

The Silver Showcase

Volume 700 No. 10

October 2020

Board of Directors

President:

Danny Gonzales

Vice President:

Laverne Roskydal

Treasurer:

Gay Lynn Olsovsky

Secretary:

Sandy Stoneking

Board Members

Emma Jean Becker

Barbara Behal

Kelly Cross

Charles Crowley

Brenda Engelmann

Martha Greenlaw

Clint McGuffin

Jay Pfannstiel

Willo Mae Richter

Frank Starke

Rosie Van Booven

SILVER CENTER STAFF

Executive Director

Glenda Layton

Assistant Director

Volunteer Coordinator

Pam Davis

Bookkeeper

Bill Davis

Martha Greenlaw assistant

Receptionist

Ella Pullin

Maintenance

Bobby Vanderveer

Phone: (830) 303-6612

Fax: (830) 379-3813

LETTER FROM THE PRESIDENT:

This month's letter from me is going to be a bit different. First, the Silver Center is doing well. Our committees are hard at work, as well as our staff and volunteers. To them all, I would say "thank you" for all your hard work, dedication, and time.

I would like to remind our members to Vote. For me, no matter what your political views, voting is just one of the liberties and rights that bind us together as Americans. What binds us more than our history of striving for freedom is our bond of exercising our free will for a better life. Our rights are guaranteed by the Constitution. Our vote is the one tool that guarantees the ability to protect and maintain our freedom as Americans to live as we choose in this great country. It was said by *John Locke*, "People are by nature born free. Voting is the natural right of the self-governed."

Therefore, I urge each of you to use and exercise your right to vote and maintain this right. Without the vote of a free man we all risk having no voice and with no voice we effectively have no power to make decisions and influence change. Our vote is the most powerful instrument devised for breaking down the worlds injustices. Our vote is what has torn down the walls that have made change possible, giving equality to all.

Go to your local polling stations, step in to that voter's booth and cast your ballot. This is the time to have our voices heard, make changes, and continue the legacy of democracy. By voting, we honor our founding fathers and the idea of living in a republic rather than a monarchy. In closing, I leave you with a quote by Abraham Lincoln. "The ballot is stronger than the bullet." *May God bless you all, I pray each of you are healthy in Jesus. Amen.*

Danny Gonzales

Psalm 107:20 "He sent out his word and healed them,
And delivered them from their destruction".



Email: silvercenter@sbcglobal.net

Website: www.silvercenterseguin.com

HELLO FROM THE FRONT DESK....

Hello and Hallelujah! We are currently looking at re-opening our Friday night dances this OCTOBER! I really hope this darned virus is behind us... and we can get back to enjoying some fun times together. We have already written all of our bands, about our Friday night re-start, to see who can and cannot be here for their scheduled gig so please keep your fingers crossed for them to all be available for us!

I would like to take a moment to apologize to anyone offended by some of last month's jokes. Never in a million years did I think they would offend anyone. We try to put things in the newsletter to make everyone chuckle and some folks took them very literally and were vocal about their disapproval. Nothing was meant to hurt anyone. It was supposed to make you shake your head and chuckle at what is all around us in the world these days. You have my promise that I will do my best to not include anything controversial in the newsletter again. EVER! It hurt me deeply that jokes were taken so personally. I wouldn't hurt any of you for all of the tea in China!
So once again... my sincerest apologies.

We are currently booking events for the end of 2020 and on into 2021. If we can help you, please give us a call. Our meal delivery is going great, so if you'd like to have a fresh, hot meal from us please call to set it up!
We are here to accommodate. 830-303-6612

With Love,
-Glenda



BUSINESS MEMBERS

The Silver Center is sincerely grateful for the support of our faithful Business Members.

DIAMOND MEMBERS

Seguin Noon Lions

PLATINUM MEMBERS

Guadalupe Regional Medical Center

GOLD MEMBERS

Advanced Home Health Services
Nogales Garden Club
Tres Hewell Mortuary

STANDARD MEMBERS

First United Bank
Emmanuel's Lutheran Church
Guadalupe County Republican Women
Hope Hospice
Nesbit Living & Recovery Center
Seguin Gazette-Enterprise
Sunrise Lions Club
Willowbrook Personal Care Home
Guadalupe Humane Society

WINDSOR

NURSING AND
REHABILITATION CENTER
OF SEGUIN

Core Values
Communication
Service
Higher Standards
Growth
Fiscal Responsibility

Our 122-bed facility offers the *Very Best* in long-term care and is staffed by licensed registered nurses, licensed vocational nurses, certified medication aides, and certified nurses aides.



Medicare & Medicaid Certified
Personalized Therapy & Rehabilitation Services
Physical, Occupational, Speech & IV Therapies
Wound care • Tracheostomy Care
Wander Guard System • Individualized Dietary Plans
Laundry/Linen/Housekeeping Services
Beauty & Barber Shop Services
Religious Services • Interactive Activities
Transportation • Private & Semi-Private Rooms

830.379.7777 • Fax 830.372.1204
1219 Eastwood Drive • Seguin, Texas 78155
www.WNRCSeguin.com

