

The Silver Showcase

Volume 800 No. 4

Email: silvercenter@sbcglobal.net • Website: www.silvercenterseguin.com

April 2021

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Letter from the President:

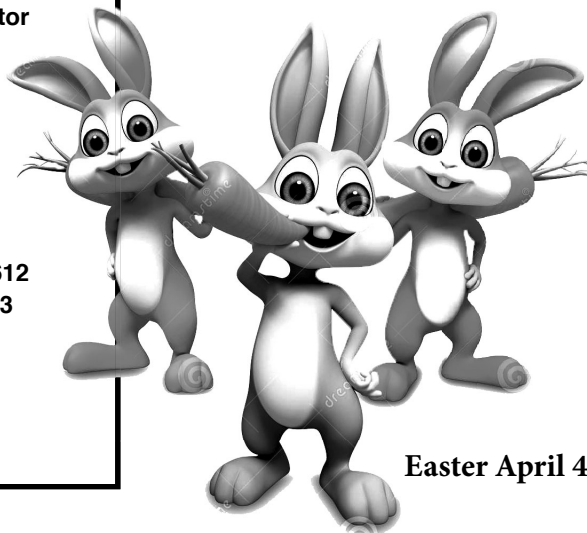
I am happy to report that everyone here at the Silver Center is doing fine. We are currently underway with some much needed renovations and face lift.

Most importantly, we are excited to get back to normal. We are going to have our first dance in awhile on Saturday, April 17th with Paul Sanchez and Wrangler Country from 8:00-12:00 pm. Doors will open at 7:00 pm. It's a Saturday night! Let's all get together and celebrate! Invite everyone you know so we can fill our new beautiful ballroom and see all of the new changes made to the Center. Masks are allowed, but not mandated.

As always, we are still in need of volunteers. If you are able and willing, please call the Center and let us know how you would like to assist. We definitely need people to deliver lunches and work dances.

Until I see you all again, may you each stay safe and healthy, and may God continue to bless you.

Sincerely,
Danny Gonzales



Easter April 4th



HELLO FROM THE FRONT DESK....

It is great to see the flowers blooming and the smiles on people's faces (now that they can choose to wear a mask or not...)

Hello SPRING! We hope to see much more of you all this month! Please take a look at our menu here in the newsletter. If you would like a meal please call us a day ahead and we will be sure to cook enough for you! We still serve up to-go meals Monday – Friday and we also have in town deliveries...so don't forget about us!

Groups are starting to come back for meetings now that COVID has slowed. If you, or a group that you meet with, want to get back on our schedule, please call and set it up. We are here for you!

I can't wait for you to see all the changes we have been working on! The building is looking great! It is brightened up and ready for your next party or wedding or family reunion. Please stop by to take a look and reserve us for your next event!

DANCE! DANCE! DANCE! You have been asking for a dance! WE HAVE BOOKED **PAUL SANCHEZ & WRANGLER COUNTRY** TO BE HERE ON **SATURDAY, APRIL 17th** FOR A DANCE FROM 8 UNTIL MIDNIGHT. DOORS WILL OPEN AT 7PM THAT EVENING. If we have a good turnout, we will schedule more dances. If it's too early for you to come and support dances, we will have to hang back awhile longer. We also have **JAY ERIC & FRIENDS** scheduled for a dance **Friday night** on the **14th of May**. Our bands expect to be paid every night that they play for you...and only if we have the public's financial support can we can we schedule them to come out for our dances. We are trying to still keep the admission to \$10.00 per person at the door...and we still have some reserved tables...but you would need to reserve the whole table please.

With Good Friday being April 2nd, **THE CENTER WILL BE CLOSED** that day so staff can be off to enjoy the Easter weekend with family. I hope you all have a **BLESSED EASTER**. We have missed you and hope to see you very soon.

(((HUGS))) Glenda

BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

DIAMOND MEMBERS

*Gifted Hearts Hospice LLC.
Seguin Noon Lions*

PLATINUM MEMBERS

Guadalupe Regional Medical Center

GOLD MEMBERS

Advanced Home Health Services
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Hope Hospice
Nesbit Living & Recovery Center
Seguin Gazette-Enterprise
Sunrise Lions Club
Willowbrook Personal Care Home
Guadalupe Humane Society



**About Growing Older
(According to Will Rogers)**

First, eventually you will reach a point when you stop lying about your age and start bragging about it.

Second, the older we get, the fewer things seem worth waiting for.

Third, some people try to turn back their odometers. Not me, I want to know "why" I look this way. I've traveled a long way and some of the roads weren't paved.

Fourth, when you are dissatisfied and would like to go back to youth, think of Algebra.

Fifth, you know you are getting old when everything dries up or leaks.

Sixth, I don't know how I got over the hill without getting to the top.

Seventh, one of the many things no one tells you about aging is that it is such a nice change from being young.

Eighth, you have to wait until evening to see how splendid the day has been.

Ninth, being young is beautiful, but being old is comfortable.

