

# The Silver Showcase

Volume 1000 No.6

Email: [silvercenter@sbcglobal.net](mailto:silvercenter@sbcglobal.net) • Website: [www.silvercenterseguin.com](http://www.silvercenterseguin.com)

June 2023

## Board of Directors

### President

*Rosie Van Booven*

### Vice President:

*Elizabeth Martin*

### Treasurer:

*Martha Greenlaw*

### Secretary:

*Syndee Bundick*

### Board Members

*Barbara Behal*

*Gary Kubenka*

*Norman Partain*

### Bingo Chair

*Gay Lynn Olsovsky*

## SILVER CENTER STAFF

### Executive Director

*Glenda Layton*

### Book Keeper

*Pat Weber*

### Cook

*LuAnn Archibeque*

### Catering

*Mike Selph*

### Catering Staff

*Pierce Law*

*Shelly Lindsey*

*Kelly Perkins-Orozco*

### Janitor

Phone: (830) 303-6612

Fax: (830) 379-3813

Letter From the President:

## Hello Friends!

Another month has passed us by and summer is upon us! This spring we certainly were blessed with rain showers and everything is green and colorful. We need to enjoy it while it lasts because we know what South Texas summers will do to us!

Our schedule at the Silver Center is really busy these days and we truly appreciate our community thinking of us when a venue is needed. We do not receive any governmental subsidies, so we count on meetings, events and donations to pay our bills. Please let us know if we can help you plan your special event or a catered meal.

Our annual Rock the Runway fundraiser will be held on June 22nd. It should be a fun evening with Mayor Donna Dodgen and Lynette Best Gray being our announcers!! Local vendors will be providing models and items from their stores and the Silver Center will be providing heavy hors d'oeuvres! Our cash bar will be open. Table sponsorships are available as well as individual tickets by calling or stopping by. We hope to see you there!!

Check our calendar for upcoming dances. I always enjoy seeing the dance floor full of folks enjoying life! That is what it's all about!!

As always, take care and stay safe! We hope to see you soon!!

Rosie Van Booven



## HELLO FROM THE FRONT DESK....

June. Already? It's truly been a blessing to see our business bounce back after 2 very lean years. We hope you choose to host an event with us or join us at an event here soon!

Covid really knocked the wind out of us but it looks like everyone is happy, healthy and ready to party! We've been holding several birthday parties every month and several anniversary parties and weddings, too! Add in a dance on the 4th Friday and we are some kind of **BUSY!**

**THANK YOU ALL FOR YOUR MEMBERSHIP RENEWALS AND YOUR FAITH IN US.**

**IT TAKES A VILLAGE TO KEEP THIS PLACE ROLLING AND I HAVE THE BEST STAFF AND BOARD OF DIRECTORS THAT I HAVE EVER BEEN ABLE TO WORK WITH. THEY SMILE AND HELP AND TRULY HAVE LOVE FOR THE SILVER CENTER IN THEIR HEARTS.**

**THIS IS WHAT MAKES COMING TO WORK WORTHWHILE. THANK YOU & MAY GOD BLESS YOU ALL!**

Happy Summer! Come out and see us!

Glenda Layton

## **BUSINESS MEMBERS**

The Silver Center is sincerely grateful for the support of our faithful Business Members.

## **DIAMOND MEMBERS**

*Seguin Noon Lions*

## **PLATINUM MEMBERS**

Guadalupe Regional Medical Center  
CMC Commercial Metal Company

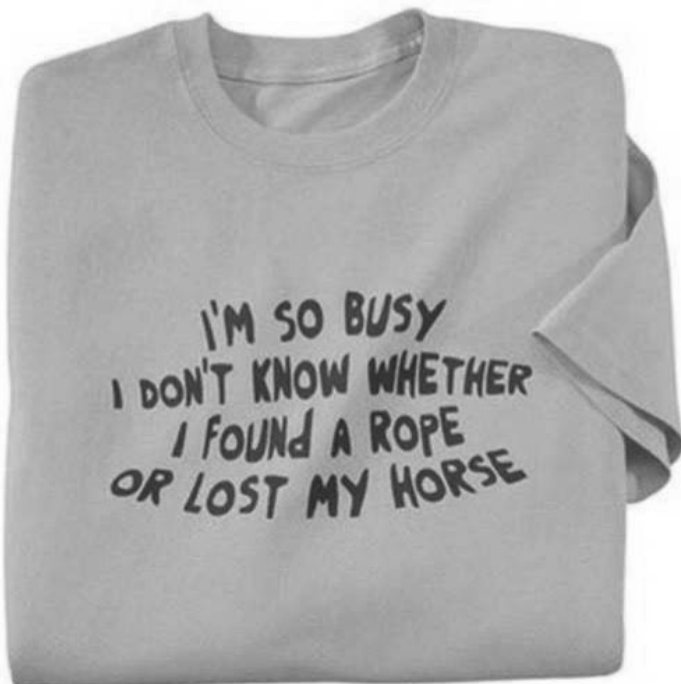
## **GOLD MEMBERS**

Advanced Home Health Services  
First United Bank  
Tres Hewell Mortuary  
Excelin Health, LLC \* Concentration

## **STANDARD MEMBERS**

Emanuel's Lutheran Church  
Guadalupe County Republican Women  
Nesbit Living & Recovery Center  
Seguin Gazette-Enterprise  
Sunrise Lions Club  
Guadalupe Humane Society  
Gary Kubenka Painting  
Mid Texas Symphony Guild  
NOVA Access Flooring  
Westerhom-Koehler Insurance





## June Word Scramble

BECHA -----  
 EABABLLS -----  
 CIE ECRAM -----  
 NMGISWIM -----  
 PCIICN -----  
 NVCTIOAA -----  
 SWURENOLF -----  
 ROMEWATENL -----  
 SCESNTDAAL -----  
 HTAE -----  
 BOIGATN -----  
 POLO -----