OCTOBER Word Scramble

DRICE _____

NIKPUMP _____

STVEHAR _____

ERIFBON _____

WSAORCREC _____

YAH DERI _____

YLCIHL _____

OBORCTE _____

UTMANUN _____

LOLOFBTA _____

NELOWELAH _____

TUCOMES _____



*Our care makes the difference.
Our heart makes it home*

- * Skilled Nursing Care
- * Physical, Occupational & Speech Therapies
- * Rehabilitation available up to 6 days a week
- * Stroke Rehabilitation
- * Complex wound care
- * Tracheostomy care
- * E-stim, Vital-stim & Ultrasound
- * Wii-abilitation
- * Delicious meals

**THE HEIGHTS
OF GONZALES**
701 North Sarah DeWitt
Gonzales, Texas 78629
Phone: 830-672-4530
Fax: 830-672-4543
www.TheHeights

COUNTRY CARE MANOR
REHABILITATION & LONG TERM CARE
2736 fm 775
Lavernia, Texas 78121
Phone: 830-779-2355
Fax: 830-779-5503
www.CountryCare.com

Please call Pam Davis at 303-6612 today to volunteer a couple of hours of your time around the Center.

**VOLUNTEER - HOURS -
536.5 month of September**

VOLUNTEER!!

Start where you are.
Use what you have.
Do what you can.
Arthur Ashe

If you insist on measuring yourself, Place the tape around your heart rather than your head.

Volunteers are seldom paid; not because they are worthless, but because they are PRICELESS!



Our Friday night dances are really a lot of fun and a wonderful opportunity to mingle with friends and dance the night away. The bands are top notch, so if you don't care to dance, just come to listen to the music. Admission will now be \$10.00. PLEASE NOTE: The doors open at 6:30 pm.
BYOB is not permitted due to insurance.

SILVER CENTER DANCEHALL – CLASSIC COUNTRY MUSIC

Doors open at 6:30 PM

Music begins at 7:30 PM

510 E. Court St. Seguin, Texas 78155

830-303-6612

2020 Schedule

October

- 2 - Jay Eric & Friends**
- 9 - Vernon & Friends**
- 16 - Randy Harrison**
- 23 - Good Ole Boys**
- 30 - Wrangler Country**

November

- 6 - Good Ole Boys**
- 13 - Tom Teboe**
- 20 - Countrymen**
- 27 - Carol Cochran/Shades of Gountry**

December

- 4 - Cactus Country**
- 11 - Gabe Galvan Band**
- 18 - Lone Star Pickerz**
- 25 - Merry Christmas/NO DANCE**
- 31 - Paul Sanchez & Wrangler Country**





Birthdays of the Month

IF YOUR BIRTHDAY HAS PASSED PLEASE CALL
AND LET US KNOW WHEN YOU'D LIKE TO
COME BY CURBSIDE
TO PICK UP YOUR COMPLIMENTARY MEAL.

OCTOBER BIRTHDAYS

| | |
|----------------------|-------|
| Charles Dilocker | 10/3 |
| Claribel Sebasta | 10/3 |
| Rebecca Galvan | 10/7 |
| Robert Goebel | 10/7 |
| Bob Hill | 10/9 |
| Joyce Uyley | 10/9 |
| Sandra Stutler | 10/10 |
| Jr. Knight | 10/11 |
| Mark Harshman | 10/12 |
| Mary Ann Norris | 10/12 |
| Kelly Cox | 10/13 |
| Thomas Fisher | 10/15 |
| Bobbie Wesch | 10/16 |
| June Rouse | 10/17 |
| Evelyn Arentz | 10/18 |
| Jeanne Behal | 10/20 |
| Alta Stark | 10/21 |
| Ronnie James | 10/27 |
| Jan Almon | 10/29 |
| Lorraine Brown | 10/31 |
| Rev. H. W. Fruehling | 10/31 |




We'd like to welcome you to our family.
WellMed accepts patients with Medicare
and select Medicare Advantage Plans.

WellMed at Seguin
1483 E Court St
Seguin, TX 78155
830-560-2813
WellMedHealthcare.com



Live Well. Live WellMed.

This is an advertisement. *Plans vary by location and county.
Family_AD TJ012114

Time to start planing for
the

HOLIDAY RAFFLE

WATCH FROM MORE
NEWS IN
NEXT MONTHS
NEWSLETTER!!!

A Personal Invitation.

