

# The Silver Showcase

Volume 700 No.6

June 2020

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BC-HIS*

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**Phone:** (830) 303-6612

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[silvercenter@sbcglobal.net](mailto:silvercenter@sbcglobal.net)

### Website:

[www.silvercenterseguin.com](http://www.silvercenterseguin.com)

## LETTER FROM THE PRESIDENT:

Hello, ladies and gentlemen. It has been another busy month with everybody here at the Center trying to stay two steps ahead of COVID-19. Needless to say, our staff and volunteers have been absolutely amazing at keeping all of us safe.

But the Silver Center is definitely missing something---it is you, our members. Now that the state guidelines are loosening up, we are now able to have small groups, open dining, and being social at a safe distance. We here at the Silver Center are looking forward to seeing your smiling faces.

It is time for all of us to start getting back to some normalcy and quit letting the media and other factors keep us hiding in fear. That doesn't mean we all go crazy and disregard good safety practices. What I am saying is that you are all welcome to start planning, and even start having, some small gatherings, even if it is just for lunch at the Silver Center.

**“When I am afraid, I put my trust in you. In God whose word I praise,  
in God I trust; I shall not be afraid. What can flesh do to me?”**

**Psalm 56:3-4**

You are greatly missed and loved. We here at the Silver Center hope to see you soon. I pray that God continues to protect you all through the coming months. Thank you.

Danny J. Gonzales  
Board President, Silver Center



*Happy Fathers Day*



## HELLO FROM THE FRONT DESK....

First, I'd like to thank the people who have recently donated to the Silver Center. Those donations have allowed us help others (hundreds of others) the past 2 months. We served 5000 meals to people who came to our curbside pick-up! While the virus is still causing havoc in many lives, I sigh a breath of relief and send up a word of thanks to God that very few members of the Silver Center have fallen ill.

This is truly a difficult time, financially, for the Silver Center. Our busiest part of the year has unfortunately found us unable to host events. This edition of the newsletter will show you more names of people that I hope you will ALL thank for their generous donations. Times are hard for everyone, but if you can find it in your heart and in your budget to make a tax deductible donation to the Silver Center to help us stay afloat, it would certainly be appreciated. **At the end of May, you might have noticed that the Center started CLOSING on Mondays. We simply cannot afford to keep our doors open 5 days a week without more donations and more lunches being purchased.** WE CURRENTLY DELIVER 20 MEALS A DAY TO HOMES INSIDE THE CITY LIMITS. We can deliver to your home, too. It breaks my heart to be the one to start the closures. We want to be here for you Monday – Friday, and we will, as soon as the public starts eating here more or as soon as we can begin hosting public events again. Our main client is a senior citizen, and senior citizens are the most vulnerable portion of society when it comes to the COVID-19 outbreak. We understand your fear and we will hold on as long as we can. PLEASE consider coming out to lunch on a Tuesday, Wednesday, Thursday or Friday. The building is safe and clean. The food is excellent and our room is spaced out to government recommendations. I hope to see you here again soon.

As of this moment in May, as I type the newsletter, there are still no dances being allowed. When the governor says dances can start being held again, will you come? I really need to hear from you before we ask a band to come play for a dance, not knowing if they will be playing to an empty house. Since we are mainly a restaurant, our doors are currently open for meal service at 50% occupancy. That means we can host up to 150 people in Sagabiel Hall, 60 in the Ezell Room, 24 in our Conference room or 6 in the Library! We can even host a meeting if the meal is part of your meeting. Please don't forget us!

God Bless you and keep you safe. I hope to see you soon!

With Love,  
-Glenda

## BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

## DIAMOND MEMBERS

*Seguin Noon Lions*

## PLATINUM MEMBERS

Edward Jones Investments  
-(Kathy Nossaman)-  
First Commercial Bank  
Guadalupe Regional Medical Center  
Texan Renew Hearing Center


## GOLD MEMBERS

Advanced Home Health Services  
Angel Pest Control  
Nagales Garden Club  
Tres Hewell Mortuary

## STANDARD MEMBERS


First United Bank  
Emmanuel's Lutheran Church  
Guadalupe County Republican Women  
Hope Hospice  
Nesbit Living & Recovery Center  
Robinson Creek Home Health & Hospice  
Russell Zaiontz PhD, MSN, RN  
Seguin Gazette-Enterprise  
Sunrise Lions Club  
Willowbrook Personal Care Home  
Guadalupe Humane Society





We'd like to welcome you to our family. WellMed accepts patients with Medicare and select Medicare Advantage Plans.

