

The Silver Showcase

Volume 800 No. 11

Email: silvercenter@sbcglobal.net • Website: www.silvercenterseguin.com

November 2021

Board of Directors

President

Rosie Van Booven

Vice President:

Emma Jean Becker

Treasurer:

Martha Greenlaw

Secretary:

Beth Zeis

Board Members

Kelly Cross

Gary Kubenka

Betsy Martin

Clint McGuffin

Norman Partain

Bingo Chair

Gay Lynn Olsovsky

SILVER CENTER STAFF

Executive Director

Glenda Layton

Assistant Director Volunteer Coordinator

Pam Davis

Phone: (830) 303-6612

Fax: (830) 379-3813

Letter From the President:

Hello, everyone! It seems like we were just putting the newsletter together and now here we are doing it again! Time seems to just fly by, and we all need to slow down and enjoy life with our families and friends.

The days are getting shorter and that means the holidays are right around the corner. It's time for us to be thankful for any and all blessings we may have, and to remember those who are less fortunate. So many don't have family members close by or are having to deal with health issues. Sometimes a simple phone call or a card in the mail can make a person's day, so please keep that in mind! If you have an extra chair at your holiday table, invite someone to join you that may not have a place to go.

We had an enjoyable evening with the band "Rio" in October. It was great to see folks visiting and dancing. We truly appreciate everyone who came out! One of the comments I heard a few times was that we didn't advertise this dance enough. Well, we had it in print in the Gazette and Seguin Daily News, it was in the Community Calendar with KWED, it was on Facebook, in our October newsletter and on our marquee. I'm not sure what else we could have done, but we are definitely open for suggestions. We need you, our members, to spread the word about our events. Invite friends and family to come out and have fun!

We are working on more dances in the future, so please stay in touch with us and your friends so you don't miss out! We continue to have a wide variety of events in our facility. At all times, but especially during and after those events, we have a need for volunteers! For instance, after our catered events, we have mounds of laundry to do with all the tablecloths and napkins we use. If you have time and want to come to the Center and help get that done, it's an easy way to volunteer and take the load off our staff! Come with a friend, get something to drink, and visit while the machines are working! Or bring a book or knitting, or whatever you enjoy to pass the time while the laundry gets done. Just call the Center and ask either Glenda or Pam how you can help!

As I have said before, please stop by to say hello when you can. There is always a glass of iced tea available and possibly a cup of coffee or a cold drink from the bar as well. Stay safe and we hope to see you soon!

Rosie Van Booven

HELLO FROM THE FRONT DESK....

November is a month of giving thanks. I'd like to take a moment to thank our new group of Board of Directors for 2021-2022, as well as our previous group of Board of Directors who helped guide us through to this point. You are truly the heart of our organization and I thank you!

What are Board member's duties? *To work as a volunteer on fundraising projects for the Center's benefit, work with the Executive Director with ongoing projects and support programs sponsored by the Center while setting the direction and providing financial oversight.* Our Directors give freely of their time and receive no compensation. Why do I tell you that? So you can understand that they are here because they want to be. They want to help. They feel the need to support the Center on a level some people will never understand. I simply ask you to find a Director at an upcoming event and to thank them for their service. They really are trying to make this place a better place for everyone to come, visit and enjoy.

What's coming up? Our HOLIDAY RAFFLE! Do you know anyone that might offer to donate a prize to our Holiday raffle? If you do, please contact the Center as soon as possible@ (830) 303-6612, so we can add their item to the raffle ticket. The tickets will be printed before Thanksgiving... so we can begin selling them! (You can pick up your tickets here beginning November 30th!) We would love to hear from any group, business, and/or generous people who want to help us grow our Center through donations to the raffle. This is a great way to advertise your business while helping our 501©3 charity. Our annual **Festival of Lights** begins immediately after Thanksgiving. It is a way for people or businesses to DONATE a decorated Christmas tree which will be put up for auction. Would you like to advertise your group or business by bring up a Christmas tree? Let us know! The more trees, the merrier... and SANTA will be here next month, too!

As our year draws to an end, we want to urge you to use your right to **VOTE on November 2nd**. The Silver Center is a voting site for residents living in Guadalupe County. Polls will be open from 7AM - 7PM. We also want to thank our Veterans on **Veteran's Day, November 11th** for their service and sacrifices to our country. Any Veteran that comes by the center at 3PM on the Thursday, the 11th, will be treated to their choice of a complimentary cup of coffee or a soda pop 'on the house'. The only cost is to tell us where you served and what you did while in the service. I hope we have a lot of our veterans come by and get to know one another and re-live the 'Glory Days'!

We will be CLOSED for Thanksgiving on 11/25 & 11/26. I hope you have a BLESSED holiday! Stop by and see us soon.