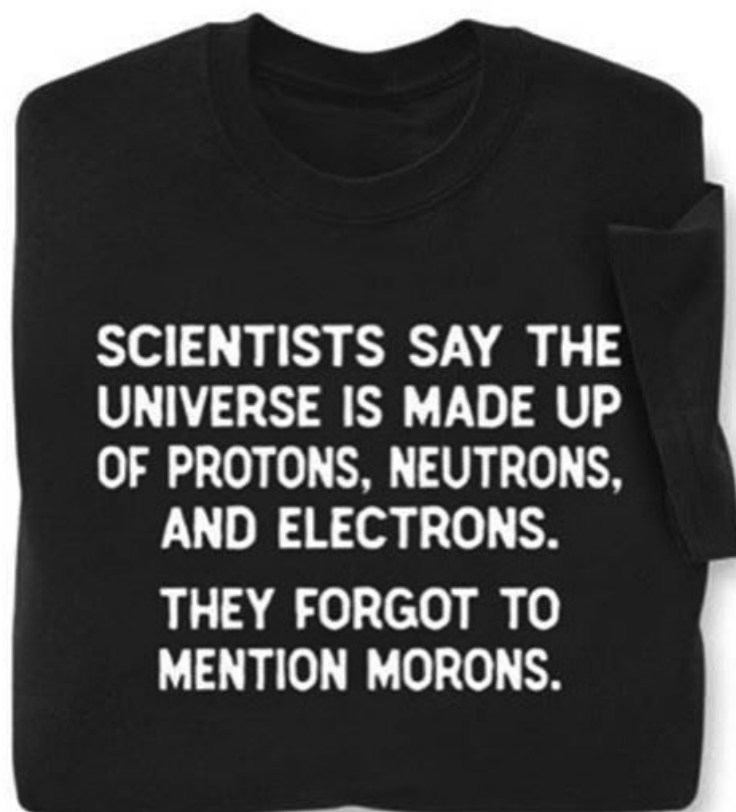
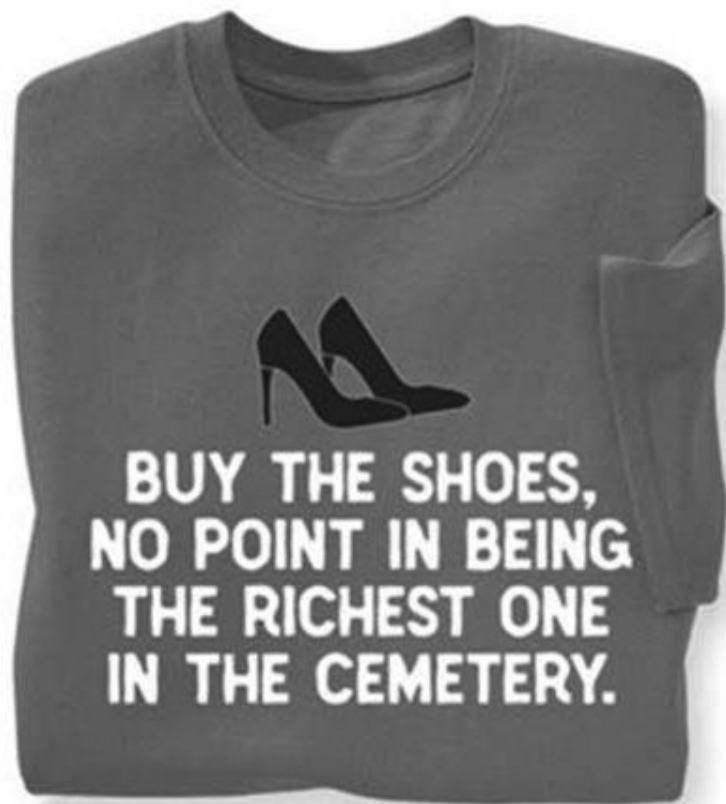
Please call Glenda Layton at (830) 303-6612 today to  
 volunteer a couple of hours of your time  
 around the Center.

VOLUNTEER - HOURS - JUNE  
 510 Hrs

THANK YOU to all of our VOLUNTEERS that helped us  
 serve our community at The Bras for a ccause event in  
 March...and those who are helping us deliver meals!

May God Bless all of our Board of Directors who volunteer  
 so much of their time to assist us with special events, dances,  
 and more!

### DONATIONS FOR JUNE



## Seguin Rocks the Runway 2023

Join us on **Thursday, June 22, 2023**, in The Crystal Chandelier Ballroom, 510 E. Court St., for a fun and fashion-filled evening.

Mayor Donna Dodgen and Lynette Gray are our hostesses for this fabulous evening—featuring delicious appetizers, fun and tasty beverages, Seguin's fun fashion, apparel, and more! WE HOPE TO SEE YOU HERE!

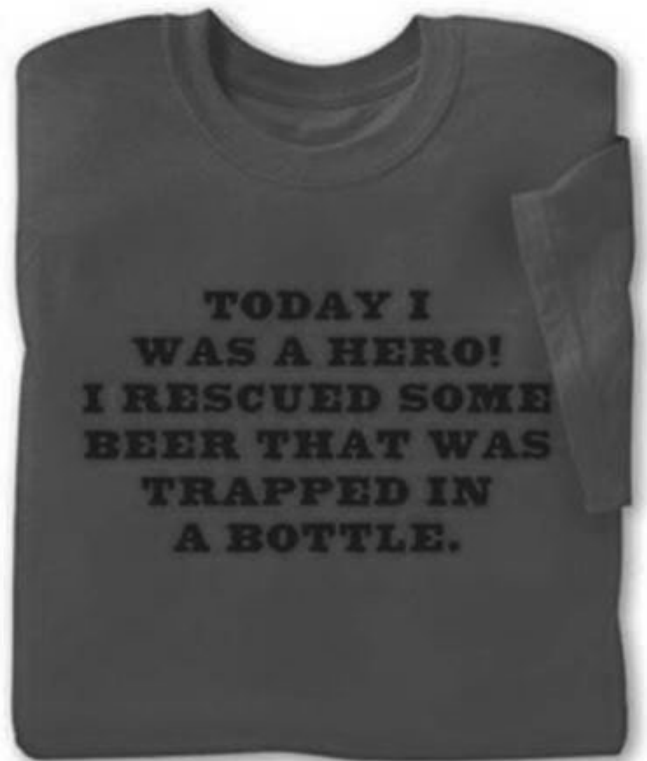


## Birthdays of the Month

If you have an April birthday, and are not on our list, please call us so we can update our records! Please note we currently make **to-go** lunches, with **preorder** on Tuesday or Thursday!