WellMed at Seguin  
 1483 E Court St  
 Seguin, TX 78155  
 830-560-2813  
 WellMedHealthcare.com



Live Well. Live WellMed.

This is an advertisement. \*Plans vary by location and county.  
 Family\_AD TJ012114

## June Word Scramble

DFADEHEDIL \_\_\_\_\_

BALKMIA \_\_\_\_\_

BEMLALALE \_\_\_\_\_

TACRCATA \_\_\_\_\_

ETEREPIPA \_\_\_\_\_

MRGEIPA \_\_\_\_\_

BXECERELA \_\_\_\_\_

OSNIEMOL \_\_\_\_\_

EMENEARGI \_\_\_\_\_

YPONOTM \_\_\_\_\_

# ADVANCED

## Hearing aid center

Amy Trost,  
 BC-HIS, ACA  
 Owner  
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 Hearing Instrument  
 Specialist



NATIONAL BOARD FOR  
 CERTIFICATION IN HEARING  
 INSTRUMENT SCIENCES

*"to help you hear better we listen with our heart..."*

830-372-2237  
 830-372-2380 fax

111006M

"Be kind to others. Make a difference in the life of others."  
 -Volunteer



Many of you have heard this quote before, but it is still so good and a great reminder!

**"Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in."  
 SO---VOLUNTEER TODAY!**

Please call Pam Davis at 303-6612 today to volunteer a couple of hours of your time around the Center.

Volunteer Hours for for May 2020-----646 HOURS

Our Friday night dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away WHEN WE ARE ALLOWED TO. AS OF THIS PRINTING WE HAVE NOT BEEN GIVEN THE GO-AHEAD TO HOLD DANCES DUE TO SOCIAL DISTANCING GUIDELINES. The bands are top notch, so if you don't care to dance, just come to listen to the music. **Non-members admission is \$10.00 and member prices are \$8.00.** PLEASE NOTE: The doors open at 6:30 pm. BYOB is not permitted due to insurance exclusions.

## **SILVER CENTER DANCEHALL – CLASSIC COUNTRY MUSIC**

**Doors open at 6:30 PM**

**Music begins at 7:30 PM**

**510 E. Court St. Seguin, Texas 78155**

**830-303-6612**

### **2020 Schedule**

#### **June**

- 5 - Lone Star Pickerz  
12 - Carol Cochran/Shades of Country  
19 - Cactus Country  
26 - Randy Harrison

**CANCELLED**

#### **July**

- 3 - Randy Carson  
10 - Most Wanted  
17 - Wrangler Country  
24 - Jay Eric & Friends  
31 - Bob Appel

#### **August**

- 7 - Gabe Galvan  
14 - Most Wanted  
21 - Countrymen  
28 - Randy Carson

#### **September**

- 4 - Good Ole Boys  
11 - Cactus Country  
18 - Carol Cochran/Shades of Country  
25 - Lone Star Pickerz

#### **October**

- 2 - Jay Eric & Friends  
9 - Vernon & Friends  
16 - Randy Harrison  
23 - Bob Appel  
30 - Wrangler Country

#### **November**

- 6 - Good Ole Boys  
13 - Tom Teboe  
20 - Countrymen  
27 - Carol Cochran/Shades of Country

#### **December**

- 4 - Cactus Country  
11 - Gabe Galvan Band  
18 - Lone Star Pickerz  
25 - Merry Christmas/NO DANCE  
31 - Paul Sanchez & Wrangler Country







*Birthdays  
of the Month*

“If your birthday is in **APRIL, MAY, or JUNE** come by the business office and pick up your free lunch coupon. **We WANT TO CELEBRATE YOU!** Come and enjoy a hot, delicious lunch on us! If your birthday did not make it on our list, please come by so we can update your membership.”