And finally, if you don't learn to laugh at trouble, you won't have anything to laugh at when you are old.

April Word Scramble

LIPRA FLOO'S AYD

DRSIB TEARGIM

RETSEA

RSEWOFL

TPLANING

SPRIGN

GMINRAW PU

LFYTUBTER

GSPRIN KBREA

PSGINR GLECANIN

**Please call Pam Davis at 303-6612 today to
volunteer a couple of hours of your time
around the Center.**

**VOLUNTEER - HOURS -
280 hours for month of March.**

**"Don't ever question the value of volunteers. Noah's Ark was
built by volunteers; the Titanic was built by professionals."**

- Dave Gynn

**"When you volunteer, you are not paid in money or recogni-
tion; you are paid in love"**

**"People may forget what you SAID and people may
forget what you DID, but they will never forget how
you made them FEEL!"**

**Helping others gives you a chance to give back to the
community or make a difference to the people around
you. It also offers an opportunity to develop new skills
or to build on your existing experience and knowledge.
SO...VOLUNTEER TODAY!**

**HAPPY
EASTER**



*Our care makes the difference.
Our heart makes it home*

- * Skilled Nursing Care
- * Physical, Occupational & Speech Therapies
- * Rehabilitation available up to 6 days a week
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- * E-stim, Vital-stim & Ultrasound
- * Wii-abilitation
- * Delicious meals

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LIFE EXPLAINED

On the first day, God created the cow. God said, "You must go to the field with the farmer all day long and suffer under the sun, have calves, and give milk to support the farmer. I will give you a life span of sixty years." The cow said, "That's kind of a tough life you want me to live for sixty years. Let me have twenty, and I will give you back the other forty." And God agreed.

On the second day, God created the dog. God Said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. I will give you a life span of twenty years. The dog said, "That's too long to be barking. Give me ten years and I'll give you back the other ten." So God agreed.

On the third day, God created a monkey. God said, "Entertain people, do monkey tricks, make them laugh. I'll give you a twenty-year life span." The monkey said, "How boring! Monkey tricks for twenty years? I don't think so. Dog gave you back ten, so that's what I'll do too okay? And God agreed again.

On the fourth day, God created man. God said, "Eat, sleep, play, and have fun. Just enjoy, enjoy! I'll give you twenty years." Man said, "What? Only twenty years! No way, man. Tell you what, I'll take my twenty, and the forty the cow gave back, and the ten the dog gave back and the ten the monkey gave back. That makes eighty, okay?" God said, "Okay. You got a deal."

So that is why the first twenty years we eat, sleep, play, and enjoy life; for the next forty years, we slave in the sun to support our family; for the next ten years, we do monkey tricks to entertain the grandchildren; and for the last ten years, we sit on the front porch and bark at everyone.




Birthdays of the Month

IF YOUR BIRTHDAY HAS PASSED PLEASE CALL
AND LET US KNOW WHEN YOU'D LIKE TO
COME BY TO PICK UP YOUR COMPLIMENTARY
MEAL.


APRIL BIRTHDAYS

Chuck Crowley	4/1
Donna Jones	4/2
Babs McGuffin	4/6
JoAnne Muelker	4/6
LaNell Gibbs	4/7
Mary Ann Bienek	4/11
Roy Balter	4/12
Tammy Gonzales	4/17
Susan Casto	4/18
Thalia Stutzenberger	4/19
Evangeline Clor	4/27
Pat Clor	4/30



We'd like to welcome you to our family.
WellMed accepts patients with Medicare
and select Medicare Advantage Plans.

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Seguin, TX 78155
830-560-2813
WellMedHealthcare.com



Live Well. Live WellMed.

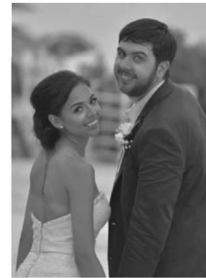
This is an advertisement. *Plans vary by location and county.
Family AD TJ012114

**ATTENTION! ATTENTION!
ATTENTION!**

**Do you have a grandchild who
would love to play the piano?
We have a piano that would be good
for practice. It is a Kimbel Spinnet.
Our asking donation is only \$100.
You must make arrangements to
move. For additional information
call Glenda or Pam at 303-6612.**



2021 is a New Year and we will be here celebrating New Beginnings!



The Crystal Chandelier Ballroom at The Silver Center is a beautiful place to take the first step toward your 'happily ever after' ... or to celebrate the many years of love and life that you have already shared together!

Please remember our venue as you and your family plan your family events this year!

A Personal Invitation.

Nesbit LRC has been voted **"Best Nursing/Rehab Facility in Seguin"** four years in a row by the community in the Seguin Gazette Enterprise poll.

Our newly remodeled facility, family owned and operated since 1958, offers a wide array of recovery and rehabilitation services.

When you can't live or recover in your own home, we invite you to ours.