Glenda

BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

DIAMOND MEMBERS

*Gifted Hearts Hospice LLC.
Seguin Noon Lions*

PLATINUM MEMBERS

Guadalupe Regional Medical Center

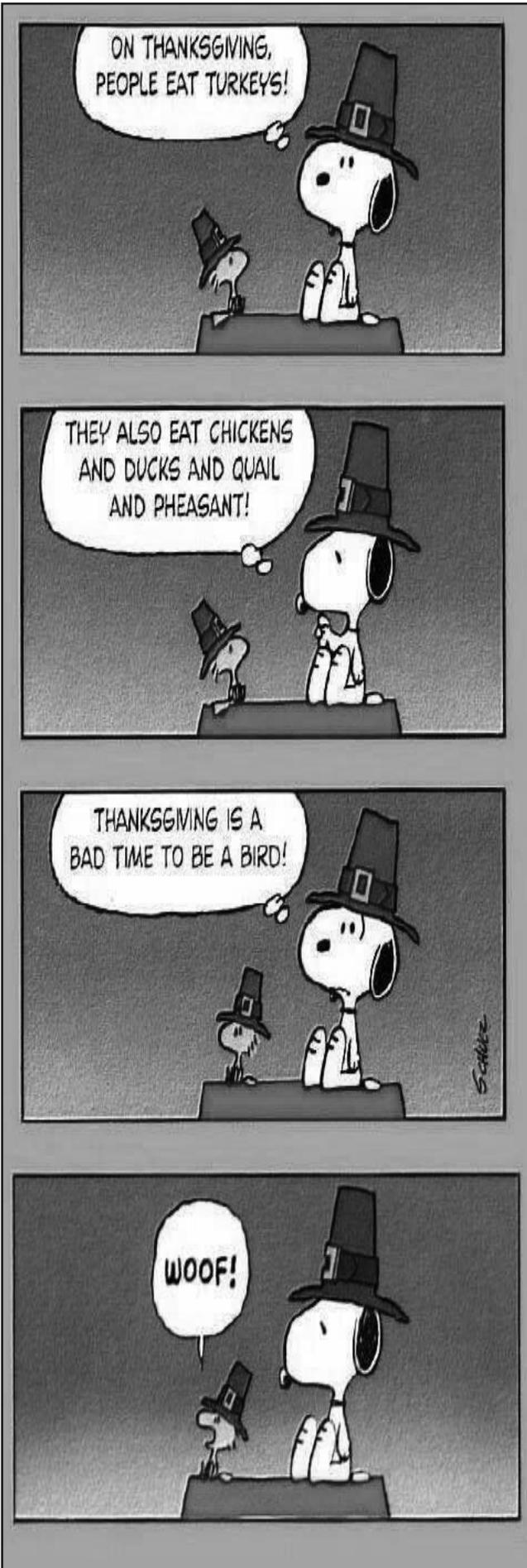
GOLD MEMBERS

Advanced Home Health Services
Nogales Garden Club
Tres Hewell Mortuary
Elder Care Solutions

STANDARD MEMBERS

First United Bank
Emanuel's Lutheran Church
Guadalupe County Republican Women
Hope Hospice
Nesbit Living & Recovery Center
Seguin Gazette-Enterprise
Sunrise Lions Club
Willowbrook Personal Care Home
Guadalupe Humane Society
Gary Kubenka Painting
Mid Texas Symphony Guild





Thanksgiving Word Scramble

- TSRSEDE _____
- APOETOST _____
- ITDNRTAO _____
- ASRCRCOWE _____
- FSINGTUF _____
- EBLVAEETGS _____
- EDSRGSNI _____
- HYODAL _____
- VARELETIS _____
- ESRECNRBRA _____
- NEGSRTEIG _____
- ROUIOCACPN _____

Please call Pam Davis at 303-6612 today to volunteer a couple of hours of your time around the Center.

VOLUNTEER - HOURS -
250

THANK YOU to our VOLUNTEERS for being selfless, generous, and thoughtful. You have helped make a difference in the lives of others!

DONATIONS FOR OCTOBER

Funky Monkey
Jo Ann Maples



*Our care makes the difference.
Our heart makes it home*

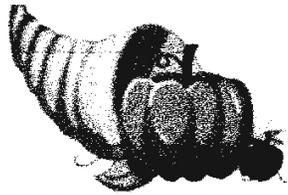
- * Skilled Nursing Care
- * Physical, Occupational & Speech Therapies
- * Rehabilitation available up to 6 days a week
- * Stroke Rehabilitation
- * Complex wound care
- * Tracheostomy care
- * E-stim, Vital-stim & Ultrasound
- * Wii-abilitation
- * Delicious meals

**THE HEIGHTS
OF GONZALES**

701 North Sarah DeWitt
Gonzales, Texas 78629
Phone: 830-672-4530
Fax: 830-672-4543
www.TheHeights

**COUNTRY CARE MANOR
REHABILITATION & LONG TERM CARE**

2736 fm 775
Lavernia, Texas 78121
Phone: 830-779-2355
Fax: 830-779-5503
www.CountryCare.com



Thanksgiving Day

Fourth Thursday of November

- | | |
|------------|----------------|
| AMERICA | GRATITUDE |
| CANOE | HARVEST |
| COLONY | HOLIDAY |
| CORNUCOPIA | INDIANS |
| ENGLAND | MAIZE |
| FALL | MAYFLOWER |
| FAMILY | MILES STANDISH |
| FEAST | NEWWORLD |
| FREEDOM | NOVEMBER |