### JUNE BIRTHDAYS

Sandra Clopton	6/2
Julie Peterson	6/3
Gary Kolb	6/8
Nancy Motl	6/11
Dr. Dennis McIntosh	6/12
Allan Swicegood	6/14
Joseph Cole	6/20
Clint McGuffin	6/21
Bob Hyatt	6/28
Glenda McKandles	6/28
Pat Sangurima	6/28



# We ♥ Our



LuAnn Archibeque

Barbara Behal

Syndee Bundick

Velma Buie

“Buster” Cage

Mary Jane Cage

Bill Davis

Pam Davis

Brenda Englemann

Tom Franczak

Martha Greenlaw

Shirla Humistan

Bob Kellner

Gary Kubenka

Pierce Law

Glenda Layton

Sharee Layton

Shelly Lindsey

Karen McMath

Betsy Martin

Paul Martin

Evelyn Martin

Grace Mugrage

Gay Lynn Olsovsky

Norman Partain

Kelly Perkins-Orozco

Ella Pullen

Kay Stuart

Rosie Van Booven

Pat Weber

## Smile A While (Submitted by Velma Buie)

### SAD NEWS FROM MINNESOTA

The Pillsbury doughboy died yesterday of a yeast infection and trauma complications from Repeated pokes in the belly. He was 75. Doughboy was buried in a lightly greased coffin. Dozens of celebrities turned out to pay their respects, including Mrs. Buttersworth, Hungry Jack, The California Raisins, Betty Crocker, The Hostess Twinkies, and Captain Crunch. The grave site Was piled high with flours. Aunt Jemima delivered the Eulogy, and lovingly described Doughboy As a man who never knew how much he was kneaded.

Born in Minnesota, doughboy rose quickly in show business; his later life was filled with turnovers. He was not considered a very smart cookie, wasting much of his time on half baked schemes. Despite Being a little flaky at times, he was a crusty old man, and was considered a positive role model for Millions. Doughboy is survived by his wife, Play Dough, three children; John Dough, Jane Dough, and Dosey, plus they had one more in the oven. He is also survived by his elderly father, Pop Tart. He was laid in the oven at 3:50 for about 20 minutes.

If you smiled while reading this, please rise to the occasion and pass it on to someone who is having A crummy day and is kneading a lift.

### NEWS FROM THE NURSING HOME

80 Year old Bessie, burst into the recreation room at the retirement home. She holds up her clenched Fist in the air and announces, "Anyone who can guess what is in my hand, can sleep with me tonight!" An elderly gentleman in the back of the room shouts, "An elephant?" Bessie thinks about it for a moment or two and finally answered, "That's close enough."

### Everything is big in Texas

A Texas farmer took a long awaited trip to Australia. There he met a local farmer, who showed off his Wheat field. The Texan boasted, "We have wheat fields in Texas, so big they'll make yours look like a postage stamp." Then they walked around the ranch as the Australian showed off a pasture with a herd Of cattle grazing. The Texan said, "we have cattle ranches so big, they'll make yours look like an ant colony." Finally, the Texan saw a herd of Kangaroos hopping through the field. "What in the heck are Those?" Asked the Texan. The Australian Farmer turned to the Texan and asked, "don't you have grasshoppers in Texas?"

### MILK ANYONE:

A Man goes to the skin doctor with a rare skin disease. The doctor says, "Try taking a milk bath." So the guy goes to the grocery store and tells the dairy manager he needs enough milk to take a milk bath. The dairy guy asks, "Do you want that pasteurized?" "Nah", the man replied, "Up to my chin should do it."

### SEARCHING FOR Jesus

A drunk was stumbling through the woods, totally drunk, when he comes upon a preacher baptizing people in the river. He proceeds to walk into the water and bumps into the preacher. The preacher turns around and is almost overcome by the smell of booze. He asks the drunk, "are you ready to find Jesus?" The drunk replies, "Yes I am." So the preacher grabs him and dunks him in the water. The preacher pulls Him up, and asks, "Brother have you found Jesus?" The drunk replies, "No, I haven't found Jesus." So after the third time—the preacher was at his wits end, and decided to hold him under water a little longer. When the drunk begins kicking his legs and moving his arms, he pulls the drunk up again and said "For the love of God, have you found Jesus?" The drunk wipes his eyes and catches his breath, and says to the preacher, "Are you sure this is where he fell in?"

**"Somebody just gave me a shower radio. Thanks a lot. Do you really want music in the shower? I guess there's no better place to dance than a slick surface next to a glass door."**

**Jerry Seinfeld**

**"I wrote a song, but I can't read music so I don't know what it is."**

**Steven Wright**

**"I play all the right notes, but not necessarily in the right order."**

**Eric Morecambe**

**"I play all my country and western music backward – your lover returns, your dog comes back and you cease to be an alcoholic."**

**Linda Smith**

**"The first time I sang in the church choir, 200 people changed their religion."**

**Fred Allen**

**"My definition of an intellectual is someone who can listen to the 'William Tell Overture' without thinking of The Lone Ranger."**

**Billy Connolly**

**"I love to sing, and I love to drink scotch. Most people would rather hear me drink scotch."**

**George Burns**



**They are BACK!**

**Come enjoy a fabulous evening of Music  
with BITTERSWEET on**

**Saturday, AUGUST 19, 2023**

**in the Crystal Chandelier Ballroom @ 8PM**

**Come join us and have some FUN!**



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Our heart makes it home*

- \* Skilled Nursing Care
- \* Physical, Occupational & Speech Therapies
- \* Rehabilitation available up to 6 days a week
- \* Stroke Rehabilitation
- \* Complex wound care
- \* Tracheostomy care
- \* E-stim, Vital-stim & Ultrasound
- \* Wii-abilitation
- \* Delicious meals