Nesbit LRC
Living & Recovery Center

1215 Ashby Street Seguin, TX 78155
(830) 379-1606 • www.nesbitlrc.com



MARINATED VEGETABLE SALAD

This a delightful alternative to cooked vegetables.

1 head cauliflower
1 head broccoli
1 pkg. cherry tomatoes
1 lb. fresh mushrooms
1 large bottle Italian dressing

Cut cauliflower and broccoli into florets. Stem mushrooms. Add tomatoes. Mix together and add dressing. Cover and refrigerate for at least 7 hours or overnight. Yields 8-10 servings

APPLESAUCE MUFFINS

These are great for breakfast, lunch or dinner.

½ cup margarine, softened
½ cup sugar
2 eggs
¾ cup applesauce
1 ¾ cup flour
1 tsp. baking soda
½ tsp. salt
¼ cup margarine, melted
½ cup sugar mixed with ½ tsp. cinnamon

In large bowl, cream softened margarine and sugar until fluffy. Beat in eggs until light. Beat in applesauce. Stir together flour, soda, and salt. Add to creamed mixture. Stir to moisten. Spoon into muffin tins. Bake in preheated oven at 400 degrees for 15 minutes. While warm, dip in mixture of melted margarine, sugar, and cinnamon. Serve warm. Makes 12 muffins.

PEAS PIZZICATO

So easy and tasty!

2 pkgs. frozen tiny peas
1 cup sour cream
2 green onions, chopped
6 slices bacon, cooked and crumbled
½ tsp. salt
Freshly ground pepper

Thaw peas, drain. DO NOT COOK, and toss with rest of ingredients. Chill before serving. Serves 8

Springtime in Seguin

Have you noticed that the frozen tree you saw a few weeks ago now has a glow of springtime? My Monterrey oaks that I worried over after that polar vortex are budding out with small leaves. The Mexican plum is covered with white flowers. All the different types of pears are blooming, from the Kieffer to the Bradford pear. My Eastern redbud is in full bloom with my Texas redbud not far behind. I even saw a field of phlox off of Meadow Lake Drive.

I let the pull of spring get to me in the nursery when I walked out with a huge potted geranium full of bright red blooms. There is still a possibility of a freeze, but let's be positive. And besides, I can bring it in the house. Actually, at this late date, everything stands a good chance of making it. I bought patio tomatoes and planted each in its own large pot. My parsley seeds have already sprouted. And my black cherry seeds saved from last year are sprouted seedlings. But what I am really ready for are the annuals. And not just any annuals; I want zinnias. My friend Nancy planted zinnias at Park West last year in the pollinator garden. They grew big and tall and never stopped blooming. And they were constantly in use by the butterflies. When I went on and on about how beautiful they were, Nancy bought me two seed packets. Now is the time to plant.

Some of you have been planting gardens for years and one of your favorites is cockscomb. I know one of our members won prizes on her cockscomb at the County Fair. The plant is heat loving, drought tolerant, and likes well drained soil. It prefers full sun, but sometimes will handle partial shade. One of the three planters at the library has had cockscomb growing in it for the last couple of years. This past year they came up on their own from self-seeding. Luckily I didn't think they were weeds and pull them up, because they grew and bloomed throughout the summer.

Some of our members like to grow in large pots because plants are easier to care for when you don't have to bend over to the ground. The patio tomatoes I mentioned earlier are perfect for pot growing, and nothing beats a lovely ceramic pot filled with herbs. Basil is probably the easiest to grow and you will have it available to add to a dish of diced tomatoes. A pot of chives is useful for the cook because you can snip it as needed. And, of course, mint is a welcome addition to every porch. In fact, I prefer growing mint in a pot because it can't escape and run rampant through my flower bed.

Doug Welsh's Texas Garden Almanac gives several hints for cooking with your fresh herbs. One is that a tablespoon of fresh herbs equals one teaspoon of crumbled dry herbs. Dried herbs flavors are more concentrated. Another hint is if you are cooking something that takes a couple of hours, wait until the dish is almost ready before adding either dried or fresh herbs so that you won't cook out the herb flavors.

Clara Mae Marcotte



SEGUIN NOON LIONS CLUB SPRING FLING

Drive-Thru Only

Pork Steak
Dinner

Catered By:
Troy Brown/Next Door Catering

\$12 presale / \$15 at door

THURSDAY

April 29th 2021

5:00 - 7:00 PM

Raffle

Includes 11 items, topped by 1/2 of
Angus Steer, with processing

Bug Races

Sponsored By: Angel Pest Control
\$10 Per Entry

Silver Center | 510 E. Court St

Get tickets from your favorite Noon Lion or pick
some up at the following locations around Seguin:



Dietz Flower Shop
-969 E Kingsbury St



Starcke Furniture
-300 S Austin St



Ascot's Custom Travel
-825 N Camp St



Tri County Air
-510 N Austin St





MEMORIALS

*** Note that any memorials
received after we go to press will be
in the next month's newsletter.

You will all be missed...