- PILGRIMS
- PLYMOUTH
- PUMPKIN PIE
- PURITANS
- SQUASH
- STUFFING
- THANKSGIVING
- TURKEY
- YAMS

L	L	A	F	A	T	C	W	T	M	C	R	N	H	P	V
R	I	E	Y	C	U	N	G	A	O	E	E	S	S	U	X
P	O	T	A	I	R	U	I	L	W	W	I	N	N	M	Z
I	O	S	D	R	K	Z	O	O	W	D	A	H	H	P	J
L	A	N	I	E	E	N	L	O	N	T	T	A	H	K	Y
G	F	A	L	M	Y	F	R	A	I	U	R	S	E	I	L
R	R	I	O	A	Y	L	T	R	O	V	A	O	H	N	I
I	E	D	H	A	D	S	U	M	E	U	N	L	I	P	M
M	E	N	M	S	S	P	Y	S	Q	A	A	M	G	I	A
S	D	I	P	E	E	L	T	S	C	E	M	O	B	E	F
M	O	N	L	L	P	A	I	P	O	C	U	N	R	O	C
E	M	I	G	N	I	V	I	G	S	K	N	A	H	T	Q
E	M	S	H	R	E	B	M	E	V	O	N	Y	A	M	S
A	D	N	A	L	G	N	E	M	D	N	C	D	F	W	E
R	W	V	E	D	U	T	I	T	A	R	G	T	Y	K	E
R	E	G	N	I	F	F	U	T	S	P	T	S	A	E	F



Birthdays of the Month

IF YOUR BIRTHDAY HAS PASSED PLEASE CALL
AND LET US KNOW WHEN YOU'D LIKE TO
COME BY TO PICK UP YOUR COMPLIMENTARY
MEAL.

NOVEMBER BIRTHDAYS

Joyce Scarlett	11/2
Connie Meyer	11/3
Barbara Effenberger	11/4
Roger Buley	11/8
David Dowell	11/8
Theodore Barrentos	11/9
Sydney Burton	11/9
Linda Fritz	11/9
Martha Greenlaw	11/11
Joan Griffen	11/11
Judy Price	11/12
Gerald Desch	11/14
Frances Desch	11/15
Christine Cloughly	11/16
Robert Sebesta	11/16
Susan Sulaica	11/17
Shirley Hand	11/19
Paul Martin	11/24
Sandra Stoneking	11/24
Mary Styblo	11/26
Karen Huff	11/27
Harold Coor	11/28
Pam Davis	11/30



We'd like to welcome you to our family.
WellMed accepts patients with Medicare
and select Medicare Advantage Plans.

WellMed at Seguin
1483 E Court St
Seguin, TX 78155
830-560-2813
WellMedHealthcare.com



Live Well. Live WellMed.

This is an advertisement. *Plans vary by location and county.
Family_AD TJ012114



The
SCOTTISH VARIANT
At least you can hear it coming.



↑
This End Up

GOOD
DOG!

VIA 9696.COM

© Byrne & Schmitt LLC, 2007

PERHAPS THE MOST NOBLE OF ALL RESCUE
ANIMALS: THE LAVATORY RETRIEVER

Left Over Turkey Recipes

This turkey and noodle casserole recipe is an excellent way to use leftover turkey.. The casserole comes together with a simple sauce, mushrooms, vegetables, and shredded cheese.

1 (12 ounce) package frozen peas, thawed under cool running water
2 C. Diced cooked Turkey, or ham
1 ½ C. Cooked noodles
2 Tblsp. Butter
8 oz. Sliced Mushrooms
½ C. Milk
½ tsp. Poultry Seasoning
¼ C. Onions, chopped
1 10 ¾ ounce can Mushroom Soup
Salt to taste
1 C. Shredded Cheddar Cheese

Gather the ingredients. Heat oven to 350 degrees and butter a 2 quart baking dish. Combine the thawed peas in a large bowl with the diced, cooked turkey and cooked noodles. Melt the 2 tablespoons of butter in a medium saucepan. Add the onion and mushrooms and cook, stirring, until tender. Blend in soup, milk, and seasonings. Continue cooking, stirring frequently, until well blended and hot. Pour the soup mixture over the turkey and noodle mixture and blend thoroughly. Turn the noodle mixture into the prepared baking dish and top with shredded cheese. Bake in the preheated oven for about 25 – 30 minutes, until hot and bubbly.

Homemade Turkey Soup – *You can make the most of even the smallest pieces of leftover meat on your holiday turkey with this soup. I simmer the bones to get the rich flavor, then remove any meat that remains, add rice, vegetables and cream soup for a hearty turkey soup that's tasty and economical.*

1 Leftover Turkey carcass (from a 10-12 lb. turkey)
1 Medium Onion, cut into wedges
2 Bay Leaves
1 C. long grain Rice, uncooked
¼ C. Onion, chopped
2 Qts. Water
½ tsp. Salt
1 C. Carrots, chopped
1/3 C. Celery, chopped
1 Can (10-1/2 oz.) Cream of Chicken or Cream of Mushroom Soup, undiluted

Place turkey carcass in a stockpot; add the water, onion, salt and bay leaves. Slowly bring to a boil over low heat; cover and simmer for 2 hours. Remove carcass; cool. Strain broth and skim fat. Discard onion and bay leaves. Return broth to the pan. Add the carrots, rice, celery and chopped onion; cover and simmer until rice and vegetables are tender. Remove turkey from bones, discard bones and cut turkey into bite-size pieces. Add turkey and cream soup to broth; heat through. Add some crusty bread and enjoy!