**THE HEIGHTS  
OF GONZALES**

701 North Sarah DeWitt  
Gonzales, Texas 78629  
Phone: 830-672-4530  
Fax: 830-672-4543  
[www.TheHeights.com](http://www.TheHeights.com)

**COUNTRY CARE MANOR  
REHABILITATION & LONG TERM CARE**

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Lavernia, Texas 78121  
Phone: 830-779-2355  
Fax: 830-779-5503  
[www.CountryCare.com](http://www.CountryCare.com)



**SERVING COMAL,  
HAYS, GUADALUPE  
AND WILSON  
COUNTIES**

**Mission Statement**

The RSVP of South Central Texas has a dual purpose of engaging persons 55 and older in volunteer service to meet critical community needs and to provide a high quality experience that will enrich the lives of the volunteers.

**Seguin Office**

RSVP  
1000 W. Court St.  
Texas Lutheran University  
Seguin, TX 78155

830-379-0300  
[bweyland.rsvp@tlu.edu](mailto:bweyland.rsvp@tlu.edu)

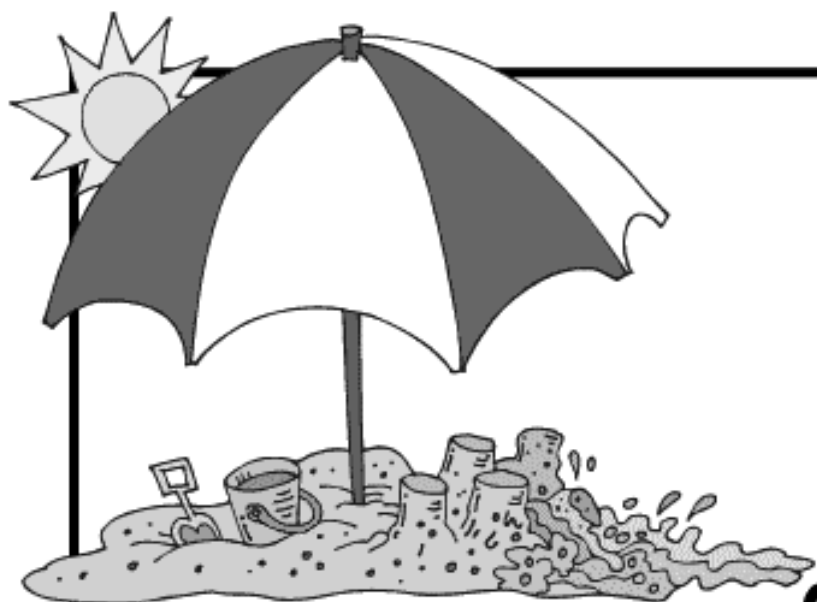


**LEAD.  
INSPIRE.  
CHANGE THE  
WORLD  
AGAIN.**

**Make a difference in  
your community today.**

**South Central Texas  
RSVP**

[www.rsvptlu.org](http://www.rsvptlu.org)



# BEACH WORD SEARCH

D R N E A M E S M L S B T B E  
 R R T A H B A E L S U I I U N  
 S S A C C I U E R E R K U E E  
 N E X U L I H C L Z F I S B G  
 L B S B G S L T S S B N G S H  
 B A O S A E S E A I O I N C I  
 M A C E A A F N P J A Z I K Y  
 T J S I C L D I W G R C H L G  
 L N W D P A G V L Q D Z T A V  
 X L N T L O W N P V P R A W N  
 G A U S X I R W U H V X B D T  
 S K L G F M L T X S H E V R M  
 N O I T A C A V W A V E S A N  
 P C D N S E B T P Y X W S O J  
 Q B D C G R S Z W L B D R B L

Bathing Suit  
 Bikini  
 Boardwalk  
 Lifeguard

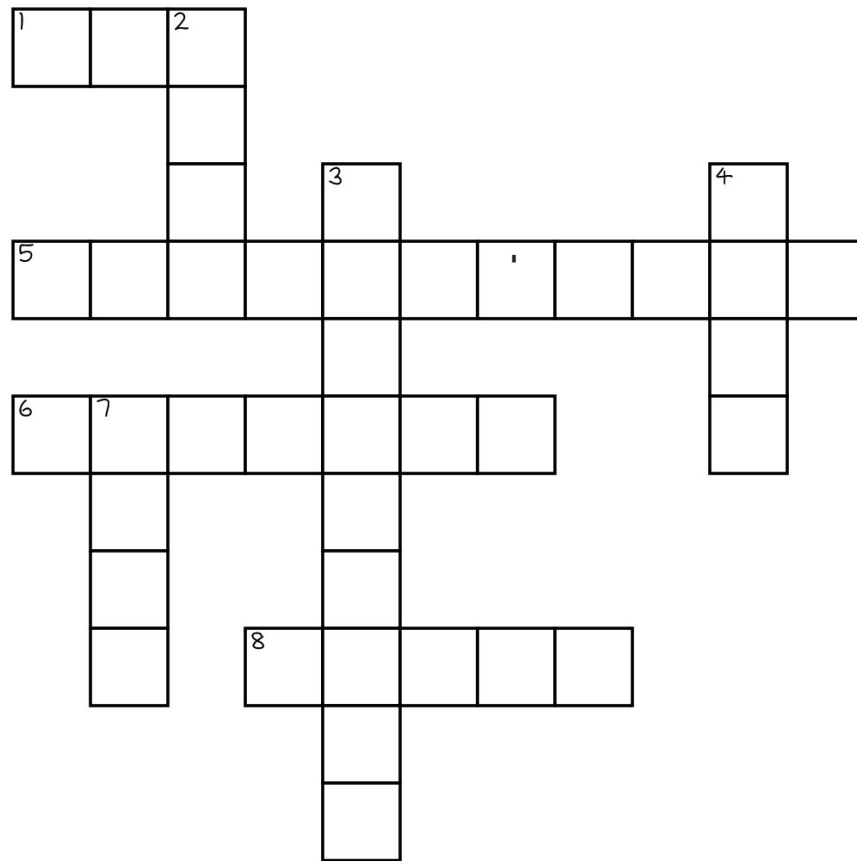
Pelican  
 Sailboat  
 Sandals  
 Sand Castle