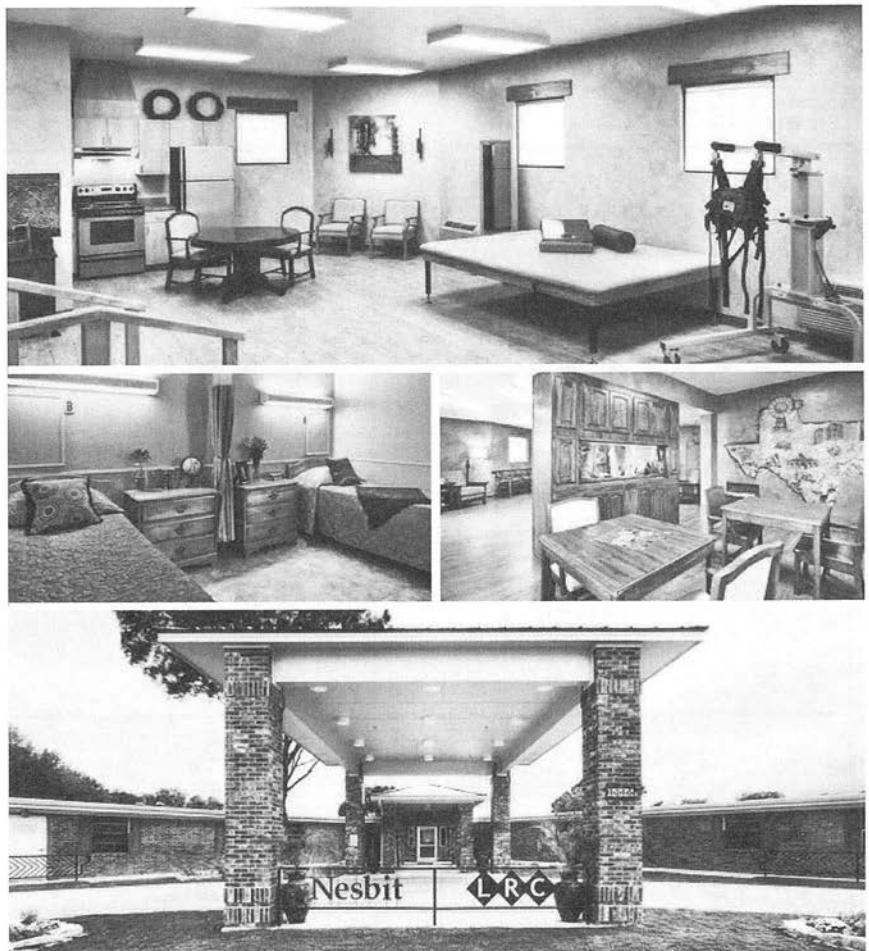
Nesbit LRC has been voted
"Best Nursing/Rehab Facility in Seguin"
four years in a row by the community in the
Seguin Gazette Enterprise poll.

Our newly remodeled facility, family owned
and operated since 1958, offers a wide array
of recovery and rehabilitation services.

When you can't live or recover in your own
home, we invite you to ours.

Nesbit LRC
Living & Recovery Center

1215 Ashby Street Seguin, TX 78155
(830) 379-1606 • www.nesbitlrc.com



BIRTHDAY BINGO



Do you live & vote in Guadalupe County?

Our building is an official VOTING SITE for you.

Vote here conveniently and safely from

7AM – 7PM on Election day!

Call us if you would like to pick up a great meal.

Only \$8. We will have it ready for you!

510 E. Court St. Seguin 830-303-6612

October Lunch Menu

Curbside and Delivery Available

| October | | | | | | | November | | | | | | |
|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|
| Su | Mo | Tu | We | Th | Fr | Sa | Su | Mo | Tu | We | Th | Fr | Sa |
| | | | | 1 | 2 | 3 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | 29 | 30 | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|----------------------|--------------------|--------------------|----------------------|------------------|---------------------|
| 27 | 28 | 29 | 30 | 10/1 | 2 | 3 |
| | Fried chicken Strips | Stuffed Shells | Chicken & Dressing | Chicken Teriyaki | Fish or Shrimp | Car Club |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | | | | Beef Tips & Rice | Fish or Shrimp | Conceal Carry Class |
| | Chicken Spaghetti | Chili Mac | B B Q Chicken | 10a Bridge | Vernon & Friends | |
| | 6p Gideon's Meeting | | | | 7:30p Dance | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | | | | Smothered Pork | Fish or Shrimp | Conceal Carry Class |
| | | | | | The Posse | |
| | | | | | 7:30p Dance | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | Sheppard's Pie | King Ranch Chicken | Sausage | Queso Chicken | Fish or Shrimp | |
| | | 5p Board Meeting | | 12p Republican Women | Good Ole Boys | |
| | | | | | 7:30p Dance | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | Chicken Enchiladas | Roast Beef | Chicken Cacciatore | Jerk Chicken | Fish or Shrimp | Halloween |
| | | | | | HALLOWEEN DANCE | |
| | | | | | Wrangler Country | |

Finding Happiness In Trying Times

These past few months have had us all in an uproarious, unsettling time. All of our lives have been turned upside down, so don't think of yourself as being along. Finding "happiness" within these ever-changing time events, being subjective and relative, is hard to define. However, "happiness" can roughly be explained as a combination of things that make life worth living.

If you dig a little deeper, you can work on your happiness and find joy in the little moments. Listed below are ten ways to help you become happier in your life:

Practice gratitude: All you have to do is think about the good things in your life. Be thankful that you have your health. Be thankful for the fact that you are in a safe country; you have a home and a bed. Be thankful for your friends, your kids or your spouse. It's important to feel lucky to be alive. Once you start appreciating the simple things about your life, one immediately feels happy.

Practice something challenging: Whether you are learning a new instrument or learning how to do a handstand, doing something that you can work on and improve on every day, which will send endorphins, the happy hormones to your brain.

Force yourself to smile: Even if you don't feel like it, plastering a smile on your face will trick your brain into thinking that you are happy and your mood will instantly get a lift. You don't want to be constantly grumpy! If that doesn't work, watch a funny or cheerful movie to relax your facial muscles and give yourself a chance to smile.

Connect with another person: The one thing that really makes humans happy is connecting with others, whether it is with a family member, partner or friend. **PICK UP THE PHONE AND CALL SOMEONE!**

Stop procrastinating: People who don't "put things off until tomorrow" are generally happier, as they have a proactive attitude and don't waste time, even though you think you have a lot of it. Very often, completing a task will leave people feeling accomplished and proud.