The Crystal Chandelier Ballroom

Here for your SPECIAL EVENTS... From weddings to anniversary dinners to receptions of almost any kind. Let us make your special day even more memorable with our full event planning and onsite catering help.

Call us at (830) 303-6612 today!



Attitude of Gratitude

Beyond the tasty turkey and pleasant pumpkin pie is a season full of gratitude and thankfulness. Studies have shown that practicing gratitude can have positive effects—from an increased sense of well-being to a desire to be helpful, to greater energy. While we all await the joys of the upcoming holiday season, now is the perfect time to remind ourselves of why we should be thankful for what we have and appreciate what we have. Listed below are a few quotes on gratitude.

“Reflect upon your present blessings, of which every man has plenty; not on your past misfortunes, of which all men have some.” *Charles Dickens*

“Now is no time to think of what you do not have. Think of what you can do with what there is.” *Ernest Hemmingway*

“As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.” *John F. Kennedy*

“Be thankful for what you have; you’ll end up having more. If you concentrate on what you don’t have, you will never, ever have enough.” *Oprah Winfrey*

“Gratitude can transform common days into Thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.” *William Arthur Ward*

“Be present in all things and thankful for all thing.” *Maya Angelou*

November 2021

November

December

Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6				1	2	3	4
7	8	9	10	11	12	13	5	6	7	8	9	10	11
14	15	16	17	18	19	20	12	13	14	15	16	17	18
21	22	23	24	25	26	27	19	20	21	22	23	24	25
28	29	30					26	27	28	29	30	31	

EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	11/1 CENTER CLOSED	2 Elections Day 7a VOTE HERE	3 Chamber Luncheon	4 Lions Luncheon	5 Pinochle	6 Wedding
7	8 CENTER CLOSED Gideon's meeting	9	10	11 Lions Luncheon Veterans Day	12 Pinochle	13 Private event
14	15 CENTER CLOSED	16 Sp SC Board meeting	17	18 Lions Luncheon	19 Pinochle	20
21	22 CENTER CLOSED	23	24	25 CLOSED THANKSGIVING	26 CLOSED	27
28	29 CENTER CLOSED	30	12/1	2 Lions Luncheon	3 Pinochle	4



MEMORIALS

*** Note that any memorials received after we go to press will be in the next month's newsletter.

You will all be missed...



Memorial in Honor of:

Send Acknowledement to

Name: _____

Address: _____

City: _____

State/Zip: _____

Memorial From: _____

Name: _____

Address: _____

City: _____

State/Zip: _____

Thank you for the remembrance

The Silver Center

510 E. Court • Seguin, Texas 78155

T H M

Tres Hewell Mortuary, Inc.

Family Owned and Operated

Tres Hewell, President

P.O. Box 820
165 Tor Drive
Seguin, Texas 78156

Phone (830) 549-5912
Fax (830) 549-5918
Cell (830) 660-5809

www.treshewell.com



- Large Apartments/3 floor plans to choose from
- Selective menu at all meals
- Daily Activities
- Loving Competent Care
- Family Owned and Operated

www.SeguinAssistedLiving.com

226 Preston Dr., Seguin, Texas 78155

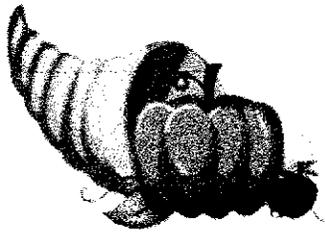
Call Karen Taylor or Lindsey Taylor to schedule your tour today!