Scuba  
 Seagull  
 Seashell  
 Sunglasses

Surfboard  
 Tropical  
 Vacation  
 Waves



# Father's Day CROSSWORD



## Across

- [1] a gesture of affection, two people putting their arms around each other
- [5] an annual holiday to celebrate and honor fathers
- [6] colorful plants that grow in nature and are often given on special occasions
- [8] a term of endearment for one's father

## Down

- [2] something nice you give to someone on a special occasion
- [3] to show happiness or joy in honor of an event or occasion
- [4] a piece of paper with a message or greeting written on it
- [7] a special feeling of deep affection and caring for someone



- Large Apartments/3 floor plans to choose from
- Selective menu at all meals
- Daily Activities
- Loving Competent Care
- Family Owned and Operated

[www.SeguinAssistedLiving.com](http://www.SeguinAssistedLiving.com)

226 Preston Dr., Seguin, Texas 78155

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License #050604



*"Look to Seguin Assisted Living for a Carefree Future"*

**Where there is LOVE,  
there is LIFE!**



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We'd like to welcome you to our family.  
WellMed accepts patients with Medicare  
and select Medicare Advantage Plans.

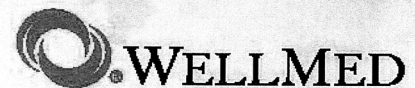
WellMed at Seguin

1483 E Court St

Seguin, TX 78155

830-560-2813

[WellMedHealthcare.com](http://WellMedHealthcare.com)



**Live Well. Live WellMed.**

This is an advertisement. \*Plans vary by location and county.

Family\_AD TJ012114

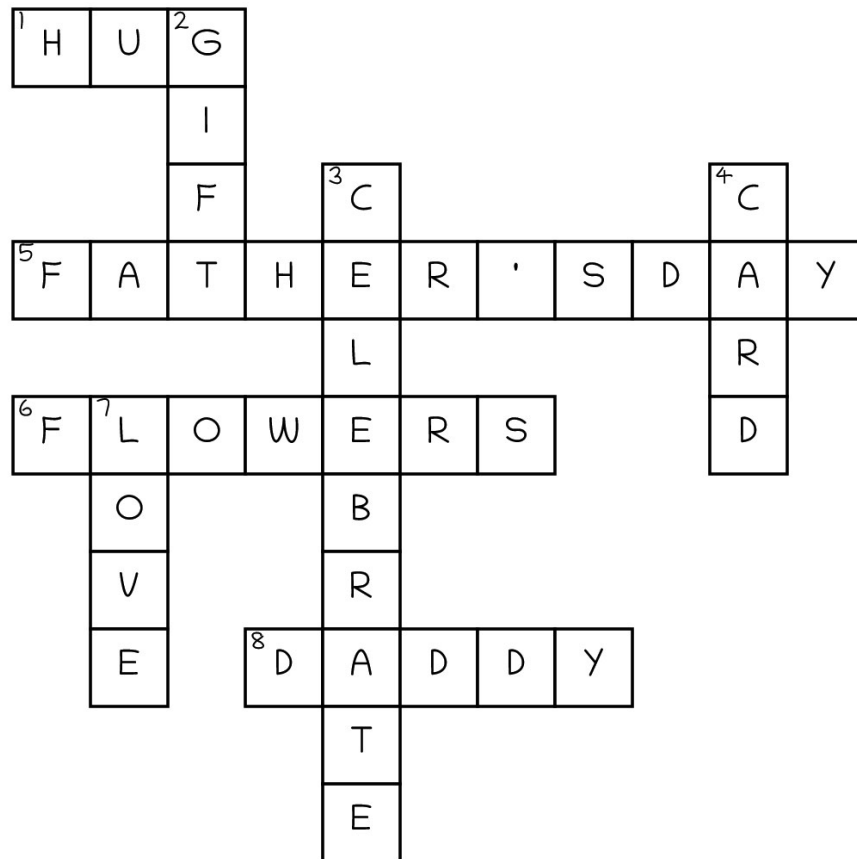
# Catering by The Silver Center



# Father's Day

## CROSSWORD

### SOLUTION

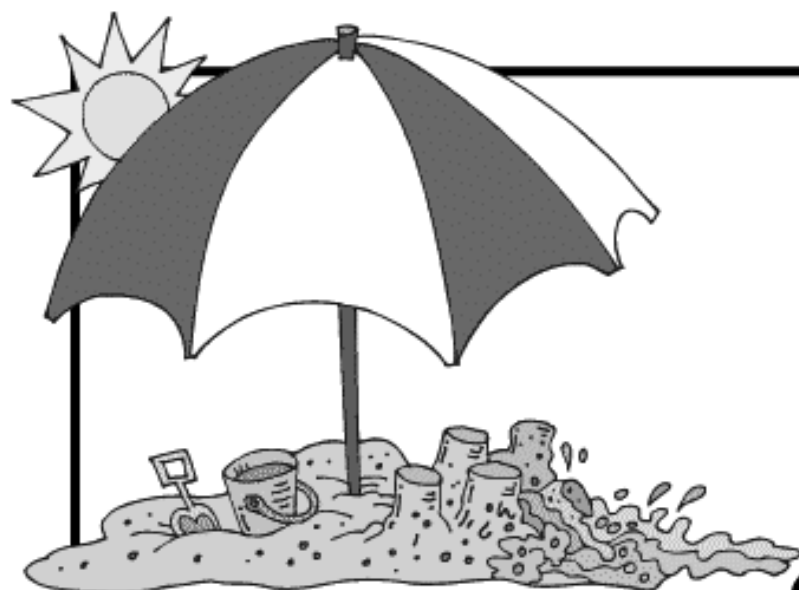


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- [7] a special feeling of deep affection and caring for someone