Be intellectually curious: Reading books about complex topics or watching documentaries is a trait that most happy people have. Happy people are curious about topics and enjoy meaningful conversations. Whether you have made a new dish in your kitchen or had a new food experience out, new experiences make people feel a lot happier than those who just go on with their days without doing anything new.
Now is the time to live on the edge, but at home or within the constraints of social distancing.

Physical affection: It has been written, that people need four hugs a day for survival, eight hugs for maintenance and twelve hugs for growth. The trickle-down effect of the oxytocin release following a hug can reduce stress and elevate your mood. Obviously, we can't exactly go around hugging people, but if you live with your family, kids or your spouse, make sure you show them physical affection when you can. Otherwise, get a pet. They love to bestow affection to their masters.

Compassion: There have been many studies and scientists have proven those who are interested in other people's lives, stories and problems are usually a lot happier than those who are only concerned with themselves. Communication and connecting with others makes human beings thrive. Compassionate people also tend to do random acts of kindness for people they love and also for strangers. They tend to be happier and more satisfied with their life.

Work on strengthening your relationships: An important finding in one study of the human populace was the only thing that matters if you want to have a fulfilled and happy life is to nurture your closest relationships and let go of the toxic ones. Work on them every day. Stay in touch with your family and friends. Know that there are people out there looking out for you and who love you. It surely will let you go to sleep with a lighter heart.



Gardening in Seguin

Thank goodness October is here. I have really been missing my cool season annuals. When night temperatures dip into the 50s, it is time for snapdragons, dianthus, petunias, pansies, sweet pea, stock and violas. Usually our fall planted annuals will last through most of our winters with only occasional freeze-nipped foliage and blooms. In the spring they are all ready to grow and bloom again until the hot weather comes back.

Snapdragons have been a favorite of mine ever since I was a kid and my mother showed me how to squeeze the sides of the flower to make the dragon's mouth open. Snapdragons can be planted in sun or partial shade and they attract butterflies and hummingbirds. The tall varieties make great cut flowers for the fall table, although Doug Welsh in his Texas Garden Almanac says the shorter varieties are easier to grow. Texas Home and Garden suggests deadheading to keep those blooms coming. Another favorite of mine is stock. The plant grows in sun or partial shade and has red, pink and white blooms. As an added attraction, the flowers smell wonderful. The pansy, another childhood favorite, has a flower that looks like a little face. It is a hardy annual with old fashioned colors as well as newer single color varieties. When you plant cool season annuals, don't forget the beauty of ornamental cabbage and kale as a contrast in the flower bed. In fact, you might want to sprinkle in some edible annuals such as Swiss chard, purple mustard greens, and different colored lettuces.

Not only are you making beautiful designs, you are also supplementing your diet (and greens are good for you). The nice thing about fall gardening (as opposed to spring gardening) is it is more comfortable to work as the weather is cooler, and we don't have as many insects to worry about.

By Clara Mae Marcotte, member of Nogales Garden Club, and a Guadalupe County Master Gardener, Master Naturalist, and Native Plant Society of Texas member.

MEMORIALS



*** Note that any memorials received after we go to press will be in the next month's newsletter.

THM

Tres Hewell Mortuary, Inc.

Family Owned and Operated

Tres Hewell, President

P.O. Box 820

165 Tor Drive

Seguin, Texas 78156

Phone (830) 549-5912

Fax (830) 549-5918

Cell (830) 660-5809

www.treshewell.com

GET YOUR FLU SHOT

The Silver Center will be hosting flu shots for our community.

10 Minute Pharmacy will be here **Wednesday, October 14**, from **10 am – 2 pm** in the Library.

CVS Pharmacy will be here **Monday, October 19**, from **10 am – 12 pm** in the Library.

Bring your Medicare Card. Paperwork needs to be filled out before taking shot.

Come early, fill out your paperwork so the process will not take up your time. Be sure to wear your mask.



Memorial in Honor of:

Send Acknowledement to

Name: _____

Address: _____

City: _____

State/Zip: _____

Memorial From: _____

Name: _____

Address: _____

City: _____

State/Zip: _____

Thank you for the remembrance

The Silver Center

510 E. Court • Seguin, Texas 78155

Donations:

Anita & Daniel Campos

Anonymous



Ginger Spice Cookies

| | |
|-----------------------------------|---|
| 2 C. All purpose flour | 2 ½ teasp. Ginger |
| 2 teasp. Baking soda | 1 teasp. Cinnamon |
| 1 teasp. Cloves | ¾ teasp. Salt |
| ¾ C. Chopped Crystallized Ginger | 1 C. Brown Sugar, packed |
| ½ C. Shortening, room temperature | ¼ C. (1/2 stick) Butter, room temperature |
| 1 Egg | ¼ C. Molasses |

Combine flour, ginger, baking soda, cinnamon, cloves, and salt; whisk to blend. Mix in crystallized ginger. Using electric mixer, beat brown sugar, shortening and butter in large bowl until fluffy. Add egg and molasses and beat until blended. Add flour mixture and mix just until Blended. Cover and refrigerate 1 hour.

Preheat oven to 350 degrees. Lightly butter baking sheets or use Parchment paper. Spoon sugar in thick layer onto small plate. Using wet hands, form dough into 1 ¼ inch balls, roll in sugar to coat completely. Place balls on prepared sheets, spacing 2 inches apart.