**JUNE BIRTHDAYS**

Sergei Ceyanes	6/1
Sandra Clopton	6/2
Joyce Pierce	6/2
Paula Mehall	6/3
Julie Peterson	6/3
Mercedes Sanchez	6/6
Shirley Hicks	6/6
Myrtle Huebinger	6/7
Larry Keil	6/7
Gary Kolb	6/8
Glen Soefje	6/8
Dr Dennis McIntosh	6/12
Miguel Quiroga	6/16
Larry Hicks	6/19
Joseph Cole	6/20
Willo Mae Richter	6/20
Bobby Pees	6/21
Lucy Martinez	6/25
Michael Stutler	6/26
Doan Van Tran	6/27
Glenna McKandles	6/28
Elena Hyatt	6/28
Grace Zimmerman	6/29

**STAY ACTIVE WITH TAI CHI**

There will be no Tia Chi classes for a few weeks.

Please call in  
before coming to see if  
the class will be held.

830 303-6612

**WINDSOR**  
NURSING AND  
REHABILITATION CENTER  
OF SEGUIN

**Core Values**  
Communication  
Service  
Higher Standards  
Growth  
Fiscal Responsibility

Our 122-bed facility offers the *Very Best* in long-term care and is staffed by licensed registered nurses, licensed vocational nurses, certified medication aides, and certified nurses aides.



Medicare & Medicaid Certified  
Personalized Therapy & Rehabilitation Services  
Physical, Occupational, Speech & IV Therapies  
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1219 Eastwood Drive • Seguin, Texas 78155  
[www.WNRCSeguin.com](http://www.WNRCSeguin.com)



# JUNE 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Dining room closed	2 11:00 - 1:00 Lunch	3 11:00 - 1:00 Lunch	4 11:00 - 1:00 Lunch 12:00 Noon Lions Officer Installation	5 11:00 - 1:00 Lunch	6 8:00 Farmer's Market
7 2:00 City of Hope Church	8 Dining room closed 6:00 Gideons	9 11:00 - 1:00 Lunch	10 11:00 - 1:00 Lunch	11 11:00 - 1:00 Lunch 12:00 Noon Lions	12 11:00 - 1:00 Lunch	13 8:00 Farmer's Market

Need Room for Social Distancing?

Call us. 303-6612

We have large rooms that can accommodate your  
Social Distancing needs.

<p><b>14</b> 2:00 City of Hope Church</p>	<p><b>15</b> Dining room closed</p>	<p><b>16</b> 11:00 - 1:00 Lunch 6:00 Nogales Garden Club</p>	<p><b>17</b> 11:00 - 1:00 Lunch</p>	<p><b>18</b> 11:00 - 1:00 Lunch 12:00 Noon Lions</p>	<p><b>19</b> 11:00 - 1:00 Lunch</p>	<p><b>20</b> 8:00 Farmer's Market</p>
<p><b>21</b> 2:00 City of Hope Church</p>	<p><b>22</b> Dining room closed</p>	<p><b>23</b> 11:00 - 1:00 Lunch</p>	<p><b>24</b> 11:00 - 1:00 Lunch 11:30 Seguin Area Chamber of Commerce Luncheon</p>	<p><b>25</b> 11:00 - 1:00 Lunch 12:00 Noon Lions</p>	<p><b>26</b> 11:00 - 1:00 Lunch</p>	<p><b>27</b> 8:00 Farmer's Market Armor Tactical Handgun Class</p>
<p><b>Lunch is served Tuesday – Friday until further notice.</b></p> <p><b>Check out our menu for yummy lunch options.</b></p> <p><b>Call ahead for special orders.</b></p>						
<p><b>28</b> 2:00 City of Hope Church</p>	<p><b>29</b> Dining room closed</p>	<p><b>30</b> 11:00 - 1:00 Lunch</p>				

# June Menu

Serving from 11:00 - 1:00

Entrees Served with 2 Sides, Salad, Roll, Dessert, Freshly Brewed Iced Tea or Coffee  
\$8.00

Monday	Tuesday	Wednesday	Thursday	Friday
1 Dining Room Closed	2 Fried Chicken	3 Smothered Pork Chops	4 Beef Lasagna	5 Fish or Shrimp
8 Dining Room Closed	9 Meatloaf	10 Paprika Chicken	11 Roast Pork	12 Fish or Shrimp
15 Dining Room Closed	16 Roast Beef	17 King Ranch Chicken	18 Beef Enchiladas	19 Fish or Shrimp
22 Dining Room Closed	23 Sausage Links	24 Spaghetti & Meat Sauce	25 Shepherd's Pie	26 Fish or Shrimp
29 Dining Room Closed	30 Smothered Hamburger Steak	<b>Invite a friend to Lunch!! We have plenty of room to Social Distance.</b>		