# BEACH WORD SEARCH



R e m e m b e r   t h e   S u n s c r e e n

Bathing Suit  
Bikini  
Boardwalk  
Lifeguard

Pelican  
Sailboat  
Sandals  
Sand Castle

Scuba  
Seagull  
Seashell  
Sunglasses

Surfboard  
Tropical  
Vacation  
Waves




# JUNE 2023 EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 11:30am - Noon Lions WellMed Healthfair 8 - 5	<b>2</b> 1:00pm - MahJongg 2:30pm - Line Dancing WellMed Healthfair 8 - 5 Pickup Linen Outside Catering	<b>3</b> Private Event (PM)
<b>4</b>	<b>5</b> Gideon's Meeting  CLOSED	<b>6</b> CLOSED	<b>7</b> Chamber Luncheon 11AM-1:30PM  CLOSED	<b>8</b> CLOSED	<b>9</b> CLOSED	<b>10</b> CLOSED
<b>11</b>	<b>12</b> SAYLA Event  SILVER CENTER CLOSED MONDAY	<b>13</b> Bridge 11:30 pm - Rotary	<b>14</b> 1:00 pm - MahJongg	<b>15</b> 11:30am - Noon Lions	<b>16</b> 1:00pm - MahJongg  2:30pm - Line Dancing	<b>17</b>
<b>18</b> Happy Father's Day!	<b>19</b>  SILVER CENTER CLOSED MONDAY	<b>20</b> Bridge	<b>21</b> Bridge  RSVP Luncheon (200 ppl)  1:00 pm - MahJongg	<b>22</b> 11:30am - Noon Lions  GCRW Luncheon  <b>7 pm - Rock The Runway</b>	<b>23</b> 1:00pm - MahJongg  <b>No dance</b>	<b>24</b> Private event Ballroom Private Event Magnolia Room Private event Yellow Rose
<b>25</b>	<b>26</b>  SILVER CENTER CLOSED MONDAY	<b>27</b> Bridge	<b>28</b> 1:00 pm - MahJongg	<b>29</b> 11:30am - Noon Lions	<b>30</b> 2:30pm - Line Dancing	

**LUNCHES AVAILABLE FOR DELIVERY ON TUESDAY AND THURSDAY**  
**Pre-order only, please.**  
**Call the Silver Center 830-303-6612 to pre-order your meals**


**REMEMBER WE ARE ALWAYS LOOKING FOR VOLUNTEERS**



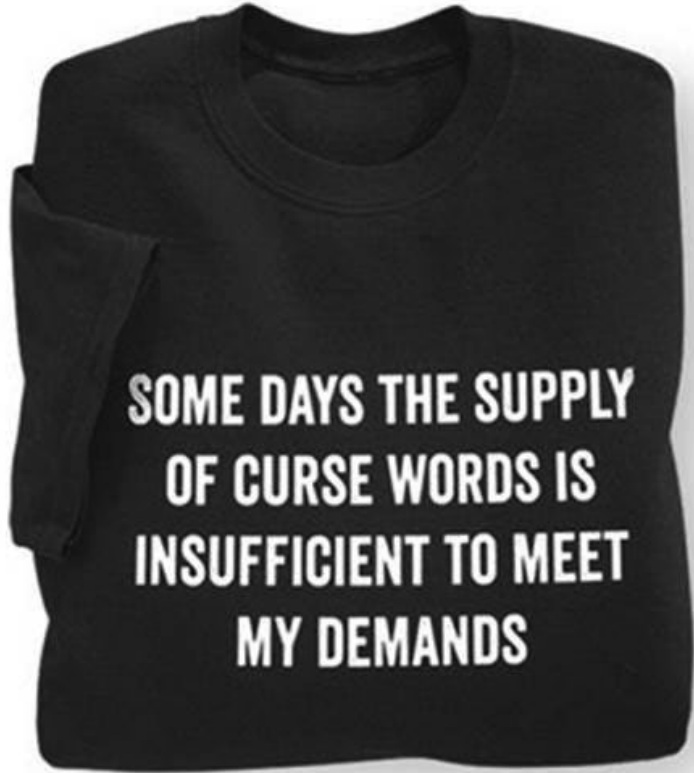
*A little gray hair  
is a small price  
to pay for  
all this wisdom!*



DON'T JUDGE ME  
BY MY RELATIVES.



MY HUSBAND  
THINKS I'M CRAZY  
BUT I'M NOT THE ONE  
WHO MARRIED ME



SOME DAYS THE SUPPLY  
OF CURSE WORDS IS  
INSUFFICIENT TO MEET  
MY DEMANDS

**Seguin-Guadalupe County Senior Citizens Center  
The Silver Center (a 501©3 Charity)**

**Membership Application**

**Business (or Your Name)** \_\_\_\_\_

**Primary Contact** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Fax** \_\_\_\_\_

**Email** \_\_\_\_\_

**Website Address** \_\_\_\_\_

**Annual Membership Levels**

☐ **Standard PERSONAL Membership**      **\$ 40.00**  
(**\$20 off a room rental**)

☐ **Standard Business Membership**      **\$ 125**  
(listed in our business membership in the newsletter)

☐ **Gold Business Membership**      **\$ 250**  
(listed in our business membership & 1 month free ad in newsletter)

☐ **Platinum Business Membership**      **\$ 500**  
(listed in our membership & 2 months free ad in newsletter & 10% discount on a rental)

☐ **Diamond Business Membership**      **\$1,000**  
(listed in our membership & 1 year free ad in newsletter & 10% discount on a rental)

☐ **Please invoice to the above address**

☐ **Make your check payable to "The Silver Center"**

**Are you interested in:**

- ☐ **Volunteer opportunities in exchange for business recognition.**
- ☐ **Providing a "Lunch and Learn" event for the community.**
- ☐ **Advertising in the center's monthly newsletter.**
- ☐ **Participation on the Board of Directors level for The Silver Center.**