Bake cookies until cracked on top but still soft to touch, about 12 minutes. Cool on sheets 1 minute. Carefully transfer to racks and cool. (These can be made 5 days ahead. Store in airtight container at room temperature.)

Arrange these soft, spicy cookies on a platter with apples and cheddar cheese. Serve with hot cider or hot buttered rum. Yum, yum!

FIND YOUR NAME

A member's scrambled name is in the newsletter each month. If it is your name, call the Silver Center at 303-6612 and receive a free coupon of your choice.

ANSTA HSTIM

**YOGA CLASS
HAS BEEN
CANCELLED**

ADVANCED
Hearing
aid
center

Amy Trost,
BC-HIS, ACA
Owner
Independent
Hearing Instrument
Specialist



NATIONAL BOARD FOR
CERTIFICATION IN HEARING
INSTRUMENT SCIENCES

Comprehensive Hearing Evaluations
Digital Technology • Repair & Service of Most Brands
Hearing Aid Batteries • Swim Plugs • Earmolds
Assistive Listening Devices

30-Day Trial Period • Financing Available
Medicaid & Most Major Insurances Accepted

122 S. Moss ~ Seguin, Texas 78155
"Across from Guadalupe Regional Medical Center Entrance"

*"to help you hear
better we listen
with our heart..."*

830-372-2237

830-372-2380 fax

1110QSM



- Large Apartments/3 floor plans to choose from
- Selective menu at all meals
- Daily Activities
- Loving Competent Care
- Family Owned and Operated

www.SeguinAssistedLiving.com

226 Preston Dr., Seguin, Texas 78155

Call Karen Taylor or Lindsey Taylor to schedule your tour today!

(830) 379-8882

License #050604



"Look to Seguin Assisted Living for a Carefree Future"



SMILE AWHILE

Submitted by Velma Buie

The following are actual statements found on insurance forms where car drivers attempted to summarize the details of an accident in the fewest possible words. The instances of faulty writing serve to confirm that even incompetent writing may be highly entertaining.

1. Coming home, I drove into the wrong house and collided with a tree I don't have.
2. The other car collided with min without giving warning of its intentions.
3. I thought my window was down, but I found out it was up when I put my head through it.
4. I collided with a stationary truck coming the other way.
5. A truck backed through my windshield into my wife's face.
6. A pedestrian hit me and went under my car.
7. The guy was all over the road. I had to swerve a number of times before I hit him.
8. I pulled away from the side of the road, glanced at my mother-in-law, and headed over the embankment.
9. In an attempt to kill a fly, I drove into a telephone pole.
10. I had been shopping for plants all day and was on my way home. As I reached an intersection, a hedge sprang up, obscuring my vision, and I did not see the other car.
11. I had been driving for 40 years when I fell asleep at the wheel and had an accident.
12. I was on my way to the doctor with rear end troubles when my universal joint gave way, causing me to have an accident.
13. To avoid hitting the bumper of the car in front of me, I struck the pedestrian.
14. An invisible car came out of nowhere, struck my car and vanished.
15. I was sure the old fellow would never make it to the other side of the road, when I struck him.
16. The pedestrian had no idea which direction to run, so I ran over him.
17. I saw a slow moving, sad faced old gentleman, as he bounced off the roof of my car.

In Other News This Week

The seven dwarfs have been advised, "As of today, they can only meet in groups of six." One of them isn't Happy!

A lady pulled up to the hotel and asked, "Can you give me a room and a bath?" The clerk replied, "Madam, I can give you a room, but you will have to take your own bath."

"I'm just a young fellow struggling to make ends meet." "Well, if you're so badly bent financially, it ought to be easy for you."

"Life is a gift to you. The way you live your life is your gift to those who come after. Make it a fantastic one!" LIVE IT WELL!

Moving To A New Office

An orthopedic surgeon was moving his office to a new building across town. His secretary offered to help move some of his office things. She took the skeleton from his office and placed it on the front seat of her car, with the arms outstretched, so they would not break. As she was driving across town, she came to a stop light. She glanced over at the car next to her and saw several people staring at her car. She rolled down her window and said to them, "I'm taking him to my doctor's office." The man in the other car replied, "I think it is too late."