In Memory of Lorene Schraub:

By Sandra Gravitt | Anonymous | Anne Theiss

In Memory of Barney Barness:

By LaVerne Roskydal

In Memory of Virginia Coor:

By Barbara Behal

In Memory of Tom Byrne:

By Mary Ann Bienek

In Memory of Gene Vivroux:

By Willo Mae Richter

In Memory of Leroy Dietert:

By Virgil Vogel

In Memory of Elsie Bowtoskenitz Wood:

By Virgil Vogel

In Memory of Freddie Dreibrodt:

By Virgil Vogel



Memorial in Honor of:

Send Acknowledement to

Name: _____

Address: _____

City: _____

State/Zip: _____

Memorial From: _____

Name: _____

Address: _____

City: _____

State/Zip: _____

Thank you for the remembrance

The Silver Center

510 E. Court • Seguin, Texas 78155

T H M

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Call Karen Taylor or Lindsey Taylor to schedule your tour today!

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License #050604

"Look to Seguin Assisted Living for a Carefree Future"



Our sincere thanks to our donors this past month:

Barbara Behal

Lydia M. Whitwell

Significant Dates This Month



April 1st



April 2nd



April 4th

FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

WGLAENER ATMRAH

**Yoga Class is
Coming back
in April**

Call 830-303-6612

For more information and dates

**ADVANCED
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center**

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"Across from Guadalupe Regional Medical Center Entrance"

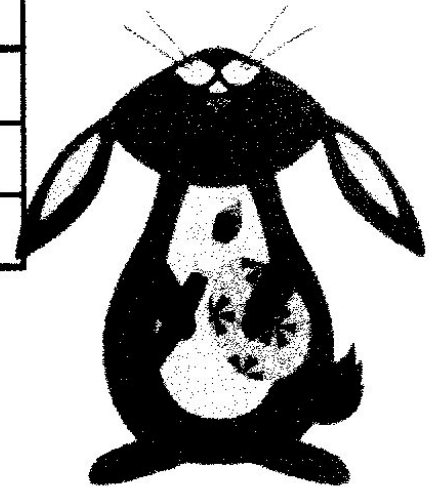
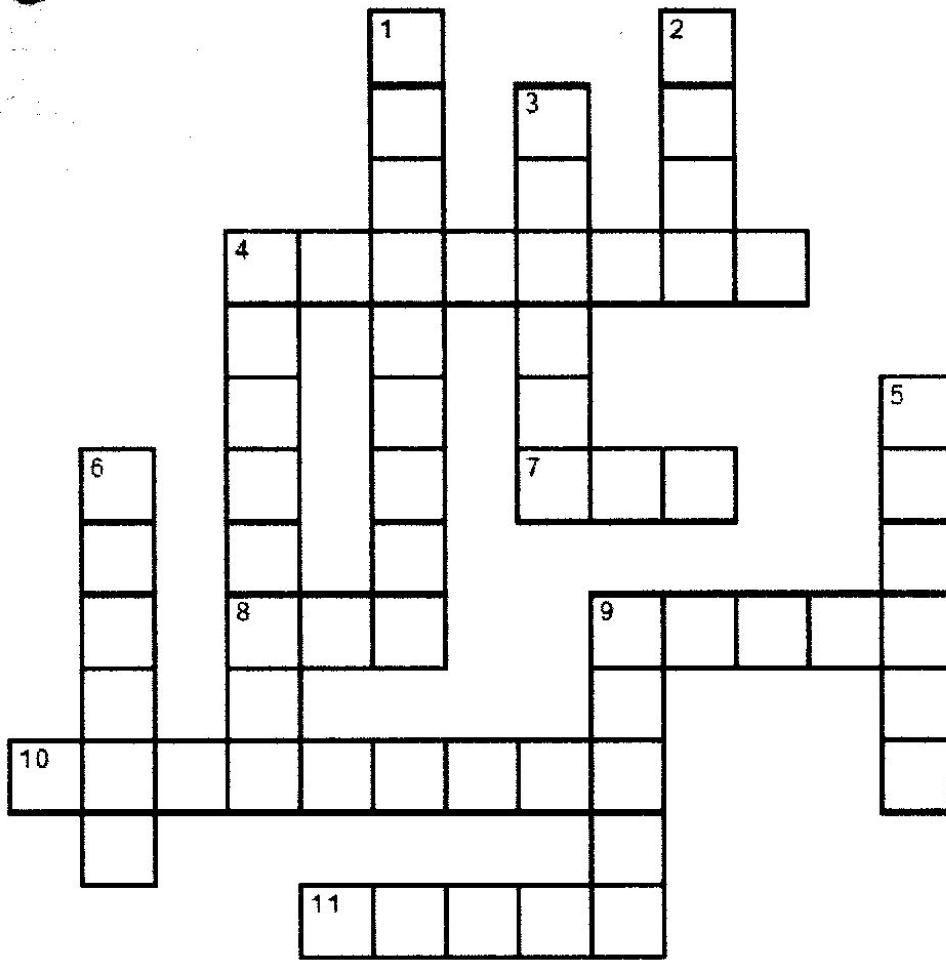
*"to help you hear
better we listen
with our heart..."*

