25th

10AM - 4PM at 510 E Court St in the parking lot.

Jewelry, clothing, fresh eggs and homemade food items,
T-shirts, crafts and more.

Please join us for a fun day of sunshine and specialty
items. Lunch served from 11-1PM in Sagabiel Hall.

If you would like to secure a booth please call Pam or
Glenda at 830-303-6612. First come... first served!

\$30 single booth \$50 double booth.

Guadalupe Regional Urgent Care Center – Bridging the Community’s Medical Needs

Guadalupe Regional Medical Center continues to grow in size, scope of services and outreach. The once-small town hospital that first opened its doors on the outskirts of Seguin in 1965 has blossomed into a comprehensive provider of medical, surgical, obstetrical and specialty services for a seven county region. Nationally recognized for its quality, safety and patient satisfaction achievements, GRMC is constantly on the “grow”. In fact, GRMC is more than just a medical center; it has become a regional *health system*.

As a regional health system, our focus is on providing access to care at the right place and at the right time. We recognize that there are often medical situations that do not require the full scope of an emergency department, but which may require more timely attention than can be provided from a scheduled doctor’s office appointment. As a result, the Guadalupe Regional Urgent Care Center has now opened its doors on Highway 46, amid quickly developing neighborhoods and businesses, and directly across from the famed Clear Springs Restaurant.

The new center is positioned to provide a needed bridge between primary care and emergency care, linking the strength of our Seguin based specialists with the highly skilled providers at this center, and providing convenient access to care while bridging the distance between Seguin and New Braunfels. Open 365 days a year (including all holidays), from 7am to 7pm daily, the Guadalupe Regional Urgent Care Center is staffed with board certified providers who are trained and experienced in caring for every age including newborns, children, adults and seniors.

The center has on-site x-ray capability, technologically connected to the team of board certified radiologists at GRMC for timely imaging study interpretations. Laboratory equipment is also available for on-site diagnosis of flu, strep throat and urinary tract infections. That same level of specialty support is available through well-established relationships with local orthopedists, cardiologists, ENT, gynecologists, and more. Local businesses will also benefit. Work related injuries can be quickly and expertly treated at the center, with continuity and follow up care provided by physicians within the GRMC health system.

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**The purpose of life
is to give it away.**

~ William Shakespeare

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