(830) 379-8882

License #050604

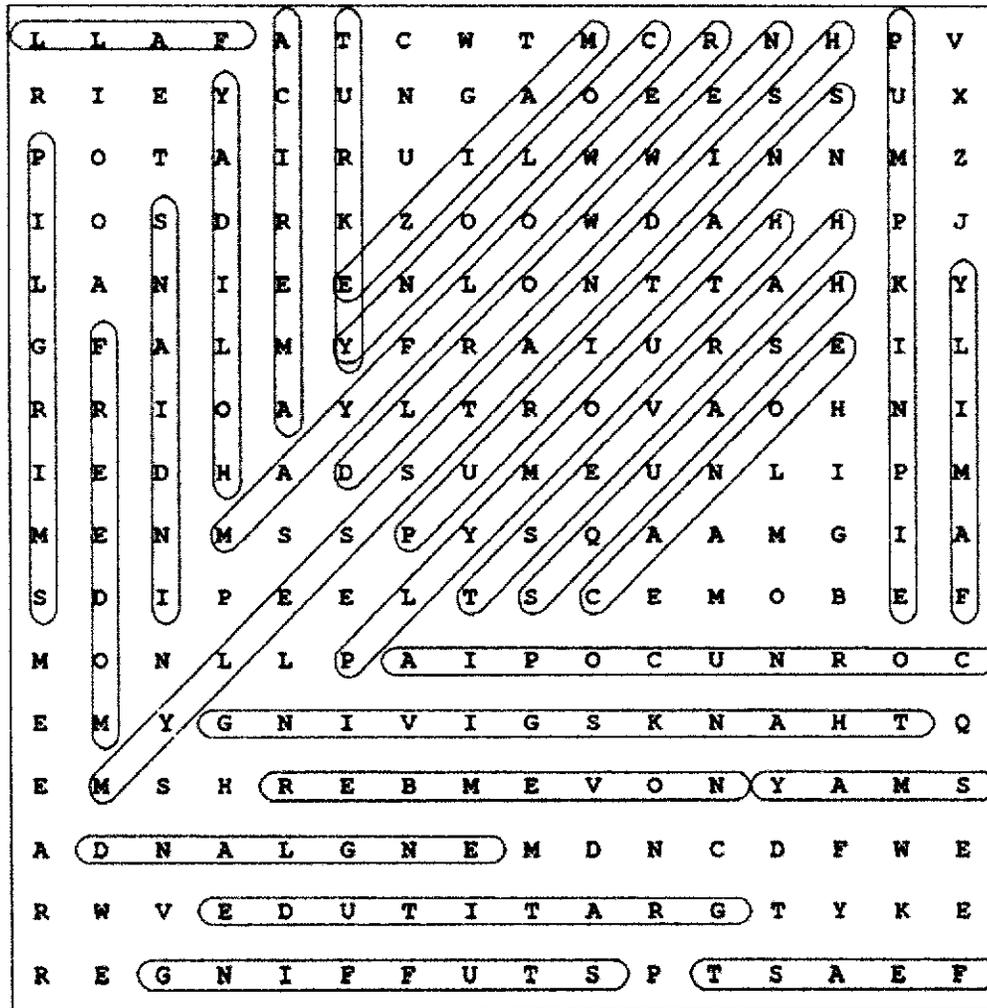
"Look to Seguin Assisted Living for a Carefree Future"





Thanksgiving Day

Fourth Thursday of November



AMERICA
CANOE
COLONY
CORNUCOPIA
ENGLAND
FALL
FAMILY
FEAST
FREEDOM

GRATITUDE
HARVEST
HOLIDAY
INDIANS
MAIZE
MAYFLOWER
MYLES STANDISH
NEWWORLD
NOVEMBER

PILGRIMS
PLYMOUTH
PUMPKIN PIE
PURITANS
SQUASH
STUFFING
THANKSGIVING
TURKEY
YAMS



FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

ILIEWL HOCBL

ADVANCED
Hearing
aid
center

Amy Trost,
BC-HIS, ACA
Owner
Independent
Hearing Instrument
Specialist



NATIONAL BOARD FOR
CERTIFICATION IN HEARING
INSTRUMENT SCIENCES

Comprehensive Hearing Evaluations
Digital Technology • Repair & Service of Most Brands
Hearing Aid Batteries • Swim Plugs • Earmolds
Assistive Listening Devices

30-Day Trial Period • Financing Available
Medicaid & Most Major Insurances Accepted

122 S. Moss ~ Seguin, Texas 78155

"Across from Guadalupe Regional Medical Center Entrance"

*"to help you hear
better we listen
with our heart..."*

830-372-2237

830-372-2380 fax

Save the Date!!!

Friday, December 10th 7:30PM – 11:30PM

Holiday Fundraiser Dance



with Freddy Cruz

\$15 pre-sale tickets or \$20 at the door.

Come see our Christmas 'Festival of Lights'

and enjoy some fabulous Country Music at

The Silver Center's Crystal Chandelier Ballroom

510 E. Court St. Seguin, TX 78155

SMILE AWHILE

Submitted by Velma Buie

Words of Advice suggested by Maxine

If you need a shoulder to cry on-pull off to the side of the road!
Even Doctors make mistakes-mine asked me to undress.
My idea of a Super Bowl, is a toilet that cleans itself.
Big Surprise-even my blood type is negative!
There should be a support group for women who can't put their dishes in the dishwasher, dirty!
Celebrate Ben Franklin's birthday-Go fly a kite!
I finally found an honest mechanic-he honestly doesn't know how to fix anything!
What's your secret for keeping your figure? Friend says, "getting everything to drop at the same rate."
Let me know If you suddenly become interesting!
A household hint-Stop dusting , and you can use your coffee table as a message board!
Remember-being happy doesn't mean you have it all. It simply means you're thankful for all you have!

A few Ceremonial questions

1. Honey, how much does it cost to get married? I have no idea-cause I'm still paying.
 2. Bobby asked his buddy Aren't you a little concerned marrying a young lady who is 25 years younger than you?" Oh, no, if she dies, she dies!»
 3. Billy asks his friend-"Do you have a girl friend?" "No my wife won't let me have one."
 4. "Why do you wear your wedding ring on the wrong hand?" Because, I think I married the wrong woman."
- Nurse says to the Dr.- There is a patient here that says he's invisible. Doc replied • Well tell him I can't see him right now. •

If I was meant to Pop out of Bed-I'd have been born a toaster!
Didn't you get upset when that big bird flew over and dropped something on your head? No, I'm just thankful that cows can't fly!