Fall Word Search



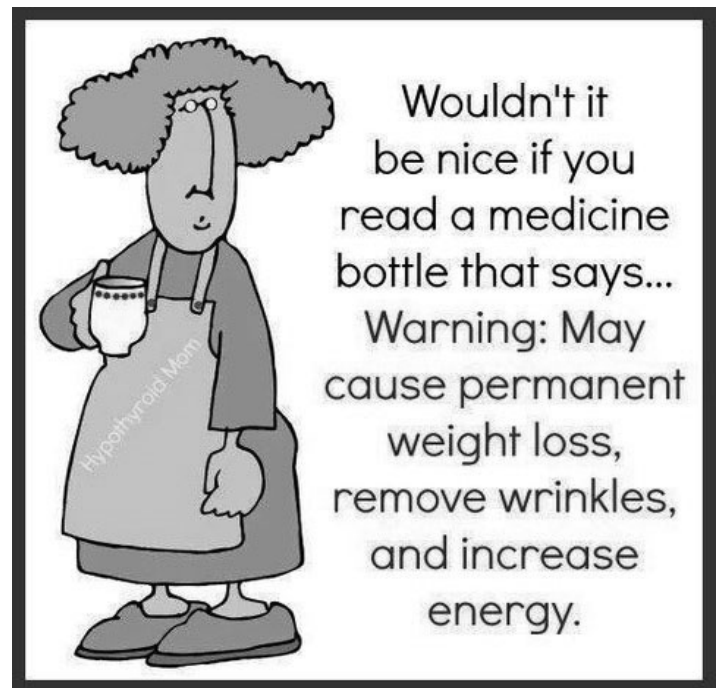
| | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | C | S | E | A | S | O | N | E | D | P | G | H | A | T | L | B | H | T | O | K | H |
| S | H | N | X | V | V | X | F | L | Q | W | M | O | L | P | V | C | R | O | S | D | E |
| R | E | O | G | O | Y | L | W | D | C | O | B | B | W | E | P | A | W | R | Q | A | B |
| K | S | V | U | R | K | R | F | Q | Y | C | E | K | W | Q | A | L | C | A | U | W | N |
| S | T | E | Q | R | S | R | R | A | I | N | C | O | A | T | M | V | E | O | I | E | D |
| X | N | M | P | H | A | Y | S | T | A | C | K | N | E | U | G | Y | E | Y | R | M | E |
| J | U | B | P | O | P | H | X | D | R | Y | L | H | C | K | P | F | R | S | R | N | Y |
| V | T | E | C | R | I | S | S | Z | S | X | C | W | K | Y | E | V | F | H | E | T | Z |
| U | S | R | K | A | N | C | Q | I | B | A | K | G | V | D | A | W | R | A | L | O | I |
| L | P | S | X | N | E | F | M | U | C | H | A | N | G | E | R | X | Z | L | W | F | A |
| Y | U | E | M | G | C | I | Z | K | A | D | N | F | P | E | S | N | C | L | N | X | G |
| L | M | P | C | E | O | J | J | U | D | S | L | C | D | X | O | C | T | O | B | E | R |
| D | P | T | D | V | N | O | F | A | X | H | H | B | O | N | E | P | Q | W | M | X | A |
| T | K | E | G | K | E | A | B | Y | E | L | L | O | W | T | V | F | J | E | J | Q | U |
| C | I | M | F | E | S | T | I | V | A | L | A | Y | W | Z | B | Y | N | E | B | Z | T |
| W | N | B | W | V | L | O | X | Q | M | I | G | R | A | T | I | O | N | N | I | B | U |
| A | R | E | C | O | R | N | F | R | Y | C | S | C | Y | I | O | E | I | V | M | J | M |
| B | X | R | R | Z | W | U | H | J | T | H | A | N | K | S | G | I | V | I | N | G | N |

NOVEMBER
HAYSTACK
SQUIRREL
SEPTEMBER
PEARS
SQUASH

PUMPKIN
ACORN
CORN
PINE CONE
AUTUMN
RAINCOAT

HALLOWEEN
LEAVES
YELLOW
ORANGE
CHANGE
APPLE

THANKSGIVING
OCTOBER
SEASON
FESTIVAL
MIGRATION
CHESTNUTS





We are all looking forward to the Holidays!

This holiday season, The Silver Center will be selling delicious pre-ordered pies.

With your special order, we will prepare your apple, cherry, pumpkin, coconut meringue, chocolate cream, or pecan pie! You don't have to wait until Thanksgiving or Christmas! Just call and let us know when you want your hot, fresh pie (and please give us a weeks' notice) and we can have it ready! Call 830-303-6612



Gratitude

“Thankfulness is the beginning of gratitude.
Gratitude is the completion of thankfulness.
Thankfulness may consist merely of words.
Gratitude is shown in acts.”

Henri Frederic Amiel

“Reflect your present blessings, of which every
man has plenty;
Not on your past misfortunes, of which
all men have some.”

Charles Dickens

DO YOU KNOW YOUR HYMNS?

Dentist's Hymn "Crown Him With Many Crowns"
Weatherman's Hymn "There Shall Be Showers of Blessings"
Contractor's Hymn "The Church is One Foundation"
The Tailor's Hymn "Holy, Holy, Holy"
The Golfer's Hymn "There's a Green Hill Far Away"
The Politician's Hymn "Standing On the Promises"
Optometrist's Hymn "Open My Eyes That I might See"
The IRS Agent's Hymn "I Surrender All"
The Gossip's Hymn "Pass It On"
The Electrician's Hymn "Send the Light"
The Shopper's Hymn "Sweet Bye and Bye"
The Realtor's Hymn "I've got a Mansion Just Over the Hilltop"
The Massage Therapist's Hymn "He Touched Me"
The Doctor's Hymn "The Great Physician"

AND A FEW HYMNS FOR THOSE WHO SPEED ON THE HIGHWAY

45 mph "God Will Take Care of You"
65 mph "Nearer My God to Thee"
85 mph "This World is Not My Home"
95 mph "Lord, I'm Coming Home"
100 plus mph "Precious Memories"