830-372-2237

830-372-2380 fax

1110QSM

Easter Crossword

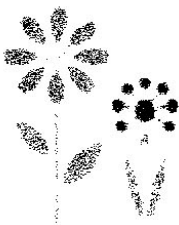


ACROSS

4. You might do this to eggs for Easter
7. A hen makes this
8. Used to color eggs
9. The hen's baby
10. Colorful candy you might find in an Easter basket
11. Peter Cottontail is one

DOWN

1. Eggs might be made from this
2. Look for eggs
3. Easter Day event
4. Yellow or white spring flower that grows from a bulb
5. What the Easter Bunny brings
6. A pretty hat worn on Easter
9. Don't eat too much of this or you might get a belly ache



SMILE AWHILE (Now that I'm Older---2nd version)

Submitted by Velma Buie

Don't worry about your Smart phone or TV spying on you. Your vacuum cleaner has been picking up dirt on you for years.

If you can't think of a word to say---say "I forgot the English version for it." That way people will think you are bi-lingual and not an idiot.

I'm in a place where my life errands are starting to count as "Going Out."

I don't always go that extra mile, but when I do, it's because I missed my exit.

My goal for 2020 was to lose 10 pounds. I only have 14 to go. I ate salad for dinner, mostly with croutons and tomato sauce. Really, just one big crouton covered with tomato sauce and cheese.

Fine, it was pizza. O.K., so I ate a Pizza. Are you happy now?

I just did a week's worth of cardio after walking into a huge spider web.

I don't mean to brag, but I just finished my 14-day diet food supply in 3 hours and 20 minutes.

A recent study has found that women who carry a little extra weight, live longer than men who mention it.

Kids today don't know how easy they have it. When I was young, I had to walk through 9 feet of shag carpet, just to change the TV channel.

Senility has been a smooth transition for me.

Remember back when we were kids, and every time it was below freezing outside, they closed the schools? Yeah, me neither.

I may not be that funny or athletic or good-looking or talented. I FORGOT WHERE I WAS GOING WITH THIS.

I LOVE BEING 80. I LEARN SOMETHING NEW EVERY DAY---AND THEN FORGET 5 OTHER THINGS.

A thief broke into my house last night. He started searching for money, so I got up and searched with him.

I think I'll just put an "Out of Order" sticker on my forehead and call it a day.

Just remember once you're over the hill, you begin to pick up speed!

Having plans sounds like a good idea until you have to put on clothes, and leave the house.

It's weird being the same age as old people!

When I was a kid, I wanted to be older...this is not what I expected!

Life is like a helicopter—I don't know how to operate a helicopter!

It's probably my age that tricks people into thinking I'm an adult.

MARRIAGE COUNSELOR: Your wife says you never buy her flowers. Is that true?

No, to be honest, I did not know she sold flowers.

Never sing in the shower! Singing leads to dancing, dancing leads to slipping, and slipping leads to Paramedics seeing you naked. So, remember, DON'T SING!

I see people my age mountain climbing. I feel good getting my leg through my underwear without losing my balance.

If a cow doesn't produce milk, is it a Milk Dud or and Udder Failure?

You don't realize how old you are until you sit on the floor and then try to get back up.

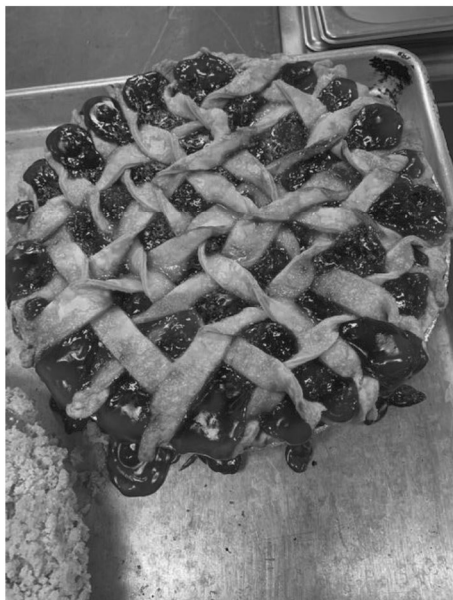
We all get heavier as we get older, because there's a lot more information in our heads.

That's my story, and I'm sticking to it!



Pies are not just for the holidays!

Please remember our catering services as you start the New Year and have celebrations!