A misunderstood question

Husband and wife were discussing the fact that John needed a new pair of denim Jeans. She asked, "what size do you wear?" "He replied 33 waist. • She asked, how long?". He was a bit puzzled, and answered-" I guess till they wear out. •

True Facts

They say money talks. All mine ever says is "Goodbye"
Money can't buy happiness-but it sure keeps the kids in touch!
Dolphins are so smart-within a few weeks of captivity, they can train people to stand on the very edge of a pool, and throw them fish.
My neighbor is stalking me. She's been googling my name on her computer. I saw it through my telescope last night.

Wrong Pants

Patty O'Donnell came over from Ireland to find a job working in a Department store. The store owner was interviewing him, and asked . nPatty, If you had \$29 in one pocket, and \$37 in the other pocket, what would you have?" He thought about the question for a moment and then replied-"I'd probably have on somebody else's pants."

If a man has a job to do-he will eventually get it done. No need to remind him-every 6 months!





THE SILVER CENTER

November 1, 2021

Dear Silver Center Member,

Each year The Silver Center advances its mission to assist people in our area through programs and community involvement. With your support we have enjoyed many successes, impacted the lives of senior citizens, and we are still a place where friends and families can gather safely.

Without government funding, The Silver Center relies heavily on volunteers and support from the community. Fundraising is an important component in keeping the center financially sound. Covid has truly hurt us financially the past 2 years. With a 60 plus year old building, every day brings a challenge. We know how to stretch a dollar when it comes to upkeep, but the building is always in need of constant repair.

ANNOUNCING THE ANNUAL HOLIDAY RAFFLE

The Holiday Raffle is a fundraiser for the Center. As a member, we are asking you to purchase or sell tickets at a donation of \$5 each ticket. Only 3000 tickets will be printed. Your chance of winning increases with every purchase. If you would like tickets, please stop by and pick up them up Tuesday through Friday 9AM to 5PM. We can also fill them out for you if you call in with a credit card to secure your tickets. (Note, there is a small fee the credit card company adds.)

The lucky winners will be drawn in December just in time for holiday shopping!

Our primary purpose is to continue to make a difference in the community. With the help from supporters like you we will continue to grow and see improvements throughout the coming years. On behalf of the staff and the board of directors, please accept our thanks for your dedication to this vital organization. Your commitment to The Silver Center is sincerely appreciated.

Best Regards,

*Glenda Layton
Executive Director*

Festival of Lights



The Festival of Lights tree decorating at the Silver Center, begins in November.

We will have a special two night showing on December 16 and 17 from 6:00 PM to 7:30 PM. The showing is free and open to the public. Come and enjoy hot chocolate, wassail, and Christmas cookies while strolling through the winter wonderland. And don't forget to tell Santa what you want for Christmas this year! He will be ready to take pictures with you those two evenings.

There will be an ongoing Silent Auction to purchase the decorated Christmas tree of your choice beginning on December 1. The auction will end on December 18. Come bid on a tree to own, or donate it to another person in need of some holiday cheer. Trees can be picked up at the Silver Center or if the tree is being donated to a senior in need, we will deliver within 10 miles of the center free of charge.

If you want to volunteer to donate a fully decorated Christmas tree, or to get on the list to have first opportunity to purchase a tree, contact Glenda Layton at Silvercenter@sbcglobal.net, or by phone at 830-303-6612.

Volunteer photos

Board Member,
Norman Partain,
trimming trees
as a volunteer at
the Silver Center.



Rosie VanBooven
and
Glenda Layton
working on
the sign.



November 2021

November

December

Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6				1	2	3	4
7	8	9	10	11	12	13	5	6	7	8	9	10	11
14	15	16	17	18	19	20	12	13	14	15	16	17	18
21	22	23	24	25	26	27	19	20	21	22	23	24	25
28	29	30					26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	11/1 CENTER CLOSED	2 Chicken & Rice	3 Spaghetti & Meatsauc	4 Sausage	5 Fish fillet Fried or sauteed	6 Private catered event
7	8 CENTER CLOSED Gideon's meeting	9 Chili Mac	10 Hamburger Steak	11 Chicken & Dressing	12 Fried or sauteed Shrimp	13
14	15 CENTER CLOSED	16 BBQ Chicken 5p SC Board meeting	17 Queso Chicken	18 Smothered Porkchop	19 Fish fillet Fried or sauteed	20
21	22 CENTER CLOSED	23 Chicken Cacciatore	24 Shepherd's Pie	25 CLOSED FOR THANKSGIVING	26 CLOSED	27
28	29 CENTER CLOSED	30 Beef Stew	12/1	2	3	4

GIFTED HEARTS HOSPICE & PALLIATIVE CARE

We provide protective equipment to caregivers for home care

Gifted Hearts Hospice & Palliative Care promotes best practices to protect everyone according to the CDC Guidelines

Educate patients, families, providers on disease prevention practices

Staff wears approved PPE (masks, gowns, gloves, face shield, bonnets) when in close contact with patients.