The Silver Center serves made-to-order Sandwiches and Salads for \$8.00

Choice of chips or fruit, with freshly brewed iced tea or coffee

CALL AHEAD FOR AVAILABILITY

## SANDWICHES

Classic Club  
Ham and Cheese  
Turkey and Bacon  
Chicken or Tuna Salad  
Pimento Cheese

## SALADS

Chef Salad  
Chicken Salad Plate  
Tuna Salad Plate  
Grilled or Fried Chicken Salad

To-Go orders and Delivery in a limited area available for an additional charge.

A tray of sandwiches is great for office lunch meetings. Call for more information. 303-6612

Do you ask people to repeat?  
 Do you miss out on the punchline of jokes?  
 Does your family complain the TV is too loud?  
 Do you answer yes without knowing the question?  
 Do you need to see someone's face to hear them?

If your answer is yes to 2 or more questions, call today to schedule a FREE hearing screening!  
 Your Hearing Health is Important!

We service all makes and model of hearing devices!



Denise Kopecki, BC-HIS  
 Board President



519 King St. Ste 104, Seguin, TX 78155  
[www.texanhearingcenter.com](http://www.texanhearingcenter.com) (830) 399-4195

## A Personal Invitation.

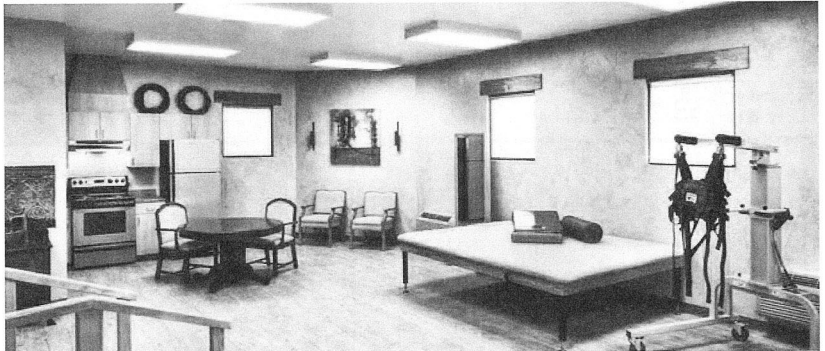
Nesbit LRC has been voted **"Best Nursing/Rehab Facility in Seguin"** four years in a row by the community in the Seguin Gazette Enterprise poll.

Our newly remodeled facility, family owned and operated since 1958, offers a wide array of recovery and rehabilitation services.

When you can't live or recover in your own home, we invite you to ours.



1215 Ashby Street Seguin, TX 78155  
 (830) 379-1606 • [www.nesbitlrc.com](http://www.nesbitlrc.com)



MEET Chuy...



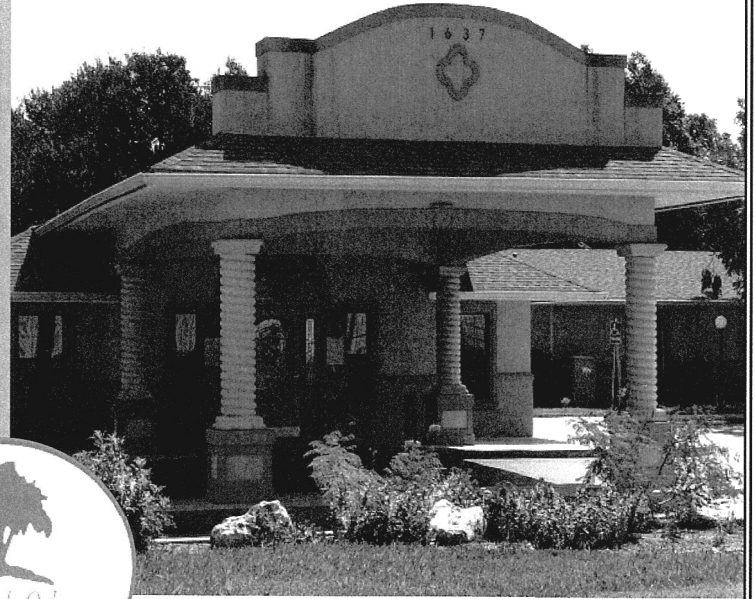
*Our Facility Pet Chuy is just one of the ways we deliver*

## Memory Care Beyond Compare!

*(But he's definitely the cutest)*

### We also Offer:

- Enhanced Activity Program
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- Respite - Hospice Care
- WanderGuard ® Security
- Gardening, Beauty Parlor, Wal-Mart Shopping



Whether you need Fast Track Rehab or Long Term Care, we want you to experience why our residents say ...