Stuck at home? You might as well enjoy it was something delicious in your hand! We are still making delicious homemade pies and cakes at the Silver Center. Call and order a minimum of 24 hours in advance. They will be made fresh, hot, and ready for you to pick up. 830-303-6612

FAMOUS QUOTES

- 1. It is better to forgive and forget, than to remember and hate!**
- 2. Too many people are anxious to give you advice when what you really need is help.**
- 3. Don't forget that people will judge you by your actions, not by your intentions. You may have a heart of gold, but so does a hard-boiled egg!**
- 4. A lot of people lose their health trying to become wealthy, and then lose their wealth trying to get back their health.**

ADDLED ADAGES

- 1. A rolling pin gathers no moss.**
- 2. Let sleeping bags lie.**
- 3. Don't look a sawhorse in the mouth.**
- 4. Half a wit is better than none.**
- 5. Don't kill the goose that laid the deviled egg.**
- 6. Don't burn your bridge at both ends.**
- 7. He's a wolf in cheap clothing.**
- 8. He's got one of those sight-seeing dogs.**
- 9. A fool and his money are some party!**

April Fun Facts

April is known for beautiful spring weather, the start of warmer weather, and right about the time when the Easter bunny will make an appearance! Birds migrate north and settle down for the summer to mate. "April showers bring May flowers," so if the rain in April ever gets you down, never forget the silver lining! April had only 29 days but a 30th day was added when Julius Caesar established the Julian calendar. The etymology behind the word "April" comes from the verb "aperire," which means, "to open." It is commonly believed that the word refers to the season of trees and flowers beginning to "open" or bloom.

Those born in April have a diamond as their birthstone, which represents innocence. The diamond is one of the hardest substances on earth and one that formed deep in the earth. Diamonds are said to bring all kinds of benefits to their owners, supposedly leading the wearer to experience better relationships and an increase in inner strength. They are supposed to bring balance, clarity, and abundance, and it is symbolic of eternal love and the bringer of wealth to six centuries of the diamond trade.

The birth flower is either a Daisy or a Sweet Pea. The daisy is a flowering plant belonging to the family Asteraceae and there is approximately 4,000 species that differ in size, shape, color and type of habitat. They are found in every continent except Antarctica. They can live in both wet and dry climates, and are resistant to pesticides and insects. Not a picky plant, daisies grow well both in full sun and in part sun or shady areas. The color of the flower depends on the species. Daisies can be white or red with yellow center, purple with brownish center, orange or pink with a yellow center yellow with dark red center, or blue with green center. The flower symbolism is associated with purity, innocence, loyal love beauty, patience and simplicity. Sweet Peas are native to Sicily, Cyprus and Southern Italy. Their name comes from the Greek lathyros for pea or pulse, and the Latin odorous, meaning fragrant. Sweet Peas signifies blissful pleasure, and are used to say goodbye. They need to be fed and watered frequently. They are known to be long lasting and many times are used in bridal bouquets.

A few notable historical people who were born in April are Leonardo da Vinci, Shakespeare, and Queen Elizabeth.

On April 15, 1912, the famous Titanic ship hit an iceberg and sunk on her first and only voyage. George Washington was inaugurated as the First President of the U.S. on April 30, 1789. One of the most well known dates of April, is April Fools' Day on the first of the month. No one is sure where this originated from, but some believe it to be inspired by Geoffrey Chaucer's story in Canterbury Tales. The first Olympics of the modern era took place on April 6, 1896, in Athens. For all car enthusiasts out there, Ford unveiled their first Mustang on April 17, 1964, costing \$2,368.

THINGS TO DO IN APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 EASTER	5 GCRW Board Lunch	6 Bridge & Ladies Luncheon	7 Chamber Luncheon	8 Bridge Game & Noon Lions	2 CLOSED 1 GOOD FRIDAY	3
11	12 Gideons Meeting	13	14	15 Noon Lions & Third Thursday @ The Center	16	10 Seguin Art League
18	19	20 Bridge & Center Board Meeting	21	22 Republican Women & Noon Lions	23	17 DANCE to WRANGLER COUNTRY 8PM
25	26	27	28	29 Noon Lions Spring Fling	30	24

THINGS ARE OPENING BACK UP... AND WE WANT YOU TO COME ON BACK AND SEE US!

CALL US AT (830) 303-6612 FOR TO-GO OR DELIVERY MEALS!

BOOK YOUR PARTY TODAY!!!

WHAT TO EAT IN APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4 EASTER	5 CHICKEN FAJITAS	6 SPAGHETTI & MEATBALLS	7 HAMBURGER STEAK	1 SMOTHERED PORK CHOPS	2 CLOSED GOOD FRIDAY	3
	12 CHILI & 11 BEANS	13 TERIYAKI CHICKEN & FRIED RICE	14 JERK PORK	8 CHICKEN POT PIE	9 FRIED FISH	10
	18 19 BEEF STEW	20 BBQ CHICKEN SLIDERS	21 SHEPPARDS PIE	15 MEATLOAF	16 FRIED SHRIMP	17 COME DANCE to WRANGLER COUNTRY 8PM
	25 FRIED STEAK	26 CHICKEN	27 SOUP & SANDWICH	22 PAPKICA BAKED CHICKEN	23 FRIED FISH	24
			28 CHICKEN ENCHILADAS	29 POLISH SAUSAGE	30 FRIED SHRIMP	