YOUR TEAM KEEPING YOU SAFE FROM COVID-19

All employees are screened for COVID-19 each day before patient contact

We provide Telecommunication as an option for our referral sources

Screen everyone who comes to visit our office

Practice social distancing

Follows CMS infection control protocol

Live Until You Leave

November Fun Facts

This month is seen as a time to start finalizing any plans or projects that you had during the year. My how time flies! By now, hopefully you have dusted off the barbecue grill and cleaned the pool. It's going to be cool weather..and just think, Christmas is next month!

The Anglo-Saxons had quite the fitting name for November. It's usually at this time of the year in the northern hemisphere that cold winds start to chill you to the bone, and as such, they called it "Wind Monath", or wind month. They also called this month "Blod Monath" or blood month as it was traditionally the month they would slaughter cows to provide food for the long winter months. The first Thanksgiving was a feast celebrating the first bountiful harvest of the pilgrims of Plymouth and New England. It is still celebrated in a similar way, with families coming together and sharing plentiful amounts of food.

November has just one birthstone, the radiant topaz. The topaz is symbolic of many things, but most of all it is a symbol of strength and honor.

Also, November has one birth flower, although with a flower like this who needs another! I am talking about the ever-stylish chrysanthemum, which to the most extent symbolizes cheerfulness. Different colored chrysanthemums have different meaning though—a white flower symbolizes pure love and truth, a red flower says "I love you" like nothing else does, while a yellow flower is a symbol of unrequited love.

Like all other months of the year, a number of famous and important people have been born in November. Some of the more notable people include Mark Twain, Carl Sagan, Winston Churchill, Grace Kelly, Alan Sheppard, Charles Schultz and Georgia O'Keeffe.

Those born in November can be born under one of two very different star signs. If you're born before November 23rd then you have the sign of Scorpio. Those born on November 23rd or later have the sign of Sagittarius. Scorpios are said to value trust and honesty above other things, as well as being quite intense yet imaginative people. You can't be sure if they're serious or joking and they are okay with uncomfortable silence as their eyes look into your soul. Those born under the sign of Sagittarius are quite different, being energetic and idealistic, while also generous and open-minded. They wield their truth like a blunt weapon and just may be the friendliest person at the party.

**Where there is LOVE,
there is LIFE!**


CIMA HOSPICE
830.643.1971
www.cimahospice.com/central-texas

**NOVEMBER WORD
SCRAMBLE ANSWERS**

DESERT
POTATOES
TRADITION
SCARECROW
STUFFING
VEGETABLES
DRESSING
HOLIDAY
RELATIVES
CRANBERRIES
GREETINGS
CORNUCOPIA

**Guadalupe County
Crime Stoppers**



877.403.TIPS (8477)

www.gccsTIPS.org

Guadalupe County Crime Stoppers
P.O. Box 542
Seguin, Texas 78156-0542

Giggles from Glenna

A doctor that had been seeing an 80-year-old woman for most of her life finally retired. At her next checkup, the new doctor told her to bring a list of all the medicines that had been prescribed for her. As the doctor was looking through these his eyes grew wide as he realized Grandma had a prescription for birth control pills.

"Mrs. Smith, do you realize these are birth control pills?"

"Yes, they help me sleep at night."

"Mrs. Smith, I assure you there is absolutely nothing in these that could possibly help you sleep!"

She reached out and patted the young doctor's knee and said, "Yes, dear, I know that. But every morning, I grind one up and mix it in the glass of orange juice that my 16-year-old Granddaughter drinks. And believe me it definitely helps me sleep at night."

You gotta love Grandmas!

Students in an advanced Biology class were taking their mid-term exam. The last question was, 'Name seven advantages of Mother's Milk.' The question was worth 70 points or none at all. One student was hard put to think of seven advantages.

He wrote:

- 1) It is perfect formula for the child.
- 2) It provides immunity against several diseases.
- 3) It is always the right temperature.
- 4) It is inexpensive.
- 5) It bonds the child to mother and vice versa.
- 6) It is always available as needed.

And then the student was stuck. Finally, in desperation, just before the bell rang indicating the end of the test he wrote:

- 7) It comes in two attractive containers and it's high enough off the ground where the cat can't get it.

He got an A+.

An elderly, but hardy cattleman from Texas once told a young female neighbor that if she wanted to live a long life, the secret was to sprinkle a pinch of gunpowder on her oatmeal each morning. She did this religiously and lived to the ripe old age of 103. She left behind 14 children, 30 grandchildren, 21 great-grandchildren, five great-great-grandchildren and a 40-foot HOLE where the crematorium used to be.

**Line Dance Classes @ The Silver Center
(830) 303-6612**



Do you want to learn to line dance?

Are you looking for some fun exercise?

Starting Friday, September 3RD

**FREE LINE DANCE CLASSES will be held in
The Crystal Chandelier Ballroom *every Friday!***

Beginners Class starts at 2:30PM

**Line dancing will begin at 3PM and you can
dance/exercise/have fun until 5PM!**

We hope that you will join us...