# ADVANCED *Hearing* aid center

Comprehensive Hearing Evaluations  
Digital Technology•Repair & Service of Most Brands  
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*30-Day Trial Period*

*Financing Available*

*Medicaid & Most Major*

*Insurances Accepted*

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"Across from Guadalupe Regional Medical Center"



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INSTRUMENT SCIENCES

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better we listen  
with our heart..."**

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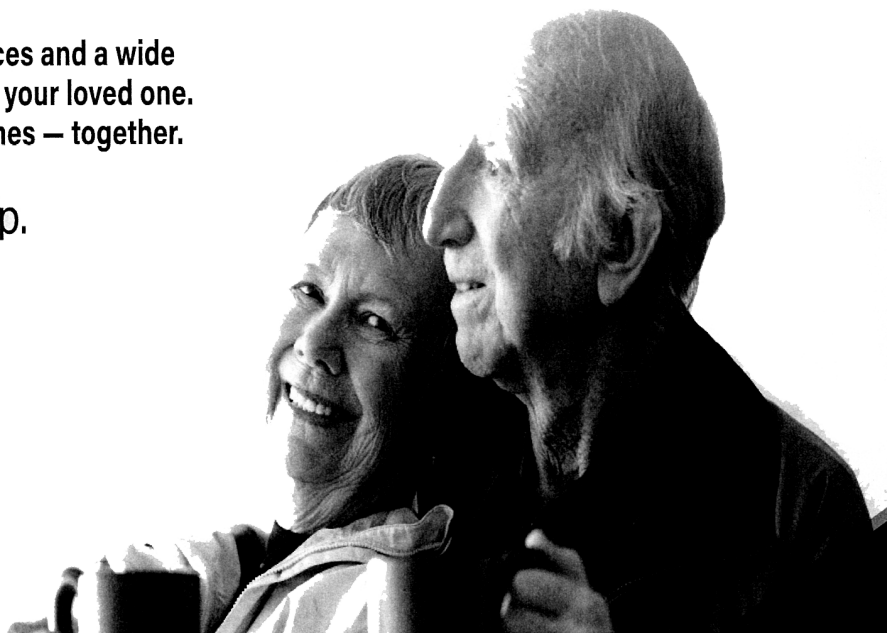
**830-372-2380(fax)**

## JUNE WORD SCRAMBLE ANSWERS

BEACH  
BASEBALL  
ICE CREAM  
SWIMMING  
PICNIC  
VACATION  
SUNFLOWER  
WATERMELON  
SANDCASTLE  
HEAT  
BOATING  
POOL

**Our staff offers unique funeral services and a wide  
variety of memorial options for you or your loved one.  
Call today to start planning your wishes – together.**

**We're here to help.**



*Goetz*

**830-379-2313**  
713 N. Austin St.  
Seguin, TX 78155  
goetzfuneral.com

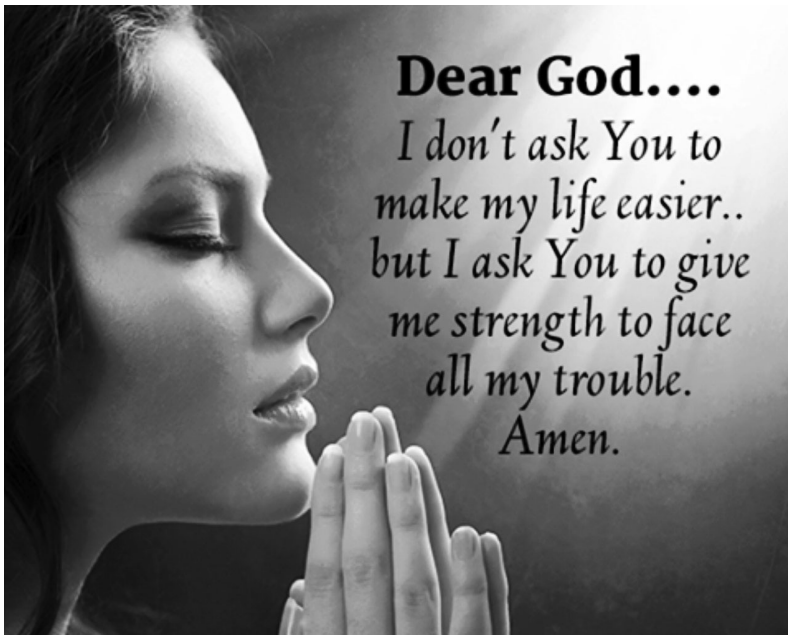
  
**GUADALUPE VALLEY**  
MEMORIAL PARK

**830-609-4906**  
2951 S. State Hwy 46  
New Braunfels, TX 78130  
guadalupevalleymemorialpark.com

Glenda Layton, Norman Partain,  
Gay Lynn Olsovsky, Pat Weber  
**in memory of Roger Addington**  
**(Rosie Van Boovens' Brother)**

Clara Mae Marcotte  
**in memory of Ronald Marcotte**

Clara Mae Marcotte  
**in memory of Sandi Lankford**



# MEMORIALS

\*\*\* Note that any memorials  
received after we go to press will be in  
the next month's newsletter.

**You will all be missed...**



Memorial in Honor of:

\_\_\_\_\_

Send Acknowledement to

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

Memorial From: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Zip: \_\_\_\_\_

**Thank you for the remembrance**

*The Silver Center*

510 E. Court • Seguin, Texas 78155

## T H M

**Tres Hewell Mortuary, Inc.**

Family Owned and Operated

**Tres Hewell, President**

P.O. Box 820  
165 Tor Drive  
Seguin, Texas 78156

[www.treshewell.com](http://www.treshewell.com)

Phone (830) 549-5912  
Fax (830) 549-5918  
Cell (830) 660-5809



AS OF OCTOBER 21, 2022, YOUR  
PERSONAL SHARE OF THE FEDERAL  
DEBT IS

**\$244,315**

**AND CLIMBING. WHAT'S  
WORSE IS YOU HAVE NO SAY  
IN HOW HIGH IT WILL GO.**

We have the power to  
change that.