**Where there is LOVE,
there is LIFE!**



**OCTOBER
WORD SCRAMBLE
ANSWERS**

**CIDER
PUMPKIN
HARVEST
BONFIRE
SCARECROW
HAY RIDE
CHILLY
OCTOBER
AUTUMN
FOOTBALL
HALLOWEEN
COSTUME**

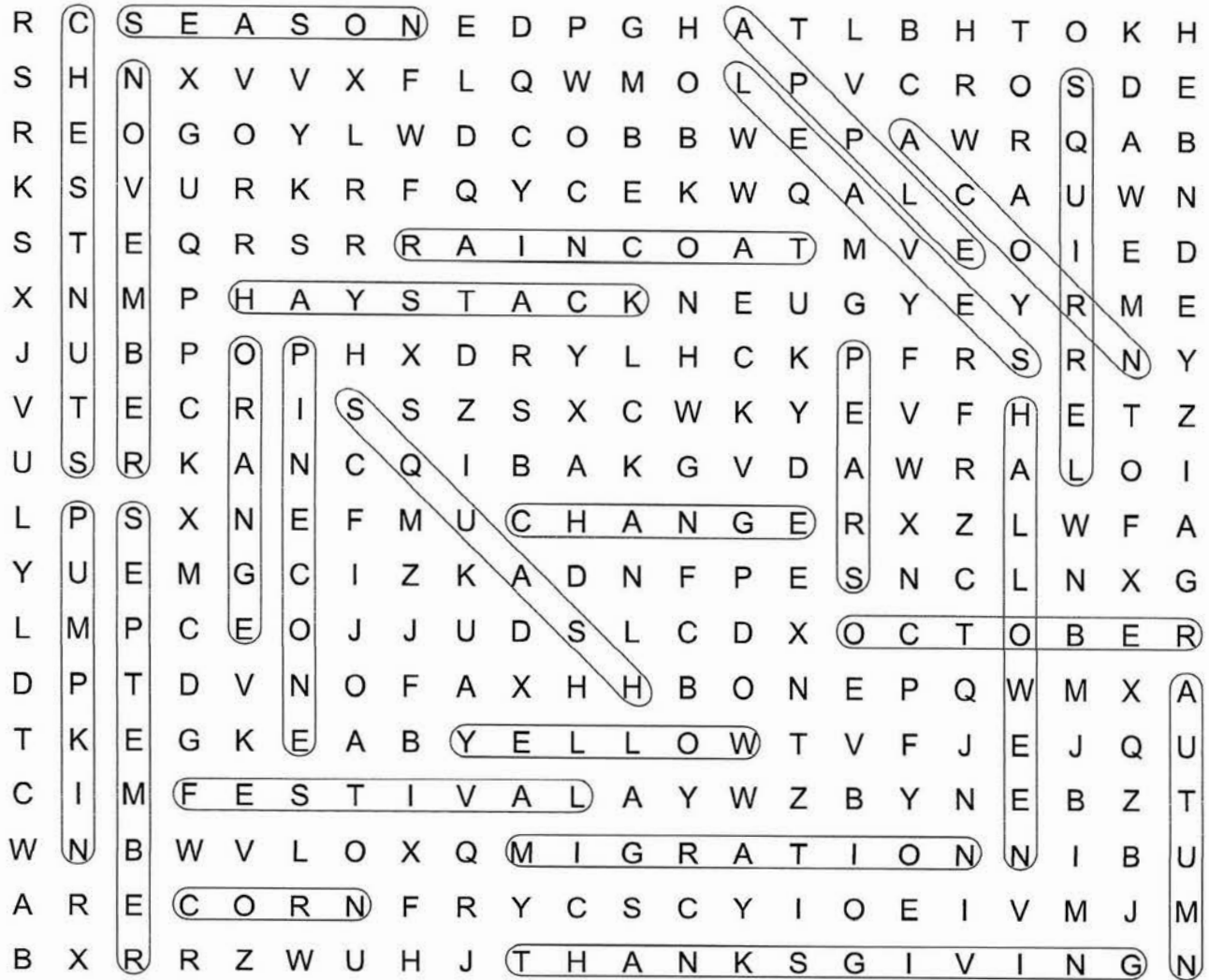
**Guadalupe County
Crime Stoppers**



**877.403.TIPS (8477)
www.gccsTIPS.org**

Guadalupe County Crime Stoppers
P.O. Box 542
Seguin, Texas 78156-0542

Fall Word Search



NOVEMBER
HAYSTACK
SQUIRREL
SEPTEMBER
PEARS
SQUASH

PUMPKIN
ACORN
CORN
PINE CONE
AUTUMN
RAINCOAT

HALLOWEEN
LEAVES
YELLOW
ORANGE
CHANGE
APPLE

THANKSGIVING
OCTOBER
SEASON
FESTIVAL
MIGRATION
CHESTNUTS



1064 E. Ireland Seguin, Texas
830-379-6171 ■ 800-288-3921

Our Services Include:

Nursing ■ Physical Therapy ■ Home Health Aides

Speech Therapy Occupational Therapy

*Serving Guadalupe, Comal, Caldwell,
Hays, Gonzales, Wilson
and surrounding counties since 1995.*



Voted Best Home Healthcare
by Readers Choice 2018



What is Advanced Care Planning?

This is a process of coming to understand, reflect on, discuss and plan for a time when you cannot make your own medical decisions. Discussing and planning for patient's preferences for life sustaining treatment in the future.

What is involved in the planning process?

Talking with family and health care providers about your care decisions and formally documenting them is very important. Legal documents discuss the type of care you want, where care happens, and who provides it so your family knows your choices and understand who you want to speak for you when you can't speak for yourself.

Care decisions can be about:

- Choosing or refusing tests, procedures and medicines, and life-sustaining treatments.
- Choosing persons to speak for you when you are unable to speak for yourself.
- Completing the necessary legal documents that will guide health care professionals in the future.

Where and by whom is this service provided?