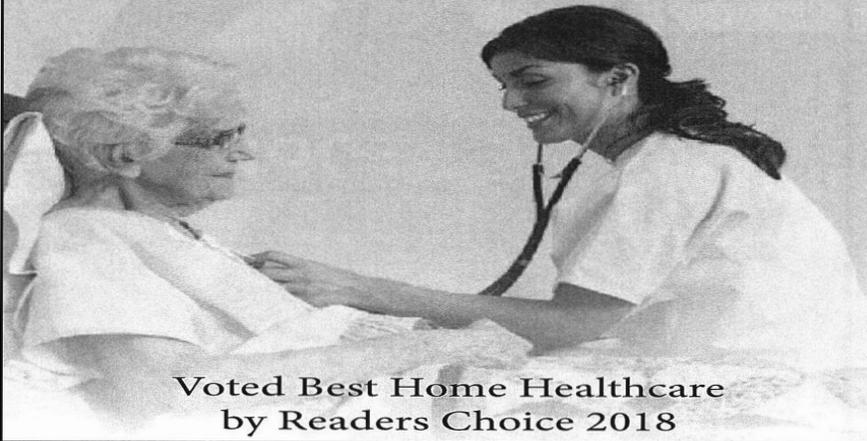
"The agency with a heart"
ADVANCED
HOME HEALTH SERVICES™

1064 E. Ireland Seguin, Texas
830-379-6171 - 800-288-3921

Our Services Include:

Nursing ■ Physical Therapy ■ Home Health Aides
Speech Therapy Occupational Therapy

*Serving Guadalupe, Comal, Caldwell,
Hays, Gonzales, Wilson
and surrounding counties since 1995.*

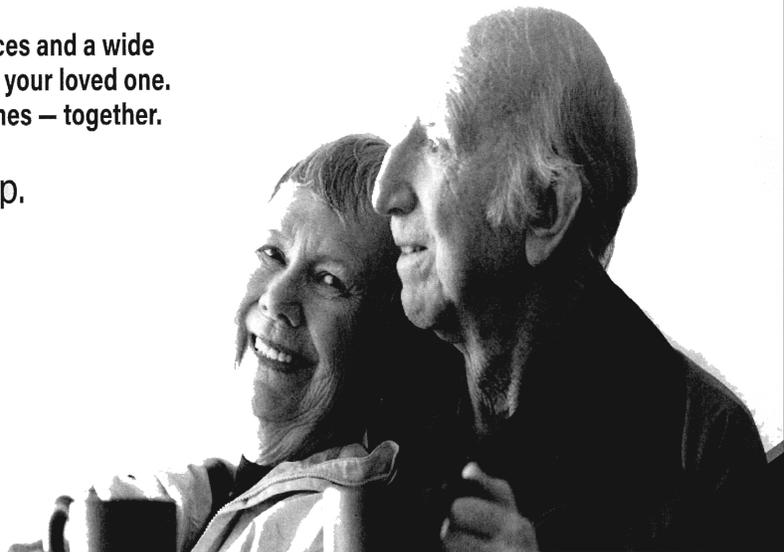


**Voted Best Home Healthcare
by Readers Choice 2018**



Our staff offers unique funeral services and a wide variety of memorial options for you or your loved one. Call today to start planning your wishes – together.

We're here to help.



Goetz

830-379-2313
713 N. Austin St.
Seguin, TX 78155
goetzfuneral.com

GUADALUPE VALLEY
MEMORIAL PARK

830-609-4906
2951 S. State Hwy 46
New Braunfels, TX 78130
guadalupevalleymemorialpark.com

We ♥ Our



Emma Jean Becker	Brenda Englemann	Joyce McCloskey	Derek Van Booven
Barbara Behal	Dena Flanagan	Clint McGuffin	Rosie Van Booven
Velma Buie	Tom Franczak	Jerry McMath	Milt Watson
“Buster” Cage	Martha Greenlaw	Karen McMath	Beth Zies
Mary Jane Cage	Treva Hicks	Betsy Martin	
Kelly Cross	Shirla Humistan	Evelyn Martin	
Chuck Crowley	Bob Kellner	Connie Myer	
Bill Davis	Gary Kubenka	Pat Norman	
Pam Davis	Lynn Lamprecht	Gay Lynn Olsovsky	
Billy Dawson	Glen Layton	Norman Partain	
Sherry Dawson	Sharee Layton	Cheryl Sikich	
Brenda Dresner	Michele Levy	Janice Stallings	

SEGUIN-GUADALUPE COUNTY
SENIOR CITIZENS' CENTER
510 E. COURT STREET
SEGUIN, TEXAS 78155

U.S. POSTAGE PAID
NON-PROFIT
SEGUIN, TX
PERMIT NO. 23

NOVEMBER 2021



CHOOSE
INNOVATIVE
technology.

grmedcenter.com/choose

MOST ADVANCED
ROBOTIC X-RAY
TECHNOLOGY



REDUCES PATIENT
RE-POSITIONING



PERFORMS A
MULTITUDE OF
X-RAYS



PEDIATRICS
TO GERIATRICS
AND TRAUMA

Guadalupe Regional
MEDICAL CENTER