**#TEXTIT**



**TEXAS  
NATIONALIST  
MOVEMENT**

**TEXTITNOW.org  
800-662-1836**

## Calling all people who would like to help us as Volunteers!

We truly need someone to help us set up the announcement letters on the street  
sign out front, assist us in setting up the rooms for scheduled events, tidy up  
rooms after events, if you're certified we could use your help in the kitchen or bar  
area, and on occasion we need help with news articles, &  
folding the newsletter  
so it can get to the post office on time. Are you looking  
for a way to help?

**(830) 303-6612**

Please call  
Glenda Layton  
Tuesday – Friday after 2  
to discuss the possibilities!



*"The agency with a heart"*  
**ADVANCED**  
HOME HEALTH SERVICES™

1064 E. Ireland Seguin, Texas  
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### Our Services Include:

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Speech Therapy Occupational Therapy

*Serving Guadalupe, Comal, Caldwell,  
Hays, Gonzales, Wilson  
and surrounding counties since 1995.*



Voted Best Home Healthcare  
by Readers Choice 2018

## Guadalupe County Crime Stoppers



**877.403.TIPS (8477)**  
**[www.gccsTIPS.org](http://www.gccsTIPS.org)**

Guadalupe County Crime Stoppers  
P.O. Box 542  
Seguin, Texas 78156-0542

## Why Choose GRMC?

Guadalupe Regional Medical Center works hard to provide compassionate care, the latest technology, and numerous specialties and services to Seguin and surrounding communities. We've been strategically mapping our journey of serving Seguin and the surrounding region for decades. The top-notch facility, exceptional physicians and staff, cutting-edge technology, and culture of caring have all been intentional destinations on that map. More than 100 board-certified physicians comprise our medical staff, providing a wide range of services to over 100,000 regional residents. The high caliber of physicians who choose to practice here helps us attract equally excellent, new specialists on an ongoing basis. Top-of-the-line medical equipment is essential to diagnostic and therapeutic care, and we have it. GRMC has a remarkable level of pioneering technology normally seen at big-city or university facilities. We remain deeply committed to always providing high-quality, personal, compassionate and safe care. Our long list of national awards highlights our achievements with excellent outcomes, patient satisfaction and employee engagement. A wide range of medical expertise, technology and support is available at GRMC. Some of the many components of our scope of care include:

**Orthopedics:** Our highly skilled, board-certified surgeons have developed a regional reputation for excellence in diagnosing and treating injuries and disorders of the musculoskeletal system. GRMC has been repeatedly recognized by Healthgrades as a top-tier hospital in the nation for joint replacement and hip fracture care, and has been named as one of the nation's 100 Best Hospitals in Joint Replacement in 2023.

**Surgery:** Other specialized surgeries offered at GRMC include:

- Ear, nose and throat
- Urology
- Gynecology
- General surgery
- Ophthalmology (eye)
- Podiatry
- Pediatric dental surgery

Healthgrades—the leading resource that connects consumers, physicians and health systems—recognized GRMC as a 5-Star recipient in Surgical Care, and was recently ranked in the top 10% in the nation for surgical care in 2023.

**Rehabilitation:** After surgery or serious illness or injury, patients can count on GRMC to provide an array of therapist-guided care.

**Cardiac and pulmonary rehab:** Our nationally certified cardiac and pulmonary rehab program is committed to improving health and quality of life. Cardiac rehab provides individualized treatment plans for those in recovery after a cardiac event, while pulmonary rehab provides supervised exercise and education for patients with chronic lung disease. Both programs are tailored to the participant's specific physical abilities and needs in conjunction with exercise, education, nutrition and stress management. For more information, please call 830.401.7414

**Outpatient rehab:** GRMC offers comprehensive outpatient rehab and therapeutic services in a spacious and comfortable setting, including a large gym, private treatment spaces, a heated pool and hot tub, and locker rooms. Services include:

- Physical therapy, including pelvic floor therapy, and PWR! Parkinson's Wellness Recovery
- Occupational therapy, including certified hand therapy
- Speech therapy, including swallowing disorders and other communication disorders

For more information, please call 830.401.7665

**Inpatient rehab:** Our inpatient rehab program is designed for qualified patients who require additional physical, occupational and/or speech therapy to be able to return to their home setting after a major injury, surgery or illness. Our team works with the patient and family to reach the highest level of physical, social and emotional well-being to ensure a safe return home. For more information, please call 830.401.7789.

**Urgent Care:** For minor emergencies, our Urgent Care Center at Clear Springs provides quick and competent care for the entire family, from pediatrics to geriatrics. On-site x-rays and lab allow for prompt diagnosis and treatment of the unexpected, from fractures to the flu. You can "save your spot" online to make the most of your valuable time, or just come on in at your convenience 7 days a week, from 7 a.m. to 7 p.m. We also offer sports and back-to-school physicals for the kids, and we accept most major insurances. For more information, please call 830-433-7816.

**The Best People:** *Modern Healthcare* has again recognized GRMC as one of the best healthcare employers in the nation, this year naming us fourth in the whole country for Best Places to Work in Healthcare! GRMC was also named Best Place to Work for the ninth year in a row by the *Seguin Gazette*. While GRMC is definitely proud of this recognition, we applaud our dedicated and passionate staff for helping make GRMC a wonderful place to work and for proudly serving our community.

SEGUIN-GUADALUPE COUNTY  
SENIOR CITIZENS' CENTER  
510 E. COURT STREET  
SEGUIN, TEXAS 78155

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June 2023



**TOP 15%**  
**IN THE NATION**  
FOR PATIENT EXPERIENCE



**Experience is key.** For over 55 years, GRMC has been dedicated to providing exceptional healthcare to the community. Every positive encounter that a patient has during their stay is a direct result of our team's commitment to exceed expectations by providing quality healthcare to each patient we have the privilege to care for.

1215 E. Court St. • Seguin, TX 78155 • 830.379.2411 • [grmedcenter.com](http://grmedcenter.com)



**Guadalupe Regional**  
**MEDICAL CENTER**

*Advanced Medicine. Personal Touch.*