*"When you can't be at home, Come to our Hacienda"*

**1637 N. King ♦ Seguin, TX 78155**

Call and ask about medicaid pending.

For referrals please call anytime, Rosie Jimenez

Cell: 830-491-9236 Fax: 830-303-7153

VA Contract Accepted

## FIND YOUR NAME

*A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.*

**NJAO EYCENEA**



*Our care makes the difference.  
Our heart makes it home*

- \* Skilled Nursing Care
- \* Physical, Occupational & Speech Therapies
- \* Rehabilitation available up to 6 days a week
- \* Stroke Rehabilitation
- \* Complex wound care
- \* Tracheostomy care
- \* E-stim, Vital-stim & Ultrasound
- \* Wii-abilitation
- \* Delicious meals

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Gonzales, Texas 78629  
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Fax: 830-672-4543  
www.TheHeights

### COUNTRY CARE MANOR REHABILITATION & LONG TERM CARE

2736 fm 775  
Lavernia, Texas 78121  
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Fax: 830-779-5503  
www.CountryCare.com



Yoga Class  
will not be  
meeting  
until further notice





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*Mon. Tues. & Thurs. 8-5 • Wed 8-1 • Fri 8-4*



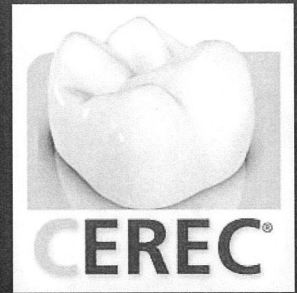
Sounds like a great night out for family and friends, doesn't it? On every 2nd Tuesday, The Silver Center is having a GROUP GAME NIGHT. The doors open at 6:00 PM and close at 8:00 PM.

**The cost: \$2.00 per person for members and \$2.50 per person for non-members.**

**Here are the Rules:**

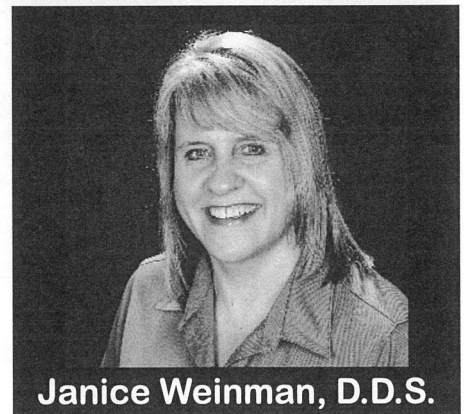
1. You will need to be part of a group or start a new group or have a new table with a standing group. If you don't know if there is a group playing "YOUR" game, call the center and get connected with others that might also be looking for an open group.
2. When you call (830-303-6612) to reserve your space, give a head count of the people in your party so that a table can be set up for your group.
3. Call by Thursday, June 4 to reserve your spot!
4. Bring your own cards, game pieces, or whatever you need for your game.
5. Bunco, Bridge, Poker, Mahjongg, Pinochle, or any other game is okay by us.
6. Please tidy up your own area before you leave at 8:30 p.m.

Sound like fun? Well, it is and it is also a wonderful time to play and relax with your family and friends. Please join us and don't forget to call for your reservation!



*Same Day  
CROWNS*

Our Mission is to bring health & beauty to the patients that entrust their SMILES to our TEAM!