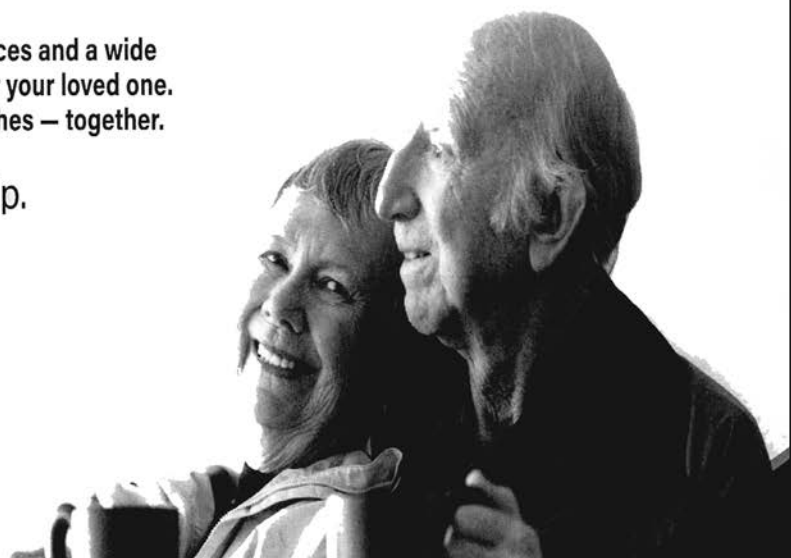
We believe the best time and place to have this conversation is before a health crisis occurs; over the kitchen table instead of over an ICU bed. We can see you at home, at your Assisted Living home, or your Nursing home, and sometimes in the hospital.

Our teams of Advance Care Planning Facilitators are specially trained to guide this conversation and to complete the necessary legal documents. We will provide all advance directives and this service is at no cost to you.

To arrange a consultation with an Advanced Care Facilitator please call: 830.401.7704.

Our staff offers unique funeral services and a wide variety of memorial options for you or your loved one. Call today to start planning your wishes – together.

We're here to help.



Goetz

830-379-2313
713 N. Austin St.
Seguin, TX 78155
goetzfuneral.com



830-609-4906
2951 S. State Hwy 46
New Braunfels, TX 78130
guadalupevalleymemorialpark.com

BOARD SPOTLIGHT

Sandy Stoneking - Board Member



WHERE DO YOU WORK OR VOLUNTEER? I am the co-owner of S&S Decorating LLC with my daughter, Stacey. We produce beautiful, fresh (never frozen) wedding and all occasion cakes right here in Seguin! sandscakedecorating.com

HOW LONG HAVE YOU BEEN IN SEGUIN? I have lived in this area all of my life.

HOW DID YOU LEARN ABOUT THE SILVER CENTER? I really can't remember, but I knew the Silver Center supported the community and surrounding area.

WHAT MAKES THE SILVER CENTER SPECIAL TO YOU? The way it helps others and the special people that manage the center on a daily basis.

WHAT DO YOU DO FOR FUN? I love to travel with an occasional stop at a casino, but I especially enjoy spending time with my family.

DO YOU HAVE A SPOUSE, CHILDREN, GRANCHILDREN OR PETS? I have been married for 33 years to the best choice I could have ever made. I have 1 son, 1 daughter, 5 grandchildren, and 4 great grandchildren... and 2 dogs.

DO YOU HAVE ANY HOBBIES? I love baking, fishing, and dancing.

WHAT WOULD YOU LIKE TO TELL US ABOUT YOURSELF OR YOUR FAMILY? I have a very close knit family. We do a lot of things together. Thanksgiving and Christmas are especially important to us all.

IF YOU HAD A GENIE GRANT ONE WISH WHAT WOULD IT BE? To make our country great again! We all need to get along and above all, love the one who made this country what it is, our Lord and Savior Jesus Christ.

We ♥ Our



Emma Jean Becker

Velma Buie

Susan Casto

Rusty Clopton

Sandy Clopton

Kelly Cross

Chuck Crowley

Bill Davis

Pam Davis

Dana Dawson

Sharon Frederickson

Danny Gonzales

Martha Greenlaw

Stacy Hilz

Bob Kellner

Michele Knight

Glenda Layton

Clint McGuffin

Glenna McKandles

Gerald McMath

Karen McMath

Gay Lynn Olsovsky

Jay Eric Pfannstiel

Willo Mae Richter

LaVerne Roskydal

Frank Starke

Sandy Stoneking

Cecelia Trinidad

Rosie Van Booven

Virgil Vogel

Milt Watson

SEGUIN-GUADALUPE COUNTY
SENIOR CITIZENS' CENTER
510 E. COURT STREET
SEGUIN, TEXAS 78155

U.S. POSTAGE PAID
NON-PROFIT
SEGUIN, TX
PERMIT NO. 23

OCTOBER 2020

WORLD-CLASS SAFETY

Close to home.



HOSPITALIST SARAH LESTER, MD
INTENSIVIST BHUPINDER SANGHA, MD

National recognition for Patient Safety

Board-certified and highly skilled physicians

Experienced and compassionate nursing staff

Comprehensive COVID-19 safety protocols



Guadalupe Regional
MEDICAL CENTER

Advanced Medicine. Personal Touch.



1215 E. Court St. • Seguin, TX 78155 • 830.379.2411
grmedcenter.com