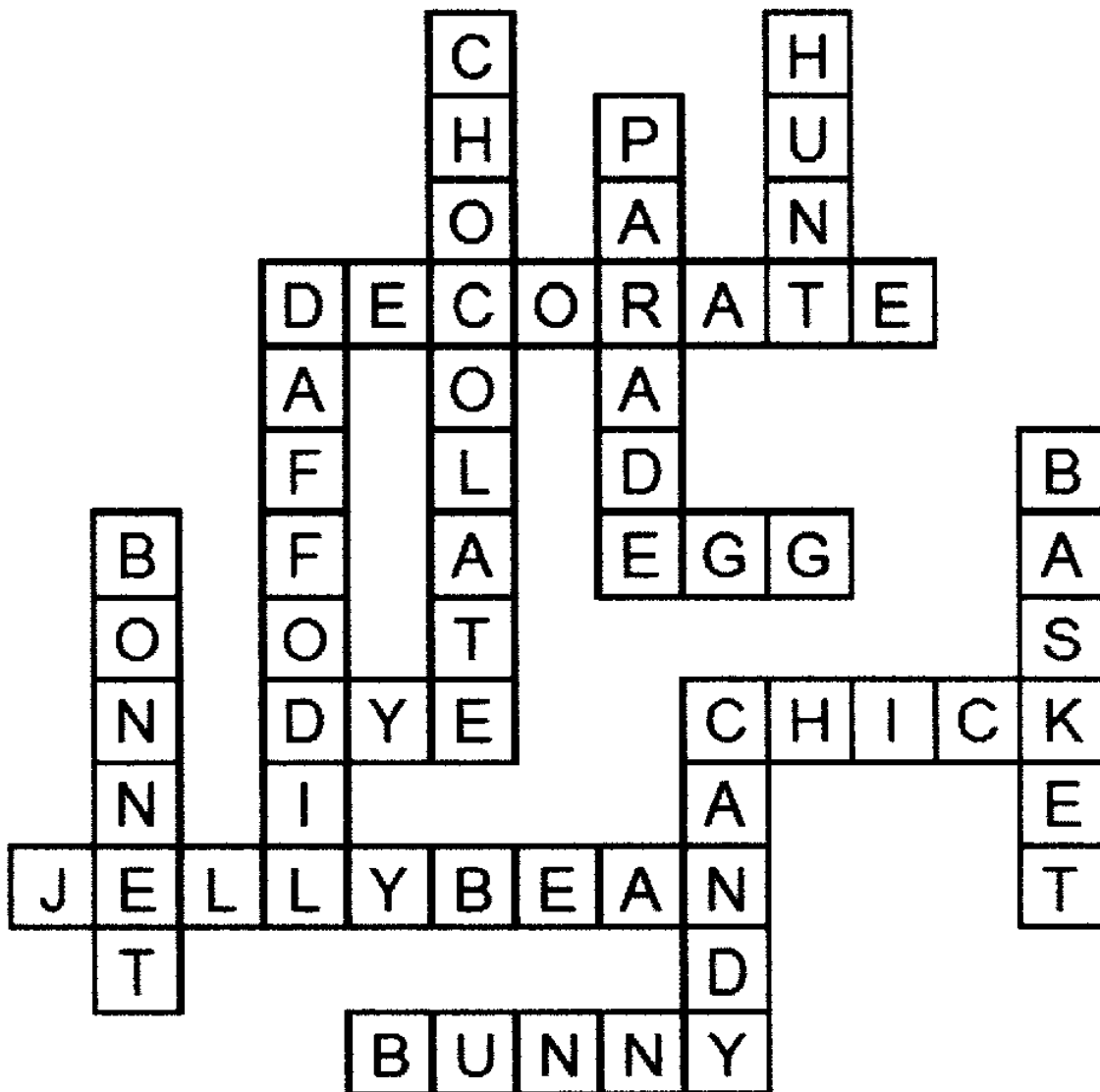
THINGS ARE OPENING BACK UP... AND WE WANT YOU TO COME AND SEE OUR NEW LOOK!

CALL US AT (830) 303-6612 FOR TO-GO OR DELIVERY MEALS!

BOOK YOUR CLUB EVENT TODAY!!!

Easter Crossword

SOLUTION



**Where there is LOVE,
there is LIFE!**

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At Gifted Hearts Hospice, We are dedicated to providing heartfelt care and spiritual support to patients and their families during the end of life transition. We have a holistic approach to end of life and palliative care. Our dedicated team works around the clock to assist with basic needs, and to ensure that each patient receives individualized care.