**Janice Weinman, D.D.S.**

**SMILE AWHILE**  
Submitted by Velma Buie

**Funny Things Kids Might Say**

My 3 year old son had a lot of problems with potty training, and I was on him constantly. One day we stopped at Taco Bell for a quick lunch in-between errands. It was very busy, with a full dining room. While enjoying my taco, I smelled something funny, so of course, I checked my 7 month old daughter, and she was clean. Then I realized Matt had not asked to go to the bathroom in a while. So I asked him, "Do you need to go potty?" He answered, "No." I kept thinking, "Oh Lord, that child has had an accident, and I didn't bring him a change of clothes." Then I asked, "Matt, are you sure you didn't have an accident?" "No," he replied. I just knew he must have because the smell kept getting worse. So, I asked one more time. Matt jumped up from his chair, yanked down his pants, bent over, spread his cheeks, and yelled..."SEE MOM, IT'S JUST FARTS!" While 20 people nearly choked to death on their tacos, he calmly pulled up his pants and sat back down to eat, as if nothing had happened. I was mortified! Some kind elderly people made me feel a lot better when they came over and thanked me for the best laugh they had every had! Another gentleman stopped us in the parking lot as we were leaving, bent over to my son and said, "Don't worry son, my wife accuses me of the same thing all the time. I just never had the nerve to make the point like you did."

**Lost**

A little boy got lost at YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover. The little boy watched in amazement, and then asked, "What's the matter? Haven't you ever seen a little boy before?"

**Draw a Picture**

The teacher asked her students to draw a picture of their favorite Old Testament story, and as she moved around the classroom, she saw there were many wonderful drawings being done. Then she came across Johnny who had drawn an old car. In the back seat was a scantily clad man and woman. "It's a lovely picture," said the teacher, "But what story does it tell?" Johnny seemed surprised at the question. "Well," he exclaimed, "Doesn't it say in the Bible that God drove Adam and Eve out of the Garden of Eden?"

**Sermon**

The Preacher was winding up his temperance sermon with great fervor. "If I had all the beer in the world, I'd take it and throw it in the river." And the congregation cried, "Amen!" Then he said, "And if I had all the wine in the world, I'd take it and throw it in the river." And again, the congregation cried, "Amen!" The Preacher then sat down, and the Deacon stood up and announced, "Let's turn to page 126 and sing, "Shall We Gather At the River."

**I love Pizzas**

I love the outdoors and because of my passion for hunting and fishing, my family eats a considerable amount of wild game. So much, in fact, that one evening as I set a platter of broiled venison steaks on the table, my ten year old daughter looked up and said, "Boy, it sure would be nice if Pizzas lived in the woods."

**Cremation**

I was talking with a girlfriend yesterday and I asked her, "Why in the world did you decide to be cremated?" She replied, "Because it's my last chance to have a steaming HOT BODY!"

**Good Advice**

On the first day of school, a first grader handed the teacher a note from his mother. It read, "The opinions expressed by this child are not necessarily those of his parents."





# THE Silver CENTER

## LUNCH AND LEARN

On Monday, April 6, Blake Management Group HAD TO CANCEL THEIR EVENT BUT THEY WILL BE BACK WHEN THE VIRUS IS GONE!

On Tuesday, April 14, American Senior Benefits is being presented at 11:30 us for this informative topic. Again, call 303-6612 for reservations.

On Thursday, April 16, a very interesting and informative discussion on the "Stages of Alzheimer's". This discussion starts at 11:00. Be sure to call for reservations at 303-6612 for a seat and additional lunch.

## SEMINAR

on Monday, April 27, 2020. **Are You May Qualify for Assistance?** For more information and a reservation. **THEY WILL NOT BE PROVIDING LUNCH BUT HE MAY BE ABLE TO QUALIFY YOU FOR HELP WITH MEDICARE COSTS IF YOU ARE ONLY RECEIVING SOCIAL SECURITY AS YOUR INCOME!**

# LUNCH & LEARN



**CANCELLED UNTIL FURTHER NOTICE**

## Drinking From My Saucer

Submitted by Velma Buie.

I've never made a fortune,  
And it's probably too late now.  
But I don't worry about that much, I'm happy anyhow.  
And as I go along life's way  
I'm reaping better than I sowed.  
I'm drinking from my saucer,  
'Cause my cup has overflowed.

Haven't got a lot of riches,  
And sometimes the goings tough.  
But I've got loving ones all around me,  
And that makes me rich enough.  
I thank God for His blessings,  
And the mercies He's bestowed.  
I'm drinking from my saucer,  
'Cause my cup has overflowed.

I remember times when things went wrong,  
My faith wore somewhat thin.  
But all at once the dark clouds broke,  
And the sun peeped through again.  
So Lord, help me not to gripe,  
About the tough rows I have hoed.  
I'm drinking from my saucer,  
'Cause my cup has overflowed.

If God gives me strength and courage,  
When the way grows steep and rough,  
I'll not ask for other blessings,  
I'm already blessed enough.  
And may I never be too busy,  
To help others bear the loads...  
Then I'll keep drinking from my saucer,  
'Cause my cup has overflowed.

## **Volunteer Hours -Month of May -646 Hours**

Thank you to the many volunteers who have donated their time to help us here at the Center during the pandemic. I urge each of our regular volunteers to return to their designated positions.

Deuteronomy 31:8 says “He will never leave you nor forsake you. Do not be afraid; do not be discouraged.” When you’re fearing a situation or challenge, really envision God saying this, just to you. He’s on your side. No matter who leaves after promising forever. So much fear is based on the wrong assumption. God actually commands us not to fear, or worry. The phrase “fear not” is used at least 80 times in the Bible, most likely because He knows the enemy uses fear to decrease our hope and limit our victories. When we really meditate on this truth, it’s hard to remain fearful about the trials we face. By focusing on Him and how He considers us his prized, redeemed ones, our focus naturally shifts from fear to faith. Fear has no place in the heart or mind of a believer. Ask God to increase your trust and faith in his willingness and ability to deliver you completely from fear and anxiety. Ask for a deeper revelation of his love, and watch how powerfully he moves.

When Prayers go up...Blessings come down. Pray this little prayer today and see what happens. “Father, thank you that I can embrace life and see my days filled with good by taking control of what I say. I choose in advance to watch my words carefully today. I ask You to help me keep my lips sealed when I’m tempted to complain and argue.

In Jesus name, Amen.”

**A BIG THANK YOU TO THE FOLLOWING PEOPLE  
AND BUSINESSES FOR THEIR DONATIONS!**

Barbara Behal	Guadalupe County Sheriff's Department
Norma Colunga	Clara Mae Marcotte
Charles Dilocker	Melvin and Joy Strey
Kelly Follis	Alan Bode
Stanley and Susan Casto	Rebecca Meckel
George Ann Fuqua	Cecilia Trinidad
Geronimo Lion's Club	Rep. John Kuempel
E. Keith and Claire Huebinger	Knights of Columbus
Kathy Nossaman	Cherryl Baethge
Gloria Osborn	Mel and Patricia Grones
Billy and Margie Roy	Deborah Smith
Clarence and Joyce Voss	Tres and Melanie Hewell
Michael and Gladys Willard	Carol Szymczak
Judy Johnson	Theodore and Adela Barrientos
Sunrise Lions	Nell Martin
Noon Lions	Marcie Boone
Melvin Voight	

**Another HUGE THANK YOU to our Drivers.**

Kenneth Bloodworth

Sierra and Michele Knight

Bill Davis

Yancey McCartney

Dana Dawson

Gerald and Karen McMath

Sandy Gensiak

Milt Watson

Karen Persyn

Mike and Catherine Wilson

Bobby Vandervere



- Large Apartments/3 floor plans to choose from
- Selective menu at all meals
- Daily Activities
- Loving Competent Care
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**June  
WORD SCRAMBLE  
ANSWERS**

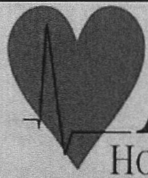
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## What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

## What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

## Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

## Where and by whom is this service provided?

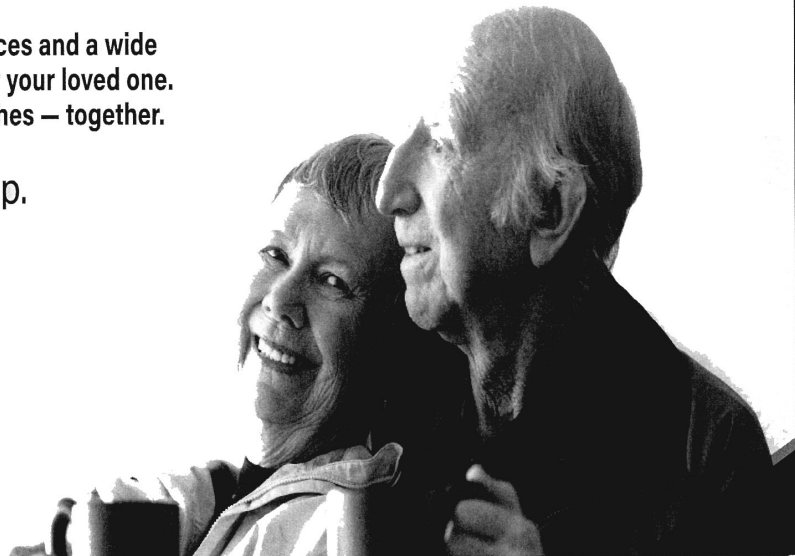
We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

Our teams of Advance Care Planning Facilitators are specially trained to guide this conversation and to complete the necessary legal documents. We will provide all advance directives and this service is at no cost to you.