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1. My doctor asked if anyone in my family suffered from mental illness. I said, "No, we all seem to enjoy it."
2. I thought the dryer made my clothes shrink. Turns out it was the refrigerator.
3. I thought growing old would take longer.
4. My bucket list: keep breathing.
5. Camping: where you spend a small fortune to live like a homeless person.
6. Just once, I want a username and password prompt to say: "close enough."
7. Being an adult is the dumbest thing I have ever done.
8. I'm a multitasker. I can listen, ignore, and forget all at the same time!
9. Retirement to do list: Wake up. Nailed it!
10. Went to an antique show and people were bidding on me.
11. People who wonder if the glass is half empty or half full miss the point. The glass is refillable.
12. Retired signage: Under new management. See spouse for details.
13. When you can't find the sunshine ... be the sunshine.
14. I don't have grey hair. I have wisdom highlights.
15. Sometimes it takes me all day to get nothing done.
16. I don't trip, I do random gravity checks.
17. My heart says "chocolate and wine" -- but my jeans say, "please, please, please, eat a salad!"
18. Never laugh at your spouse's choices. You are one of them.
19. One minute you're young and fun. The next, you're turning down the car stereo to see better.
20. I'd grow my own food if only I could find bacon seeds.
21. Losing weight doesn't seem to be working for me, so from now I'm going to concentrate on getting taller.
22. Some people are like clouds, once they disappear it's a beautiful day.
23. Some people you're glad to see coming; some people you're glad to see going.
24. My body is a temple -- ancient and crumbling.
25. Common sense is not a gift. It's a punishment because you have to deal with everyone who doesn't have it.
26. I came. I saw. I forgot what I was doing. Retraced my steps. Got lost on the way back. Now I have no idea what's going on.

April 01, 1971



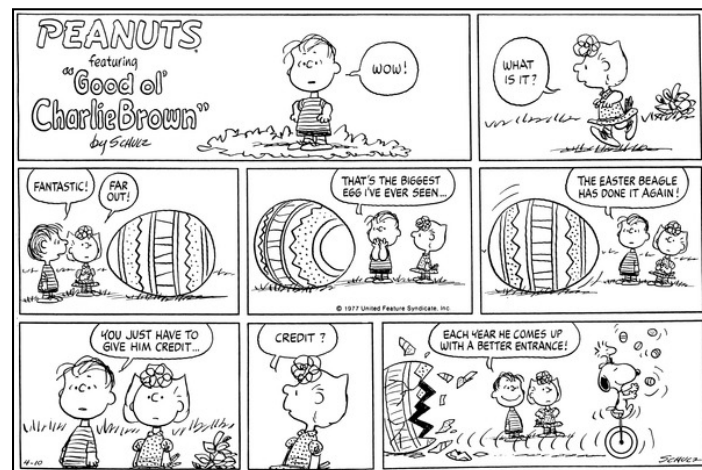
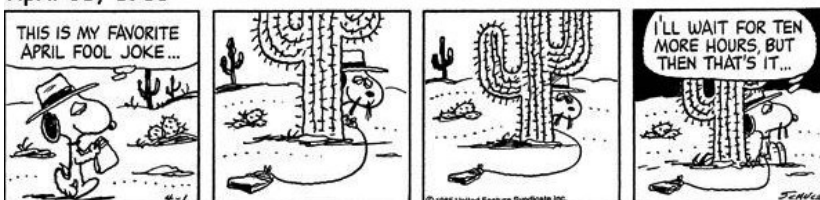
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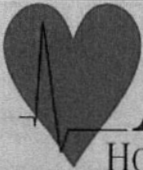


April 01, 1976



April 01, 1985




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What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

Where and by whom is this service provided?

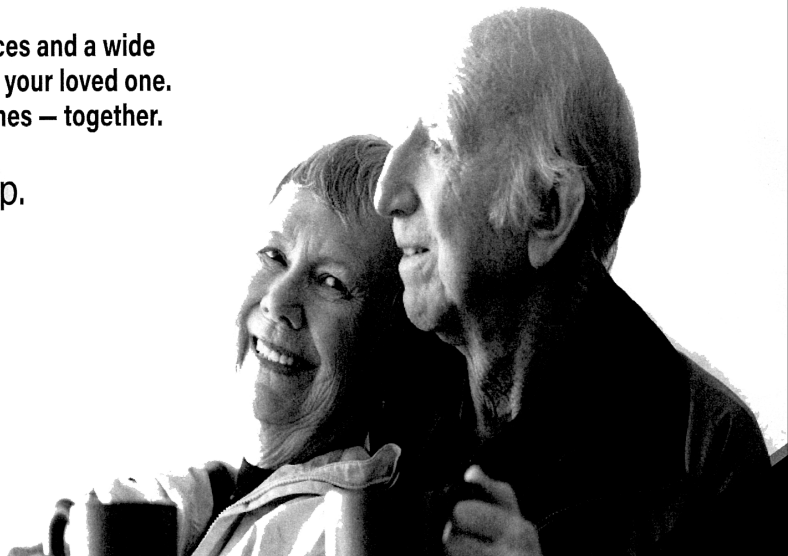
We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

Our teams of Advance Care Planning Facilitators are specially trained to guide this conversation and to complete the necessary legal documents. We will provide all advance directives and this service is at no cost to you.

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