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## **“SOMEONE ELSE” went away**

Submitted by Velma Buie

We are saddened to learn of the loss of one of our most valuable members---”**SOMEONE ELSE**”.

**SOMEONE’S** passing creates a vacancy that will be hard to fill. **SOMEONE ELSE** has been with us for many years and for every one of those years, **SOMEONE ELSE** did far more than a normal person’s share of work. Whenever there was a class to teach, a job to do, or a meeting to attend, one name was on everyone’s list. “**LET SOMEONE ELSE DO IT.**”

Whenever leadership was mentioned, this person was looked to for inspiration as well as results...”**SOMEONE ELSE** can work with that group.”

It was common knowledge that **SOMEONE ELSE** was among the most liberal givers in our lodge. Whenever there was a financial need, everyone just assumed **SOMEONE ELSE** would make up the difference.

**SOMEONE ELSE** was a wonderful person; sometimes appearing superhuman. Were the truth known, everybody expected too much from **SOMEONE ELSE**. Now **SOMEONE ELSE** is gone!

We wonder what we are going to do. **SOMEONE ELSE** left a wonderful example, but who is going to follow it? Who is going to do the things that **SOMEONE ELSE** did? When you are asked to help this year, remember...we can’t depend on **SOMEONE ELSE** anymore.

This article was taken from a church bulletin several years ago. It still has a profound meaning today.

### **Something to Make You Smile**

- 1) Out of my mind. Back in five minutes.
- 2) Nyquil, the stuffy, sneezy, why-the-heck-is-the-room spinning, medicine.
- 3) God must love stupid people; He made so many!
- 4) The gene pool could use a little chlorine.
- 5) Consciousness: That annoying time between naps.

## **The Importance of Walking: Walking Can Add Minutes to Your Life** **Submitted by Velma Buie**

- \* My grandpa started walking five miles a day when he was 60. Now he is 97 years old and we don't know where he is.
- \* I like long walks --Especially when they are taken by people who annoy me.
- \* The only reason I would take up walking is so that I could hear heavy breathing again.
- \* I have to walk early in the morning, before my brain figures out what I am doing.
- \* I joined a health club last year. I spent about 400 bucks. Haven't lost a pound! Apparently you have to go there.
- \* Every time I hear the dirty word "exercise," I wash my mouth out with chocolate!
- \* I do have flabby thighs, but fortunately my stomach covers them.
- \* The advantage of exercising every day: So that you die healthier and they'll say, "Well she looks good, doesn't she?"
- \* If you are going to try cross-country skiing, start with a small country.
- \* I know I got a lot of exercise the last few years---Just getting over the hill.
- \* We all get heavier as we get older, because there's a lot more information in our heads. That's my story, and I am sticking to it!
- \* Every time I start thinking too much about how I look, I just find a Happy Hour , and by the time I leave, I look just fine!

It is well documented that for every minute that you exercise, you add 1 minute to your life!

This enables you at 85 years old to spend an additional 5 months in a nursing home at \$5,000 per month.

## PROVERBS

Submitted by Velma Buie

1. Patience is a bitter plant, but it has sweet fruit.
2. If the heart is right, the head can't be very wrong.
3. Find the good in everyone and praise it.
4. God could not be everywhere, and therefore he made Mothers.
5. Love doesn't make the world go round, but it makes the ride worthwhile.
6. Your dimples you get from your parents, your wrinkles from your children.
7. They tell you that you will lose your mind when you grow older. What they don't tell you, is that you won't miss it very much.
8. Never lose a chance of saying a kind word.
9. If you always give, you will always have.
10. If you need help, ask God. If not, Thank God!
11. Life doesn't come wrapped with a big bow, but it is still a gift.
12. God made wrinkles to show where smiles have been.

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